

## Defense Health Agency, J-7, Continuing Education Program Office Clinical Communities Speaker Series

# Evidence-Based Approaches for Advancing Excellence in Primary Care 5 June 2025 0800 – 1600 (ET)

## <u>Purpose</u>

The Defense Health Agency (DHA), J-7, Continuing Education Program Office (CEPO) Clinical Communities Speaker Series (CCSS) events are designed to address the professional practice gaps of our learners to improve the care that our health care professionals deliver. This continuing education (CE)/continuing medical education (CME) event is conducted to achieve results that reflect a change in skills, competence, and performance of the health care team, and patient outcomes. Collaboration occurs with the Department of Defense, several government agencies, and other civilian experts for recruitment of academic subject matter experts (SMEs), clinicians, and researchers to present on current promising, evidence-based research and best practices, thus enhancing the overall educational experience. Participants are expected to apply what they learned in providing patient care individually and collaboratively as a team towards improved patient outcomes.

## **Target Audience**

This activity is designed to meet the educational needs of Physicians, Nurses, Pharmacists, Pharmacy Technicians, Physician Associates/Physician Assistants, Optometrists, Social Workers, Psychologists, Dentists, Dental Hygienists, Dental Technicians, Registered Dieticians, Dietetic Technicians, Athletic Trainers, Case Managers, Occupational Therapists, Occupational Therapist Assistants, Kinesiotherapists, Speech Language Pathologists, Audiologists, and other health care professionals who support/care for U.S. active-duty service members, reservists, Coast Guard, Public Health Service, National Guardsmen, military veterans, and their families.

### **Program Overview**

This event will explore the evidence-based practices in primary care through educational content created by military and civilian Subject Matter Experts specializing in bioethics, research, health care, and academia. Each session is designed to refine the quality of care, achieve the best outcomes, and improve population health. The primary focus of this event aims to enhance the quality of patient outcomes and population health by providing advanced continuing education opportunities to improve the practice, skills, and knowledge of health care providers across the Military Health System.

### Program Agenda

Time (ET)	Titles/Speakers	Learning Objectives
	Welcome Remarks	
0800 - 0805	Lolita T. O'Donnell, Ph.D., MSN, RN Former Chief, Executive Skills, Continuing Education & Libraries Division Former Director, Continuing Education Program Office J-7, Defense Health Agency (DHA) Falls Church, Va.	-

Time (ET)	Titles/Speakers	Learning Objectives		
0805 - 0815	<b>Opening Remarks</b> <b>Edna Garcia-Kelley, MPH, BSN, RN</b> Nurse Consultant Health Readiness Support Division/Radiation Safety Defense Public Health Defense Health Agency Falls Church, Va.	-		
	<i>Moderator</i> Navy Cmdr. Karima Ayesh, D.M.D. Director for Dental Services Navy Medicine Readiness and Training Command Sigonella, Italy	-		
0815 – 0915	S01: Slimming Down the Options: A Prescriber's Guide to Antiobesity Medications Brittany L. Howard, PA-C, ASMBS Program Director Bariatric and Metabolic Surgical Services Womack Army Medical Center Fort Liberty, N.C.	<ol> <li>Identify, evaluate, and assess appropriate patients for treatment with antiobesity medications (AOM).</li> <li>Compare and differentiate AOMs used to treat obesity.</li> <li>Educate patients regarding obesity treatment selection.</li> <li>Explain the prior authorization process for AOM.</li> <li>Describe limitations concerning active-duty service members (ADSM) use of AOMs.</li> </ol>		
0915 - 0925	Break			
0925 – 1025	<ul> <li>S02: Multidrug-Resistant Organisms- Threats and Prevention Strategies</li> <li>Army Maj. Benjamin Custer, MD, MPH&amp;TM Chair, Infection Prevention and Control Walter Reed National Military Medical Center Assistant Professor of Medicine Uniformed Services University of the Health Sciences Bethesda, Md.</li> </ul>	<ol> <li>Define multidrug-resistant (MDR) bacteria and its growing threat to healthcare.</li> <li>Explain the mechanisms by which bacteria develop resistance to antibiotics.</li> <li>Identify common MDR pathogens and associated healthcare-associated infections (HAIs).</li> <li>Discuss the factors contributing to the emergence of MDR bacteria.</li> <li>Describe strategies for preventing the spread of MDR bacteria in healthcare settings, including Infection Prevention and Control (IPC) and antibiotic/diagnostic stewardship efforts.</li> <li>Evaluate how the Multidrug-Resistant Organism Repository and Surveillance Network's (MRSN's) analysis and tools can collaborate with local IPCs for MDR centrol</li> </ol>		
1025 - 1035	Break			
1035 - 1135	S03: Biosimilar and Interchangeable Biological Products: An Overview of Scientific Concepts and Practical Resources Sabiha Khan, MD Medical Officer Office of Therapeutic Biologics and Biosimilars Center for Drug Evaluation and Research	<ol> <li>Describe how biologics differ from small molecules (size, complexity, manufacturing) and explain why some biologics cannot be copied exactly.</li> <li>Compare and contrast the development,</li> </ol>		
	U.S. Food and Drug Administration	statutory requirements, and approval		

	Silver Spring, Md.		process for new biologics and for
			biosimilars/interchangeables.
	Sarah Ikenberry, MA	3.	Explain the requirements for generics and
	Associate Director for Stakeholder Outreach and Education		biosimilars/interchangeables.
	Office of Therapeutic Biologic and Biosimilars	1	Identify resources available for health care
	U.S. Food and Drug Administration	4.	identity resources available for fleatin care
	Silver Spring Md		providers to learn more about biosimilar
			and interchangeable products through the
			Purple Book Database of Licensed
			Biological Products and other FDA
			educational resources.
1135 – 1145	Break		
	S04: Artificial Intelligence in Primary Care: From Hype to	1.	Explain the basics of artificial intelligence
	Practical Impact		(AI), machine learning, and generative AI.
		2	Identify and describe ways AI is being used
	Stavan Lin MD	2.	in primary care
	Sleven Lin, WD	_	
1145 – 1245		3.	Summarize key challenges in integrating Al
	Chief, General Primary Care		into healthcare.
	Director, Stanford Healthcare AI Applied Research Team	4.	Discuss the ethical landscape of AI in
	Division of Primary Care and Population Health		clinical settings.
	Stanford University School of Medicine	5.	Develop a plan to integrate AI in clinical
	Stanford, Calif.		practice
1245 - 1345	Break		h
	S05: Practical Application of the VA/DOD Clinical Practice		
	Guideline (CPG) for Tinnitus in Daily Practice		
	Suidenne (Cr S) for fininitus in Duny Fructice		
	LaCuinn D. Sharlack Au D. CCC A		
	Laguinin P. Sheriock, Au.D., CCC-A	1	Differentiate transient ear noise from
	Research Audiologist		tinnitus
	Defense Centers for Public Health – Aberdeen		
	Audiology and Speech Pathology Center	2.	Identify the different types of tinnitus.
1345 - 1445	Walter Reed National Military Medical Center	3.	Describe the clinical pathway for urgent
10.00 1.10	Bethesda, Md.		and nonurgent referrals.
		4.	List common co-occurring conditions.
	Sarah Theodoroff, Ph.D., CCC-A	5	Educate natients about tinnitus (i.e., what
	Interim Associate Director	5.	to say and not to say)
	VA National Center for Rehabilitative Auditory Research		
	Associate Professor, Department of Otolaryngology-		
	Head & Neck Surgery at Oregon Health & Science University		
	Portland, Ore.		
1445 – 1455	Break		
	Administrative Remarks		
	Navy Capt. Harlan Dorey, MD, FAAP		
	Officer in Charge, Navy Medicine Readiness Training		
1455-1500	Unit Bangor		-
	Director of Branch Clinic, Nawy Medicine Readiness and		
	Training Command Bremerton		
	Chair DHA Brimany Caro Clinical Community		
	Chair, DHA Phinary Care Chinical Community		
	Daligut, Mallie		
1500 – 1600	Suc. Ethical Considerations for Wulti-Cancer Early Detection	1.	Summarize the current state of research
	resung		regarding multi-cancer early detection
	Fuis Discheteres, Dk D		(MCED) testing.
	Eric Blackstone, Ph.D.	2	Identify current knowledge gaps and
	Bioethics Research Fellow	<u>∠.</u>	athical issues raised
	Dana-Farber Cancer Institute		etilital Issues I diseu.

Harvard Medical School	3.	Apply ethical principles to decisions about
Boston, Mass.		MCED testing.

This agenda is subject to change.

## **Continuing Education**

This CE/CME activity is provided through the DHA J-7 CEPO and is approved for a total of 6.0 CE/CMEs.

#### **Commercial Support:**

No commercial support was provided for this activity.

#### **Participation Costs:**

There is no cost to participate in this activity.

#### **CE/CME Inquiries:**

For all CE/CME related inquiries, please contact us at: <u>dha.ncr.j7.mbx.cepo-cms-support@health.mil</u>