



**Defense Health Agency, J-7, Continuing Education Program Office**

**MAMC Pharmacy Home Study: Insulin Basics for Diabetes: Principles, Guidelines, and Practical Approaches**

**Asynchronous/Home Study, August 08, 2025 through February 08, 2026**

**Continuing Education (CE)/Continuing Medical Education (CME) Information**

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for: pharmacists and pharmacy technicians. A certificate of attendance is available for other attendees.

**MAMC Pharmacy Home Study: Insulin Basics for Diabetes: Principles, Guidelines, and Practical Approaches (1.00 clock hour)**

**Learning Objectives:**

1. Explain blood glucose regulation.
2. Discuss natural insulins and principles of insulin replacement.
3. List examples of basal insulins.
4. List examples of prandial insulins.
5. Discuss recommendations on when to initiate insulin therapy.

**Faculty:**

Helen Booth, Pharm.D., CDCES. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

**Disclosures:**

DHA J-7 staff, Planning Committee Members and content reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

**Pharmacists (ACPE)**



**UAN JA4008136-0000-25-080-H01-P**

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacists. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

**Pharmacy Technicians (ACPE)**



**UAN JA4008136-0000-25-080-H01-T**

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacy Technicians. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

**Other Professionals**

All other health care professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

**Commercial Support:**

No commercial support was provided for this activity.

**Participation Costs:**

There is no cost to participate in this activity.

**CE/CME Inquiries:**

For all CE/CME related inquiries, please contact: [dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)

**How to Obtain CE/CME Credit:**

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 08 February 2026 at 23:59 ET at the following URL:

[www.dhaj7-cepo.com](http://www.dhaj7-cepo.com)