



Defense Health Agency, J-7, Continuing Education Program Office

Federal Advanced Skills Training (FAST) 2025

Holistic Healing: Integrating Physical and Psychological Care in Limb Trauma

Day 1

Live, 10 June 2025, Bethesda, Md.

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, nurses, social workers, psychologists, occupational therapists, occupational therapy assistants, kinesiotherapists, physical therapists, and physical therapist assistants. A certificate of attendance is available for other attendees.

**FAST 2025: Holistic Healing: Integrating Physical and Psychological Care in Limb Trauma-DAY 1
(6.0 clock hours)**

0800 - 1645 (ET)

Learning Objectives:

1. Review stress as a continuum of positive and negative reactions.
2. Distinguish between typical stress reactions vs. clinical disorders that should be referred for assessment and intervention.
3. Apply the Open Questions, Affirmations, Reflective Listening, and Summaries (OARS) acronym to generate Motivational Interviewing (MI)-consistent verbal behavior.
4. Discuss how MI emerges from a collaborative 'spirit', use of OARS, and deliberate evocation.
5. Describe the different ways in which "functioning" is understood depending on the population being treated and the health concerns involved.
6. Identify interventions that the literature has indicated are effective for improving functioning in multiple patient populations.

Faculty:

LT Nicholas E. Grant, Ph.D., ABPP. Presenter has no financial or non-financial relationships to disclose.

Jessica M. Richards, Ph.D. Presenter has no financial or non-financial relationships to disclose.

Lt. Col. Daniel G. Cassidy, Ph.D., ABPP. Presenter has no financial or non-financial relationships to disclose.

Jose M. Lara-Ruiz, Ph.D. Presenter has no financial or non-financial relationships to disclose.

Tiffany Mulligan, PsyD, MBA. Presenter has no financial or non-financial relationships to disclose.

All relevant financial relationships have been resolved.

Disclosures:

DHA J-7 staff, Planning Committee Members and content reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

Physicians (ACCME)



DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. DHA, J-7, CEPO designated this course for a maximum of 6.0 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (ANCC)

The DHA, J-7, CEPO is accredited by the Joint Accreditation/ Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education course for a maximum of 6.0 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Social Workers (ASWB)



As a Jointly Accredited Organization, DHA, J-7, CEPO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 6.0 general continuing education credits.

Psychologists (APA)



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The DHA, J7, CEPO maintains responsibility for the content of the programs. DHA, J-7, CEPO designated this activity for a maximum of 6.0 CE credits. The instructional level of this activity is intermediate. There is no cost to participate.

ACCME Non-Physician CME Credit

DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit™*. ACCME Non-Physician CME Credit providers may receive a maximum of 6.0 hours for completing this course.

Occupational Therapists and Occupational Therapy Assistants (AOTA)



The DHA, J-7, CEPO is an American Occupational Therapy Association (AOTA) Approved Provider of professional development (PD). PD activity approval ID#12694. This live activity is offered at 0.6 CEUs advanced, OT service delivery, professional issues, foundational knowledge. AOTA does not endorse specific course content, products, or clinical procedures.

Physical Therapists and Physical Therapy Assistants (APTA)



The DHA, J-7, CEPO is an American Physical Therapy Association (APTA) Approved Provider of continuing education. This activity was planned by and for the health care team, and learners will receive .06 APTA CEUs. The assignment of APTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by APTA. APTA CEUs are accepted by most state PT licensing boards. Learners are encouraged to check with their local chapter or state board to ensure that they accept APTA accredited courses for licensure renewal.

Kinesiotherapists (COPSKT)

Provider# is 061025



This continuing education activity has been accredited by The Council on Professional Standards for Kinesiotherapy (COPSKT) to include 0.6 contact hours/CEU. DHA, J-7, CEPO accredits enterprise-wide continuing education activities for military and civilian health care professionals. These courses are critical to DHA's goal of providing the best possible quality care to active-duty service members, veterans, and their families.

Other Professionals

All other health care professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 26 June 2025 at 1159 ET at the following URL:

www.dhaj7-cepo.com