



**Defense Health Agency, J-7, Continuing Education Program Office**

**Cultivating the Wellbeing of our Military Children, Youth and Families**

**2025 APR CCSS HS S06: Trauma Informed Parenting for Veterans and Service Members with PTSD**

**Enduring/Home Study, 10 June 2025 to 31 May 2026**

**Continuing Education (CE)/Continuing Medical Education (CME) Information**

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, nurses, physician assistants/associates, pharmacists, pharmacy technicians, optometrists, social workers, psychologists, dentists, dental hygienists, dental technicians, athletic trainers, registered dietitians, dietetic technicians, occupational therapists, occupational therapy assistants, and kinesiotherapists. A certificate of attendance is available for other attendees.

**2025 APR CCSS S06: Trauma Informed Parenting for Veterans and Service Members with PTSD (1.0 clock hour)**

**Learning Objectives:**

1. Explain how family functioning and mental health appear to be related.
2. Describe factors that may maintain PTSD symptoms and negative family functioning.
3. Identify how PTSD symptoms may impact parenting behaviors and child psychosocial functioning.
4. Discuss positive parenting and apply some simple tips for positive parenting techniques in their practice.

**Faculty:**

Suzannah Creech, Ph.D. is a grant recipient with the Traumatic Brain Injury and Psychological Health Research Program under Award No. HT9425-23-1-0869.  
All relevant financial relationships have been resolved.

**Disclosures:**

DHA J-7 staff, Planning Committee Members and content reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

**Interprofessional Continuing Education (IPCE)**



In support of improving patient care, the DHA, J-7, CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team. This activity was planned by and for the health care team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

**Physicians (ACCME)**



DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. DHA, J-7, CEPO designated this enduring material (home study), for a maximum of 1.0 *AMA PRA Category 1 Credit*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses (ANCC)**

The DHA, J-7, CEPO is accredited by the Joint Accreditation/ Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education enduring material (home study), for a maximum of 1.0 ANCC contact hour. Nurses should only claim credit commensurate with the extent of their participation in the activity.

## Pharmacists (ACPE)



### UAN JA4008136-0000-25-065-H99-P

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacists. This knowledge based activity will provide a maximum of 1.0 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

## Pharmacy Technicians (ACPE)



### UAN JA4008136-0000-25-065-H99-T

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacy Technicians. This knowledge based activity will provide a maximum of 1.0 contact hours of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

## Physician Associates/Physician Assistants (AAPA) - Enduring



DHA, J-7, CEPO has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credits. Approval is valid until 31 May 2026. PAs should only claim credit commensurate with the extent of their participation.

## Optometrists (ARBO/COPE)



The DHA, J-7, CEPO designates this asynchronous activity for a maximum of 1.0 COPE credit hours.

**COPE Course ID #: 97648-PB**

**COPE Activity/Event #: 130613**

## Social Workers (ASWB)



As a Jointly Accredited Organization, DHA, J-7, CEPO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 general continuing education credits.

## Psychologists (APA)



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The DHA, J7, CEPO maintains responsibility for the content of the programs. DHA, J-7, CEPO designated this activity for a maximum of 1.0 CE credit. There is no cost to participate.

## Dentists and Allied Dental Staff (ADA CERP)



DHA, J-7, CEPO is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education (CDE). ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at [ADA.org/CERP](http://ADA.org/CERP). DHA, J-7, CEPO designates this activity for 1.0 continuing education credit.

## Athletic Trainers (BOC)



The DHA, J-7, CEPO (BOC AP #: P12034) is approved by the Board of Certification, Inc., to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 1.0 Category A hours/Continuing Education Units (CEUs). ATs should claim only those hours actually spent in the educational program.

## Registered Dietitians and Dietetic Technicians, Registered (CDR)



Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU).  
If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU).  
RD's and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.

The DHA, J-7, CEPO is a Continuing Professional Education (CPE) Accredited provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 1.0 Continuing Professional Education units (CPEU) for completion of this activity/material.

## ACCME Non-Physician CME Credit

DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit™*. ACCME Non-Physician CME Credit providers may receive a maximum of 1.0 hour for completing this enduring material (home study).

## Occupational Therapists and Occupational Therapy Assistants (AOTA)



The DHA, J-7, CEPO is an American Occupational Therapy Association (AOTA) Approved Provider of professional development (PD). PD activity approval ID# 12413. This distance learning-independent, is offered at 0.1 CEU, introductory, professional issues, foundational knowledge. AOTA does not endorse specific course content, products, or clinical procedures.

## Healthcare Executives (ACHE)

By attending this program offered by DHA, J-7, CEPO, participants may earn up to 1.0 American College of Healthcare Executives (ACHE) Qualified Education Hours toward initial certification or recertification of the Fellow of the American College of Healthcare Executives (FACHE) designation. Participants in this program who wish to have the continuing education hours applied toward ACHE Qualified Education credit must self-report their participation. To self-report, participants must log into their MyACHE account and select ACHE Qualified Education Credit.

## Kinesiotherapists (COPSKT)

Provider# is 061025



This continuing education activity has been accredited by The Council on Professional Standards for Kinesiotherapy (COPSKT) to include 0.1 CEU. DHA, J-7, CEPO accredits enterprise-wide continuing education activities for military and civilian health care professionals. These courses are critical to DHA's goal of providing the best possible quality care to active duty service members, veterans, and their families.

## Other Professionals

All other health care professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

**Commercial Support:**

No commercial support was provided for this activity.

**Participation Costs:**

There is no cost to participate in this activity.

**CE/CME Inquiries:**

For all CE/CME related inquiries, please contact: [dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)

**How to Obtain CE/CME Credit:**

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 31 May 2026 at 1159 ET at the following URL:

[www.dhaj7-cepo.com](http://www.dhaj7-cepo.com)