



Defense Health Agency, J-7, Continuing Education Program Office

Department of Defense Opioid Prescriber Safety Training Program – 2026 - 2027

Enduring Material (Home Study), January 21, 2026 – December 31, 2027

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, nurses, physician associates/physician assistants, pharmacists, pharmacy technicians, dentists, dental hygienists, dental technicians. A certificate of attendance is available for other attendees.

Department of Defense Opioid Prescriber Safety Training Program – 2026 - 2027 (3.00 clock hours)

Learning Objectives:

1. Describe the opioid prescribing trends inside and outside the Military Health System (MHS).
2. Explain how the Defense and Veterans Pain Rating Scale (DVPRS) and Pain Assessment Screening Tool and Outcomes Registry (PASTOR) are utilized as part of the DHA pain management and safe opioid prescribing clinical practices.
3. Summarize how the VA-DoD Stepped Care Model (SCM) for Pain Management is used to collaborate with patients to create pain treatment goals that are achievable and relevant to the patient.
4. Identify when to refer and connect appropriate patients with chronic and acute pain for cognitive behavioral therapy for pain and other Mental Health resources for pain management.
5. Explain key components of the Opioid Overdose Education and Naloxone Distribution (OEND), including indications for prescribing naloxone and efforts to increase availability to naloxone to patients at risk.
6. Identify risk factors and behavioral characteristics associated with prescription medication misuse and Opioid Use Disorder.
7. Explain when an active-duty beneficiary's controlled-substance prescription will expire according to DoDI 1010.16.
8. List opioid risk mitigation guidelines, tools, and resources for safe prescribing.
9. Identify potential Substance Use and Opioid Use Disorders (OUDs) and other mental health comorbidities that occur when managing pain, the available psychotherapies, and Medicine for Opioid Use Disorder (MOUD) available within DoD upon referral.

Faculty:

Jennifer Bell, MD. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Diane Flynn, MD. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Kevin Galloway, BSN, MHA. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

JiEun Kim, Pharm.D. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

COL Samuel Preston, DO. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Lt. Col. Leighcraft Shakes, Pharm.D. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Jonathan Wolf, MD. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Interprofessional Continuing Education (IPCE)



In support of improving patient care, DHA, J-7, CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity was planned by and for the healthcare team, and learners will receive 3.00 Interprofessional Continuing Education (IPCE) credit for learning and change.

Physicians (ACCME)



DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

DHA, J-7, CEPO designated this enduring material (home study) for a maximum of 3.00 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (ANCC)

DHA, J-7, CEPO is accredited by the Joint Accreditation/Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education enduring material (home study) for a maximum of 3.00 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists (ACPE)



UAN JA4008136-0000-26-025-H08-P

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacists. This knowledge based activity will provide a maximum of 3.00 contact hours of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Pharmacy Technicians (ACPE)



UAN JA4008136-0000-26-025-H08-T

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacy Technicians. This knowledge based activity will provide a maximum of 3.00 contact hours of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Physician Associates/Physician Assistants (AAPA) – Enduring



DHA, J-7, CEPO has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 3.00 AAPA Category 1 CME credits. Approval is valid until 31 December 2027. PAs should only claim credit commensurate with the extent of their participation.

Dentists and Allied Dental Staff (ADA CERP)



DHA, J-7, CEPO is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education (CDE). ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP.

DHA, J-7, CEPO designates this activity for 3.00 continuing education credits.

ACCME Non-Physician CME Credit

DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit™*. ACCME Non-Physician CME Credit providers may receive a maximum of 3.00 hours for completing this enduring material (home study).

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through December 31, 2027, at 2359 ET at the following URL: www.dhaj7-cepo.com.