



Defense Health Agency J-7 Continuing Education Program Office

Uniform Services University of Health Sciences (USUHS)

The Dive, Maritime Medicine and Prolonged Care Course

Live, 11-21 July 2026, Key West, FL

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA J-7 Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, nurses, social workers and certified counselors, across the Military Health System (MHS). A certificate of attendance is available for other attendees.

USUHS: The Dive, Maritime Medicine and Prolonged Care Course (28.00 clock hours)

1100 – 2015 (ET)

Learning Objectives:

1. Explain the signs, symptoms, mechanisms, prevention, and treatment of nitrogen narcosis and high-pressure nervous syndrome.
2. Classify the different types of diving operations and profiles utilized in the military.
3. Summarize the primary training pipelines and locations for US military dive personnel.
4. Use the appropriate military medical manuals to locate physical examination standards for military divers.
5. Explain the composition and physiological indications of gases frequently used in breathing mixtures.
6. Describe the physiological role of supplemental oxygen in the treatment of dive injuries.
7. Recognize the clinical presentations of various forms of aquatic life that pose minor to serious risks to diver health and safety.
8. Apply appropriate treatment protocols for various injuries and envenomations caused by aquatic life.
9. Demonstrate a detailed neurological examination of a simulated diving casualty in accordance with Appendix 5A of the U.S. Navy Diving Manual.
10. Interpret the core principles of dive physiology as they relate to the onset of common dive injuries.
11. Discuss the unique logistical and medical principles of providing prolonged casualty care in an austere maritime environment.
12. Execute prolonged casualty care protocols during simulated patient encounters in maritime environments.

Faculty:

Michael Heth, NAUI Certified Dive Instructor. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Jeremy Neskey, FAWM, DiMM, WP-C, TP-C, TECC/PHTLS, ACLS, PALS, NUI SCUBA Instructor, Avalanche PRO 2. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

All relevant financial relationships have been resolved.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Interprofessional Continuing Education (IPCE)

In support of improving patient care, DHA J-7 CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity was planned by and for the healthcare team, and learners will receive 28.00 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians (ACCME)

DHA J-7 CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

DHA J-7 CEPO designated this live course, for a maximum of 28.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (ANCC)

DHA J-7 CEPO is accredited by the Joint Accreditation/Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education live course for a maximum of 28.00 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Physician Associates/Physician Assistants (AAPA) – Live

DHA J-7 CEPO has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 28.00 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

ACCME Non-Physician CME Credit

DHA J-7 CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit™*. ACCME Non-Physician CME Credit providers may receive a maximum of 28.00 hours for completing this course.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through [DD Month YYYY] at [Insert End Time XX:XX] ET at the following URL: www.dhaj7-cepo.com.