



Defense Health Agency, J-7, Continuing Education Program Office

MAMC Pharmacy Series: Insulin Basics for Diabetes: Principles, Guidelines, and Practical Approaches

Live course, July 9, 2025, Joint Base Lewis McChord, WA

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for pharmacists and pharmacy technicians. A certificate of attendance is available for other attendees.

MAMC Pharmacy Series: Insulin Basics for Diabetes: Principles, Guidelines, and Practical Approaches (1.00 clock hour)

1200 – 1300 (ET) (0900 - 1000 PT)

Learning Objectives:

1. Explain blood glucose regulation.
2. Discuss natural insulins and principles of insulin replacement.
3. List examples of basal insulins.
4. List examples of prandial insulins.
5. Discuss recommendations on when to initiate insulin therapy.

Faculty:

Helen Booth, Pharm.D., CDCES. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, planners, authors, faculty, and content reviewers for this educational activity have no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Pharmacists (ACPE)



UAN JA4008136-0000-25-078-L01-P

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacists. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Pharmacy Technicians (ACPE)



UAN JA4008136-0000-25-078-L01-T

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacy Technicians. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

If you need special accommodations or have questions, please contact us:

ACEP Contact Information, Defense Health Agency, J-7, Continuing Education Program Office
7700 Arlington Boulevard, Suite 5101, Falls Church, VA 22041
Phone number: 571.835.6536
Web Address: <https://www.dhaj7-cepo.com>
Email Address: dha.ncr.j7.mbx.continuing-education-office@health.mil

Other Professionals

All other healthcare professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil.

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 23 July 2025 at 23:59 ET at the following URL: www.dhaj7-cepo.com.