



## **Defense Health Agency J-7 Continuing Education Program Office**

### **Nellis Readiness Training- The Expeditionary Nurse**

**Live Course, May 8, 2026**

#### **Continuing Education (CE)/Continuing Medical Education (CME) Information**

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for nurses. A certificate of attendance is available for other attendees.

#### **Nellis Readiness Training- The Expeditionary Nurse (8.00 clock hours)**

**1045 – 2015 (ET)**

##### **Learning Objectives:**

1. Define the primary purpose of triage in a Mass Casualty (MASCAL) Incident.
2. Assign acuity levels based on presenting symptoms, vital signs, and medical history.
3. Identify the recommended Calcium administration for the treatment and prevention of hypocalcemia during blood product administration.
4. Compare the three methods to administer Tranexamic acid.
5. Differentiate between the use of Low-titer O Whole Blood and type-specific Whole Blood.
6. Identify the physiological benefits of Fresh Whole Blood over component therapy in the treatment of hemorrhagic shock.
7. Perform rapid burn assessment and triage by correctly identifying and calculate the percentage of Total Body Surface Area (TBSA) burned using the Rule of Nines.
8. Implement Joint Trauma System Clinical Practice Guidelines fluid resuscitation ("Rule of 10s") for adults.
9. Differentiate between mild, moderate, and severe Traumatic Brain Injury (TBI) using the Glasgow Coma Scale (GCS) and clinical presentation.
10. Summarize hemodynamic endpoints in managing TBI patients to prevent secondary brain injuries.
11. Utilize validated assessment tools for Pain, Anxiety, and Delirium monitoring.
12. Implement multimodal strategies to manage Pain, Anxiety, and Delirium.
13. Identify casualties at risk for Airway, Ventilation, Acute Respiratory Syndrome (ARDS) and initiate a lung-protective ventilation strategy.
14. Summarize the steps to prone a patient in the management of ARDS.

##### **Faculty:**

Capt Alyssa Dean, RN, BSN. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Maj Nam Pham, RN, BSN. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Lt Col Jennifer Terrebonne, RN, BSN, SAMFE. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

##### **Disclosures:**

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

**Nurses (ANCC)**

DHA, J-7, CEPO is accredited by the Joint Accreditation/Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education live course for a maximum of 8.00 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

**Other Professionals**

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

**Commercial Support:**

No commercial support was provided for this activity.

**Participation Costs:**

There is no cost to participate in this activity.

**CE/CME Inquiries:**

For all CE/CME related inquiries, please contact: [dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil).

**How to Obtain CE/CME Credit:**

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 22 May 2026 at 2359 ET at the following URL: [www.dhaj7-cepo.com](http://www.dhaj7-cepo.com).