



Defense Health Agency, J-7, Continuing Education Program Office

Infant Nutrition: Updates for the Registered Dietitian Nutritionist

Live Course, February 19, 2026, Fort Sam Houston, TX

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for registered dietitians and dietetic technicians. A certificate of attendance is available for other attendees.

Infant Nutrition: Updates for the Registered Dietitian Nutritionist (1.00 clock hours)

1500 – 1600 (ET)

Learning Objectives:

1. Identify appropriate infant formula options and differentiate indications for specialty formulas based on current evidence.
2. Apply evidence-based guidelines to develop individualized plans for the introduction and progression of solid foods in infants.
3. Interpret pediatric growth charts and formulate targeted nutrition interventions for infants with gastroesophageal reflux.

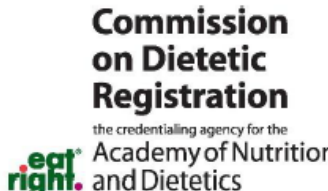
Faculty:

Christine Collymore, RDN, CSP. Presenters have no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Dietitians/Dietetic Technicians (CDR)

 Commission on Dietetic Registration the credentialing agency for the Academy of Nutrition and Dietetics	Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (1 IPCE credits = 1 CPEU). If the activity is dietetics related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (1 hour/60 minutes = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Logs.
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DHA, J-7, CEPO is a Continuing Professional Education (CPE) Accredited provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 1.00 Continuing Professional Education units (CPEUs) for completion of this activity/material.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 05 March 2026 at 2359 ET at the following URL: www.dhaj7-cepo.com.