Defense Health Agency, J-7, Continuing Education Program Office

American Red Cross Advanced Life Support (ALS) Review Course - 2026

Other/Blended Learning, January 1, 2026- December 31, 2026

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, nurses, physician assistants, psychologists, pharmacists, pharmacy technicians, social workers, dentists, dental hygienists, dental technicians, registered dieticians, and dietetic technicians. A certificate of attendance is available for other attendees.

American Red Cross Advanced Life Support (ALS) Review Course – 2026 (2.50 clock hours)

Learning Objectives:

1. Demonstrate high-quality basic life support (BLS) skills, including high-quality chest compressions, effective ventilation, and use of an AED.
2. Apply concepts of effective teamwork when caring for a patient experiencing a cardiovascular, cerebrovascular, or respiratory emergency.
3. Integrate advanced communication, critical-thinking and problem-solving skills when responding as part of a team to cardiovascular, cerebrovascular, or respiratory emergency.
4. Apply a systematic, continuous approach to assess, recognize, and care for an adult experiencing a cardiovascular, cerebrovascular, or respiratory emergency.
5. Assess, recognize, and care for an adult experiencing respiratory or cardiac arrest.
6. Recognize the nature of a cardiovascular, cerebrovascular, or respiratory emergency.
7. Perform effective and appropriate advanced life support care to address cardiovascular, cerebrovascular, or respiratory emergency.
8. Demonstrate effective and appropriate care after a return of spontaneous circulation (ROSC) during a resuscitation effort.

Faculty:

DHA Military Training Network. Presenters have no relevant financial or non-financial relationship(s) relating to the course content or with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Interprofessional Continuing Education (IPCE)

IPCE CREDIT™

In support of improving patient care, DHA, J-7, CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity was planned by and for the healthcare team, and learners will receive 2.50 Interprofessional Continuing Education (IPCE) credit for learning and change.

Physicians (ACCME)

DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.
DHA, J-7, CEPO designated this other activity for a maximum of 2.50 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (ANCC)

DHA, J-7, CEPO is accredited by the Joint Accreditation/Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education other activity for a maximum of 2.50 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists (ACPE)

UAN JA4008136-0000-26-013-H05-P
No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacists. This knowledge based activity will provide a maximum of 2.50 contact hours of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Pharmacy Technicians (ACPE)

UAN JA4008136-0000-26-013-H05-T
No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacy Technicians. This knowledge based activity will provide a maximum of 2.50 contact hours of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Physician Associates/Physician Assistants (AAPA) – Live

DHA, J-7, CEPO has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 2.50 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Social Workers (ASWB)

As a Jointly Accredited Organization, DHA, J-7, CEPO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 2.50 general continuing education credits.

Psychologists (APA)

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the program. Participants earned 2.50 credits for attending this activity.

Dentists and Allied Dental Staff (ADA CERP)

DHA, J-7, CEPO is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education (CDE). ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP.

DHA, J-7, CEPO designates this activity for 2.50 continuing education credits.

Registered Dietitians and Dietetic Technicians, Registered (CDR)

Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU).

If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU).

RD's and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.

DHA, J-7, CEPO is a Continuing Professional Education (CPE) Accredited provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 2.50 Continuing Professional Education units (CPEUs) for completion of this activity/material.

ACCME Non-Physician CME Credit

DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit*™. ACCME Non-Physician CME Credit providers may receive a maximum of 2.50 hours for completing this other activity.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through December 31, 2026, at 2359 ET at the following URL: www.dhaj7-cepo.com.