



Defense Health Agency, J-7, Continuing Education Program Office

LTC Juanita Warman Nursing Grand Rounds 2024 Q4

Home Study (Enduring), March 21, 2025, to March 21, 2026 (MS Teams)

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for nurses. A certificate of attendance is available for other attendees.

LTC Juanita Warman Nursing Grand Rounds 2024 (Q4) (2.0 clock hours)

Learning Objectives:

1. Explain the origin of long-standing respiratory myths and why they're wrong.
2. Discuss the relationship between ventilation and oxygenation as well as their differences.
3. Summarize how heated high-flow nasal cannulas work.
4. Identify the differences between continuous positive airway pressure (CPAP) and bilevel positive airway pressure (BiPAP).
5. Differentiate between physical and occupational therapy in hospital settings.
6. Summarize why safe mobility is important and how we can keep it safe.
7. Review ways to improve patient mobility on our inpatient wards.
8. Understand how inpatient rehab determines disposition recommendations.

Faculty:

Lindsey Kirby, PT, DPT. Presenter has no financial or non-financial relationships to disclose.

Ken Bielas, CRT, FCCS-1. Presenter has no financial or non-financial relationships to disclose.

All relevant financial relationships have been resolved.

Disclosures:

DHA J-7 staff, Planning Committee Members and content reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

Nurses (ANCC)

The DHA, J-7, CEPO is accredited by the Joint Accreditation/ Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education enduring material (home study), for a maximum of 2.0 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Other Professionals

All other health care professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 21 March 2026 at 1159 ET at the following URL:

www.dhaj7-cepo.com