



Defense Health Agency, J-7, Continuing Education Program Office

DHA Public Health Essentials of Health Promotion

Enduring Material (Home Study), April 30, 2025 – April 29, 2026

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, nurses, social workers, athletic trainers, registered dietitians, dietetic technicians, and healthcare executives. A certificate of attendance is available for other attendees.

DHA Public Health Essentials of Health Promotion (3.00 clock hours)

Learning Objectives:

1. Comprehend core concepts and frameworks within the field of public health promotion and their application to military health, resilience, and readiness.
2. Assess the health and wellness needs and priorities of military communities.
3. Utilize various data collection strategies for determining health promotion needs in a target population.
4. Plan comprehensive health promotion programs and services tailored to the specific needs and characteristics of military populations, with consideration of (not limited to) cultural, social, and environmental factors.
5. Evaluate the effectiveness and impact of health promotion initiatives within military communities using appropriate evaluation methods and metrics to assess outcomes and determine areas for improvement.
6. Develop, test, and assess health promotion communication strategies and deliver messages clearly and effectively to diverse military audiences using a variety of channels and formats.

Faculty:

Abigail R. Bickford, PhD. Presenter has no financial or non-financial relationships to disclose.
Lauren A. (Shirey) Ogledzinski, MPH. Presenter has no financial or non-financial relationships to disclose.
Mamie R. Carlson, MPH. Presenter has no financial or non-financial relationships to disclose.
Rachana Sikka, PhD. Presenter has no financial or non-financial relationships to disclose.
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Christina Marie Via, MPH. Presenter has no financial or non-financial relationships to disclose.
Esther (Essie) J. Pfau, MPH. Presenter has no financial or non-financial relationships to disclose.
Sharon Ghazarian, PhD. Presenter has no financial or non-financial relationships to disclose.

Disclosures:

DHA J-7 staff, Planning Committee Members and content reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

Interprofessional Continuing Education (IPCE)



In support of improving patient care, the DHA, J-7, CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team. This activity was planned by and for the health care team, and learners will receive 3.00 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians (ACCME)



DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

DHA, J-7, CEPO designated this enduring material (home study) for a maximum of 3.00 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (ANCC)

The DHA, J-7, CEPO is accredited by the Joint Accreditation/ Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education enduring material (home study) for a maximum of 3.00 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Social Workers (ASWB)



As a Jointly Accredited Organization, DHA, J-7, CEPO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 3.00 general continuing education credits.

Athletic Trainers (BOC)



The DHA, J-7, CEPO (BOC AP #: P12034) is approved by the Board of Certification, Inc., to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 3.0 Category A hours/Continuing Education Units (CEUs). ATs should claim only those hours actually spent in the educational program.

Registered Dietitians and Dietetic Technicians, Registered (CDR)



Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU).

If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU).

RD's and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.

The DHA, J-7, CEPO is a Continuing Professional Education (CPE) Accredited provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 3.00 Continuing Professional Education units (CPEUs) for completion of this activity/material.

ACCME Non-Physician CME Credit

DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit™*. ACCME Non-Physician CME Credit providers may receive a maximum of 3.00 hours for completing this enduring material (home study).

Healthcare Executives (ACHE)

By attending this program offered by DHA, J-7, CEPO, participants may earn up to 3.00 American College of Healthcare Executives (ACHE) Qualified Education Hours toward initial certification or recertification of the Fellow of the American College of Healthcare Executives (FACHE) designation. Participants in this program who wish to have the continuing education hours applied toward ACHE Qualified Education credit must self-report their participation. To self-report, participants must log into their MyACHE account and select ACHE Qualified Education Credit.

Other Professionals

All other health care professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 29 April 2026 at 2359 ET at the following URL:

www.dhaj7-cepo.com