



Defense Health Agency, J-7, Continuing Education Program Office

DHA Public Health Chief Nursing Officer Lunch and Learn Series: Top Morbidity Burdens and Causes of Death while in Military Service, U.S. Armed Forces

Live Course, February 18, 2026

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for nurses. A certificate of attendance is available for other attendees.

DHA Public Health Chief Nursing Officer Lunch and Learn Series: Top Morbidity Burdens and Causes of Death while in Military Service, U.S. Armed Forces (1.00 clock hour)

1130 – 1230 (ET)

Learning Objectives:

1. Identify the top three morbidity burdens (injuries, mental health disorders, and musculoskeletal disorders) among active component U.S. Service Members.
2. Describe the leading causes of death in the U.S. military and compare the all-cause mortality rate to the general U.S. population.
3. Explain the role of the Armed Forces Health Surveillance Division (AFHSD) and the data sources used for health surveillance, such as the Defense Medical Surveillance System (DMSS).
4. Compare the primary health burdens of recruit trainees and deployed service members with those of the general active component population.

Faculty:

Shauna Stahlman, PhD, MPH. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Interprofessional Continuing Education (IPCE)



In support of improving patient care, DHA, J-7, CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity was planned by and for the healthcare team, and learners will receive 1.00 Interprofessional Continuing Education (IPCE) credit for learning and change.

Nurses (ANCC)

DHA, J-7, CEPO is accredited by the Joint Accreditation/Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education internet live course for a maximum of 1.00 ANCC contact hour. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 04 March 2026 at 2359 ET at the following URL: www.dhaj7-cepo.com.