

# Defense Health Agency, J-7, Continuing Education Program Office

## MAMC Pharmacy Series: Weight Loss through the VA/DoD

## Asynchronous/Home Study, July 11, 2025 through January 11, 2026

## Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for: pharmacists and pharmacy technicians. A certificate of attendance is available for other attendees.

## MAMC Pharmacy Series: Weight Loss through the VA/DoD (1.00 clock hour)

## Learning Objectives:

- 1. Define clinically meaningful weight loss.
- 2. Recognize the basis for the current VA/DoD clinical practice guideline for the management of adult overweight and obesity 2020.
- 3. Identify TriCare coverage and the agents that are available for weight loss both pharmaceutical and nonpharmaceutical.
- 4. Explain the differences, risks and benefits of the new GLP-1/GIP agents for weight loss.
- 5. Describe role in counseling and patient care.

### Faculty:

Mark Nolan, MSPM, BCPS, PharmD. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

#### Disclosures:

DHA J-7 staff, Planning Committee Members and content reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

## Pharmacists (ACPE)

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No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacists. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

## Pharmacy Technicians (ACPE)

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No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacy Technicians. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

## **Other Professionals**

All other health care professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

## **Commercial Support:**

No commercial support was provided for this activity.

## **Participation Costs:**

There is no cost to participate in this activity.

#### **CE/CME Inquiries:**

For all CE/CME related inquiries, please contact: <u>dha.ncr.j7.mbx.continuing-education-office@health.mil</u>

# How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 11 January 2026 at 23:59 ET at the following URL:

www.dhaj7-cepo.com