



## Defense Health Agency, J-7, Continuing Education Program Office

### RHCE: 2020 Fall Medical Surgical Conference: Behavioral Health Track 04 DEC- EMDR Therapy – An Overview

Internet Live Course, December 04, 2020, Landstuhl, Germany

#### Continuing Education (CE)/Continuing Medical Education (CME) Information

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, nurses, physician assistants, social workers, psychologists, counselors, and healthcare executives. A certificate of attendance is available for other attendees.

#### RHCE: 2020 Fall Medical Surgical Conference: Behavioral Health Track 04 DEC- EMDR Therapy – An Overview (2.00 clock hours)

0820 - 1020 (CET)

#### Learning Objectives:

1. Define two unique aspects of Eye Movement Desensitization and Reprocessing (EMDR) therapy.
2. Identify three hypotheses of the biological underpinnings of EMDR therapy.
3. Recognize the eight phases of EMDR therapy.

#### Faculty:

Camille M. Zeiter, LICSW. Presenter has no financial or non-financial relationships to disclose.

#### Disclosures:

DHA J-7 staff, Planning Committee Members and content reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

#### Interprofessional Continuing Education (IPCE)



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

This activity was planned by and for the healthcare team, and learners can receive up to 2.00 Interprofessional Continuing Education (IPCE) credits for learning and change. In support of improving patient care, this activity has been planned and implemented by DHA, J-7, CEPO. DHA, J-7, CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), the American Nurses Credentialing Center (ANCC), the American Academy of Physician Assistants (AAPA), the Association of Regulatory Boards of Optometry's Council on Optometric Practitioner Education (ARBO/COPE), the Association of Social Work Boards (ASWB), the American Psychological Association (APA), the American Dental Association's Continuing Education Recognition Program (ADA CERP), and Commission on Dietetic Registration (CDR) to provide continuing education for the health care team.

#### Physicians (ACCME)



DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. DHA, J-7, CEPO designated this internet live activity for a maximum of 2.00 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Nurses (ANCC)**

DHA, J-7, CEPO is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. DHA, J-7, CEPO designated this internet live Continuing Nursing Education activity for a maximum of 2.00 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

### **Physician Assistants (AAPA)**



DHA, J-7, CEPO has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 2.00 hours of AAPA Category 1 CME credits. Physician assistants should only claim credit commensurate with the extent of their participation.

### **Social Workers (ASWB)**



As a Jointly Accredited Organization, DHA, J-7, CEPO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. DHA, J-7, CEPO maintains responsibility for this course. Social workers completing this course receive a maximum of 2.00 ASWB continuing education credits.

### **Psychologists (APA)**



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. DHA, J-7, CEPO designated this activity for a maximum of 2.00 CE credits. The instructional level of this activity is intermediate. There is no cost to participate.

### **ACCME Non-Physician CME Credit**

DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit™*. ACCME Non-Physician CME Credit providers may receive a maximum of 2.00 hours for completing this internet live activity.

### **Healthcare Executives (ACHE)**

DHA, J-7, CEPO is authorized to award a maximum of 2.00 hours of pre-approved American College of Healthcare Executives (ACHE) Qualified Education credit for this program toward advancement, or recertification in the American College of Healthcare Executives. Participants in this program who wish to have the continuing education hours applied toward ACHE Qualified Education credit must self-report their participation. To self-report, participants must log into their MyACHE account and select ACHE Qualified Education Credit

### **National Board of Certified Counselors (NBCC)**



DHA, J-7, CEPO has been approved by NBCC as an Approved Continuing Education Provider, **ACEP No. 6955**. Programs that do not qualify for NBCC credit are clearly identified. DHA, J-7, CEPO is solely responsible for all aspects of the programs.

**NBCC ACEP No. 6955**

**Other Professionals**

All other health care professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

**Commercial Support:**

No commercial support was provided for this activity.

**Participation Costs:**

There is no cost to participate in this activity.

**CE/CME Inquiries:**

For all CE/CME related inquiries, please contact: [dha.ncr.j7.mbx.continuing-education-office@mail.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@mail.mil).

**How to Obtain CE/CME Credit:**

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 18 December 2020 at 2359 ET at the following URL:

[www.dhaj7-cepo.com](http://www.dhaj7-cepo.com)