



Defense Health Agency, J-7, Continuing Education Program Office

USAF Physical Therapy Advanced Course – March 2025

Live Course, March 4-12, 2025, Colorado Springs, CO

Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for physical therapists, and physical therapist assistants. A certificate of attendance is available for other attendees.

USAF Physical Therapy Advanced Course – March 2025 (64.00 clock hours)

0730-1600 (MST)

Learning Objectives:

1. Demonstrate an understanding of anatomy and acute neuromusculoskeletal (NMSK) mechanisms of injury common in a deployed military environment.
2. Show assessment and interventions for acute NMSK injuries in a resource-limited environment.
3. List return-to-duty recommendations for service members with NMSK injuries and risk-to-force reports for commanding officers.
4. Analyze principles of sleep, nutrition, hydration and recovery as it relates to injury prevention, healing and performance optimization in a deployed military environment.
5. Discover psychological factors relating to injury prevention, healing and performance optimization in a deployed military environment.
6. Use programming and periodization principles to create individual/group strength and conditioning programs to optimize performance in a resource-limited environment.
7. Breakdown evidence-based evaluations for potential concussions and appropriately triage casualties for appropriate management.
8. Summarize evidence-based interventions for managing concussions in a resource-limited deployed military environment.
9. Outline return-to-duty recommendations for service members with concussions and risk-to-force reports for commanding officers.
10. Demonstrate the ability to assess wounds and burns IAW CDC guidelines and independently initiate care in a resource-limited deployed military environment.
11. Describe return-to-duty recommendations for service members with traumatic wounds/burns and risk-to-force reports for commanding officers.
12. Identify injuries requiring casting, splinting, and bracing and demonstrate proper casting, splinting, and bracing techniques.
13. Outline return-to-duty recommendations for service members requiring casting, splinting, and bracing and risk-to-force reports for commanding officers.

Faculty:

Kyle East. Presenter has no financial or non-financial relationships to disclose.
Matthew Will. Presenter has no financial or non-financial relationships to disclose.
Joel Henderson. Presenter has no financial or non-financial relationships to disclose.
Ronald Miller. Presenter has no financial or non-financial relationships to disclose.
Danielle Anderson. Presenter has no financial or non-financial relationships to disclose.
James Passmore. Presenter has no financial or non-financial relationships to disclose.
Joanna Borawski. Presenter has no financial or non-financial relationships to disclose.
Brian Dilorio. Presenter has no financial or non-financial relationships to disclose.
Taylor Majerus. Presenter has no financial or non-financial relationships to disclose.
Laura Eberle. Presenter has no financial or non-financial relationships to disclose.
Julie Banta. Presenter has no financial or non-financial relationships to disclose.
Benjamin Lowry. Presenter has no financial or non-financial relationships to disclose.
Drew Oen. Presenter has no financial or non-financial relationships to disclose.

Danielle Langness. Presenter has no financial or non-financial relationships to disclose.
Joshua Shumway. Presenter has no financial or non-financial relationships to disclose.
Shelly Morales. Presenter has no financial or non-financial relationships to disclose.
Dillon Small. Presenter has no financial or non-financial relationships to disclose.
Brad Raines. Presenter has no financial or non-financial relationships to disclose.
All relevant financial relationships have been resolved.

Disclosures:

DHA J-7 staff, Planning Committee Members and content reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

Physical Therapists and Physical Therapy Assistants (APTA)



The DHA, J-7, CEPO is an American Physical Therapy Association (APTA) Approved Provider of continuing education. This activity was planned by and for the health care team, and learners will receive 0.64 APTA CEUs. The assignment of APTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by APTA. APTA CEUs are accepted by most state PT licensing boards. Learners are encouraged to check with their local chapter or state board to ensure that they accept APTA accredited courses for licensure renewal.

Other Professionals

All other health care professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil

How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through March 27, 2025, at 2359 ET at the following URL:

www.dhaj7-cepo.com