



Defense Health Agency (DHA) J-7 Education and Training Directorate, Continuing Education Program Office (CEPO)



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Leadership



Felicia Truong, EdD, PMP, DASM
Acting Division Chief,
Executive Skills, Continuing
Education, and Libraries



Alina Gopez, MSN, BSN,
RNC-OB
Training Specialist, J-7
Education and Training



Amelia Schoenbeck, MBA
Program Manager



Hayley Aguayo, MPM
Senior Program Analyst



Jasmine Adams, MPP
Senior Research Analyst

Administrative Support

Clinical Subject Matter Experts (SME)



Miesha D. Scott, DSW,
LCSW-C
SME: Social Worker



Jannelle S. Barrow,
MSPT
SME: Physical Therapist



LaDonna S. King, MSOT,
OTR/L
SME: Occupational Therapist



Catherine McKiernan,
M.S. CCC-SLP
SME: Speech Language
Pathologist



Natalie Regis,
DNP, MSN, RN
SME: Nurse



Jennifer Grey
Buenaventura Abarca,
MSN, RN
SME: Nurse



Jeremy R. Bowman, M.S.
Senior Information Engineer



Melissa A. Campbell, M.Ed.
Information Engineer

Technical Support Team

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Interprofessional Continuing Education (IPCE) Meeting

Join CEPO and healthcare education providers across MHS to discuss...

- Accrediting organization updates and conferences
- Continuing Education opportunities
- Veteran Health Agency CE updates
- Best practices for interprofessional continuing education
- Featured topics by guest speakers

Upcoming Date: October 5, 2026 at 9:30 AM ET on MS Teams

To attend or be a guest speaker, email us at
dha.ncr.j7.mbx.continuing-education-office@health.mil

Are you looking to become a CEPO content reviewer?

CEPO is looking for content reviewers in the following professions who will assist with **providing a content review for a variety of continuing education (CE) /continuing medical education (CME) activities** throughout the year:

If you are interested in volunteering, please send your resume/CV to dha.ncr.j7.mbx.continuing-education-office@health.mil



Physicians, Physician Associates/Physician Assistants, Nurses, Pharmacists/Pharmacy Technicians, Psychologists, Social Workers, Certified Counselors, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Case Managers, Dentists, Dental Assistants, Dental Technicians, Kinesiotherapists, Optometrists, Speech Language Pathologists, Audiologists, Athletic Trainers, Dietitians, Health Information Professionals, and Healthcare Executives

DEFENSE MEDICAL MODELING AND SIMULATION OFFICE (DMMSO)

WHAT IS DMMSO?

- ▶ DMMSO provides the DoW and other stakeholders with shared, complementary, and supportive Medical Modeling and Simulation (MM&S) business line services

WHAT DO WE DO?

- ▶ Manage shared service MM&S capabilities and solutions to support medical education and training
- ▶ Support the development, management, and integration of requirements, capabilities, and systems for MM&S in health care operations
- ▶ Promote the use of MM&S across the Department
- ▶ Improve medical readiness, survivability, quality of care, patient safety, and efficiency

CONTACT US

dha.ncr.education-trng.mbx.dmmso@health.mil





DoW - VCE Vision Dysfunction Continuing Education



Get your 9-hour CE/CME credits!



JOINT KNOWLEDGE ONLINE



Jane Doe

has successfully completed

**(US1165) Vision Dysfunction Following
Traumatic Brain Injury (9 hrs)
2025**

Michael T. Barnum
M. T. Barnum
Chief, Joint Enabling and Learning Division
Deputy Director Joint Training
Joint Staff, J7



Take the course

1. Go to <https://www.dhaj7-cepo.com/content/dha-us1165-vision-dysfunction-following-traumatic-brain-injury-training-eye-care-providers>
2. Click "Register"
3. Enroll and proceed to complete the evaluation survey

Questions?

Email DHA J-7 Continuing Education Program Office: dha.ncr.j7.mbx.cepo-cms-support@health.mil



Offer CE Credit at your Next Educational Event

The Continuing Education Program Office accredits
CE activities via the CE Activity Application

Education coordinators can submit an application at
<https://www.dhaj7-cepo.com/content/cepo-ce-activity-application>

For more information, please email CEPO at dha.ncr.j7.mbx.cepo-cms-support@health.mil

OPIOID PRESCRIBER SAFETY TRAINING (OPST)

Email questions to:
dha.ncr.j7.mbx.continuing-education-office@health.mil



Background	This 3-hour program is an updated version of the 2020 Defense Health Agency (DHA) OPST course integrating the latest guidelines, policies, and issuances related to DHA safe opioid prescribing, substance use disorders, and pain management. The training was designed by DHA subject matter experts to better equip DHA providers and staff with the skills to improve patient outcomes for safe opioid prescribing, substance use disorders, and pain management.
Complete	Complete the course (DHA -USI I76-DHA Opioid Prescriber Safety Training) on Joint Knowledge Online (JKO) https://jkodirect.jten.mil .
Obtain CE/CME	Use the “How to Obtain CE/CME” information at the end of the course in JKO (also included in the JKO course’s graduation email), to visit https://www.dhaj7-cepo.com/ to acquire 3.0 CE/CMEs.
Target Audience	This activity provides continuing education credit for physicians, nurses, physician assistants, pharmacists, pharmacy technicians, and dentists. A certificate of attendance is also available for other attendees.



BRAIN INJURY AWARENESS



HEAD INJURY?

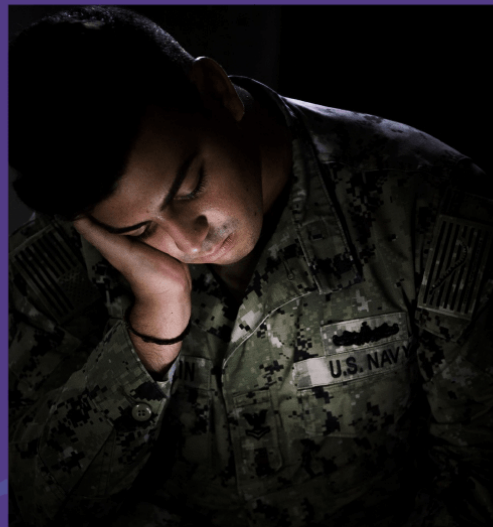
Seek medical help if you have these warning signs:

HEARING

- Dizziness
- Ringing, buzzing or other sounds in your ears or head
- Trouble hearing words in noisy environments

VISION

- Dizziness
- Blurry or double vision
- Trouble reading
- Flashes and/or floaters



health.mil/BIAMonth



Celebrating the DHA's

awesome staff

check out the Employee Hub on the new dha.mil



DHA Virtual Medical Library (VML)

Offering DHA personnel 24/7 access to several medical databases, books and journals; curated specialty guides; Joint Commission resources; continuing education; and so much more....



➤ Some available resources include:

- AORN
- EBSCO
- CINAHL
- ClinicalKey and ClinicalKey for Nursing
- Elsevier Clinical Skills
- Pharmacist Letters
- UpToDate
- UpToDate Lexidrug



<https://dha.libguides.com/home>



Ocular Trauma Vision Readiness Video Teleconference



A monthly virtual forum delivering ocular trauma case discussions and expert lectures for DOW and VA eye care professionals, supporting continuing education, collaboration, and vision readiness.

3rd Friday of every month

Upcoming Teleconferences

Date	Topic	Speaker	Speaker Affiliation and/or Information	Residency Program Ocular Trauma Case Presentation
16 Oct 2026	Corneal Laceration Repair	LTC Okezie Igboeli, MD	WRNMMC - Cornea Specialist	WRNMMC
20 Nov 2026	Joint Pathology Center Analysis of Ocular Foreign Bodies	Michael Lewin-Smith, MD	DHA-Joint Pathology Center Senior Environmental Pathologist	WRNMMC
18 Dec 2026	The Management of Peri-Ocular Burns	MAJ Donovan Reed, MD	BAMC-Oculoplastics and Reconstructive Surgery Specialist	BAMC
15 Jan 2027	VCE Nurse Care Coordination of the Visually Impaired Patient	Christine Framstad, MPH, RN	DHA-VCE Vision Care Coordinator	NMC-SD
19 Feb 2027	Ocular Hypotony: How to Fix It?	LTC Sien Chen, MD	BAMC - Glaucoma Specialist	WRNMMC

If you would like to be added to our VCE event roster or have any questions about the OTVR VTC's, please contact: Andrew Morgenstern, OD, FAAO, FNP (contract support) at dha.ncr.Medical-Affairs.mbx.vce-otvr@health.mil

*COPE, CME, CNE, IPCE approval pending

2026 TBICoE Training Calendar

HOSTED BY THE TRAUMATIC BRAIN INJURY CENTER OF EXCELLENCE

january

Thursday, Jan. 15*
1 to 3 p.m. ET

Acute Concussion Care Pathway:
MACE 2 and PRA Training

Wednesday, Jan. 21*
2 to 4 p.m. ET

Insights into the Pathophysiology of
TBI

Friday, Jan. 30
3 to 4 p.m. ET

Neuroimaging Following Concussion
Clinical Recommendation Training

february

Tuesday, Feb. 10*
Noon to 2 p.m. ET

Management of Headache Clinical
Recommendation Training

march

Wednesday, March 4*
2 to 4 p.m. ET

Performance Nutrition and TBI

Thursday, March 5*
1 to 2 p.m. ET

Assessment of Dizziness and Visual
Disturbances Following Concussion
Clinical Recommendation Training

Wednesday, March 18*
10:30 a.m. to 5 p.m. ET

2026 TBICoE Annual Brain Health
Symposium (6 CME/CEs pending)

april

Wednesday, April 15*
Noon to 1 p.m. ET

Management of Sleep Disturbances
Following Concussion Clinical
Recommendation Training

Thursday, April 16*
1 to 3 p.m. ET

Acute Concussion Care Pathway:
MACE 2 and PRA Training

Thursday, April 23*
11 a.m. to 1 p.m. ET

Functional Neurological Disorder
and TBI

may

Wednesday, May 6
Noon to 1 p.m. ET

Neuroimaging Following Concussion
Clinical Recommendation Training

Thursday, May 21*
1 to 3 p.m. ET

The Next Battlefield: TBI, Mental
Health, and the Road to Recovery

june

Wednesday, June 10*
Noon to 2 p.m. ET

Management of Headache Following
Concussion Clinical Recommendation
Training

july

Friday, July 10*
11 a.m. to Noon ET

Assessment of Dizziness and Visual
Disturbances Following Concussion
Clinical Recommendation Training

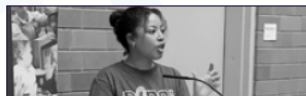
Thursday, July 16*
1 to 3 p.m. ET

Acute Concussion Care Pathway:
MACE 2 and PRA Training

august

Thursday, Aug. 20*
11 a.m. to Noon ET

Management of Sleep Disturbances
Following Concussion Clinical
Recommendation Training



september

Friday, Sept. 18
2 to 4 p.m. ET

Invisible Impact: Blast Overpressure
and Total Force Fitness

Wednesday, Sept. 23
2 to 3 p.m. ET

Neuroimaging Following Concussion
Clinical Recommendation Training

october

Thursday, Oct. 8
1 to 3 p.m. ET

Diagnostic TBI Coding Updates

Wednesday, Oct. 14*
11 a.m. to 1 p.m. ET

Management of Headache Following
Concussion Clinical Recommendation
Training

Thursday, Oct. 15*
1 to 3 p.m. ET

Acute Concussion Care Pathway:
MACE 2 and PRA Training

november

Tuesday, Nov. 3
2 to 3 p.m. ET

Translating 15 Years of Research on
TBI Recovery and Family Impact

Wednesday, Nov. 18*
10 to 11 a.m. ET

Assessment of Dizziness and Visual
Disturbances Following Concussion
Clinical Recommendation Training

december

Wednesday, Dec. 2*
11 a.m. to Noon ET

Management of Sleep Disturbances
After Concussion Clinical
Recommendation Training

The TBICoE Education events are held virtually on Microsoft Teams. You do not need a Teams account to attend these events and registration is not required. Dates and times are subject to change. Visit health.mil/TBICoEEvents or scan the QR code to stay up-to-date on all TBICoE virtual events. Events with asterisks* denote those that include pending or confirmed continuing education and continuing medical education credits through DHAs Continuing Education Program Office.



Deployment-Related Topics

Guest Speakers

Free CEs



Attendee Testimonials

“

Thank you for an excellent presentation and great management of the tech side. These are better CE presentations than most--very high standard and I look forward to them every time.

”

“

The training was well-organized, clear, and engaging. One of the best Zoom trainings I have attended. I enjoyed the polls and questions asked in Chat so we could participate and get more out of the training. I learned tools that I can apply right away.

”

“

Every CDP [webinar] experience has been wonderful, professional, enlightening and productive. It leaves me with something new to support others better.

”



CDP PRESENTS
MONTHLY WEBINAR SERIES

<https://deploymentpsych.org/webinars>



Stay Connected with CEPO



Email updates

What: CEPO provides CE/CME updates to Education and Training (E&T) Leads at our IPCE Meeting.

When: First Monday of every other month (next meeting October 3). *Reach out to be included!*



Need support?

Need support **accessing courses** on the Continuing Education Management System site?

Contact us

dha.ncr.j7.mbx.cepo-cms-support@health.mil



Stay up to date!

CEPO sends out a **monthly newsletter** that includes updates from accrediting organizations and **upcoming CE activities**.

Visit our website to subscribe.



VCE Website

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<https://www.health.mil/VCE>

Visit our
site!

Health.mil
The official website of the Military Health System

About the MHS • MHS Education & Training • Military Health Topics • MHS News • Reference Center • Want To... •

MHS Home > Military Health Topics > Centers of Excellence > Vision Center of Excellence

All Topics

- DOD Cancer Clearinghouse
- Warfighter Brain Health Hub
- MHS Mental Health Hub
- Environmental Exposures Hub
- Health Care Administration & Operations
- Health Readiness & Combat Support
- Centers of Excellence

Vision Center of Excellence

Welcome to the Vision Center of Excellence. Here, you'll find military vision health information, tools, and support to help protect and care for your eyes.

What's New!

- Ocular Motor Rehabilitation Definition Report**
The new Ocular Motor Rehabilitation Definition Report defines OMR and explains how it supports consistent evidence based care. [Download the report.](#)
- 2025 VCE Annual Report**
Learn about VCE's initiatives supporting vision care and readiness. [Download the report.](#)

Calendar of Events

No events to display.

Contact Us

Address:
7100 Arlington Boulevard
Suite 3021 One 42nd Street Springfield
Falls Church, VA 22044

Phone: 301-426-1230

Email: usa.mil@DHA-PK-Adm@va.gov

Browse through our many
documents, tools, and materials!

WHEN THERE'S AN INJURY
3 STEPS TO SAVE SIGHT
Bystanders usually provide the first assistance on the scene in an emergency. Knowing how to properly respond to an eye injury can save sight.

STEP 1: SURVEY
Survey the situation. Is the injury a form of penetrating injury to the eye, such as a chemical or foreign object in the eye? Do not touch the eye.

STEP 2: SHIELD
Shield the eye. Use the rigid eye shield to cover the eye. Do not cover over the eye with gauze or goggles, or the eye. Sterile, plastic or paper.

STEP 3: SEEK CARE
Seek care. After causing further injury or pain.

Computer Vision Syndrome (CVS)
Computer vision syndrome, also referred to as digital eye strain, describes a group of eye and vision-related problems that result from prolonged computer, tablet, e-reader and mobile phone use. Many individuals experience eye discomfort and vision problems when viewing digital screens for extended periods. The level of discomfort appears to increase with the amount of digital screen use.

The average American worker spends seven hours a day on the computer.
To help alleviate digital eye strain, follow the **20-20-20 RULE**.

20 Take a 20-second break.
20 To view something 20 feet away
20 Every 20 minutes.

If the 20-20-20 rule does not work, take an extended break.

Avoid eye strain. Learn to recognize CVS causes and symptoms.

CVS CAUSES

- Prolonged screen time
- Gaze on a digital screen
- Improper viewing distances
- Poor seating posture
- Uncorrected vision problems
- A combination of these factors

CVS SYMPTOMS

- Eye strain
- Headaches
- Blurred vision
- Dry eyes
- Red, irritated eyes
- Itchy, itchy and scratchy pain

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We have eGuidelines+

A Better Way to Access AORN Guidelines



Get access to resources to support patient safety and quality outcomes including:

- AORN Guidelines for Perioperative Practice
- Evidence-based recommendations
- Clinical checklists
- Templates
- Competency verification tools
- Audit tools
- And more

<https://aornguidelines.org/>



Hormone Therapy Unlocked Series

Home Study

Part 1: Hormone Therapy Unlocked:
Overcoming Barriers to Better Care
1.50 CE/CME credits

Part 2: Hormone Therapy Unlocked:
Case Studies in Diagnosing and
Managing Hypoactive Sexual Desire
Disorder and Menopausal Hormone
Therapy
1.50 CE/CME credits

Course available here:

[https://www.dhaj7-
cepo.com/content/hormone-therapy-
unlocked](https://www.dhaj7-cepo.com/content/hormone-therapy-unlocked)



Presenters:

- Air Force Lt. Col Samantha Simpson, M.D.
- Retired Air Force Col. Christine Hart Kress, DNP, APRN, WHNP-BC, MSCP
- Rebecca Hertel, DO, MSCP
- Aoife O'Sullivan, M.D., NCMP
- Heather Quaile, DNP, WHNP-BC, AFN-C, CSC, I.F., FAANP

**Earn up to 3.00
CE/CME credits!***

*Only those with Military Health System email addresses or other affiliated, pre-approved email domains (e.g., health.mil, va.gov, etc.) are eligible to claim CE/CME credits



November 2025 Clinical Communities Speaker Series (CCSS) Home Study



Optimizing Patient-Centered Military-Specific Care



Topics:

- *Change that Sticks: Practical Insights for Health Professions Education and Improving Clinical Practice*
- *Optimizing Insulin Delivery: Best Practices for Needle Selection and Injection Techniques*
- *Ethical Decision-Making for Pediatric Patients: When Clinicians and Parents Disagree*
- *Lessons from a Medical Readiness Journey*
- *Supporting the Continuum of Military Health Care: Care Coordination at Joint Venture David Grant Medical Center*
- *Turning Evidence into Action: Implementation Science Tools for Sustained Success*



**Course available until
December 21, 2026**



**Earn up to 6.0
CE/CME credits!***

*Only those with Military Health System email addresses or other affiliated, pre-approved email domains (e.g., health.mil, va.gov, etc.) are eligible to claim CE/CME credits



Frequency of Oculomotor Dysfunction in Symptomatic Mild Traumatic Brain Injury (mTBI) (FOCUS mTBI)

Volunteers Needed for Concussion & Vision Research



Who Can Participate

- **Active-duty service members**, ages 17–40
- **Concussed Group:** 0–180 days post-injury with persistent symptoms
- **Control Group:** No concussion in past year and no history of vision therapy

What is Involved

- One comprehensive, dilated vision exam
- Approximately 1 hour

Active Recruiting Sites

- Walter Reed National Military Medical Center
- Lackland Air Force Base
- US Military Academy at West Point (Keller ACH)
- Landstuhl Regional Medical Center
- Davis-Monthan Air Force Base

Patient Referrals – Study Questions – Interested in Learning More
Please Contact: Natalya Merezhinskaya, PhD – Vision Center of Excellence
301-319-0245 | natalya.merezhinskaya2.civ@health.mil



CEPO is now a PMI® Authorized Training Partner!

We're now accredited by the **Project Management Institute (PMI)®** to deliver Professional Development Unit (PDU) continuing education (CE) for project professionals.

Get ready to boost your skills and maintain your PMI certification with confidence!

Attention CE Planners: CEPO can guide you through the process of making your courses eligible for PDUs. For more information, please email: dha.ncr.j7.mbx.continuing-education-office@health.mil

Available now:

- Live and on-demand courses
- Courses aligned with the PMI Talent Triangle®
 - Ways of Working
 - Power Skills
 - Business Acumen



JMESI Intermediate Executive Skills Course

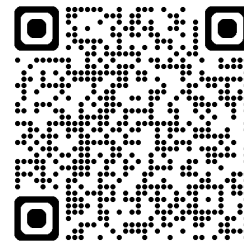
Audience: O4-5; E7-8; GS12-14
individuals serving in
leadership roles. Learners can
self-enroll via JKO.

2026 Cohorts
October 19-22, 2026 (virtual)

Topics Include:

- Patient Safety
- Health Law
- A3 Problem Solving
- Healthcare Leadership
- Coaching in the Workplace
- Strategic Communication
- Data-Drive Decision Making
- And more....

NOTE: This course requires distance learning pre-requisites before registration is permitted.



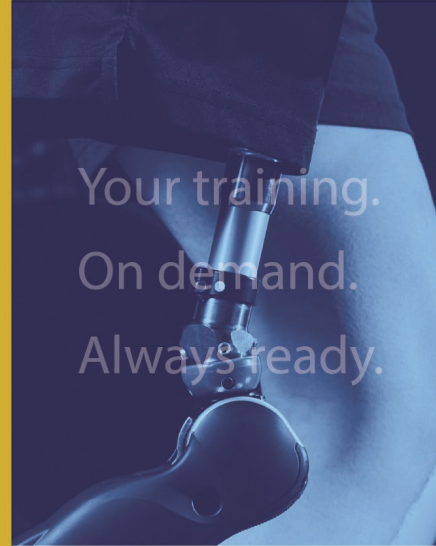
**Contact the JMESI Team with
questions:**

dha.ncr.Ed-Training-J-7.mbx.jmesi@health.mil

Limb Trauma Educational Series

Our Reach 360 LMS offers a comprehensive archive that includes materials and resources accumulated over more than eight years, providing extensive historical access to prior trainings.

REGISTER NOW



To access the LTES courses, please visit our Reach 360 link or scan the QR code.

<https://eace.reach360.com/register/ce20f45b-b7b1-4093-8674-e4bf09549c8b>





February 2026 Clinical Communities Speaker Series (CCSS)

Home Study

Operational Medicine: Preparing the Force for Mission Readiness



Topics:

- Large Scale Combat Operations, Public Health, Musculoskeletal Injuries and YOU, the Clinician
- Medical Response to Radiation: Navigating Emergencies, Enhancing Survival
- Increasing the Reach and Accessibility of Suicide Prevention Treatment
- A Mission-Ready Force: The Strategic Imperative of Measuring Readiness in the Military Health System
- Beyond the Battlefield: Ethical Frontiers in Operational Medicine
- Soft Tissue Hip Injuries: Methods of Repair and Recovery



**Course available until
March 19, 2027**



**Earn up to 6.0
CE/CME credits!***

*Only those with Military Health System email addresses or other affiliated, pre-approved email domains (e.g., health.mil, va.gov, etc.) are eligible to claim CE/CME credits

Register here: <https://www.dhaj7-cepo.com/content/2026-feb-ccss-hs>

DHA ACADEMY

INSPIRE

CULTIVATE

EMPOWER

LET YOUR CAREER BLOOM HERE



LOG ON TO JKO AND SELECT THE
DHA ACADEMY LOGO TO LEARN MORE.



DHA Virtual Medical Library



Access these resources and more, while at your MTF:

- ClinicalKey and ClinicalKey for Nursing
- Ovid
- STAT!Ref
- UpToDate and UpToDate Lexidrug

Check out our [Women's Health and Perinatal Specialty Guide](#). Also search for articles and to link to the full text with our custom [PubMed link](#). Search our [Publication Finder](#) for titles in our holdings.

<https://dha.libguides.com>

Questions or trouble getting started? Submit any requests or issues using our [online form](#).

What Audiologists do to Keep You **Healthy**



- Conduct hearing exams
- Fit you with hearing protectors
- Provide hearing education & training
- Assess & treat hearing issues
- Provide consultation on noise-hazardous areas
- Monitor your hearing health

AUDIOLOGY AWARENESS



Residency Research Partnership Program Website

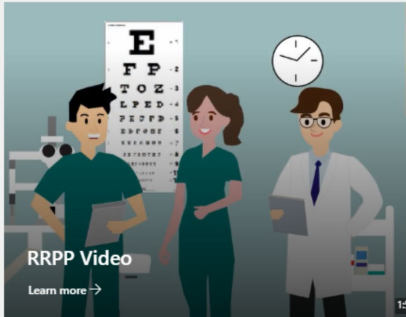
<https://militaryhealth.sharepoint-mil.us/sites/re-vce/SitePages/RRPP.aspx>



Welcome to the Residency Research Partnership Program (RRPP)

About RRPP

Welcome to the Vision Center of Excellence (VCE) Residency Research Partnership Program (RRPP). Our goal is to actively support Department of War and Department of Veterans Affairs professionals during their residency programs, offering tailored mentorship and technical support in clinical research. Drawing from VCE researchers' expertise, our flexible procedural guidance and resources empower residents for successful research outcomes.



RRPP Video

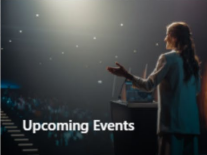
Learn more →

RESIDENT SPOTLIGHT

Resident Spotlight



Recent Publications



Upcoming Events