



## **Defense Health Agency J-7 Continuing Education Program Office**

### **Stepped Care Model for Pain Series**

#### **Primary Care Pain Champion:**

#### **Using the VA/DoD Clinical Practice Guidelines**

**Live Virtual, 28 March 2019-28 March 2020**

#### **Continuing Education Information**

This continuing education (CE) activity is provided by the DHA J-7 Continuing Education Program Office (CEPO). This activity provides continuing education for physicians, nurses, physician assistants, pharmacists, pharmacy technicians, occupational therapists, physical therapists, psychologists, social workers, counselors, kinesiotherapists, and healthcare executives. A certificate of attendance is available for other attendees.

#### **Using the VA/DoD Clinical Practice Guidelines (3.0 clock hours)**

##### **Learning Outcomes:**

1. Provide evidence-based care (screening, assessment, treatment).
2. Conceptualize cases from a biopsychosocial standpoint with goals to manage pain and improve function and quality of life.
3. Provide patient education and include the patient in decision-making.

##### **Faculty:**

Jennifer Bell, M.D. Presenter has no financial or non-financial relationships to disclose.

##### **Disclosures:**

DHA J-7 staff, Psychological Health Center of Excellence (PHCoE) staff, Planning Committee Members and reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

#### **Interprofessional Continuing Education**



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

This activity was planned by and for the healthcare team, and learners can receive up to 3.0 Interprofessional Continuing Education (IPCE) credits for learning and change. In support of improving patient care, this activity has been planned and implemented by DHA J-7 CEPO. DHA J-7 CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), the American Nurses Credentialing Center (ANCC), the American Academy of Physician Assistants (AAPA), the Association of Regulatory Boards of Optometry's Council on Optometric Practitioner Education (ARBO/COPE), the American Psychological Association (APA), and the Association of Social Work Boards (ASWB) to provide continuing education for the health care team.

#### **Physicians (ACCME)**



DHA J-7 CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. DHA J-7 CEPO designated this home study (enduring) activity for a maximum of 3.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses (ANCC)



DHA J-7 CEPO is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. DHA J-7 CEPO designated this live Continuing Nursing Education activity for a maximum of 3.0 contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

### Pharmacists and Pharmacy Technicians (ACPE)



UAN JA4008136-0000-19-034-H04-P

UAN JA4008136-0000-19-034-H04-T

This knowledge based activity will provide a maximum of 3.0 contact hours of pharmacy continuing education credit for participants attending all conference CPE activities. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

### Physician Assistants (AAPA)



DHA J-7 CEPO has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 3.0 hours of AAPA Category 1 CME credits. Physician assistants should only claim credit commensurate with the extent of their participation.

### Social Workers (ASWB)



As a Jointly Accredited Organization, DHA J-7 CEPO is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. DHA J-7 CEPO maintains responsibility for this course. Social workers completing this course receive a maximum of 3.0 continuing education credits.

### Psychologists (APA)



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity offers a maximum of 3.0 CE credits. The instructional level of this activity is intermediate. There is no cost to participate.

### Physical Therapists (ACCME Non-Physician CME Credit)

DHA J-7 CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. Physical Therapists will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit™*. Physical Therapists may receive a maximum of 3.0 hours for completing this live virtual program.

### Occupational Therapists (ACCME Non-Physician CME Credit)

DHA J-7 CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. For the purpose of recertification, The National Board for Certification in Occupational Therapy (NBCOT) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME. Occupational Therapists may receive a maximum of 3.0 hours for completing this program.

### **Healthcare Executives (ACHE)**

DHA J-7 CEPO is authorized to award a maximum of 3.0 hours of pre-approved American College of Healthcare Executives (ACHE) Qualified Education credit for this program toward advancement, or recertification in the American College of Healthcare Executives. Participants in this program wishing to have the continuing education hours applied toward ACHE Qualified Education credit should indicate their attendance when submitting application to the ACHE for advancement or recertification.

### **Kinesiotherapists (COPSKT)**

**Provider# 031119**



This continuing education activity has been accredited by The Council on Professional Standards for Kinesiotherapy (COPSKT) to include 3.0 contact hours/0.3 CEUs,. DHA J-7 CEPO accredits enterprise-wide continuing education activities for military and civilian health care professionals. These courses are critical to DHA's goal of providing the best possible quality care to active duty service members, veterans, and their families.

### **National Board of Certified Counselors (NBCC)**



DHA J-7 CEPO has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6955. Programs that do not qualify for NBCC credit are clearly identified. DHA J-7 CEPO is solely responsible for all aspects of the programs.

### **Other Professionals**

All other health care professionals completing this continuing education activity will be issued a Certificate of Attendance indicating participation and the number of hours of continuing education credit. This may be used for submission to licensing boards for satisfaction of CE requirements.

### **Commercial Support:**

No commercial support was provided for this activity.

### **Participation Costs:**

There is no cost to participate in this activity.

### **CE Inquiries:**

For all CE related inquiries, please contact [dha.ncr.j7.mbx.continuing-education-office@mail.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@mail.mil).

### **How to Obtain CE Credit:**

To receive continuing education credit (CE), you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available for 2 weeks after the learning activity. Use this link to enroll and access the **Stepped Care Primary Care Pain Champion Trainings**:

<https://www.dhaj7-cepo.com>