



Defense Health Agency, J-7, Continuing Education Program Office

**LTC Juanita Warman Nursing Grand Rounds 2025 Q4
Contraceptive Management**

Live/Hybrid, August 29, 2025, Madigan Army Medical Center, WA|MS Teams

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for nurses. A certificate of attendance is available for other attendees.

LTC Juanita Warman Nursing Grand Rounds 2025 Q4: Contraceptive Management (2.0 clock hours)

1600 – 1800 (ET)

Learning Objectives:

1. Review brief history of contraception.
2. Outline the importance of contraception care.
3. Summarize contraceptives available.
4. Interpret current guidelines for contraceptive management.
5. Relate learned knowledge to patient cases.

Faculty:

Sarah Abel, PharmD, MSCP, CCSP. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

All relevant financial relationships have been resolved.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Nurses (ANCC)

DHA, J-7, CEPO is accredited by the Joint Accreditation/Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education live course, for a maximum of 2.0 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 12 September 2025 at 1159 ET at the following URL: www.dhaj7-cepo.com.