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# Defense Health Agency (DHA) J-7 Education and Training Directorate, Continuing Education Program Office (CEPO)

## Leadership



Felicia Truong, EdD, PMP,  
DASM  
Acting Division Chief,  
Executive Skills, Continuing  
Education, and Libraries



Alina Gopez, MSN, BSN,  
RNC-OB  
Training Specialist, J-7  
Education and Training



Emilie Weismiller, PMP  
Program Manager



## Administrative Support



Hayley Aguayo, MPM  
Senior Program Analyst



Jasmine Adams, MPP  
Senior Research Analyst

## Clinical Subject Matter Experts (SME)



Miesha D. Scott, DSW,  
LCSW-C  
SME: Social Worker



Jannelle S. Barrow,  
MSPT  
SME: Physical Therapist



LaDonna S. King, MSOT,  
OTR/L  
SME: Occupational Therapist



Catherine A. McKiernan,  
M.S. CCC-SLP  
SME: Speech Language  
Pathologist



Natalie Regis,  
DNP, MSN, RN  
SME: Nurse



Jennifer Grey  
Buenaventura Abarca,  
MSN, RN  
SME: Nurse



Jeremy R. Bowman, M.S.  
Senior Information Engineer



Melissa A. Campbell, M.Ed.  
Information Engineer

## Technical Support Team

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## Interprofessional Continuing Education (IPCE) Meeting

### Join CEPO and healthcare education providers across MHS to discuss...

- Accrediting organization updates and conferences
- Continuing Education opportunities
- Veteran Health Agency CE updates
- Best practices for interprofessional continuing education
- Featured topics by guest speakers


**Date:** The first Monday of the month at 9:30 AM ET on MS Teams

To attend or be a guest speaker, email us at  
[dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)

# Are you looking to become a CEPO content reviewer?

CEPO is looking for content reviewers in the following professions who will assist with **providing a content review for a variety of continuing education (CE)/continuing medical education (CME) activities** throughout the year:

*If you are interested in volunteering, please send your resume/CV to [dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)*



Physicians, Physician Associates, Nurses, Pharmacists/Pharmacy Technicians, Psychologists, Social Workers, Certified Counselors, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Case Managers, Dentists, Dental Assistants, Dental Technicians, Kinesiotherapists, Optometrists, Speech Language Pathologists, Audiologists, Athletic Trainers, Dietitians, Health Informatics Professionals, and Healthcare Executives



# Offer CE Credit at your Next Educational Event

The Continuing Education Program Office accredits  
CE activities via the CE Activity Application

Education coordinators can submit an application at  
<https://www.dhaj7-cepo.com/content/cepo-ce-activity-application>

For more information, please email CEPO at [dha.ncr.j7.mbx.cepo-cms-support@health.mil](mailto:dha.ncr.j7.mbx.cepo-cms-support@health.mil)



# Clinical Communities Speaker Series (CCSS) Upcoming Activities

The CCSS events are designed to **address the professional practice gaps of learners to improve the care that health care professionals deliver**. These educational series are intended to achieve results that reflect a **change in skills, competence, and performance** of the healthcare team.



September 25, 2025



**Health  
Care  
Innovations**



November 6, 2025



**Military-  
Specific  
Care**

For more information and target audience

[dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)



# Stay Connected with CEPO



## Email updates

**What:** CEPO provides CE/CME updates to the Network Education and Training (E&T) Leads

**When:** 15<sup>th</sup> of each month

*Reach out to your E&T lead for updates!*



## Need support?

Need support **accessing courses** on the Continuing Education Management System site?

### Contact us

[dha.ncr.j7.mbx.cepo-cms-support@health.mil](mailto:dha.ncr.j7.mbx.cepo-cms-support@health.mil)



## Stay up to date!

CEPO sends out a **monthly newsletter** that includes updates from accrediting organizations and **upcoming CE activities**.

Visit our website to subscribe.



# Sign Up for TBICoE's Monthly Email Blasts!

## TBI Providers' Brief

The TBICoE Providers' Brief presents information on new and revised TBI clinical recommendations, educational tools, research trends, and other resources that help medical providers evaluate and treat those who have sustained a TBI.

## TBI Resources

The TBI Resources provides TBI information and resources for service members, veterans, and their caregivers and families.

Download TBI Resources

[https://public.govdelivery.com/accounts/USMHS/subscriber/new?topic\\_id=USMHS\\_123](https://public.govdelivery.com/accounts/USMHS/subscriber/new?topic_id=USMHS_123)

*Emails from TBICoE are disseminated monthly.*



# CDERLearn

Training & Education

## Continuing Education (CE)

Course Offering  
CME/AAPA/CNE/CPE/CPT  
Credits

[www.FDA.gov/CDERLearn](http://www.FDA.gov/CDERLearn)

FDA





# BRAIN INJURY AWARENESS



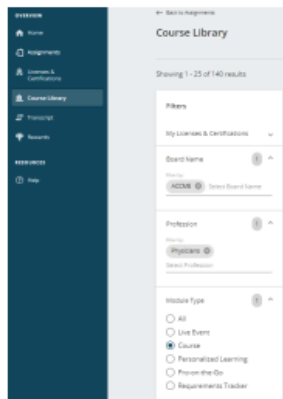
## HEADS UP

- Hearing and balance injuries are common among service members
- Your hearing can be damaged by blasts, brain trauma, jet fuel, or long-term noise exposure
- You may or may not have hearing loss, so get it checked anyway
- See your doctor or hearing conservation manager for more information



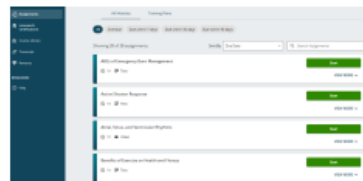
# Relias offers free CME courses for your profession!

Step 1. Update your professional license & certification information



Step 2. Go to the Course Library; set filters for your profession and the Preferred CEU or State licensing board name.

For example: ACCME – Accreditation Council for Continuing Medical Education; Physician



3. Enroll in and complete the desired courses

4. When completed, the course will provide a certificate of completion and CE credits from your selected board that you can email or download.

## Possible courses include:

Advance Care Planning: The National POLST	0.5 CME
Crisis Management for Healthcare Professionals	0.5 CME
Treatment of Rattlesnake Bites	0.5 CME
Economic Stability as a Social Determinant of Health	0.5 CME
Emergency Burn Management	1 CME
Thoracentesis Principles	1 CME
Diabetic Foot Ulcers	1 CME
Risk Factors and Treatment Options for Bladder Cancer	1 CME
Heart Blocks, Junctional Rhythms, and STEMI	1 CME
Healthcare Fraud: What You Need to Know	1 CME
Payer Perspective: Comorbidity Management	1 CME
Acute Stroke: Understanding and Using the NIHSS	1.25 CME
Managing Mechanical Ventilation	1.25 CME
Moderate Sedation Practices	1.25 CME
Managing Peripheral Artery Disease	1.25 CME
Recognizing Misuse or Abuse of Controlled Substances	1.25 CME
Understanding Chemistry Lab Values	1.25 CME
Management of Generalized Anxiety and Related Disorders	1.25 CME
Pediatric Pain Management: Treatment	1.5 CME
Controlled Substances: Drug Diversion, SUD, and Pain Management	3.75 CME

***And don't forget to download the Relias app on your phone and enroll in the courses you want to take!***



Once you have logged into the app, it will take you to your enrolled courses. You can complete them anywhere, anytime! It will even allow you to email your CME certificates to your health.mil account!



# Join the Lifestyle and Performance Medicine (L&PM) Coalition of the Interested



## Step 1:

**JOIN THE L&PM  
COI and the  
Distro list:**



<https://forms.gle/ATCPWEcobKyWJSs48>

Note that this Google Forms site may have to be accessed from a personal device

## Step 2:



**Create free ACLM  
account:**



<https://lifestylemedicine.org/>

Note that creating a free ACLM account does not require purchase of an ACLM membership and allows complimentary access to resources including our Military L&PM Community

## Step 3:

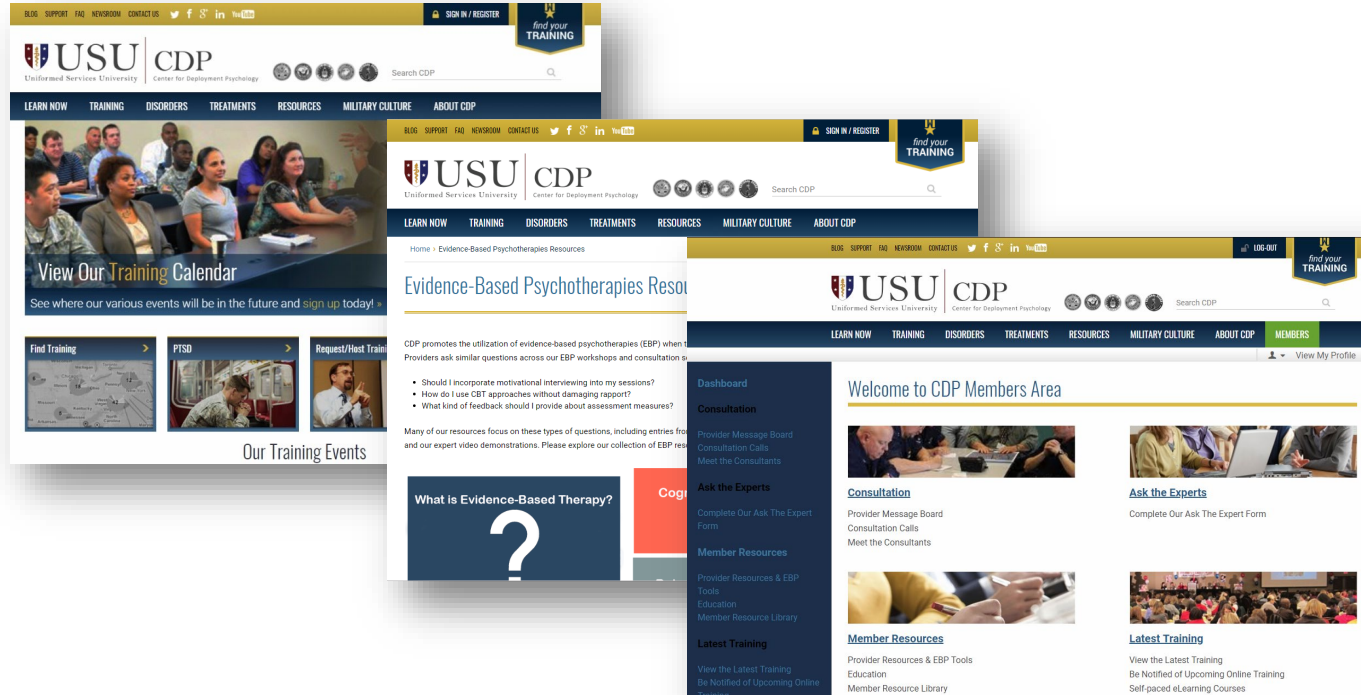
**Request to join Military  
Lifestyle & Performance  
Medicine Community in  
ACLM Connect:**



<https://connect.lifestylemedicine.org/home>



# Join **THOUSANDS** of military behavioral health professionals in CDP's **Community of Practice**



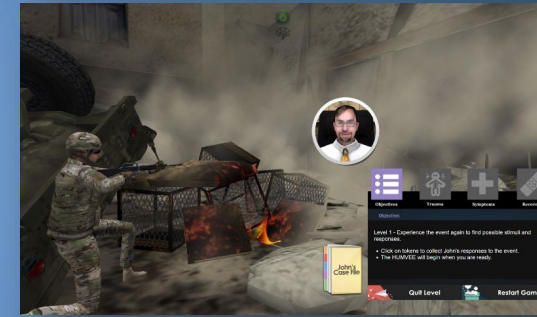
[www.deploymentpsych.org](http://www.deploymentpsych.org)



# IMMERSE Yourself in a Learning EXPERIENCE Second to None



[tinyurl.com/cdpvirtual](https://tinyurl.com/cdpvirtual)



# Deployment-Related Topics

## Guest Speakers

## Free CEs



### Attendee Testimonials

“

Thank you for an excellent presentation and great management of the tech side. These are better CE presentations than most--very high standard and I look forward to them every time.

”

“

The training was well-organized, clear, and engaging. One of the best Zoom trainings I have attended. I enjoyed the polls and questions asked in Chat so we could participate and get more out of the training. I learned tools that I can apply right away.

”

“

Every CDP [webinar] experience has been wonderful, professional, enlightening and productive. It leaves me with something new to support others better.

”



**CDP PRESENTS**  
MONTHLY WEBINAR SERIES

<https://deploymentpsych.org/webinars>

# DOD CHILD COLLABORATION STUDY ASYNCHRONOUS TRAININGS

Fully Online Learning



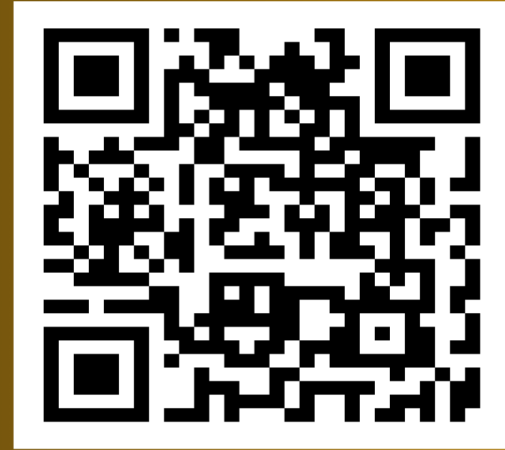
Earn Free ASWB & APA CEs



Build Essential Skills



Designed for professionals working  
with Military Youth and Families



[deploymentpsych.org/DoDKidsStudy](https://deploymentpsych.org/DoDKidsStudy)



# DHA J-7 HIV Pre-exposure Prophylaxis for the Primary Care Manager

## Computer Based Training (CBT) JKO DHA-US1318



### Overview

This computer-based training/course addresses HIV pre-exposure prophylaxis for the primary care manager.

### Learning Objectives:

1. Apply DHA-Procedural Instruction (PI) 6025.29 requirements and updated 2021 Centers for Disease Control & Prevention/U.S. Public Health Service Clinical Practice Guidelines recommendations.
2. Outline how to prescribe medication regimens that are proven safe and effective for HIV-negative patients who meet recommended screening criteria for PrEP initiation to reduce their risk of HIV acquisition.
3. Educate providers about HIV PrEP medications, side effects, contraindications, and Food & Drug Administration-approved regimens to maximize safe use.
4. Identify techniques to provide support for medication adherence to help patients achieve and maintain protective levels of medication in their bodies.
5. Describe HIV risk reduction techniques, prevention services, and/or infectious diseases specialist referral resources.
6. Identify recommended schedule for monitoring patients to detect HIV infection, medication toxicities, and levels of risk behavior to make indicated changes in strategies to support patients' long-term health.

### Target Audience

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Pharmacists/Pharmacy Technicians (ACPE) • And other health care professionals

This CE/CME activity is provided through DHA, J-7, CEPO and is approved for 1.00 CE/CME credit.

To register, participate, and complete the posttest and evaluation, please visit <https://www.dhaj7-cepo.com/content/jko-dha-us1318-human-immunodeficiency-virus-hiv-pre-exposure-prophylaxis-prep-primary-care>.

### Participation Costs

There is no cost to participate in this activity.

### Cancellation Policy

You will be notified via email if the activity is cancelled.

### Commercial Support

There is no known commercial support for this activity.



# Ready Reliable Care: DHA's Journey to High Reliability

## Overview

This activity will be available on JKO (DHA US1216) for all DHA personnel. The DHA's efforts to become a high reliability organization has led to the creation of the Ready Reliable Care model, which adopts the application of Domains of Change and Principles.

## Learning Objectives:

1. Define the goal of high reliability and its impact on health care
2. Explain the concepts of Ready Reliable Care (RRC) and a High Reliability Organization (HRO)
3. Recall the Domains of Change and Principles of RRC
4. Describe examples of RRC Domains of Change and Principles

## Target Audience

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Psychologists (APA) • Pharmacists/Pharmacy Technicians (ACPE) • Social Workers (ASWB) • Healthcare executives (ACHE) • And other Defense Health Agency health care professionals earn a certificate of attendance

This CE/CME activity is provided through DHA, J-7, CEPO and is approved for 1.00 CE/CME credit.

To register, participate, and complete the posttest and evaluation, please visit <https://www.dhaj7-cepo.com/content/jko-ready-reliable-care-dhas-journey-high-reliability>.

## Participation Costs

There is no cost to participate in this activity.

## Cancellation Policy

You will be notified via email if the activity is cancelled.

## Commercial Support

There is no known commercial support for this activity.



## VHA WHOLE HEALTH COACHING

The virtual Whole Health Coaching course integrates principles of change theory and practice to support Veterans in realizing their health potential.

### TIME COMMITMENT:

Pre-Course Orientation - 1 hr  
Session 1 - 25 hrs  
Between session Triad Calls - 6 hrs  
Session 2 - 24 hrs  
Asynchronous Learning - 5 hrs  
Session 3 - 25 hrs  
Post-Course Triad Calls - 6 hrs  
Asynchronous Learning - 15 hrs

### COURSE FORMAT:



Virtual learning (Zoom)  
Class discussion  
WH coaching practice  
Skills practice  
Small groups

\*Daily tech support will be available

### COURSE ACCREDITATION:



NBHCW

Participants wishing to receive CEUs and a certificate of completion required for their application for NBC-HWC certification must attend all three weeks of training (75 hrs), all 12 hours of triad practices, and all 20 hours of asynchronous training.

### LEAVE WITH THE SKILLS TO:

- Assist the Veteran in developing a personalized health plan that is based on what matters most to the Veteran; the plan is based on the Veteran's own goals, values, preferences, and lifestyle. The agenda is the Veteran's.
- Partner with the Veteran with proactively taking action toward behavior change that is present and future-oriented.
- Recognize that health is much broader than the absence of disease. The emphasis is on health enhancement/strengths rather than disorders/weaknesses.
- Support the Veteran in achieving their standard of optimal health that takes into account the mental, physical, and social well-being of the Veteran.

Register [HERE](#)

For more information, contact:  
[opcceducationteam@va.gov](mailto:opcceducationteam@va.gov)

## Veterans Integration to Academic Leadership (VITAL) What to Expect From Your VA VITAL Service



U.S. Department  
of Veterans Affairs

The mission of VITAL is to provide world-class healthcare to improve the overall mental health of Veterans while supporting their successful integration into college and university campuses through seamless access to VA healthcare services and on-campus clinical counseling. VITAL provides care coordination and promotes positive cohesion between Veterans and the entire learning community through campus and community education and training.

### ELIGIBILITY

- Veterans who meet VHA eligibility criteria for healthcare services are eligible to receive VITAL services

### CLINICAL SERVICES

- Seamless access to VA healthcare services and on-campus clinical counseling;
- Provide evidence based on-campus mental health counseling by a licensed mental health provider
- Facilitate on-campus enrollment into VA programs
- Develop individualized treatment plans and education goals with Veterans to improve successful academic and social integration
- Collaborate with existing campus mental health providers or counseling centers

### CARE COORDINATION SERVICES

- Provide efficient care coordination of all available services;
- Connect Veterans with VA, campus and community resources and assist them in navigating those services to support their educational success and overall wellness.
- Educate student Veterans on benefits available to them

### EDUCATION AND TRAINING SERVICES

- Promote positive cohesion between Veterans and the entire learning community through campus and community clinical education and training;
- Provide educational trainings on military culture and specific mental health topics such as PTSD, anxiety, etc., to increase awareness about student Veterans needs and strengths



For more information and a listing of VITAL program sites visit the VA College Toolkit:

<https://www.mentalhealth.va.gov/student-veteran/>

# What Audiologists do to Keep You **Healthy**



- Conduct hearing exams
- Fit you with hearing protectors
- Provide hearing education & training
- Assess & treat hearing issues
- Provide consultation on noise-hazardous areas
- Monitor your hearing health

## AUDIOLOGY AWARENESS



# February 2025 Clinical Communities Speaker Series Home Study

## *Improving Health and Building Readiness: The Future of Women's Health*

### Topics:

- *Expanding Access to Care: Updates to the Supplemental Health Care Program and the Assisted Reproductive Technology (ART) Policy*
- *Ethics Issues in Reproductive Health: Current Considerations and Emerging Concerns*
- *Hormone Therapy Unlocked: Overcoming Barriers to Better Care*



**Registration is open until  
31 December 2025**

**Earn up to 3.50  
CE/CME credits!**

Watch now <https://www.dhaj7-cepo.com/content/2025-feb-ccss-hs>



# BRAIN INJURY AWARENESS



## HEAD INJURY?

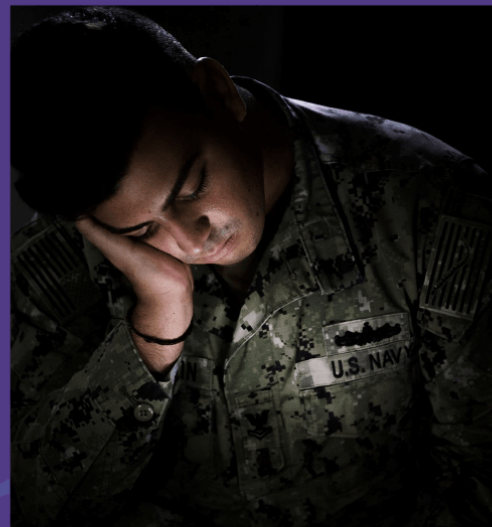
Seek medical help if you have these warning signs:

### HEARING

- Dizziness
- Ringing, buzzing or other sounds in your ears or head
- Trouble hearing words in noisy environments

### VISION

- Dizziness
- Blurry or double vision
- Trouble reading
- Flashes and/or floaters



# We have eGuidelines+

A Better Way to Access AORN Guidelines



## Get access to resources to support patient safety and quality outcomes including:

- AORN Guidelines for Perioperative Practice
- Evidence-based recommendations
- Clinical checklists
- Templates
- Competency verification tools
- Audit tools
- And more

<https://aornguidelines.org/>



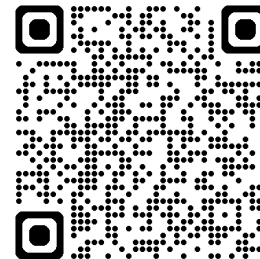
## JMESI Capstone Course

Audience: O5-6, E-9, & GS-15  
individuals serving in  
leadership roles. Selection  
through Service nomination.

2025 Cohorts  
March 17-20, 2025 (virtual)  
July 14-17, 2025 (virtual)  
November 17-20, 2025 (NCR)

### Topics Include:

- DHA Strategic Function
- Healthcare Operations
- Resource Management
- Health Readiness Policy & Oversight
- Health Care IT
- Care Pathways and Models
- Media Relations
- MHS Genesis
- And more...



Contact the JMESI Team with questions:

[dha.jbsa.education-trng.list.jmesi@health.mil](mailto:dha.jbsa.education-trng.list.jmesi@health.mil)



## Health Care Providers: Complete the Airborne Hazards and Open Burn Pit Registry Training

Learn about airborne hazards exposures, the registry, and how to conduct registry medical evaluations

Visit Joint Knowledge Online at <https://jkodirect.jten.mil> and search for **DHA-US035 Airborne Hazards and Open Burn Pit Registry Overview**

Continuing education credit available

Photo courtesy of DVIDS  
by Sgt. Mike MacLeod

For more information about the registry, visit [Health.mil/AHBurnPitRegistry](https://Health.mil/AHBurnPitRegistry).



# DHA Brandon Act Training for Healthcare Providers and Clinicians

**JKO Training DHA-US1351 (1 hr)**

Required for:

- Behavioral Health providers and clinicians, including PCBH Consultants and BH Technicians.
- Other healthcare providers who may conduct Mental Health Evaluations (e.g., Primary Care Managers)

Recommended for:

- BH Clinic admin staff (including appointing staff)



Link to training:

[https://jkosupport.jten.mil/html/COI.xhtml?course\\_prefix=DHA&course\\_number=-US1351](https://jkosupport.jten.mil/html/COI.xhtml?course_prefix=DHA&course_number=-US1351)

Brandon Act Fact Sheet, implementation, and FAQ on Health.mil:

<https://www.health.mil/Military-Health-Topics/Mental-Health/Brandon-Act>

*Providers and Clinicians will:*

- *Understand the Brandon Act and related guidance*
- *Differentiate among Mental Health Evaluation (MHE) Types*
- *Describe the pathways for SMs to obtain MHEs*
- *Summarize the process for scheduling and performing Self-Initiated Referrals under the Brandon act*

# Suicide Risk Care Pathway in the DHA

## JKO Training

For Behavioral Health Specialty Care Providers: (1 hr)

DHA-US1212: Suicide Risk Care Pathway in the Defense Health Agency  
(Behavioral Health Specialty Care)

For Providers in All Other Health Care Settings (1 hr):

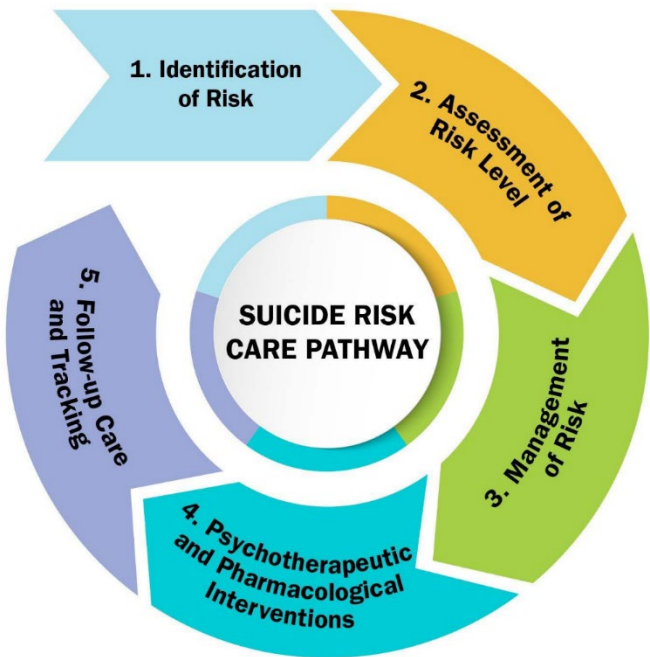
DHA-US1214: Suicide Risk Care Pathway in the Defense Health Agency  
(All Health Care Settings Other Than Behavioral Health Specialty Care)

Note: Those required to complete the training include (1) Licensed Independent Practitioners (LIPs); and (2) any supporting healthcare staff working under the licensure of an LIP (i.e., under the supervision of a healthcare provider).

Link to JKO Login: <https://jkodirect.iten.mil>

Link to Additional resources:

<https://info.health.mil/sites/hro/CMT/BH/SPI/SitePages/Home.aspx>



PRODUCED BY THE DEFENSE HEALTH AGENCY

*Meets Mandatory Training Requirements  
of*

*DHA-AI 6025.06 Suicide Risk Care Pathway for Adult  
Patients in the Defense Health Agency*



**NOW AVAILABLE!**

## ***Warfighter Brain Health Provider Toolkit App***

CLICK THIS LINK  
OR SCAN QR CODE  
TO DOWNLOAD



Central location for provider resources



Automates the MACE 2



Accessible Offline



Compatible with both  
Android and iOS devices



# Military Acute Concussion Evaluation 2 and Progressive Return to Activity Training

**2025 Schedule**

**October 16  
1 to 3 p.m. ET**

2.00 CE/CME credits offered

For more information on the above events, visit [health.mil/ACCPathwayTraining](https://health.mil/ACCPathwayTraining).

For any questions, please email: [dha.TBICoEDissemination@health.mil](mailto:dha.TBICoEDissemination@health.mil)



# TBICoE 2025 Quarterly Education Series

**September 19**  
**12–2 p.m. ET**

**Operational Advancements in Warfighter Brain Health**  
2.00 CE/CME Credits pending

**November 13**  
**2–4 p.m. ET**

**Insights into the Pathophysiology of TBI**  
2.00 CE/CME Credits pending

For more information or to request calendar invites for any of the above events,  
please email: [dha.TBICoEDissemination@health.mil](mailto:dha.TBICoEDissemination@health.mil)



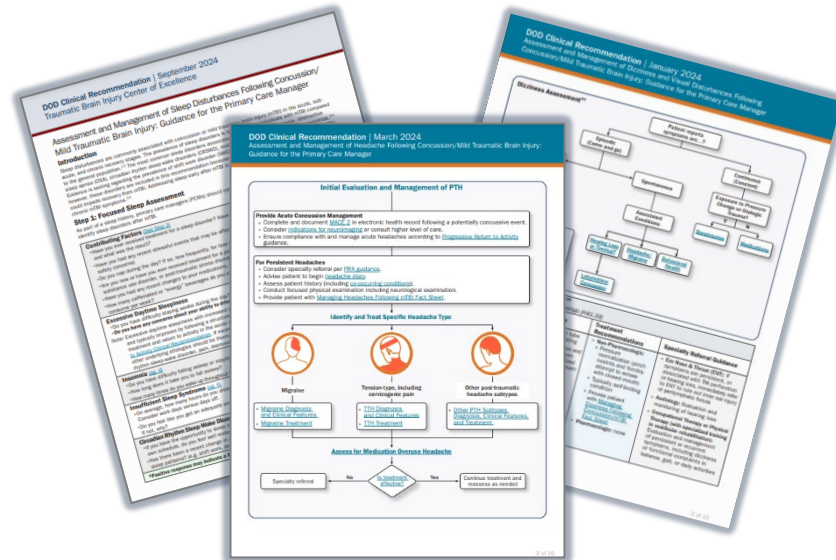
# TBICoE Clinical Recommendation Trainings

Assessment of Dizziness & Visual Disturbances Following Concussion\*

Management of Sleep Disturbances Following Concussion\*

Neuroimaging Following Concussion

Management of Headache Following Concussion for Non-Primary Care Managers\*



CE/CME credits offered

For training dates and times on the above events, visit [health.mil/tbicoeevents](https://health.mil/tbicoeevents).

For any questions or to schedule alternative dates, please email [dha.TBICoEDissemination@health.mil](mailto:dha.TBICoEDissemination@health.mil).



# October 2024 Clinical Communities Speaker Series Home Study

## *Fostering Quality and Excellence in Military-Specific Care*

### Topics:

- The Department of Defense's (DOD) Warfighter Brain Health Initiative: Maximizing Performance On and Off the Battlefield
- Advancing Healthy Sleep in the Military: Spanning the Field to the Clinic
- Exploring Ethical Considerations for Artificial Intelligence in Military Medicine
- Moral Injury: Addressing the Invisible Wounds through Assessment and Treatment
- Substance Abuse and Mental Health Services Administration's (SAMSHA) Perspective on Integrated Care and Its Implications to Clinical Practice
- Enhancing Temporomandibular Disorder and Comorbidity Care in the Military Health System



**Registration is open!**  
**Closes: 30 October 2025**

**Earn up to 6.0  
CE/CME credits!**

Register here: <https://www.dhaj7-cepo.com/content/2024-oct-ccss-hs>

# OPIOID PRESCRIBER SAFETY TRAINING (OPST)

Email questions to:  
[dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)



Background	This 3-hour program is an updated version of the 2020 Defense Health Agency (DHA) OPST course integrating the latest guidelines, policies, and issuances related to DHA safe opioid prescribing, substance use disorders, and pain management. The training was designed by DHA subject matter experts to better equip DHA providers and staff with the skills to improve patient outcomes for safe opioid prescribing, substance use disorders, and pain management.
Complete	Complete the course (DHA -USI 176-DHA Opioid Prescriber Safety Training) on Joint Knowledge Online (JKO) <a href="https://jkodirect.jten.mil">https://jkodirect.jten.mil</a>
Obtain CE/CME	Use the “How to Obtain CE/CME” information at the end of the course in JKO (also included in the JKO course’s graduation email), to visit <a href="https://www.dhaj7-cepo.com/">https://www.dhaj7-cepo.com/</a> to acquire 3.0 CE/CMEs
Target Audience	This activity provides continuing education credit for physicians, nurses, physician assistants, pharmacists, pharmacy technicians, and dentists. A certificate of attendance is also available for other attendees.



# UPDATED BIOSIMILAR EDUCATIONAL RESOURCES

NOW AVAILABLE FROM THE  
**U.S. FOOD AND DRUG  
ADMINISTRATION**

- ▶ [Overview for Healthcare Professionals](#)
- ▶ [Curriculum Materials for Healthcare Programs](#)
- ▶ [Multimedia Education Materials](#)
- ▶ [Continuing Education Resources on Medscape](#)





Celebrating the DHA's

**awesome staff**

check out the Employee Hub on the new [dha.mil](https://dha.mil)

# Lifestyle Medicine and Food As Medicine ESSENTIALS Course

This online course provides a foundational, evidence-based introduction to the field, focusing on nutrition education for the prevention and treatment of chronic disease.

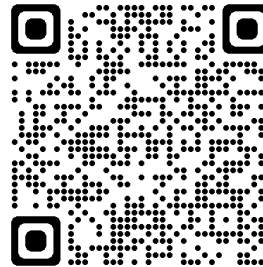
- Introduction to Lifestyle Medicine module (1 hour)
- Food as Medicine: Nutrition for Prevention and Longevity module (3 hours)
- Food as Medicine: Nutrition for Treatment and Risk Reduction module (1.5 hours)

**Non-member price: \$220 – FREE with code**

[www.lifestylemedicine.org/essentials](http://www.lifestylemedicine.org/essentials)

**Code: ESS-DOD2025**

**AVAILABLE THROUGH SEPT 2025\*\*\*\*\***



**CME Credits**  
5.5 AMA PRA  
Category 1 Credit™





## JMESI Intermediate Executive Skills Course

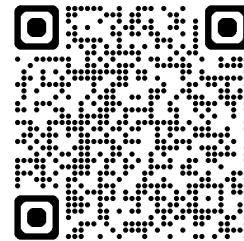
Audience: O4-5; E7-8; GS12-14  
individuals serving in  
leadership roles. Learners can  
self-enroll via JKO.

2025 Cohorts  
February 3-6, 2025 (virtual)  
June 9-12, 2025 (virtual)  
October 20-23, 2025 (virtual)

### Topics Include:

- Patient Safety
- Health Law
- A3 Problem Solving
- Healthcare Leadership
- Coaching in the Workplace
- Strategic Communication
- Data-Drive Decision Making
- And more....

*NOTE: This course requires distance learning pre-requisites before registration is permitted.*



Contact the JMESI Team with questions:

[dha.jbsa.education-trng.list.jmesi@health.mil](mailto:dha.jbsa.education-trng.list.jmesi@health.mil)

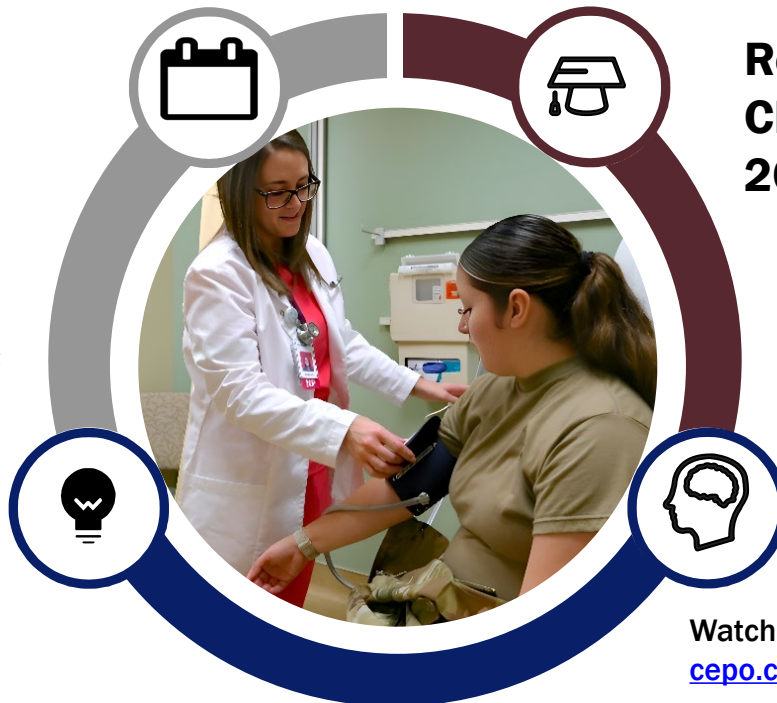


# February 2025 Clinical Communities Speaker Series Home Study

## *Improving Health and Building Readiness: The Future of Women's Health*

### Topics:

- *Expanding Access to Care: Updates to the Supplemental Health Care Program and the Assisted Reproductive Technology (ART) Policy*
- *Ethics Issues in Reproductive Health: Current Considerations and Emerging Concerns*
- *Hormone Therapy Unlocked: Overcoming Barriers to Better Care*



**Registration is open!**  
**Closes: 31 December 2025**

**Earn up to 3.5  
CE/CME credits!**

Watch now: <https://www.dhaj7-cepo.com/content/2025-feb-ccss-hs>

# DEFENSE MEDICAL MODELING AND SIMULATION OFFICE (DMMSO)

## WHAT IS DMMSO?

- ▶ DMMSO provides the DoD and other stakeholders with shared, complementary, and supportive Medical Modeling and Simulation (MM&S) business line services

## WHAT DO WE DO?

- ▶ Manage shared service MM&S capabilities and solutions to support medical education and training
- ▶ Support the development, management, and integration of requirements, capabilities, and systems for MM&S in health care operations
- ▶ Promote the use of MM&S across the Department
- ▶ Improve medical readiness, survivability, quality of care, patient safety, and efficiency

## CONTACT US

[dha.ncr.education-trng.mbx.dmmso@health.mil](mailto:dha.ncr.education-trng.mbx.dmmso@health.mil)





# Multiple Options for Communication/Education



PROVIDER TO PATIENT



QR CODE GENERATION FOR THE PHYSICAL ENVIRONMENT



HEALTH LITERACY CAMPAIGNS (Mass Distribution)



INDEPENDENT PATIENT SEARCHES





# April 2025 Clinical Communities Speaker Series Home Study

## *Cultivating the Wellbeing of Our Military Children, Youth, and Families*

### Topics:

- *Decision-Making for Pediatric Patients: When Clinicians and Parents Disagree*
- *Supporting Military Families During the Transition to Civilian Life*
- *Supporting Military Parents in Pediatric Clinics: A 6-Step Field Guide to Meet the Mission*
- *A Shared Mission: Collaborative Strategies for Supporting Military Children with Special Needs*
- *Safeguarding the Future: Pediatric Vaccination in the Military Health System*
- *Trauma Informed Parenting for Veterans and Service Members with PTSD*



**Registration is open!**



**Earn up to 6.0  
CE/CME credits!**

Register here:

[https://www.dhaj7-  
cepo.com/content/2025-apr-ccss-hs](https://www.dhaj7-cepo.com/content/2025-apr-ccss-hs)

# 2025 Combined Pain Care Skills & Substance Use Disorder Training

- 12 August**      **Keynote Session LIVE** streamed from 1200-1300 ET  
Pre-recorded Plenary Sessions become available for viewing at 0730 ET
- 13 August**      **LIVE AM/PM Virtual Workshops** via ZoomGov
- 19 & 20 August**      **In-Person Workshops** (*located at Partnership for Public Service, Washington, DC*)

The target audience includes Primary Care teams, Behavioral Health, Pharmacy, Social Work, Specialty Care teams and staff who care for Active-Duty service members and beneficiaries. Safety and accessibility are our priorities therefore, due to the variety and location of attendees throughout the MHS this training will be partly virtual with interactive workshops via ZoomGov and a limited in person training within the NCR. CME/CNE offered.

Scan QR code or visit:

<https://ncrpi.org/2025-combined-pcst-sud-website-home/>

For the full official agenda, email:

[dha.bethesda.wrnmmc.mbx.pain-skills-training@health.mil](mailto:dha.bethesda.wrnmmc.mbx.pain-skills-training@health.mil)



Some travel funds may be available; reach out to NCRPI directly at: [dha.bethesda.wrnmmc.mbx.pain-skills-training@health.mil](mailto:dha.bethesda.wrnmmc.mbx.pain-skills-training@health.mil)



# JMESI Healthcare Management Course

Audience: O2-4; E5-7; GS9-11  
individuals serving as first time  
supervisors in the MHS. Learners  
can self-enroll via JKO.

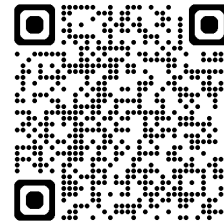
## 2025 Cohorts

January 13-16, 2025 (virtual)  
May 12-15, 2025 (virtual)  
September 15-18, 2025 (virtual)

## Topics Include:

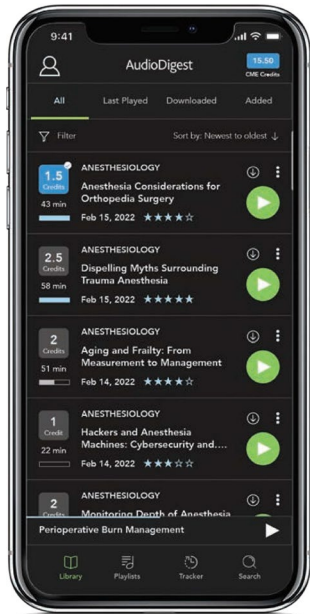
- Working with the Contractor Workforce
- Employee and Labor Relations
- Team Building
- Patient Safety
- Your TRICARE Program
- Healthcare Satisfaction Surveys
- And more...

*NOTE: This course requires distance learning  
pre-requisites before registration is permitted.*



Contact the JMESI Team with questions:

[dha.jbsa.education-trng.list.jmesi@health.mil](mailto:dha.jbsa.education-trng.list.jmesi@health.mil)



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# Special Feature Webinar: Hormone Therapy Unlocked: Overcoming Barriers to Better Care, Part 2

Save the Date!

Wednesday, August 13, 2025

1:00 p.m. to 2:30 p.m. ET

Focusing on hormone therapy, this live Special Feature Webinar is a follow-on to the session on the same topic presented during the Clinical Communities Speaker Series on Women's Health in February 2025.

## Presenters

**Air Force Lt. Col Samantha Simpson, M.D.**

SAUSHEC Obstetrics & Gynecology  
Residency, Brooke Army Medical Center

**Aoife O'Sullivan, M.D., NCMP**

Family Physician, Certified Menopause  
Practitioner, Portland Menopause Doc

**Retired Air Force Col. Christine Hart Kress,  
DNP, APRN, WHNP-BC, MSCP**

Women's Health Nurse Practitioner, Heather  
Hirsch MD Collaborative

**Rebecca Hertel, DO, MSCP**

Family Physician, Certified Menopause  
Practitioner, Osteopathic Midlife Health

**Heather Quaile, DNP, WHNP-BC, AFN-C, CSC,  
I.F., FAANP**

Chair, Scientific Committee, International  
Society for the Study of Women's Sexual Health,  
The Sexual Health Optimization and Wellness  
Center

This continuing education activity is provided through DHA J-7 CEPO and is approved for **1.50 CE/CME credits**.

For more information, please contact: [dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)



The Extremity Trauma and Amputation Center of Excellence (EACE) is excited to host Jamie Boehm, CPO, MSPO, Justin Boehm, CPO, MSPO at the monthly

## Limb Trauma Educational Series

*Monthly Topic:* **Rotationplasty Rehabilitation: A Multidisciplinary Approach to Surgical Limb Salvage and Prosthetic Fitting**

**Live Session:** August 27th, 2025 at 12:00 PM ET

Rotationplasty presents a rare but functionally powerful alternative to traditional amputation techniques, requiring highly customized prosthetic management. This session reviews the surgical anatomy, prosthetic design strategies, and real-world rehabilitation outcomes essential for optimizing mobility and quality of life.

*Continuing education credits available*



Jamie Boehm, CPO, MSPO



Justin Boehm, CPO, MSPO



Visit our website: [www.health.mil/EACE](http://www.health.mil/EACE) and look under "Clinical Affairs" or scan the QR code.

**The Extremity Trauma and Amputation  
Center of Excellence (EACE)**

Limb Trauma Educational Series

**UPCOMING**

Live Webinar Sessions

**JOIN US**

August 27th, 12:00 PM ET  
**Rotationplasty Rehabilitation:  
A Multidisciplinary Approach  
to Surgical Limb Salvage and  
Prosthetic Fitting**

Jamie Boehm, CPO, MSPO,  
Justin Boehm, CPO, MSPO

September 24th, 12:00 PM ET  
**Screening and Patient  
Selection for OI**

Jason Stoneback, MD

October 22nd, 12:00 PM ET  
**Focusing on Functioning Part 2**  
Tiffany Milligan, PhD

*Continuing education credits available*

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BY REDUCING  
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PROCESSES OF CARE AND  
SHARING OF BEST  
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and look under "Clinical Affairs"  
or scan the QR code.

