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Lessons from a Medical Readiness Journey

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Presenter



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Lt. Col. Travis E. Whiteside, PharmD, MBA, BCPS



Lt. Col. Travis Whiteside currently serves as the Commander, Forensic Toxicology Drug Testing Lab (FTDTL), Tripler Army Medical Center (TAMC), HI.

Lt. Col. Whiteside is an Army Brat who enlisted in the Army in 1999 as a Combat Engineer. He separated in 2003 to attend Auburn University where he earned a Doctor of Pharmacy and Bachelor of Science in Laboratory Technology. He returned to Active Duty in 2011 after commissioning via a Health Professions Scholarship Program (HPSP) / Reserve Officers' Training Corps (ROTC) scholarship. He completed a post-graduate Pharmacy Practice Residency (PGY-1) at Brooke Army Medical Center (BAMC) in 2015 and is a Board-Certified Pharmacotherapy Specialist (BCPS). He went on to earn a Master of Business Administration from the College of William & Mary in Virginia in 2023.

Lt. Col. Whiteside's military assignments include: Deputy Chief, Department of Pharmacy, Tripler Army Medical Center (TAMC), HI; Brigade Pharmacist, 44th Medical Brigade, and Clinical Pharmacist at Womack Army Medical Center (WAMC), Fort Bragg, NC; Chief, Department of Pharmacy at McDonald Army Health Center (MCAHC) and Pharmacy Lead Advisor, Tidewater Multi-Service Market at Joint Base Langley-Eustis (JBLE), VA; Assistant Chief Pharmacy Branch, Medical Center of Excellence (MedCoE) and Pharmacology Instructor for the Interservice Physician Assistant Program (IPAP) at Joint Base San Antonio (JBSA), TX; 10th Mountain Division Pharmacist and the Afghan National Security Forces (ANSF) Senior Medical Development Advisor for Regional Command East (RC-E) in Afghanistan; Officer in Charge of Inpatient Pharmacy at Landstuhl Regional Medical Center (LRMC), Germany; Section Leader and Team Leader, 20th Engineer Battalion, 1st Cavalry Division, Ft. Hood, TX.



Disclosures



- Lt. Col. Travis Whiteside has no relevant financial or non-financial relationships to disclose relating to the content of this activity.
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Learning Objectives



At the conclusion of this activity, participants will be able to:

1. Discuss Geographic Combatant Commands (GCC), deployment medical eligibility criteria (MEC), and deployment limiting medical conditions (DLMC).
2. Summarize the Department of Defense's (DoD) medical readiness screening process.
3. Apply existing data tools to proactively address undetected DLMCs.
4. Review the undetected DLMC dilemma.
5. Recognize barriers to accurately quantifying medical readiness.



2011-2015: Germany to Afghanistan

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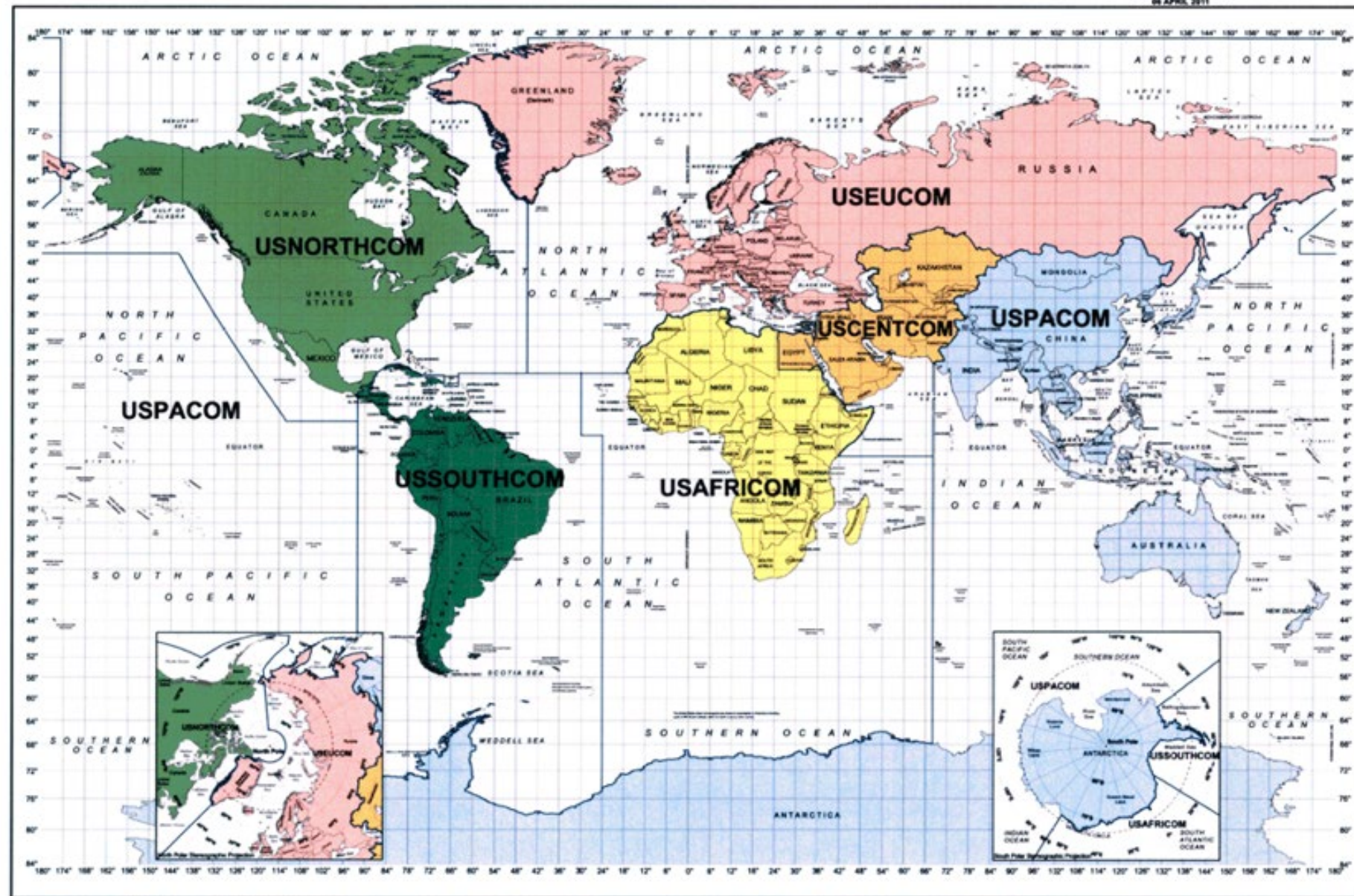
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Operational View 1 (OV1)

Operational Medicine Healthcare Delivery Solutions across the Continuum of Care







SERIES 1107
EDITION 9 NGA



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MAP EFFECTIVE 26 APRIL 2011

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1:60,000,000
MILLER CYLINDRICAL PROJECTION

* West Bank and Gaza Strip - "territory occupied with current status subject to the Israeli-Palestinian Interim Agreement - permanent status to be determined through further negotiation."

THE REPRESENTATION OF BOUNDARIES IS NOT NECESSARILY AUTHORITY.



2015-2018: Joint Base San Antonio



“priority one is readiness”

“Army Medicine ensures the Army maintains a medically ready Force and a ready medical force to support them”



https://www.army.mil/article/144934/u_s_army_medical_department_center_and_school_designated_an_army_center_of_excellence_coe
https://www.army.mil/article/166838/csa_milley_readiness_is_my_no_1_priority
<https://www.bostonglobe.com/opinion/editorials/2015/01/05/mass-hospitals-show-how-fix-military-medical-care/2lWh1zeNGC2goyYXho0KeP/story.html>

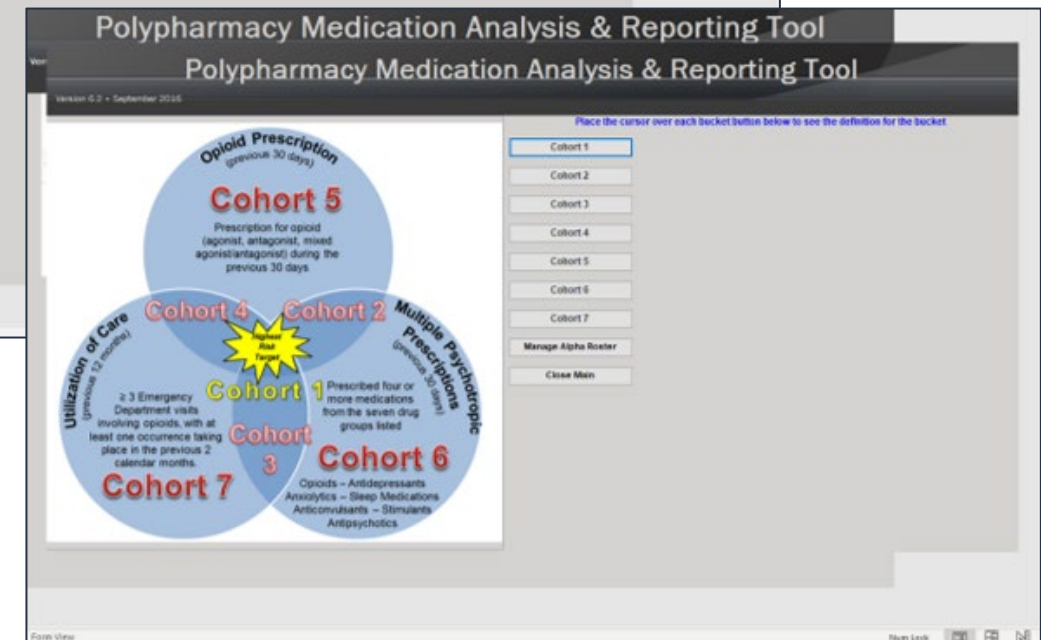
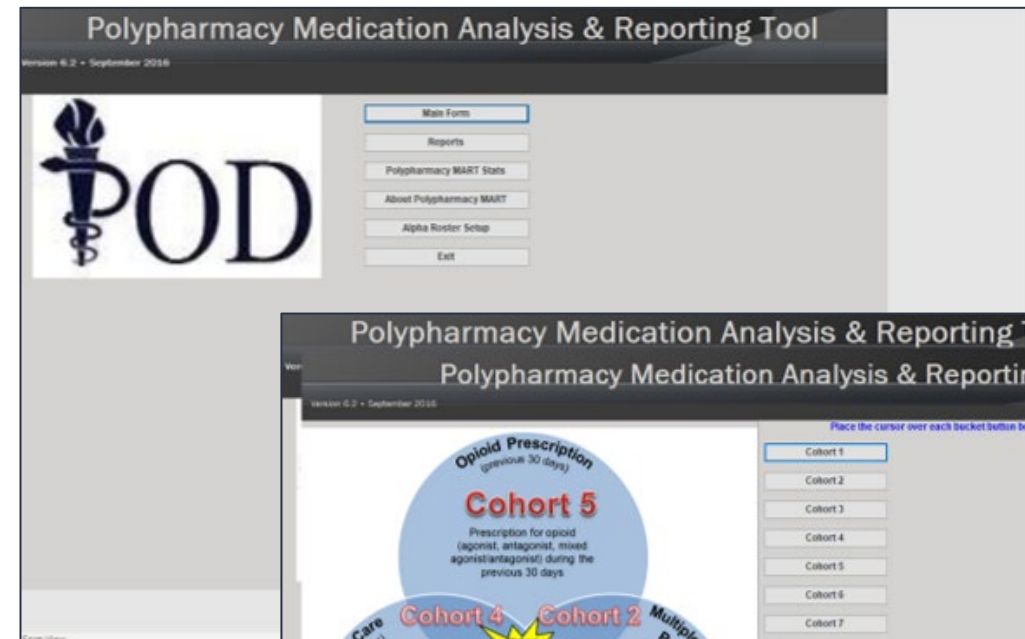
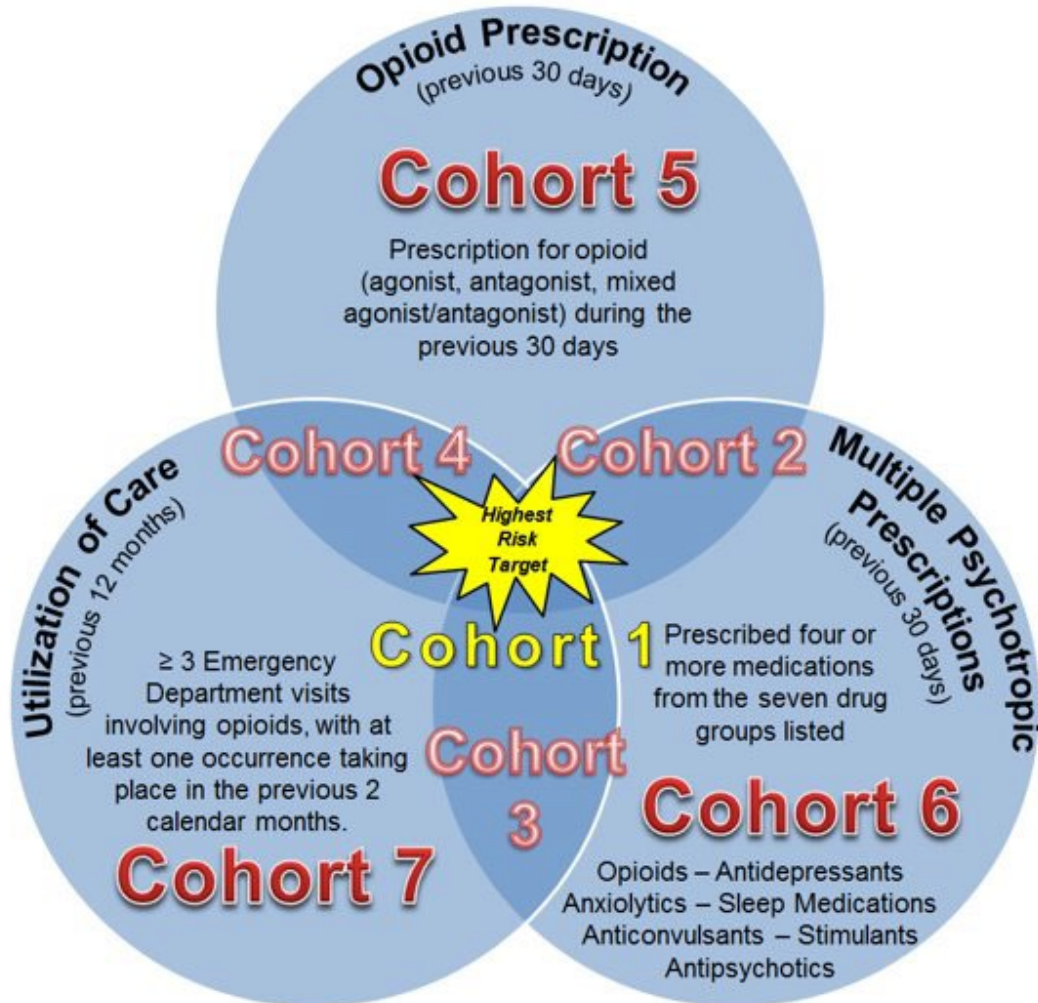


2018-2021: Joint Base Langley Eustis





Army Polypharmacy & PolyMART



6	M	10/15/1962	Maintenance Medication RX Warning	04/15/2022	MTF	BETA-ADRENERGIC BLOCKING AGENTS	523430059	METOPROLOL TARTRATE 25MG TABLET	ORAL	0	60.000
7	M	10/15/1962	Medication Always Flagged	04/19/2022	RETAIL	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
8	M	10/15/1962	Greater Than 45 Days Supply Warning	04/19/2022	RETAIL	SKELETAL MUSCLE RELAXANTS	5511017915	TIZANIDINE HCL 2MG TABLET	ORAL	0	30.000
9	M	10/15/1962	Greater Than 45 Days Supply Warning	04/19/2022	RETAIL	SKELETAL MUSCLE RELAXANTS	5511017915	TIZANIDINE HCL 2MG TABLET	ORAL	0	30.000
10	M	10/15/1962	Medication Always Flagged	05/20/2022	RETAIL	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
11	M	10/15/1962	Greater Than 45 Days Supply Warning	05/20/2022	RETAIL	SKELETAL MUSCLE RELAXANTS	5511017915	TIZANIDINE HCL 2MG TABLET	ORAL	0	30.000
12	M	10/15/1962	Maintenance Medication RX Warning	06/05/2022	MTF	BETA-ADRENERGIC BLOCKING AGENTS	523430059	METOPROLOL TARTRATE 25MG TABLET	ORAL	0	60.000
13	M	10/15/1962	Maintenance Medication RX Warning	06/05/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	4229106655	PRIVASTATIN SODIUM 10MG TABLET	ORAL	0	90.000
14	M	10/15/1962	Maintenance Medication RX Warning	06/05/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	4229106655	PRIVASTATIN SODIUM 10MG TABLET	ORAL	0	90.000
15	M	10/15/1962	Greater Than 45 Days Supply Warning	06/20/2022	RETAIL	SKELETAL MUSCLE RELAXANTS	5511017915	TIZANIDINE HCL 2MG TABLET	ORAL	0	30.000
16	M	10/15/1962	Medication Always Flagged	06/20/2022	RETAIL	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
17	M	10/15/1962	Greater Than 45 Days Supply Warning	06/20/2022	RETAIL	SKELETAL MUSCLE RELAXANTS	5511017915	TIZANIDINE HCL 2MG TABLET	ORAL	0	30.000
18	M	12/17/1976	Maintenance Medication RX Warning	03/04/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	005970040	TELMISARTAN 40MG TABLET	ORAL	0	90.000
19	M	12/17/1976	Maintenance Medication RX Warning	03/04/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	005970039	TELMISARTAN 20MG TABLET	ORAL	0	90.000
20	M	10/05/1968	Maintenance Medication RX Warning	03/14/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	6818009803	LISINOPRIL 10MG TABLET	ORAL	0	90.000
21	M	10/05/1968	Maintenance Medication RX Warning	05/24/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	6818009803	LISINOPRIL 10MG TABLET	ORAL	0	90.000
22	M	10/12/1991	Medication Always Flagged	04/08/2022	RETAIL	TOPICAL ANTINEOPLASTIC PREMALIGNANT LESION	5167240630	FLUOROURACIL 5% SOLUTION	TOPICAL	0	30.000
23	M	11/18/1976	Medication Always Flagged	05/08/2022	RETAIL	COVID-19 VACCINES	807770273	COVID-19 VACC.MRNA(MODERNA)/PF 100MCG/0.5 VIAL	INTRAMUSCULAR	0	0.250
24	M	11/04/1972	Medication Always Flagged	03/07/2022	MTF	SELECTIVE SEROTONIN REUPTAKE INHIBITOR (SSRIS)	633040632	FLUOXETINE HCL 40MG CAPSULE	ORAL	0	90.000
25	M	11/04/1972	Medication Always Flagged	03/07/2022	MTF	ANTICONVULSANTS	5234300312	GABAPENTIN 300MG CAPSULE	ORAL	0	90.000
26	M	11/04/1972	Medication Always Flagged	06/03/2022	MTF	SELECTIVE SEROTONIN REUPTAKE INHIBITOR (SSRIS)	633040632	FLUOXETINE HCL 40MG CAPSULE	ORAL	0	90.000
27	M	11/04/1972	Medication Always Flagged	06/03/2022	MTF	ANTICONVULSANTS	5234300312	GABAPENTIN 300MG CAPSULE	ORAL	0	90.000
28	M	10/14/1975	Maintenance Medication RX Warning	04/06/2022	MTF	THYROID HORMONES	000744552	LEVOTHYROXINE SODIUM 50MCG TABLET	ORAL	0	90.000
29	F	12/20/1978	Medication Always Flagged	06/07/2022	MTF	LEUKOTRIENE RECEPTOR ANTAGONISTS	4229106219	MONTELUKAST SODIUM 10MG TABLET	ORAL	0	90.000
30	M	06/21/1978	Maintenance Medication RX Warning	05/01/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	5976201550	ATORVASTATIN CALCIUM 10MG TABLET	ORAL	0	90.000
31	M	06/21/1978	Maintenance Medication RX Warning	05/01/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	5976201550	ATORVASTATIN CALCIUM 10MG TABLET	ORAL	0	90.000
32	M	05/11/1983	Medication Always Flagged	03/17/2022	MTF	TX FOR ATTENTION DEFICIT-HYPERACT(ADHD)/NARCOTICS	4229105693	METHYLPHENIDATE HCL 27MG TAB ER 24	ORAL	2	30.000
33	M	05/11/1983	Medication Always Flagged	03/17/2022	MTF	TX FOR ATTENTION DEFICIT-HYPERACT(ADHD)/NARCOTICS	4229105693	METHYLPHENIDATE HCL 27MG TAB ER 24	ORAL	2	90.000
34	M	04/06/1978	Epi Pen RX Warning	01/14/2022	MTF	ADIPIC ACID	495020500	EPINEPHRINE 0.3MG/0.3 AUTO INJECT	INJECTION	0	2.000
35	M	04/06/1978	Maintenance Medication RX Warning	03/08/2022	MTF	BETA-ADRENERGIC BLOCKING AGENTS	523430059	METOPROLOL SUCCINATE 25MG TAB ER 24H	ORAL	0	30.000
36	M	04/06/1978	Medication Always Flagged	03/10/2022	MTF	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
37	M	04/06/1978	Greater Than 45 Days Supply Warning	03/15/2022	MTF	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
38	M	04/06/1978	Medication Always Flagged	03/29/2022	MTF	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
39	M	04/06/1978	Maintenance Medication RX Warning	03/31/2022	MTF	BETA-ADRENERGIC BLOCKING AGENTS	523430059	METOPROLOL SUCCINATE 25MG TAB ER 24H	ORAL	0	30.000
40	M	04/06/1978	Medication Always Flagged	04/15/2022	MTF	ANTIPSYCHOTICS, ATYP, D2 PARTIAL AGONIST/5HT	604290447	ARIPIRAZOLE 2MG TABLET	ORAL	0	30.000
41	M	04/06/1978	Medication Always Flagged	04/15/2022	MTF	SELECTIVE SEROTONIN REUPTAKE INHIBITOR (SSRIS)	633040632	FLUOXETINE HCL 40MG CAPSULE	ORAL	0	90.000
42	M	04/06/1978	Maintenance Medication RX Warning	05/10/2022	MTF	ANGIOTENSIN RECEPTOR ANTAGONISTS	000937367	LOSARTAN/HYDROCHLOROTHIAZIDE 50-12.5MG TAB	ORAL	0	90.000
43	M	04/06/1978	Maintenance Medication RX Warning	05/10/2022	MTF	BETA-ADRENERGIC BLOCKING AGENTS	523430059	METOPROLOL SUCCINATE 25MG TAB ER 24H	ORAL	0	30.000
44	M	04/06/1978	Medication Always Flagged	06/28/2022	MTF	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
45	M	04/06/1978	Greater Than 45 Days Supply Warning	06/29/2022	MTF	OPIOID ANALGESICS	6516206271	TRAMADOL HCL 50MG TABLET	ORAL	4	60.000
46	M	06/07/1979	Maintenance Medication RX Warning	03/09/2022	MTF	THYROID HORMONES	0007451821	LEVOTHYROXINE SODIUM 75MCG TABLET	ORAL	0	60.000
47	M	06/07/1979	Medication Always Flagged	03/20/2022	RETAIL	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
48	M	06/07/1979	Medication Always Flagged	04/15/2022	MTF	GLUCOCORTICIDS, ORALLY INHALED	0018619880	BUDESONIDE 0.25MG/2ML AMPUL-NEB	INHALATION	0	240.000
49	M	06/07/1979	Maintenance Medication RX Warning	04/23/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	523430022	SIMVASTATIN 10MG TABLET	ORAL	0	90.000
50	M	06/07/1979	Maintenance Medication RX Warning	04/23/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	523430022	SIMVASTATIN 10MG TABLET	ORAL	0	90.000
51	M	06/07/1979	Maintenance Medication RX Warning	04/24/2022	MTF	THYROID HORMONES	0007451821	LEVOTHYROXINE SODIUM 75MCG TABLET	ORAL	0	60.000
52	M	06/07/1979	Medication Always Flagged	05/01/2022	RETAIL	COVID-19 VACCINES	807770273	COVID-19 VACC.MRNA(MODERNA)/PF 100MCG/0.5 VIAL	INTRAMUSCULAR	0	0.250
53	F	01/20/1970	Medication Always Flagged	05/26/2022	MTF	SEROTONIN-2 ANTAGONIST/REUPTAKE INHIBITORS	1310700790	TRAZODONE HCL 50MG TABLET	ORAL	0	90.000
54	M	11/06/1978	Maintenance Medication RX Warning	04/29/2022	MTF	THIAZIDE AND RELATED DIURETICS	572370002	HYDROCHLOROTHIAZIDE 12.5MG CAPSULE	ORAL	0	90.000
55	M	11/06/1978	Maintenance Medication RX Warning	04/29/2022	MTF	THIAZIDE AND RELATED DIURETICS	572370002	HYDROCHLOROTHIAZIDE 12.5MG CAPSULE	ORAL	0	90.000
56	M	11/06/1978	Maximum 10 Dose Warning	04/29/2022	MTF	SEDATIVE-HYPNOTICS, NON-BARBITURATE	7109301550	ZOLPIDEM TARTRATE 5MG TABLET	ORAL	4	30.000
57	M	11/06/1978	Maintenance Medication RX Warning	04/29/2022	MTF	CALCIUM CHANNEL BLOCKING AGENTS	523430059	METOPROLOL SUCCINATE 25MG TAB ER 24H	ORAL	0	90.000
58	M	11/06/1978	Medication Always Flagged	04/29/2022	MTF	ANTIPSYCHOTICS, ATYP, D2 PARTIAL AGONIST/5HT	604290447	ARIPIRAZOLE 5MG TABLET	ORAL	0	90.000
59	M	11/06/1978	Medication Always Flagged	04/29/2022	MTF	SELECTIVE SEROTONIN REUPTAKE INHIBITOR (SSRIS)	7628202513	ESCITALOPRAM OXALATE 20MG TABLET	ORAL	0	90.000
60	F	06/13/1968	Medication Always Flagged	03/01/2022	MTF	SEROTONIN-NOREPINEPHRINE REUPTAKE-INHIB (SNRI)	6042901646	DULOXETINE HCL 20MG CAPSULE DR	ORAL	0	120.000
61	F	06/13/1968	Maintenance Medication RX Warning	04/24/2022	MTF	POTASSIUM SPARING DIURETICS IN COMBINATION	0037813550	TRIAMTERENE/HYDROCHLOROTHIAZIDE 75MG-50MG	ORAL	0	90.000
62	F	06/13/1968	Medication Always Flagged	04/24/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	005970039	TELMISARTAN 20MG TABLET	ORAL	0	90.000
63	F	06/13/1968	Medication Always Flagged	04/24/2022	MTF	SEROTONIN-NOREPINEPHRINE REUPTAKE-INHIB (SNRI)	6042901646	DULOXETINE HCL 20MG CAPSULE DR	ORAL	0	120.000



2021-2024: Fort Bragg



Medical Readiness (1 of 2)

- **Medical Readiness, Defined**
- **Medical Readiness Programs:**
 - DoDI 6025.19: Individual Medical Readiness (IMR) Program
 - IMR Categories
 - IMR Medical Monitoring Requirements
 - Military Services;
 - Air-Force: Aeromedical Services Information Management System (ASIMS)
 - Army: Medical Protection System (MEDPROS)
 - Navy, Marines, Coast Guard: Medical Readiness Reporting System (MRRS)
 - Delivery of Care: Defense Health Agency (DHA)
- **Medical Eligibility Criteria (MEC):**
 - DoDI 6490.07: Deployment-Limiting Medical Conditions for Service Members and DoD Civilian Employees
 - Military Services
 - Geographic Combatant Command (GCC)

Medical Readiness vs. Deployability

	Deployable	Deployable with Limitations	Temporary Non-Deployable	Permanent Non-Deployable
Fully Medically Ready (FMR)	(a) Current DoD PHA (b) DRC 1 (c) DRC 2 (d) Immunization(s) current (e) Lab current (f) Equipment current (g) No DLMC	A SM with a medical condition that requires additional medical screening or who requires a medical waiver prior to deployment	N/A	N/A
Partially Medically Ready (PMR)	(a) Overdue PHA (b) DRC 4 (c) Overdue immunization(s) (d) Overdue lab studies (e) Overdue medical equipment	N/A	N/A	N/A
Not Medically Ready (NMR)	N/A	N/A	(a) DRC 3 (b) SM returns to full duty <12 months (c) Medical Condition That Limits Full Duty: temporary profile >30 days or is in a limited duty or temporary limited duty status. (d) Pregnancy (including post-partum)	(a) Permanent Limited Duty: A SM with a medical condition that permanently prevents deployment. (b) SM currently enrolled in the DES process after receiving a “not fit for duty” determination. (c) Permanent Profile Non-Duty Related Action Needed

Disability Evaluation System (DES); Deployment Limiting Medical Conditions (DLMC); Dental Readiness Category (DRC); Periodic Health Assessment (PHA); Service Member (SM)



Table 2-1
Medical readiness classification chart

MRC	Short definition	Medical definition	Commander deployment status per- sonnel determination
MRC 1	Medically ready/deployable	Meets all medical readiness requirements and DRC 1 or 2 —Temporary profile ≤ 7 days	Not required.
MRC 2	Partially medically ready/deployable	Soldier is deficient in one or more of the following: —Temporary profile between 8 and 30 days inclusive —Hearing Readiness Class 4 (current within 13 months) —Vision Readiness Class 4 (current within 15 months) —DNA (drawn/on file with DOD Repository) —HIV (drawn/validated with DOD Repository) —Immunizations current or valid exception (routine adult immunization profile, to include HepA, HepB, TD or TDaP, MMR, polio, varicella, influenza-seasonal and, if required rabies) —Individual medical equipment if required; 1MI, 2 pair eye glasses, MCEP-I, MWT, and hearing aid with batteries	Not required, default to deployable. Commanders may make a deployability determination that a Soldier with a temporary profile between 14 and 30 days is not deployable.
MRC 3	Not medically ready/commander determines deployment status for: —Temporary profile >30 days (DL 1) —DRC 3 (DL 2)	Soldier is deficient in one or more of the following: DL 1—Temporary profile > 30 days DL 2—DRC 3 DL 3—Pregnancy or post-partum DL 4—Permanent profile indicating a MAR2 needed DL 5—Permanent profile indicating a MEB action is needed DL 6—Permanent profile indicating a non-duty related action is needed DL 7—Permanent profiles with a deployment/assignment restriction code (F, V, X, or Y)	DL 1 and 2: Soldier is not medically ready/commander determines deployment status. DL 3, 4, 5, and 6: Soldier is not medically ready/non-deployable. Unit commander cannot make a deployability determination for routine readiness reporting. DL 7: Soldier is not medically ready/non-deployable. Unit commander cannot make a deployability determination for routine readiness reporting. Upon receipt of an assigned mission, deployment status will be in accordance with CCMD policies.
MRC 4	Not medically ready/deployable and commander determines deployment status (default non-deployable)	Status is unknown Soldier is deficient in one of the following: —PHA (current within 15 months) —DRC 4 (current within 15 months)	Soldier is not medically ready/deployable and commander determines deployment status.

Legend:

HepA = Hepatitis A

HepB = Hepatitis B

MMR = Measles, mumps, and rubella

MWT = medical warning tags

TD = tetanus-diphtheria adult

TDaP= Tetanus, diphtheria, and acellular pertussis

AR 40-502 Medical Readiness

Color	Summary
	Deployable, No Issues
	Commanders Discretion
	Not Deployable

Medical Readiness vs. Deployability

	Deployable	Deployable with Limitations	Temporary Non-Deployable	Permanent Non-Deployable
Fully Medically Ready (FMR)	a) Current DoD PHA (b) DRC 1 (c) DRC 2 (d) Immunizations current (e) Lab current (f) Equipment current (g) No DLMC MRC1	A SM with a medical condition that requires additional medical screening or who requires a medical waiver to deployment MRC1	N/A	N/A
Partially Medically Ready (PMR)	a) Overdue PHA (b) DRC 4 (c) Overdue lab studies (d) Overdue lab studies (e) Overdue medical equipment MRC2 and 4	N/A	N/A	N/A
Not Medically Ready (NMR)	N/A	N/A	(a) DRC 3 (b) SM returns to full duty <12 months (c) Medical Condition That Limits Full Duty: temporary profile >30 days or is in a limited duty or temporary limited duty status. (d) Pregnancy (including post-partum) MRC3	(a) Permanent Limited Duty: A SM with a medical condition that permanently prevents deployment. (b) SM currently enrolled in the DES process after receiving a “not fit for duty” determination. (c) Permanent Profile Non-Duty Related Action Needed MRC3

Disability Evaluation System (DES); Deployment Limiting Medical Conditions (DLMC); Dental Readiness Category (DRC); Periodic Health Assessment (PHA); Service Member (SM)



Table 2-1
Medical readiness classification chart

MRC	Short definition	Medical definition
MRC 1	Medically ready/deployable	Meets all medical readiness requirements —Temporary profile ≤ 7 days
MRC 2	Partially medically ready/deployable	Soldier is deficient in one or more of the following: —Temporary profile between 8 and 30 days —Hearing Readiness Class 4 (current months) —Vision Readiness Class 4 (current months) —DNA (drawn/on file with DOD Readiness Class 4) —HIV (drawn/validated with DOD Readiness Class 4) —Immunizations current or valid: routine adult immunization profile, to include HepB, TD or TDaP, MMR, polio, varicella, and seasonal influenza, if required rabies vaccine —Individual medical equipment if required: pair eye glasses, MCEP-I, MWT, and hearing aid with batteries
MRC 3	Not medically ready/commander determines deployment status for: —Temporary profile >30 days (DL 1) —DRC 3 (DL 2)	Soldier is deficient in one or more of the following: DL 1—Temporary profile > 30 days DL 2—DRC 3 DL 3—Pregnancy or post-partum DL 4—Permanent profile indicating action is needed DL 5—Permanent profile indicating action is needed DL 6—Permanent profile indicating action is needed DL 7—Permanent profiles with a deployment/assignment restriction code (F, V, X, or Y)
MRC 4	Not medically ready/deployable and commander determines deployment status (default non-deployable)	Status is unknown Soldier is deficient in one of the following: —PHA (current within 15 months) —DRC 4 (current within 15 months)

Legend:

HepA = Hepatitis A
HepB = Hepatitis B
MMR = Measles, mumps, and rubella
MWT = medical warning tags
TD = tetanus-diphtheria adult
TDaP= Tetanus, diphtheria, and acellular pertussis

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Individual Medical Readiness

MODIFY FILTERS
REPORT LEGEND

IMR Active Report
Immunization Profile: ROUTINE ADULT, Deployment Date: 2022/06/06
Report Date: 2022/06/06 1:13 PM, Data as of Date: 2022/06/06

MRC	DNA	DEN	HIV	MMR	PHA	VRC	ZPG	IMI	HRC	MED	MWT	PAN	OPR	OPH	OPV
R	G	A	G	G	G	G	G	G	G	G	G	G	G	G	G

MRC: 3

Personnel
Name: [REDACTED]
SSN: [REDACTED]
DuDID #: [REDACTED]
Rank: [REDACTED]
DOB: [REDACTED]
Sex: [REDACTED]
UIC / Descr: [REDACTED]
Compo: AA
Arrival Date: 2021/03/11
Location: FT BRAGG
MACOM: FC
Command: US FORCES COMMAND
Duty Title / AOC: BEHAVIORAL HLTH NCO / 6BX

Physical Assessment Data
PULHES: 212111
PULHES Source: PHA
Current Exam Date: 2021/09/14
Exam Source: Physical Exam
Administrative Status Code(s): [REDACTED]
Height: 64
Weight: 137
Temp Profile (Click to view Temporary Profile data): Yes
Expiration Date: 2022/06/10
Flight Status: [REDACTED]

Duty Limiting Conditions (DLC)
DL1: [REDACTED]
DL2: [REDACTED]
DL3: [REDACTED]
DL4: [REDACTED]
DL5: [REDACTED]
DL6: [REDACTED]
DL7: [REDACTED]

Dental
Dental Class: A 2
Panorex: G Y
Last Dental Exam: 2021/08/17

Vision
Vision Class: G 1
Vision Screening Date: 2021/10/04
ZPR Glasses: G Y
Mask Inserts: G Y
Mission Required Contact Lenses: NA
Military Combat Eye Protection: Y
Military Combat Eye Protection Inserts: G Y
Last Prescription Date on File: NA

Hearing
Hearing Class: G 1
Hearing Readiness Status: Ready
Audiogram Date: 2021/11/29
Triple or Single Flange Earplugs Issued?: Y

Equipment
Hearing Aid: G NA
Medical Warning Tags: G NA
Allergy / Conditions: NA

Occupational Protection
Respiratory: G NA
Hearing: G Y
Vision: G NA

Pharmacy/Lab/Xray
Required Medications on Hand: G
Blood Type: A+
HIV Test Date: G
DNA: G
Sickle Cell Screen: Y
Sickle Cell Screen Date: 2021/03/11
GAPD Date: 2005/12/08
GAPD Status: Normal
Malaria Questionnaire: G
Immunizations: [REDACTED]
IMR Profile (Profile / Summary / DOI766C): G ROUTINE ADULT
Annotated in Deployment Medical Record: [REDACTED]
Blood Type: A+
Medication: Y
Medical Warning Tags: NA
Immunization Record: Y
Summary Sheet of Medical Problems: NA
Corrective Lens Prescription: NA

Deployment Health Assessments
Latent Date For: [REDACTED]
PRE: NA 2021/12/13
Post: NA 2020/05/21
PDHRA: NA

Soldier is deficient in one or more of the following:

DL 1—Temporary profile > 30 days

DL 2—DRC 3

DL 3—Pregnancy or post-partum

DL 4—Permanent profile indicating a MAR2 needed

DL 5—Permanent profile indicating a MEB action is needed

DL 6—Permanent profile indicating a non-duty related action is needed

DL 7—Permanent profiles with a deployment/assignment restriction code (F, V, X, or Y)

Medical Readiness (2 of 2)

- Medical Readiness, Defined
- Medical Readiness Programs:
 - DoDI 6025.19: Individual Medical Readiness (IMR) Program
 - IMR Categories
 - IMR Medical Monitoring Requirements
 - Military Services;
 - Air-Force: Aeromedical Services Information Management System (ASIMS)
 - Army: Medical Protection System (MEDPROS)
 - Navy, Marines, Coast Guard: Medical Readiness Reporting System (MRRS)
 - Delivery of Care: Defense Health Agency (DHA)
- **Medical Eligibility Criteria (MEC):**
 - DoDI 6490.07: Deployment-Limiting Medical Conditions for Service Members and DoD Civilian Employees
 - Military Services
 - Geographic Combatant Command (GCC)

Deployment Limiting Medical Conditions (DLMC)

Deployment Limiting Health Conditions (DLHC)	Deployment Limiting Medications (DLM)
• Behavioral health conditions (depression, anxiety, insomnia, ADHD, etc.) • Respiratory conditions (OSA, asthma, etc.) • Migraines • Endocrine disorders (hypothyroidism, diabetes, hypogonadism, etc.) • Hypertension • Hyperlipidemia	• Stimulants • Injectables • Temperature Controlled • Immunosuppressants/ Immunomodulators • Androgens • Hypnotics • Pain (gabapentinoids, opioids, etc.)

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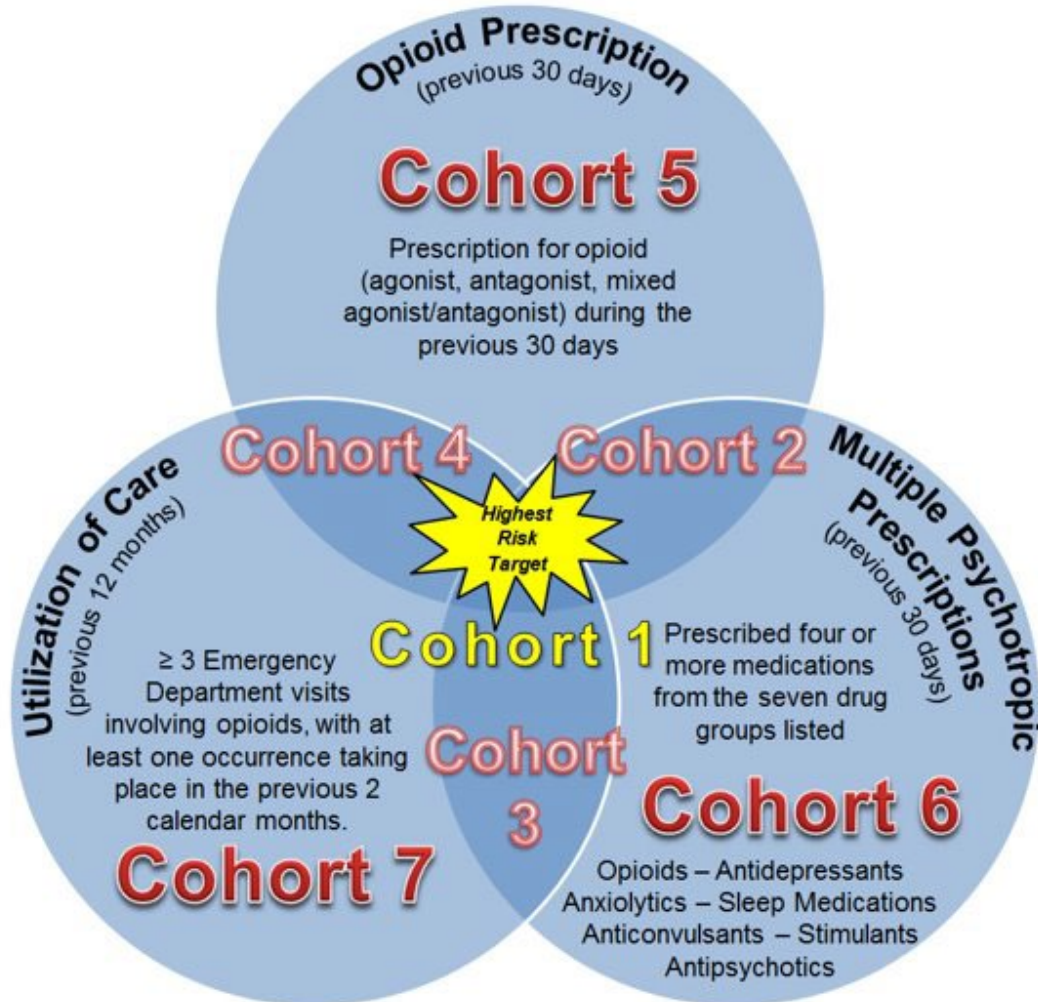


Improving Health and Building Readiness. Anytime, Anywhere — Always





Applying Army Polypharmacy & PolyMART



Current Number of Service Members:		48857	
Number of Service Members On Polypharmacy Report:		676	1.38%
Number of WTU Service Members on Polypharmacy Report:		8	0.02%
Current Polypharmacy SM Data			
Cohort	Number of SMs	Total Pop. Pct	Polypharmacy Pop. Pct.
Cohort 1:	1	0.00%	0.15%
Cohort 2:	49	0.10%	7.25%
Cohort 3:	0	0.00%	0.00%
Cohort 4:	0	0.00%	0.00%
Cohort 5:	584	1.20%	86.39%
Cohort 6:	37	0.08%	5.47%
Cohort 7:	5	0.01%	0.74%

Current Polypharmacy WTU SM Data			
Number of WTU	Total Pop. Pct	Polypharmacy Pop. Pct.	WTU Pop. Pct
0	0.00%	0.00%	0.00%
1	0.00%	0.15%	12.50%
0	0.00%	0.00%	0.00%
0	0.00%	0.00%	0.00%
5	0.01%	0.74%	62.50%
2	0.00%	0.30%	25.00%
0	0.00%	0.00%	0.00%

6	M	10/15/1962	Maintenance Medication RX Warning	04/15/2022	MTF	BETA-ADRENERGIC BLOCKING AGENTS	523430059	METOPROLOL TARTRATE 25MG TABLET	ORAL	0	60.000
7	M	10/15/1962	Medication Always Flagged	04/19/2022	RETAIL	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
8	M	10/15/1962	Greater Than 45 Days Supply Warning	04/19/2022	RETAIL	SKELETAL MUSCLE RELAXANTS	5511017915	TIZANIDINE HCL 2MG TABLET	ORAL	0	30.000
9	M	10/15/1962	Greater Than 45 Days Supply Warning	04/19/2022	RETAIL	SKELETAL MUSCLE RELAXANTS	5511017915	TIZANIDINE HCL 2MG TABLET	ORAL	0	30.000
10	M	10/15/1962	Medication Always Flagged	05/20/2022	RETAIL	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
11	M	10/15/1962	Greater Than 45 Days Supply Warning	05/20/2022	RETAIL	SKELETAL MUSCLE RELAXANTS	5511017915	TIZANIDINE HCL 2MG TABLET	ORAL	0	30.000
12	M	10/15/1962	Maintenance Medication RX Warning	06/05/2022	MTF	BETA-ADRENERGIC BLOCKING AGENTS	523430059	METOPROLOL TARTRATE 25MG TABLET	ORAL	0	60.000
13	M	10/15/1962	Maintenance Medication RX Warning	06/05/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	4229106655	PRIVASTATIN SODIUM 10MG TABLET	ORAL	0	90.000
14	M	10/15/1962	Maintenance Medication RX Warning	06/05/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	4229106655	PRIVASTATIN SODIUM 10MG TABLET	ORAL	0	90.000
15	M	10/15/1962	Greater Than 45 Days Supply Warning	06/20/2022	RETAIL	SKELETAL MUSCLE RELAXANTS	5511017915	TIZANIDINE HCL 2MG TABLET	ORAL	0	30.000
16	M	10/15/1962	Medication Always Flagged	06/20/2022	RETAIL	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
17	M	10/15/1962	Greater Than 45 Days Supply Warning	06/20/2022	RETAIL	SKELETAL MUSCLE RELAXANTS	5511017915	TIZANIDINE HCL 2MG TABLET	ORAL	0	30.000
18	M	12/17/1976	Maintenance Medication RX Warning	03/04/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	005970040	TELMISARTAN 40MG TABLET	ORAL	0	90.000
19	M	12/17/1976	Maintenance Medication RX Warning	03/04/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	005970039	TELMISARTAN 20MG TABLET	ORAL	0	90.000
20	M	10/05/1968	Maintenance Medication RX Warning	03/14/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	6818009803	LISINOPRIL 10MG TABLET	ORAL	0	90.000
21	M	10/05/1968	Maintenance Medication RX Warning	05/24/2022	MTF	ANTIHYPERTENSIVES, ACE INHIBITORS	6818009803	LISINOPRIL 10MG TABLET	ORAL	0	90.000
22	M	10/12/1991	Medication Always Flagged	04/08/2022	RETAIL	TOPICAL ANTINEOPLASTIC PREMALIGNANT LESION	5167240630	FLUOROURACIL 5% SOLUTION	TOPICAL	0	30.000
23	M	11/18/1976	Medication Always Flagged	05/08/2022	RETAIL	COVID-19 VACCINES	807770273	COVID-19 VACC.MRNA(MODERNA)/PF 100MCG/0.5 VIAL	INTRAMUSCULAR	0	0.250
24	M	11/04/1972	Medication Always Flagged	03/07/2022	MTF	SELECTIVE SEROTONIN REUPTAKE INHIBITOR (SSRIS)	633040632	FLUOXETINE HCL 40MG CAPSULE	ORAL	0	90.000
25	M	11/04/1972	Medication Always Flagged	03/07/2022	MTF	ANTICONVULSANTS	5234300312	GABAPENTIN 300MG CAPSULE	ORAL	0	90.000
26	M	11/04/1972	Medication Always Flagged	06/03/2022	MTF	SELECTIVE SEROTONIN REUPTAKE INHIBITOR (SSRIS)	633040632	FLUOXETINE HCL 40MG CAPSULE	ORAL	0	90.000
27	M	11/04/1972	Medication Always Flagged	06/03/2022	MTF	ANTICONVULSANTS	5234300312	GABAPENTIN 300MG CAPSULE	ORAL	0	90.000
28	M	10/14/1975	Maintenance Medication RX Warning	04/06/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	005970042	LEVOTHYROXINE SODIUM 50MCG TABLET	ORAL	0	90.000
29	F	12/20/1978	Medication Always Flagged	06/07/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	005970039	TELMISARTAN 20MG TABLET	ORAL	0	90.000
30	M	06/21/1978	Maintenance Medication RX Warning	05/01/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	005970040	TELMISARTAN 40MG TABLET	ORAL	0	90.000
31	M	06/21/1978	Maintenance Medication RX Warning	05/01/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	005970039	TELMISARTAN 20MG TABLET	ORAL	0	90.000
32	M	05/11/1983	Medication Always Flagged	03/17/2022	MTF	TX FOR ATTENTION DEFICIT-HYPERACT(ADHD)/NARCOTICS	4229106695	METHYLPHENIDATE HCL 27MG TAB ER 24	ORAL	2	30.000
33	M	05/11/1983	Medication Always Flagged	04/13/2022	MTF	TX FOR ATTENTION DEFICIT-HYPERACT(ADHD)/NARCOTICS	4229106695	METHYLPHENIDATE HCL 27MG TAB ER 24	ORAL	2	90.000
34	M	04/06/1978	Epi Pen RX Warning	01/14/2022	MTF	ADRENALINE	495020500	EPINEPHRINE 0.3MG/0.3 AUTO INJECT	INJECTION	0	2.000
35	M	04/06/1978	Maintenance Medication RX Warning	03/08/2022	MTF	BETA-ADRENERGIC BLOCKING AGENTS	523430059	METOPROLOL SUCCINATE 25MG TAB ER 24H	ORAL	0	30.000
36	M	04/06/1978	Medication Always Flagged	03/10/2022	MTF	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	5	60.000
37	M	04/06/1978	Greater Than 45 Days Supply Warning	03/15/2022	MTF	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	4	60.000
38	M	04/06/1978	Medication Always Flagged	03/29/2022	MTF	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	5	90.000
39	M	04/06/1978	Maintenance Medication RX Warning	03/31/2022	MTF	BETA-ADRENERGIC BLOCKING AGENTS	523430059	METOPROLOL SUCCINATE 25MG TAB ER 24H	ORAL	0	30.000
40	M	04/06/1978	Medication Always Flagged	04/15/2022	MTF	ANTIPSYCHOTICS, ATYP, D2 PARTIAL AGONIST/5HT	604290446	ARIPIRAZOLE 2MG TABLET	ORAL	0	30.000
41	M	04/06/1978	Medication Always Flagged	04/15/2022	MTF	SELECTIVE SEROTONIN REUPTAKE INHIBITOR (SSRIS)	633040632	FLUOXETINE HCL 40MG CAPSULE	ORAL	0	30.000
42	M	04/06/1978	Maintenance Medication RX Warning	05/10/2022	MTF	ANGIOTENSIN RECEPTOR ANTAGONISTS	000937367	LOSARTAN/HYDROCHLOROTHIAZIDE 50-12.5MG TAB	ORAL	0	90.000
43	M	04/06/1978	Maintenance Medication RX Warning	05/10/2022	MTF	BETA-ADRENERGIC BLOCKING AGENTS	523430059	METOPROLOL SUCCINATE 25MG TAB ER 24H	ORAL	0	30.000
44	M	04/06/1978	Medication Always Flagged	06/28/2022	MTF	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	5	90.000
45	M	04/06/1978	Greater Than 45 Days Supply Warning	06/29/2022	MTF	OPIOID ANALGESICS	6516206271	TRAMADOL HCL 50MG TABLET	ORAL	4	60.000
46	M	06/07/1979	Maintenance Medication RX Warning	03/09/2022	MTF	THYROID HORMONES	0007451821	LEVOTHYROXINE SODIUM 75MCG TABLET	ORAL	0	60.000
47	M	06/07/1979	Medication Always Flagged	03/20/2022	RETAIL	ANTICONVULSANTS	6909708131	GABAPENTIN 100MG CAPSULE	ORAL	0	90.000
48	M	06/07/1979	Medication Always Flagged	04/15/2022	MTF	GLUCOCORTICIDS, ORALLY INHALED	0018619880	BUDESONIDE 0.25MG/2ML AMPUL-NEB	INHALATION	0	240.000
49	M	06/07/1979	Maintenance Medication RX Warning	04/23/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	523430022	SIMVASTATIN 10MG TABLET	ORAL	0	90.000
50	M	06/07/1979	Maintenance Medication RX Warning	04/23/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	523430022	SIMVASTATIN 10MG TABLET	ORAL	0	90.000
51	M	06/07/1979	Maintenance Medication RX Warning	04/24/2022	MTF	THYROID HORMONES	0007451821	LEVOTHYROXINE SODIUM 75MCG TABLET	ORAL	0	60.000
52	M	06/07/1979	Medication Always Flagged	05/01/2022	RETAIL	COVID-19 VACCINES	807770273	COVID-19 VACC.MRNA(MODERNA)/PF 100MCG/0.5 VIAL	INTRAMUSCULAR	0	0.250
53	F	01/20/1970	Medication Always Flagged	05/26/2022	MTF	SEROTONIN-2 ANTAGONIST/REUPTAKE INHIBITORS	1310700790	TRAZODONE HCL 50MG TABLET	ORAL	0	90.000
54	M	11/06/1978	Maintenance Medication RX Warning	04/29/2022	MTF	THIAZIDE AND RELATED DIURETICS	572370002	HYDROCHLOROTHIAZIDE 12.5MG CAPSULE	ORAL	0	90.000
55	M	11/06/1978	Maintenance Medication RX Warning	04/29/2022	MTF	THIAZIDE AND RELATED DIURETICS	572370002	HYDROCHLOROTHIAZIDE 12.5MG CAPSULE	ORAL	0	90.000
56	M	11/06/1978	Maximum 10 Dose Warning	04/29/2022	MTF	SEDATIVE-HYPNOTICS, NON-BARBITURATE	7109301550	ZOLPIDEM TARTRATE 5MG TABLET	ORAL	4	30.000
57	M	11/06/1978	Maintenance Medication RX Warning	04/29/2022	MTF	CALCIUM CHANNEL BLOCKING AGENTS	523430022	SIMVASTATIN 10MG TABLET	ORAL	0	90.000
58	M	11/06/1978	Medication Always Flagged	04/29/2022	MTF	ANTIPSYCHOTICS, ATYP, D2 PARTIAL AGONIST/5HT	604290446	ARIPIRAZOLE 5MG TABLET	ORAL	0	90.000
59	M	11/06/1978	Medication Always Flagged	04/29/2022	MTF	SELECTIVE SEROTONIN REUPTAKE INHIBITOR (SSRIS)	7628202513	ESCITALOPRAM OXALATE 20MG TABLET	ORAL	0	90.000
60	F	06/13/1968	Medication Always Flagged	03/01/2022	MTF	SEROTONIN-NOREPINEPHRINE REUPTAKE-INHIB (SNRI)	6042901646	DULOXETINE HCL 20MG CAPSULE DR	ORAL	0	120.000
61	F	06/13/1968	Maintenance Medication RX Warning	04/24/2022	MTF	POTASSIUM SPARING DIURETICS IN COMBINATION	0037813550	TRIAMTERENE/HYDROCHLOROTHIAZIDE 75MG-50MG	ORAL	0	90.000
62	F	06/13/1968	Medication Always Flagged	04/24/2022	MTF	ANTIHYPERTENSIVES, ANGIOTENSIN RECEPTOR ANTAGONISTS	005970039	TELMISARTAN 20MG TABLET	ORAL	0	90.000
63	F	06/13/1968	Medication Always Flagged	04/24/2022	MTF	SEROTONIN-NOREPINEPHRINE REUPTAKE-INHIB (SNRI)	6042901646	DULOXETINE HCL 20MG CAPSULE DR	ORAL	0	120.000





MEDPROS
FORCE HEALTH PROTECTION

Home Medical Readiness Immunizations MHA MRC Alerts Executive Reports

Individual Medical Readiness

Add a MEDPROS DLM Flag

IMR Active Report
ROUTINE ADULT, Deployment Date: 2022/06/06
Report Date: 2022/06/06 1:13 PM, Data as of Date: 2022/06/06

MRC	DNA	DEN	HIV	IMM	PHA	VRC	2PG	1MJ	HRC	MED	MWT	PAN	OPR	OPH	OPV
R	G	A	G	G	G	G	G	G	G	G	G	G	G	G	G

MRC:

- 1: DLM = Green
- 2: DLM = Amber
- 3: DLM = Red, DL 1-7

DLM Section: readiness provider adjudicates

- Green** is not on DLHC report or **Green** with date stamp if DLM reviewed and adjudicated as no issue by readiness provider.
- Amber** if on DLHC report. Remain **Amber** with date stamp if reviewed by readiness provider and remain a potential concern.
- Red** if reviewed by readiness provider and determined non-deployable, requires a DL profile.

DLM flag will return to Green
when >90 days have elapsed
and no new DLMs

Soldier is deficient in one or more of the following:

- DL 1—Temporary profile > 30 days
- DL 2—DRC 3
- DL 3—Pregnancy or post-partum
- DL 4—Permanent profile indicating a MAR2 needed
- DL 5—Permanent profile indicating a MEB action is needed
- DL 6—Permanent profile indicating a non-duty related action is needed
- DL 7—Permanent profiles with a deployment/assignment restriction code (F, V, X, or Y)

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1

MEDPROS
Header

2

MEDPROS
Section



DLHC Report (1 of 2)

1. **Filter DMIS:** Isolate clinic DMIS
2. **Filter PCMs:** Isolate partner PCMs
3. **Filter HIC3 Descriptions:** Isolate medication classes likely to be deployment limiting medications (DLM), for example:
 - ANDROGENIC AGENTS
 - ANTI-ANXIETY - BENZODIAZEPINES
 - ANTICOAGULANTS, COUMARIN TYPE
 - INSULINS
4. **Filter Drug/Strength/Form:** Remove likely false positives (i.e., metformin, naloxone, gabapentin, doxepin, doxylamine, topiramate, etc.)
5. **Filter Days Supply:** Remove less than 10 to eliminate likely false positives (i.e., short course opioid and benzodiazepines)
6. **Medically Ready?** Cross reference with Medical Readiness Platform (i.e. MEDPROS, MRRS, etc.) to eliminate medically non-deployable

- If medically deployable and possess a recent history of identified DLMs, schedule for a **virtual 30 min FTR** appointment.
- Treat appointment primarily as an educational opportunity to discuss and document the risk of being potentially medically non-deployable or require a waiver.

- **Canned Statements:**
 - “Patient notified that they are prescribed a medication(s) that may indicate that they are potentially non-deployable or require a waiver to deploy, depending on the deployment area of responsibility.”
 - “Patient advised to prioritize health and not discontinue medications without consulting a provider.”



CarePoint



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 - Appropriate Treatment for Acute Bronchitis/Bronchiolitis
 - All Enrollees
 - Antidepressant Med Mgt
 - Appointments
 - Asplenia
 - Asthma Medications
 - Back Pain, Acute
 - Back Pain, Recurrent
 - Breast Cancer Screening
 - Cardiovascular Disease Risk
 - Care Management Note
 - Cervical Cancer Screening
 - CHF
 - Appropriate Testing for

Announcements **Discussion Forum** **Requested Features** **Training Library** **Methodology Documents** **Blogs** **Kudos** **Survey**

Announcements

Title **Description** **Created**

June Webinar Schedule

The June webinar schedule is posted below. Second Thursday webinar topic is HEDIS Cancer Screenings. The webinar will be recorded. Links to recorded webinars are posted in a separate announcement below. The recordings work on Chrome and files downloads appear to be working during the recording. If you have no sound in a recording, please switch to classic view.

WEBINAR DETAILS:

***PLEASE use Chrome, Edge or FireFox. If you have the Adobe App, always select open with App.

The trainings listed on the schedule table below use the following link:
<https://dha-cei.adobeconnect.com/mhsphp/>

The link can be tested at any time.

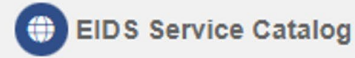
Sound will be available over computer. If you need to dial in: 1-877-915-6406, 70689867#

June Webinar Schedule (*AM sessions for Japan and Germany are next day)

Date	Class	Mountain time	Central Time	Eastern Time	Pacific Time	Hawaii Time	Germany Time*	Japan Time*
Friday, June 3, 2022	Open Q&A	12:00 PM	1:00 PM	2:00 PM	11:00 AM	8:00 AM	8:00 PM	3:00 AM*
Thursday, June 9, 2022	Second Thursday Webinar: Cancer Screenings	8:30 AM	9:30 AM	10:30 AM	7:30 AM	4:30 AM	4:30 PM	11:30 PM
Thursday, June 9, 2022	Second Thursday Webinar: Cancer Screenings	4:30 PM	5:30 PM	6:30 PM	3:30 PM	12:30 PM	12:30 AM*	7:30 AM*
Friday, June 10, 2022	Open Q&A	12:00 PM	1:00 PM	2:00 PM	11:00 AM	8:00 AM	8:00 PM	3:00 AM*
Tuesday, June 14, 2022	Second Thursday Webinar: Cancer Screenings	6:30 AM	7:30 AM	8:30 AM	5:30 AM	2:30 AM	2:30 PM	9:30 PM
Friday, June 17, 2022	Open Q&A	12:00 PM	1:00 PM	2:00 PM	11:00 AM	8:00 AM	8:00 PM	3:00 AM*
Tuesday, June 21, 2022	MHS PHP 1: Basic training For Clinical Users: Set Alert, navigation, registry basics: layout, appointments, pt details, pt lookup	12:00 PM	1:00 PM	2:00 PM	11:00 AM	8:00 AM	8:00 PM	3:00 AM*
Wednesday, June 22, 2022	MHS PHP 2: Exclusions, Notes, Manage Filters, Tagging	12:00 PM	1:00 PM	2:00 PM	11:00 AM	8:00 AM	8:00 PM	3:00 AM*
Thursday, June 23, 2022	MHS PHP 3: Scheduled Tasks, Registry Data Rules, Manage Letters, Discussion (please attend session 2 first)	11:30 AM	12:30 PM	1:30 PM	10:30 AM	7:30 AM	7:30 PM	2:30 AM*
Friday, June 24, 2022	Open Q&A	12:00 PM	1:00 PM	2:00 PM	11:00 AM	8:00 AM	8:00 PM	3:00 AM*
Wednesday, June 29, 2022	Open Q&A	12:00 PM	1:00 PM	2:00 PM	11:00 AM	8:00 AM	8:00 PM	3:00 AM*



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Enrollment data(DEERS) current as of 5/1/2024 | Provider Group current as of 08/06/2024; Monthly registry through 5/1/2024; ACG Data current through 08/05/2024;

[Data load: 11s 869ms]

Manage Filters [Filter '44MB HTN' applied]

1 items per page | 1 - 11 of 11 items

Discuss	Last Edit	Last Viewed On	User Derived Tags	Notes	Status	ACG RUB	ACG IBI	ACG Date	Name
			*COVID19 severity risk			Moderate	0.50	08/06/2024	
			*COVID19 severity risk			High	2.84	08/06/2024	
			*COVID19 severity risk			Moderate	0.95	08/06/2024	
						Moderate	0.95	08/06/2024	
			*COVID19 severity risk			Moderate	0.48	08/06/2024	
			*COVID19 severity risk Immunocompromised X			Moderate	0.60	08/06/2024	
						High	2.12	08/06/2024	
						Moderate	0.95	08/06/2024	



MHSPHP
Military Health System Population Health Portal

Hypertension Facility: 7143 - ROBINSON CLINIC

Enrollment data current as of 01/29/2024; Monthly registry

ACG Manage

25 items per page

SBP $\geq$ 140 mmHg or DBP $\geq$ 90 mmHg

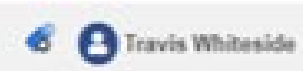
LDL $\geq$ 190 mg/dL

HbA1c $\geq$ 6.5%

Query Builder

Filters My Filters Sharing

AND/OR	(	Selected Field	Operator	Value	)		
	((	BenCat	Contains	AD	)	Delete	↑↓
AND	(	BenCat	Does Not Contain	FML	)	Delete	↑↓
AND	((	Systolic	Greater Than Or Equal To	140	)	Delete	↑↓
OR	(	Diastolic	Greater Than Or Equal To	90	)	Delete	↑↓
AND	((	PCM Name	Contains		)	Delete	↑↓
OR	(	PCM Name	Contains		)	Delete	↑↓
OR	(	PCM Name	Contains		)	Delete	↑↓
OR	(	PCM Name	Contains		)	Delete	↑↓
OR	(	PCM Name	Contains		)	Delete	↑↓
OR	(	PCM Name	Contains		)	Delete	↑↓



My Favorite Filters

Public Favorite Filters

Main Page

PHI Access

PCMH Huddle

Schedules

Admission Registries

Case Management

Registries

Clinical Registries

ACG Validation

Appropriate Treatment
for Acute
Bronchitis/Bronchiolitis

All Enrollees

Antidepressant Med Mgt

Appointments

Asplenia

Asthma Medications

Back Pain, Acute

Back Pain, Recurrent

Breast Cancer Screening

Cardiovascular Disease
Risk

Care Management Note

Cervical Cancer Screening

CHF

Appropriate Testing for
PharyngitisAppropriate Treatment
for Upper Respiratory
Infection

Chlamydia Screening

Hypertension Facility: 7143 - ROBINSON CLINIC BRAGG

[Dataload: 6s 635ms]

Enrollment data current as of 06/26/2022; Monthly registry patients current through 05/31/2022; ACG/Health Services encounters through 06/25/2022.

[Manage Filters](#) [Filter '44MB HTN' applied]

25 Items per page | 1 - 10 of 10 items

Provider Group	Visits	Source	BP Date	Systolic	Diastolic	Next PC Appt Date	Next PC Appt C
AMHS04DRSCMH4	5		03/08/2022	144	88		
AMHS04DRSCMH4	3		01/04/2022	153	108		
AMHS04DRSCMH4	2		12/10/2021	154	100		
AMHS04DRSCMH4	2		11/02/2021	145	87		
AMHS04DRSCMH4	3		11/23/2021	138	90		
AMHS04DRSCMH4	2		12/14/2021	155	103	06/30/2022 09:30	7143C-FM-PH4
AMHS04DRSCMH4	4		12/08/2021	154	106		
AMHS04DRSCMH4	5		11/08/2021	142	92		
AMHS04DRSCMH4	2		03/11/2022	163	105		
AMHS04DRSCMH4	3		03/17/2022	137	95		

Case Studies

A dramatic silhouette scene at sunset. In the foreground, a group of soldiers in tactical gear are silhouetted against the bright, low sun. They appear to be observing or moving through a field. In the background, several military helicopters are visible, their rotors blurred by motion. The sky is a gradient of orange and yellow, transitioning into a darker blue at the top. The overall mood is serious and operational.



DLM:

SGT (E-5) Alphabet (1 of 4)

- 32-year-old female
- Jobs: 68P Radiology Specialist
- Pre-deployment Review: DEC21 (EUCOM)
- PMH: anxiety, depression, ADHD, migraines, neuropathic pain, IBS-D, and acne
- Medications:
 - Venlafaxine 75mg 3 capsules daily
 - Hydroxyzine 25mg at bedtime
 - Pregabalin 150mg BID
 - Meloxicam 7.5mg daily
 - Baclofen 10 MG TID PRN muscle spasms
 - Erenumab (Aimovig) 140mg SUBQ monthly (not in history)
 - Magnesium Oxide 400 mg BID
 - Riboflavin (Vitamin B₂) 100 mg BID
 - Dicyclomine 20mg BID
 - Sucralfate 1 gram QAM and up to for times per day as needed
 - Famotidine 40mg daily
 - Cholecalciferol (Vitamin D₃), 1,000 units daily
 - Levonorgestrel (Mirena) IUD (placed 2016)





DLM:

SGT (E-5) Alphabet

(2 of 4)

- **Pre-deployment Review:**
 - SRP "Deployable With Limitations": OCT21
 - Internal Review (Poland) "Waiver Required": DEC21
- **Deployed to Poland Without Waiver:** MAR22
- **Medication Issue, Erenumab (Aimovig):** MAR22
- **Evacuated to Landstuhl for Acute Cholecystitis:** MAY22
- **Re-deployed:** JUN22
- **DLMC Appointment:** NOV22





For Providers Prescribing
in the Deployment
Prescription Program

**EXPRESS SCRIPTS®
PHARMACY IS READY
TO DELIVER FOR
YOUR PATIENTS**

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Deployed Prescription Program (DPP)



- **Don't Know!!**
 - Service Members
 - Providers
 - Commanders
- **Controlled Medication Prescriptions:**
 - 90-day Supply
 - Provider DEA Number
 - CII:
 - Form Must Be Mailed
 - Handwritten Signature
 - CIII-CV: Faxed, Mailed, or Phoned
- **Refrigerated Medications: No**
- **Psychotropics:**
 - 180-day Supply
 - Only Renewals Honored
 - Must See Provider While Deployed
- **No Waiver = No Medication**

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DLHC Report (2 of 2)

1. **Filter DMIS:** Isolate clinic DMIS
2. **Filter PCMs:** Isolate partner PCMs
3. **Filter HIC3 Descriptions:** Isolate medication classes likely to be deployment limiting medications (DLM), for example:
 - ANDROGENIC AGENTS
 - ANTI-ANXIETY - BENZODIAZEPINES
 - ANTICOAGULANTS, COUMARIN TYPE
 - INSULINS
4. **Filter Drug/Strength/Form:** Remove likely false positives (i.e., metformin, naloxone, gabapentin, doxepin, doxylamine, topiramate, etc.)
5. **Filter Days Supply:** Remove less than 10 to eliminate likely false positives (i.e., short course opioid and benzodiazepines)
6. **Medically Ready?** Cross reference with Medical Readiness Platform (i.e. MEDPROS, MRRS, etc.) to eliminate medically non-deployable

- If medically deployable and possess a recent history of identified DLMs, schedule for a **virtual 30 min FTR** appointment.
- Treat appointment primarily as an educational opportunity to discuss and document the risk of being potentially medically non-deployable or require a waiver.



DLM: SGT (E-5) Alphabet (3 of 4)

MEDPROS: MRC2 Amber for Dental and Vision (as of 29NOV22)



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MEDPROS
FORCE HEALTH PROTECTION

Home Medical Readiness Immunizations MHA MRC Alerts Executive Reports

Individual Medical Readiness

IMR Active Report
Immunization Profile: ROUTINE ADULT, Deployment Date: 2022/06/06
Report Date: 2022/06/06 1:13 PM, Data as of Date: 2022/06/06

MRC	DNA	DEN	HIV	IMM	PHA	VRC	2PG	1MI	HRC	MED	AWT	PAN	OPR	OPH	OPV
R	G	A	G	G	G	G	G	G	G	G	G	G	G	G	G

MRC	3
Personnel	
Name	
SSN	
DoDID #	
Rank	
DOB	
Sex	
UIC / Descr	
Compo	AA
Arrival Date	2021/03/11
Location	FT BRAGG
MACOM	FC
Command	US FORCES COMMAND
Duty Title / AOC	BEHAVIORAL HLTH NCO / 68X
Dental	
Dental Class	A 2
Panorex	G Y
Last Dental Exam	2021/08/17
Vision	
Vision Class	G 1
Vision Screening Date	2021/10/04
2PR Glasses	G Y
Mask Inserts	G Y
Mission Required Contact Lenses	NA
Military Combat Eye Protection	Y
Military Combat Eye Protection Inserts	G Y
Last Prescription Date on File	NA
Hearing	
Hearing Class	G 1
Hearing Readiness Status	Ready
Audiogram Date	2021/11/29
Triple or Single flange Earplugs Issued?	Y
Equipment	
Hearing Aid	G NA
Medical Warning Tags	G NA
Allergy / Conditions	NA
Occupational Protection	
Respiratory	G NA

Physical Assessment Data	
PULHES	212111
PULHES Source	PHA
Current Exam Date	G 2021/09/14
Exam Source	Physical Exam
Administrative Status Code(s)	
Height	64
Weight	137
Temp Profile (Click to view Temporary Profile data)	Yes
Expiration Date	2022/06/10
Flight Status	
Duty Limiting Conditions (DLC)	
DL1	R Y
DL2	G N
DL3	G N
DL4	G N
DL5	G N
DL6	G N
DL7	G N
Pharmacy/Lab/Xray	
Required Medications on Hand	G NA
Blood Type	A+
HIV Test Date	G 2021/06/17
DNA	G Y
Sickle Cell Screen	Y
Sickle Cell Screen Date	2021/03/11
G6PD Date	2005/12/08
G6PD Status	Normal
Malaria Questionnaire	G
Immunizations	
IMM Profile (Profile / Summary / DD2766C)	G ROUTINE ADULT
Annotated in Deployment Medical Record	
Blood Type	A+
Medication	Y
Medical Warning Tags	NA
Immunization Record	Y
Summary Sheet of Medical Problems	NA
Corrective Lens Prescription	NA

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DLM: SGT (E-5) Alphabet (4 of 4)

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- DLMC Appointment: NOV22
- Medications:
 - Venlafaxine 75mg 3 capsules daily
 - Gabapentin ER (Gralis) 600mg
 - Baclofen 10 MG TID PRN muscle spasms
 - Erenumab (Aimovig) 140mg SUBQ monthly
 - Magnesium Oxide 400 mg BID
 - Zolmitriptan 5mg PRN nausea
 - Dicyclomine 20mg BID
 - Doxycycline 100mg BID
 - Turmeric 500mg daily
 - Famotidine 40mg daily
 - Vitamin D₂ 1.25mg (50,000 units) weekly
 - Levonorgestrel (Mirena) IUD (placed 2016)

- Canned Statements:

- "Patient notified that they are prescribed a medication(s) that may indicate that they are potentially non-deployable or require a waiver to deploy, depending on the deployment area of responsibility."
- "Patient advised to prioritize health and not discontinue medications without consulting a provider."

- Main Points:

- Example of Undetected DLMCs
- Apply Data Tools to Identify Unaddressed Medical Conditions
- DPP Constraints
- Medication Education Opportunity
- Offer Additional Services
- Establish PA (Readiness Provider) Relationships

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Hyperlipidemia: MAJ (O-4) Mike (1 of 5)

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- 44-year-old male
- **Jobs:** 70H Medical Plans & Operations
- **PMH:** back and knee pain, TBI, and spine fracture
- **Medications:** None
- **Labs** (as of FEB23)
 - TC **293** mg/dL
 - LDL **202** mg/dL
 - HDL **42** mg/dL
 - TG **200** mg/dL



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MHSPHP
Military Health System Population Health Portal

- My Favorite Filters
- Public Favorite Filters
- Main Page
- PHI Access
- PCMH Huddle
- Schedules
- Admission Registries
- Case Management Registries
- Clinical Registries
 - ACG Validation
 - Appropriate Treatment for Acute Bronchitis/Bronchiolitis
 - All Enrollees
 - Antidepressant Med Mgt
 - Appointments
 - Asplenia
 - Asthma Medications
 - Back Pain, Acute
 - Back Pain, Recurrent
 - Breast Cancer Screening
 - Cardiovascular Disease Risk
 - Care Management Note
 - Cervical Cancer Screening
 - CHF
 - Appropriate Testing for Pharyngitis
 - Appropriate Treatment for Upper Respiratory Infection
 - Chlamydia Screening

Lipid Panel Facility: 7143 - ROBINSON CLINIC-BRAGG

Enrollment data current as of 01/29/2024; Monthly registry patients current through 12/15/2023; ACG/Health Services encounters through 01/29/2024;

 **Manage Filters** [Filter '2BCT82ABN LDL >190' applied]

25 Items per page | 1 - 7 of 7 items

Discuss	Last Edit	Last Viewed On	User Derived Tags	Pending Entries	Notes	Status	ACG RUB	ACG IBI	ACG Date	Name	FMP	DOB	Birth Month
												12/21/1996	12
												04/12/1982	4
												02/12/1997	2
												11/01/1998	11
												05/09/1985	5
												01/22/1998	1
												07/28/1986	7

Query Builder

Filters My Filters Sharing

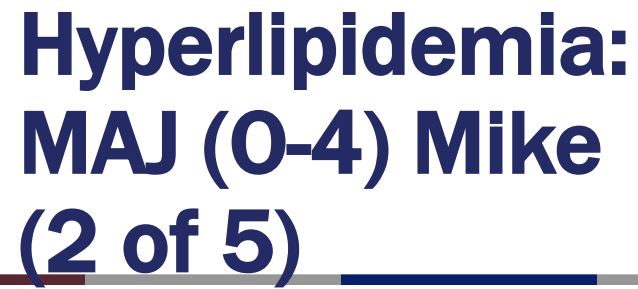
AND/OR	(	Selected Field	Operator	Value	)		
	((	BenCat	Contains	AD	)	Delete	↑ ↓
AND	(	BenCat	Does Not Contain	FML	)	Delete	↑ ↓
AND	((	LDL Result	Greater Than Or Equal To	190	)	Delete	↑ ↓
AND	((	Provider Group	Contains	7143C-MIL-FALCN	)	Delete	↑ ↓

Available Fields: Choose a Field...

Search

Clear

Close



MEDPROS: MRC3

Red

for Hearing
(as of 28FEB23)



[Home](#)
[Medical Readiness](#)
[Immunizations](#)
[MHA](#)
[MRC Alerts](#)
[Executive Reports](#)

Individual Medical Readiness

MODIFY FILTERS

REPORT LEGEND

IMR Active Report

Immunization Profile: ROUTINE ADULT, Deployment Date: 2022/06/06

Report Date: 2022/06/06 1:13 PM, Data as of Date: 2022/06/06

MRC	DNA	DEN	HIV	IMM	PHA	VRC	2PG	1MI	HRC	MED	MWT	PAN	OPR	OPH	OPV
R	G	A	G	G	G	G	G	G	G	G	G	G	G	G	G

MRC3

Personnel

Name

SSN

DoDID #

Rank

DOB

Sex

UIC / Descr

Compo

Arrival Date

Location

MACOM

Command

Duty Title / AOC

Dental

Dental Class

Panorex

Last Dental Exam

Vision

Vision Class

Vision Screening Date

2PR Glasses

Mask Inserts

Mission Required Contact Lenses

Military Combat Eye Protection

Military Combat Eye Protection Inserts

Last Prescription Date on File

Hearing

Hearing Class

Hearing Readiness Status

Audiogram Date

Triple or Single Flange Earplugs Issued?

Equipment

Hearing Aid

Medical Warning Tags

Allergy / Conditions

Occupational Protection

Respiratory

Physical Assessment Data

PULHES

PULHES Source

Current Exam Date

Exam Source

Administrative Status Code(s)

Height

Weight

Temp Profile (Click to view Temporary Profile data)

Expiration Date

Flight Status

Duty Limiting Conditions (DLC)

DL1

DL2

DL3

DL4

DL5

DL6

DL7

Pharmacy/Lab/Xray

Required Medications on Hand

Blood Type

HIV Test Date

DNA

Sickle Cell Screen

Sickle Cell Screen Date

G6PD Date

G6PD Status

Malaria Questionnaire

Immunizations

IMM Profile (Profile / Summary / DDZ766C)

Annotated in Deployment Medical Record

Blood Type

Medication

Medical Warning Tags

Immunization Record

Summary Sheet of Medical Problems

Contraception / Sex Description



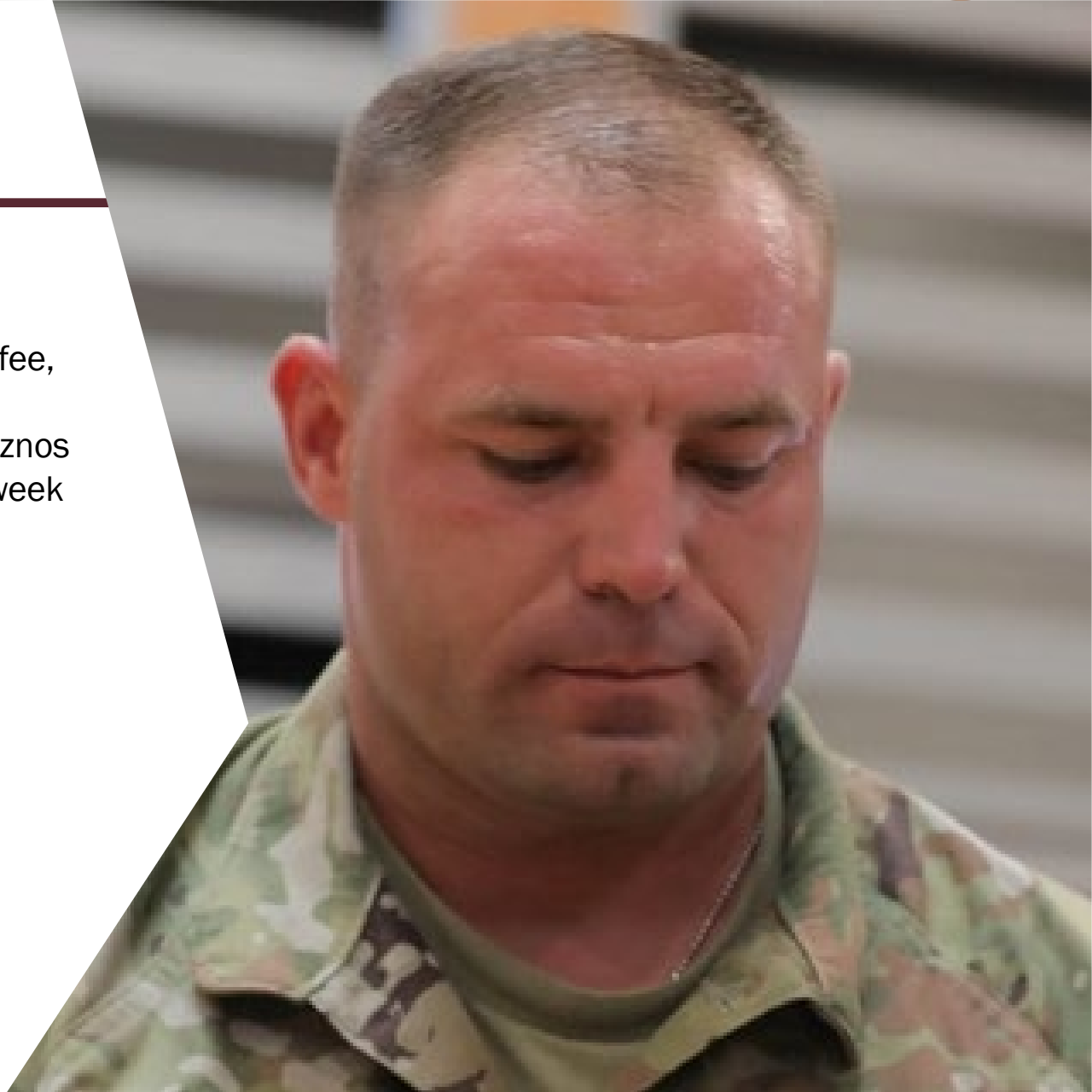
Hyperlipidemia:

MAJ (O-4) Mike

(3 of 5)

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- **FH:** "first male in my family to live past 40-years of age"
- **Diet:**
 - Breakfast: English muffin with peanut butter, black coffee, or eggs, bacon, hash-brown, and fruit
 - Lunch: Lean Cuisine frozen meal or sandwich from Quiznos
 - Dinner: chicken with potatoes, 1 vegetarian meal per week
 - Snacks: rarely, grapes or nuts
 - Dinning Out: twice a week
 - Types of Beverages: water (8 cups) and coffee (black)
 - Supplements: denied
- **Tobacco:** denies
- **Alcohol:** not interested in reducing alcohol
 - Whiskey (750mL) on the weekends
 - Glass of wine daily
 - Beer (dinning out)
- **Physical Activity:**
 - Physical training 4-5 days/week; 2 days are cardio
 - Trail bike or roller blades on Saturdays for 20-60min



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Hyperlipidemia:

MAJ (O-4) Mike

(4 of 5)

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- **Blood Pressure:** 137/97 mmHg; 88 bpm
- **Labs** (as of 1MAR23)
 - HbA1c: 5.2%
 - TC 259 mg/dL
 - LDL 175 mg/dL
 - HDL 36 mg/dL
 - TG 216 mg/dL
- **ASCVD Risk Score:** 5.2% (borderline)
- **Counselling/Education:**
 - Physical Activity/Diet/Weight Loss
 - Alcohol Reduction/Cessation
- **Medications:**
 - + Rosuvastatin 10 mg daily
 - + Fish Oil 1000 mg BID
 - + Lisinopril 10 mg daily



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Hyperlipidemia:

MAJ (O-4) Mike

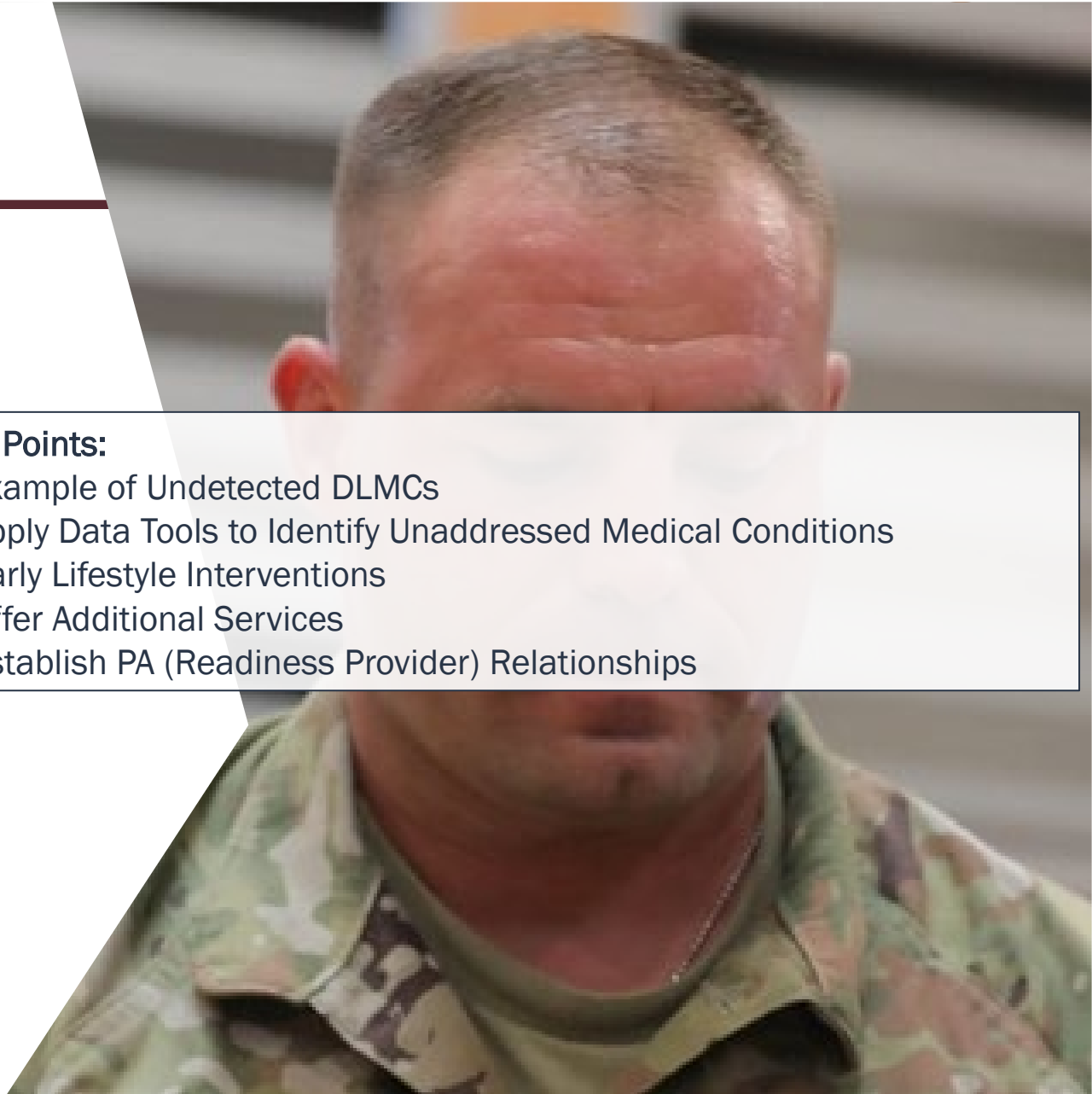
(5 of 5)

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- **Blood Pressure:** 118/80 mmHg; 76 bpm ▼
- **Diet:** reduced sodium in his diet ▲
- **Alcohol:** quit beer ▲
- **Physical Activity:** joined a fitness group ▲
- **Counselling/Education:**
 - Physical Activity/Diet/Weight Loss
 - Alcohol Reduction/Cessation
- **Medications:** Continued
 - Rosuvastatin 10 mg daily
 - Fish Oil 1000 mg BID
 - Lisinopril 10 mg daily
- **PCS'ed APR23**

Main Points:

- Example of Undetected DLMCs
- Apply Data Tools to Identify Unaddressed Medical Conditions
- Early Lifestyle Interventions
- Offer Additional Services
- Establish PA (Readiness Provider) Relationships



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Goal: 90%

23%

Observed: 80%



The Department of Defense is overestimating its ability to project force due to undetected Deployment Limiting Medical Conditions



Undetected Deployment Limiting Medical Conditions Fundamental System Issues:

1. Various MEC
2. Various IMR Platforms
3. Provider Medical Readiness Obligation



Key Takeaways



- Awareness of deployment medical echelons of care and an appreciation for the potential austerity of this medical care.
- Peripheral understand of medical readiness, how it is determined, and why it matters.
- Learned from my iterative attempts to address medical readiness.
- Appreciate the undetected DLMC dilemma.
- Recognize barriers to quantifying medical readiness.



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[forcehealthprotectionrequirementsandmedicalguidanceforentryintotheusafricomthea](https://www.africom.mil/document/35296/aci420009b-forcehealthprotectionrequirementsandmedicalguidanceforentryintotheusafricomthea)

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[european-cc-theater-medicalentry-dot-pdf](https://govtribe.com/file/government-file/pws-attachment-26-eci-4202-dot-01-health-service-support-us-european-cc-theater-medicalentry-dot-pdf)

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Questions?



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2. Once logged in and registered, on the event page, select “Get Started” (located in the menu below the event title on desktop and at the bottom of the page on mobile devices). Note: This tab will not appear unless you are registered and logged in to your account.
3. Under the “Get Started” tab, scroll down to a session you attended and select “Claim credit.”
4. Proceed to take the evaluation and posttest to obtain your certificate after the session has ended.

Once you have been awarded credit, you can download your certificate anytime through [your account](#). Any activity you register for but have yet to complete will be available under your [pending activities](#) until the evaluation period ends.

Questions? Email the DHA J-7 Continuing Education Program Office at dha.ncr.j7.mbx.cepo-cms-support@health.mil.