



Defense Health Agency, J-7, Continuing Education Program Office

Womack Pharmacy: Latest Updates in the Management of Migraine Headaches in Adults

Live Course, March 18, 2026

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for pharmacists and pharmacy technicians. A certificate of attendance is available for other attendees.

Womack Pharmacy: Latest Updates in the Management of Migraine Headaches in Adults (1.00 clock hour)

1200-1300 (ET)

Learning Objectives:

1. Summarize the pathophysiology and clinical characteristics of migraine, including different types (with/without aura).
2. Identify common triggers and exacerbating factors for migraine.
3. Apply International Classification of Headache Disorders (ICHD) criteria for diagnosing episodic/chronic migraine and medication overuse headache.
4. Explain mechanism of action, formulations, dosing, side effects, and clinical considerations for acute treatment.
5. Evaluate when to add preventative treatment in patients indicated for prophylaxis, as well as understand the safety and efficacy of newer prophylactic treatment options.
6. Relate latest guidelines to choosing acute and preventative therapies.

Faculty:

Capt Kailey B. Moss, PharmD. Presenters have no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Pharmacists (ACPE)



UAN JA4008136-0000-26-052-L08-P

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacists. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Pharmacy Technicians (ACPE)



UAN JA4008136-0000-26-052-L08-T

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacy Technicians. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 01 April 2026 at 2359 ET at the following URL: www.dhaj7-cepo.com.