



Defense Health Agency, J-7, Continuing Education Program Office

Military Injury Prevention Research to Practice Education Series: Understanding and Strengthening Food and Nutrition Security in the U.S. Military

Live Course, January 29, 2026

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, nurses, physician associates/physician assistants, psychologists, athletic trainers, registered dietitians, and dietetic technicians. A certificate of attendance is available for other attendees.

Military Injury Prevention Research to Practice Education Series: Understanding and Strengthening Food and Nutrition Security in the U.S. Military (1.00 clock hour)

1300 – 1410 (ET)

Learning Objectives:

1. Identify outcomes associated with food insecurity and food access in service members from research conducted using the Military Eating Behaviors Survey (MEBS).
2. Detail the rate of military food insecurity and how it compares to a similar civilian population.
3. Outline the risk factors for food insecurity for the U.S. military.
4. Summarize the Department's current efforts to strengthen food security.

Faculty:

Courtney Paolicelli, DrPH, RDN. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

LTC Bridget Owens, PhD, RDN. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Matthew Beymer, PhD, MPH. Presenter has no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Interprofessional Continuing Education (IPCE)



In support of improving patient care, DHA, J-7, CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity was planned by and for the healthcare team, and learners will receive 1.00 Interprofessional Continuing Education (IPCE) credit for learning and change.

Physicians (ACCME)



DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. DHA, J-7, CEPO designated this live course for a maximum of 1.00 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (ANCC)

DHA, J-7, CEPO is accredited by the Joint Accreditation/Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education live course for a maximum of 1.00 ANCC contact hour. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Physician Associates/Physician Assistants (AAPA) – Live



DHA, J-7, CEPO has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.00 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.

Psychologists (APA)



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the program. Participants earned 1.00 credit for attending this activity.

Athletic Trainers (BOC)



DHA, J-7, CEPO (BOC AP #: JA4008136) is approved by the Board of Certification, Inc., to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 1.0 Category A hour/Continuing Education Unit (CEU). ATs should claim only those hours actually spent in the educational program.

Dietitians/Dietetic Technicians (CDR)

The logo for the Commission on Dietetic Registration, featuring the text 'Commission on Dietetic Registration' in bold, 'the credentialing agency for the Academy of Nutrition and Dietetics' in smaller text, and the 'eat right.' logo.	<p>Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (1 IPCE credits = 1 CPEU).</p> <p>If the activity is dietetics related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (1 hour/60 minutes = 1 CPEU).</p> <p>RDs and DTRs are to select activity type 102 in their Activity Logs.</p>
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DHA, J-7, CEPO is a Continuing Professional Education (CPE) Accredited provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 1.00 Continuing Professional Education unit (CPEU) for completion of this activity/material.

ACCME Non-Physician CME Credit

DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit™*. ACCME Non-Physician CME Credit providers may receive a maximum of 1.00 hour for completing this course.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 12 February 2026 at 2359 ET at the following URL: www.dhaj7-cepo.com.