

Defense Health Agency, J-7, Continuing Education Program Office

MAMC Pharmacy Series: Weight Loss through the VA/DoD

Asynchronous/Home Study, July 11, 2025 through January 11, 2026

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for: pharmacists and pharmacy technicians. A certificate of attendance is available for other attendees.

MAMC Pharmacy Series: Weight Loss through the VA/DoD (1.00 clock hour)

Learning Objectives:

- 1. Define clinically meaningful weight loss.
- 2. Recognize the basis for the current VA/DoD clinical practice guideline for the management of adult overweight and obesity 2020.
- 3. Identify TriCare coverage and the agents that are available for weight loss both pharmaceutical and nonpharmaceutical.
- 4. Explain the differences, risks and benefits of the new GLP-1/GIP agents for weight loss.
- 5. Describe role in counseling and patient care.

Faculty:

Mark Nolan, MSPM, BCPS, PharmD. Presenter has no relevant financial or non-financial relationship(s) with ineligible companies to disclose.

Disclosures:

DHA J-7 staff, Planning Committee Members and content reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

Pharmacists (ACPE)

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No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacists. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Pharmacy Technicians (ACPE)

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Other Professionals

All other health care professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: <u>dha.ncr.j7.mbx.continuing-education-office@health.mil</u>

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 11 January 2026 at 23:59 ET at the following URL:

www.dhaj7-cepo.com