



Defense Health Agency (DHA) Clinical Communities Speaker Series

Optimizing Patient-Centered Military-Specific Care

2025 NOV CCSS S01: Change that Sticks: Practical Insights for Health Professions Education and Improving Clinical Practice

Resource List

[Where Do Models for Change Management, Improvement and Implementation Meet? A Systematic Review of the Applications of Change Management Models in Healthcare](#) (2021) investigated the application of change management methodologies within healthcare settings. The study found that while various models are used, particularly Kotter's and Lewin's, they are often applied as guiding principles rather than strict frameworks. The review highlights the value of these methodologies in providing adaptable guidance for navigating complex healthcare changes at different organizational levels. Ultimately, change management methodologies served as valuable frameworks that can integrate with implementation and improvement methodologies in unique healthcare environments.

The [AKI!Now](#) (2020) initiative by the American Society of Nephrology aims to transform acute kidney injury (AKI) care through improved education and delivery, focusing on early recognition and timely management. This change management approach emphasizes interdisciplinary collaboration, engaging providers, patients, and families to shift current paradigms and diagnostic methods for AKI. To overcome challenges in AKI awareness and heterogeneous treatment approaches, the initiative proposes developing educational resources and AKI management toolkits. These resources, coupled with administrative support and increased AKI awareness, are designed to facilitate the adoption of best practices and improve patient outcomes by addressing gaps in education, standardization, and the broader understanding of AKI's impact.

[Value-Based Healthcare Initiatives in Practice: A Systematic Review](#) (2021) examines how value-based healthcare initiatives are being implemented and measured. The analysis of 47 studies reveals that while many initiatives focus on cost savings and utilize electronic health records, there is a significant lack of emphasis on patient-reported outcomes. Few studies comprehensively measure outcomes across all levels relevant to patients. The review suggests that broader adoption of the value agenda necessitates improvements in technology and a cultural shift towards prioritizing patient-centered metrics.

The [2023 Lancet Countdown](#) report reveals that climate change is increasingly impacting global health, with record-breaking temperatures, increased heat-related deaths, and rising food insecurity. Despite warnings and opportunities for transformative action, the world is largely moving in the wrong direction, with increased fossil fuel investment and emissions. These trends exacerbate inconsistencies in healthcare delivery and strain health systems, particularly in vulnerable countries. However, the report highlights the potential for a health-centered response, emphasizing the importance of transitioning to clean energy, promoting sustainable transportation and diets, and acknowledging the health co-benefits of climate action to create a healthier, more equitable future. Specifically, the report advocates for increased investment in renewable energy, the development of climate-resilient urban planning, and the promotion of sustainable and healthy diets, including reduced consumption of red meat and dairy. The health community is encouraged to lead by example by transitioning to net-zero emission health systems and advocating for policies that prioritize human health in climate action. Ultimately, the authors call for steadfast action to shift away from fossil fuels, accelerate mitigation, and deliver adaptation for health.



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