



Defense Health Agency, J-7, Continuing Education Program Office

2025 Diabetes Updates

Live Course, October 29, 2025

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for pharmacists & pharmacy technicians. A certificate of attendance is available for other attendees.

2025 Diabetes Updates (1.00 clock hour)
1030-1130 ET (0930-1030 CT)

Learning Objectives:

1. Explain prevention strategies to avoid or delay development of type 2 diabetes mellitus (T2DM).
2. Describe diagnosis and classification of Diabetes.
3. Review comprehensive evaluation and assessment of comorbidities of T2DM.
4. Discuss nonpharmacological therapy for diabetes, such as diabetes self-management education and support, medical nutrition therapy, and exercise.
5. Recall appropriate glycemic goals.
6. Describe obesity and weight management strategies in patients with T2DM.
7. Discuss pharmacologic therapy for T2DM.
8. Describe risk management strategies for chronic kidney disease, retinopathy, neuropathy, and foot care.

Faculty:

Azra Khan, PharmD, BCACP, CDCES. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Pharmacists (ACPE)



UAN JA4008136-0000-25-116-L01-P

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacists. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Pharmacy Technicians (ACPE)



UAN JA4008136-0000-25-116-L01-T

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacy Technicians. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 13 November 2025 at 2359 ET at the following URL: www.dhaj7-cepo.com.