



Defense Health Agency J-7 Continuing Education Program Office

Battlefield GEAR for Mental Health

Live, 10-12 July 2026, Virginia Beach, VA

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA J-7 Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, nurses, social workers, and psychologists across the Military Health System (MHS). A certificate of attendance is available for other attendees.

Battlefield GEAR for Mental Health (23.00 clock hours)

0830 – 1630 (ET)

Learning Objectives:

1. Articulate the core learning objectives of the BH GEAR training.
2. Outline the history of the BH GEAR training, including the origin of the training content and how the training content was developed and evaluated.
3. Explain how a non-provider can perform a mental health assessment in far forward environments.
4. Summarize interventions to manage mental health problems that can be used by non-providers in far forward environments.
5. Select appropriate interventions for use by non-providers in far forward environments that can be used to manage suicide risk.
6. Differentiate between minimum, better, and best interventions that are recommended for use to manage mental health issues by non-providers in far forward environments.
7. Discriminate between the psychopharmacological treatments for mental health problems available for use by non-providers in far forward environments.
8. Describe how to utilize the medical evacuation flowchart to determine if mental health evacuation is needed.
9. Justify the need for the BH GEAR training implementation among non-providers deploying to far forward environments.
10. Explain the use of the trainer's guide in the preparation for and delivery of the BH GEAR training.
11. Devise methods to utilize facilitation strategies to optimize delivery of the BH GEAR training.
12. Demonstrate an ability to deliver BH GEAR training content to an audience.

Faculty:

Joshua E. Wilk, Ph.D. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Kristina Clarke-Walper, Ph.D. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

LTC Carrie J. Donoho, Ph.D. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

All relevant financial relationships have been resolved.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Interprofessional Continuing Education (IPCE)



In support of improving patient care, DHA J-7 CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity was planned by and for the healthcare team, and learners will receive 23.00 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians (ACCME)



DHA J-7 CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. DHA J-7 CEPO designated this live course for a maximum of 23.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (ANCC)

DHA J-7 CEPO is accredited by the Joint Accreditation/Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education live course for a maximum of 23.00 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Social Workers (ASWB)



As a Jointly Accredited Organization, DHA J-7 CEPO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 23.00 clinical, continuing education credits.

Psychologists (APA)



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the program. Participants earned 23.00 credits for attending this activity.

ACCME Non-Physician CME Credit

DHA J-7 CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit™*. ACCME Non-Physician CME Credit providers may receive a maximum of 23.00 hours for completing this course.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 31 July 2026 at 1159 ET at the following URL: www.dhaj7-cepo.com.