

**Appendix F**  
**NBCC Continuing Education Provider Policy and Content Requirements**

**D. QUALIFYING PROGRAM CONTENT REQUIREMENTS**

In order to qualify for NBCC continuing education credit, the program, course, or presentation (program) must satisfy the following content requirements:

1. NBCC Content Area Requirement. The program content and information must directly relate to a qualifying NBCC Content Area identified in Section G of this Policy.
2. Program Learning Objectives Requirement. The program content and information must include a clear statement of the program learning objectives showing compliance with the qualifying program requirements of this Policy.
3. Professional Knowledge Requirement. The program content and information must be directly relevant to the professional knowledge and skills of graduate-level counselors.
4. Clinically Sound Content Requirement. The content of programs presenting information concerning the diagnosis, evaluation, and/or treatment of clients must be clinically sound. Such content must be consistent with well-established theories, principles, and techniques accepted by the professional mental health community, as well as the current edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM).
5. Program Materials Requirement. The program materials must be directly relevant to the program content, and must reflect current information, research, and professional knowledge.

**E. QUALIFYING PROGRAM CONTENT RESTRICTIONS AND PROHIBITIONS**

In order to qualify for NBCC continuing education credit, the qualifying program content must be consistent with the following restrictions and prohibitions:

1. Noncounseling Profession Content Restriction. The program content cannot be solely or primarily designed or intended for: professions other than professional counseling; the general public; paraprofessional counselors; or, any other individuals engaged in counseling or other mental health activities who are not graduate-level professional counselors.
2. Physical Health Content Restriction. The program content cannot be solely or primarily concerned with the medical or physical health of clients.
3. Political and Religious Content Restriction. The program content cannot state or imply in any manner that individuals who act inconsistent with, or who do not accept, a particular political or religious belief or principle are dysfunctional, or otherwise inappropriate, or that the belief itself is unacceptable or incorrect.
4. Sexual Orientation Change Content Restriction. The program content cannot present or include information promoting Sexual Orientation Change Efforts as a therapeutic method.

**G. NBCC CONTENT AREAS AND TOPICS**

In order for a Provider to offer and issue NBCC credit, the program subject matter must be directly and primarily related to one (1) or more of the NBCC Content Areas identified below, and as required by this Policy. The following categories identify the NBCC Content Areas. The relevant content area(s) must be identifiable in the program objectives.

[NOTE: Regardless of the NBCC Content Area, a Category 1 Presenter is required to present/author the relevant portions of all programs that include content concerning counseling theory, counseling practice, counseling relationships, and the evaluation and/or treatment of clients, as well as all content specifically designated for a Category 1 Presenter.]

1. Counseling Theory/Practice and the Counseling Relationship-provides an advanced understanding of the counseling processes.
2. Human Growth and Development-provides an advanced understanding of the nature and needs of individuals at developmental levels, and are relevant to professional counselors and the counseling profession.
3. Social and Cultural Foundations-provides an understanding of the issues and trends in a multicultural and diverse society that impact professional counselors and the counseling profession.
4. Group Dynamics and Counseling-provides an advanced understanding of therapeutic group development, dynamics and counseling theories; and, group counseling methods and skills, including, but not limited to, the following topics.
5. Career Development and Counseling-provides an advanced understanding of career counseling, development and related life factors.
6. Assessment-provides an advanced understanding of approaches to assessment and evaluation in counseling practice.
7. Research and Program Evaluation-provides an advanced understanding of research methods, statistical analysis, needs assessment and evaluation, and ethical and legal considerations in research.
8. Counselor Professional Identity and Practice Issues-provides an understanding of various aspects of professional functioning as graduate-level counselors.
9. Wellness and Prevention-provides psycho-educational information for counselors to enhance their ability to promote optimal wellness related to client mental health.