



Defense Health Agency J-7 Continuing Education Program Office

DHA-US1299 Trauma-Informed Treatment of Sexual Assault for Mental Health Providers (2025)

Enduring Material (Home Study)

25 March 2026 to 25 March 2027, Joint Knowledge Online (JKO)

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA J-7 Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, social workers, psychologists, certified counselors. A certificate of attendance is available for other attendees.

DHA-US1299 Trauma-Informed Treatment of Sexual Assault for Mental Health Providers (2025) (2.00 clock hours)

Course Description: This training will be required for behavioral health providers in the Military Health System and will provide a review of requirements for behavioral health providers consistent with DOD 6310.09. Guidance will also be provided on trauma-informed care, gender-sensitive care and evidence-based treatment. Training will provide detailed recommendations on documentation of sexual assault disclosure.

Learning Objectives:

1. Define sexual assault, abuse, and categories of reporting.
2. Summarize key policy, describe behavioral health care provider responsibilities and mandatory reporting requirements.
3. Explain how to appropriately address the patient's behavioral health needs using evidence-based treatment.
4. Identify gender-sensitive, inclusive and trauma-informed approaches to care.
5. Implement recommendations for protective documentation of sexual assault and summarize clinically relevant exceptions to military rules of evidence.
6. Encapsulate available support and resources for individuals who disclose sexual trauma.
7. Identify vicarious trauma and describe health provider self-care strategies.

Faculty:

Holly N. Hoffmeyer, Ph.D., ABPP. Presenters have no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Olivia Bentley, Ph.D., LPCC. Presenters have no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

All relevant financial relationships have been resolved.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Interprofessional Continuing Education (IPCE)



In support of improving patient care, DHA J-7 CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity was planned by and for the healthcare team, and learners will receive 2.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians (ACCME)



DHA J-7 CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. DHA, J-7, CEPO designated this enduring material (home study), for a maximum of 2.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Workers (ASWB)



As a Jointly Accredited Organization, DHA J-7 CEPO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 2.0 clinical continuing education credits.

Psychologists (APA)



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the program. Participants earned 2.0 credits for attending this activity.

ACCME Non-Physician CME Credit

DHA J-7 CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit*™. ACCME Non-Physician CME Credit providers may receive a maximum of 2.0 hours for completing this enduring material (home study).

Certified Counselors (NBCC)



DHA J-7 CEPO has been approved by NBCC as an Approved Continuing Education Provider, **ACEP No. 6955**. Programs that do not qualify for NBCC credit are clearly identified. DHA J-7 CEPO is solely responsible for all aspects of the programs.

NBCC Credit Hours: 2.0

If you need special accommodations or have questions, please contact us:

ACEP Contact Information, Defense Health Agency J-7 Continuing Education Program Office

7700 Arlington Boulevard, Suite 5101, Falls Church, VA 22041

Phone number: 571.835.6536

Web Address: <https://www.dhaj7-cepo.com>

Email Address: dha.ncr.j7.mbx.continuing-education-office@health.mil

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 25 March 2027 at 1159 ET at the following URL: www.dhaj7-cepo.com.