



Defense Health Agency, J-7, Continuing Education Program Office

48th Dental Squadron: Dental Sleep Medicine

Live Course, November 4, 2025

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for dentists, dental hygienists, dental technicians. A certificate of attendance is available for other attendees.

**48th Dental Squadron: Dental Sleep Medicine (1.00 clock hour)
1100-1200 (ET)**

Learning Objectives:

1. Discuss the key concepts which are part of sleep diagnostics including apnea-hypopnea index and respiratory disturbance index.
2. Describe tools that can be acquired by the patient without a prescription to add to their overall treatment plan.
3. Compare options that require a prescription from a medical professional, including the associated multi-disciplinary communication.
4. Explore irreversible treatment options that involve surgeons, including otolaryngologist (ENT) and oral surgery.
5. Create a plan for appointments when treating a patient with potential obstructive sleep apnea.

Faculty:

Lt Col C. Austin Fluke, DDS Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Dentists and Allied Dental Staff (ADA CERP)



DHA, J-7, CEPO is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education (CDE). ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP.

DHA, J-7, CEPO designates this activity for 1.00 continuing education credits.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 18 November 2025 at 2359 ET at the following URL: www.dhaj7-cepo.com.