



Defense Health Agency, J-7, Continuing Education Program Office

The Smart Guide to Lipid Management: What You Need to Know and Do

Live Course, October 28, 2025

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for pharmacists & pharmacy technicians. A certificate of attendance is available for other attendees.

**The Smart Guide to Lipid Management: What You Need to Know and Do (1.50 clock hours)
1400-1530 ET (1300-1430 CT)**

Learning Objectives:

1. Interpret and apply the 2018 American Heart Association/American College of Cardiology (ACC)/Multi-society guidelines for cholesterol management in adults.
2. Implement updated LDL-C and non-HDL-C goals from the 2022 ACC Expert Consensus Statement and confidently select appropriate add-on therapies for patients not at target.
3. Recognize and appropriately utilize alternative lipid monitoring parameters in select patient groups, considering their cost-effectiveness and impact on healthcare expenditures.
4. Effectively evaluate and manage statin intolerance in patients.
5. Identify and describe emerging lipid-lowering therapeutics, with a focus on agents targeting lipoprotein(a).

Faculty:

Saskia Leather, PharmD, BCACP. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Pharmacists (ACPE)



UAN JA4008136-0000-25-113-L01-P

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacists. This knowledge based activity will provide a maximum of 1.50 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Pharmacy Technicians (ACPE)



UAN JA4008136-0000-25-113-L01-T

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacy Technicians. This knowledge based activity will provide a maximum of 1.50 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 13 November 2025 at 2359 ET at the following URL: www.dhaj7-cepo.com.