



Defense Health Agency, J-7, Continuing Education Program Office

DHA Primary Care Behavioral Health (PCBH) Behavioral Health Consultant (BHC) Competency Training

Live, 26-30 January 2026, MS Teams

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for social workers and psychologists. A certificate of attendance is available for other attendees.

DHA PCBH BHC Competency Training (24.50 clock hours)

26 January 2026 @ 0930 (ET)

30 January 2026 @ 1330 (ET)

Learning Objectives:

1. Describe the key features of the BHC Model (GATHER).
2. Understand how to score and interpret the required Primary Care Behavioral Health screening measures.
3. Describe the five steps in using the "5 A's" approach to structuring an initial BHC appointment.
4. Outline the components of effective PCM feedback.
5. Identify required components of a follow-up BHC appointment.
6. Differentiate between the specialty behavioral health role versus that of a behavioral health consultant (BHC).
7. Identify an approach to ethical decision-making in primary care settings.
8. Outline an efficient warm handoff workflow.
9. Select an appropriate level of detail for presentations based on setting and time available.
10. Review 3 outcomes of a warm handoff: "Meet-and-Greet" interaction, Abbreviated Visit, and "Standard Visit".
11. Implement teamwork strategies in your clinic.
12. Assess a patient with suicidal ideation to determine level of risk and appropriate setting of care.
13. Understand strategies to optimize utilization of BHC service.

Faculty:

CAPT Aditya Avinash Bhagwat, Ph.D., ABPP-CN. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

CDR Sara Elizabeth Pulliam, PsyD, ABPP. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Svetlana Kahle, PsyD. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Jeffrey T. Reiter, Ph.D., ABPP. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Joneis Thomas, Ph.D. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Bradford West Applegate, Ph.D. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

William A. Satterfield, Ph.D., ABPP. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Monica L. Cline, Psy.D. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

All relevant financial relationships have been resolved.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Interprofessional Continuing Education (IPCE)



In support of improving patient care, DHA, J-7, CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity was planned by and for the healthcare team, and learners will receive 24.50 Interprofessional Continuing Education (IPCE) credit for learning and change.

Social Workers (ASWB)



As a Jointly Accredited Organization, DHA, J-7, CEPO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 24.50, clinical continuing education credits.

Psychologists (APA)



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the program. Participants earned 24.50 credits for attending this activity.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 13 February 2026 at 1159 ET at the following URL: www.dhaj7-cepo.com.