



**Defense Health Agency, J-7, Continuing Education Program Office**

**FY25 Joint Advanced Dietetics Symposium (JANDS)**

**Nutrition for Disordered Eating**

**Home Study (Enduring) 28 April 2025 to 30 September 2025 (Blackboard)**

**Continuing Education (CE)/Continuing Medical Education (CME) Information**

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for registered dietitians and dietetic technicians. A certificate of attendance is available for other attendees.

**FY25 JANDS: Nutrition for Disordered Eating (2.0 clock hours)**

**Learning Objectives:**

1. State one neurobiological reason why the food neutrality approach is essential in supporting clients with disordered eating symptoms.
2. Describe one strategy for providing nutrition education based on food neutrality.
3. List one factor that contributes to development of an eating disorder.
4. Provide two examples of potential physiological impacts of low energy availability.

**Faculty:**

Priscilla Rumph, MS, RD, CSSD, CEDS. Presenter has no financial or non-financial relationships to disclose. All relevant financial relationships have been resolved.

**Disclosures:**

DHA J-7 staff, Planning Committee Members and content reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

**Registered Dietitians and Dietetic Technicians, Registered (CDR)**



Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU).  
If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU).  
RD's and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.

The DHA, J-7, CEPO is a Continuing Professional Education (CPE) Accredited provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 2.0 Continuing Professional Education units (CPEUs) for completion of this activity/material.

**Other Professionals**

All other health care professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

**Commercial Support:**

No commercial support was provided for this activity.

**Participation Costs:**

There is no cost to participate in this activity.

**CE/CME Inquiries:**

For all CE/CME related inquiries, please contact: [dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)

**How to Obtain CE/CME Credit:**

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 30 September 2025 at 1159 ET at the following URL:

[www.dhaj7-cepo.com](http://www.dhaj7-cepo.com)