



Defense Health Agency, J-7, Continuing Education Program Office

TBICoE Quarterly Education Series: Operational Advances in Warfighter Brain Health

Internet Live Course, September 19, 2025, MS Teams

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, nurses, physician associates/physician assistants, social workers, psychologists, occupational therapists, occupational therapy assistants, physical therapists, physical therapist assistants. A certificate of attendance is available for other attendees.

TBICoE Quarterly Education Series: Operational Advances in Warfighter Brain Health (2.00 clock hours)

1200 – 1400 (ET)

Learning Objectives:

1. Appraise emerging evidence on the role of omega-3 fatty acids and oxylipins in brain and psychological health outcomes.
2. Summarize strategies to improve omega-3 index levels among service members.
3. Analyze the impact of exposure to high gravitational forces and high-speed boat injuries on the health and performance of service members.
4. Identify mitigation strategies reducing health risks from occupational exposures.
5. Outline the Department of Defense efforts to better understand the health effects of blast overpressure (BOP) exposure.
6. Explain how the BOP provider support tool improves continuity of care through standardized documentation of exposure history, management of symptoms, and accurate coding.

Faculty:

Katrina Monti, DMSc, PA-C, DipACLM. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Michael Dretsch, PhD. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

LTC William Conkright, PhD, RDN, CSSD, CSCS. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Kryshawna Beard, PhD. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Ashley Pennington, MPH. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Keith Stuessi, MD. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Jessica Bock, DHSc, PA-C. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Interprofessional Continuing Education (IPCE)



In support of improving patient care, DHA, J-7, CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity was planned by and for the healthcare team, and learners will receive 2.00 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians (ACCME)



DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

DHA, J-7, CEPO designated this internet live course for a maximum of 2.00 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (ANCC)

DHA, J-7, CEPO is accredited by the Joint Accreditation/Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education internet live course for a maximum of 2.00 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Physician Associates/Physician Assistants (AAPA) – Live



DHA, J-7, CEPO has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 2.00 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Social Workers (ASWB)



As a Jointly Accredited Organization, DHA, J-7, CEPO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 2.00 general continuing education credits.

Psychologists (APA)



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the program. Participants earned 2.00 credits for attending this activity.

ACCME Non-Physician CME Credit

DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit™*. ACCME Non-Physician CME Credit providers may receive a maximum of 2.00 hours for completing this internet live course.

Occupational Therapists and Occupational Therapy Assistants (AOTA)



DHA, J-7, CEPO is an American Occupational Therapy Association (AOTA) Approved Provider of professional development (PD). PD activity approval ID#13969. This distance learning-interactive is offered at 0.2 CEUs intermediate OT service delivery and foundational knowledge. AOTA does not endorse specific course content, products, or clinical procedures.

Physical Therapists and Physical Therapy Assistants (APTA)



DHA, J-7, CEPO is an American Physical Therapy Association (APTA) Approved Provider of continuing education. This activity was planned by and for the healthcare team, and learners will receive 0.2 APTA CEUs. The assignment of APTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by APTA. APTA CEUs are accepted by most state PT licensing boards. Learners are encouraged to check with their local chapter or state board to ensure that they accept APTA accredited courses for licensure renewal.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 03 October 2025 at 23:59 ET at the following URL: www.dhaj7-cepo.com.