



Defense Health Agency (DHA) J-7 Education and Training Directorate, Continuing Education Program Office (CEPO)



Leadership



Felicia Truong, EdD, PMP,
DASM
Deputy Division Chief,
Executive Skills, Continuing
Education, and Libraries



Alna Gopez, MSN, BSN,
RNC-OB
Training Specialist, J-7
Education and Training



Emilie Weismiller, PMP
Program Manager



Administrative Support



Hayley Aguayo, MPM
Senior Program Analyst



Jasmine Adams, MPP
Senior Research Analyst

Clinical Subject Matter Experts (SME)



Miesha D. Scott, DSW,
LCSW-C
SME: Social Worker



Jannelle S. Barrow,
MSPT
SME: Physical Therapist



LaDonna S. King, MSOT,
OTR/L
SME: Occupational Therapist



Catherine A. McKiernan,
M.S. CCC-SLP
SME: Speech Language
Pathologist



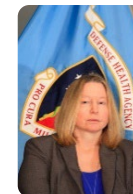
Natalie Regis,
DNP, MSN, RN
SME: Nurse



Jennifer Grey
Buenaventura Abarca,
MSN, RN
SME: Nurse



Jeremy R. Bowman, M.S.
Senior Information Engineer



Melissa A. Campbell, M.Ed.
Information Engineer

Technical Support Team



Interprofessional Continuing Education (IPCE) Meeting

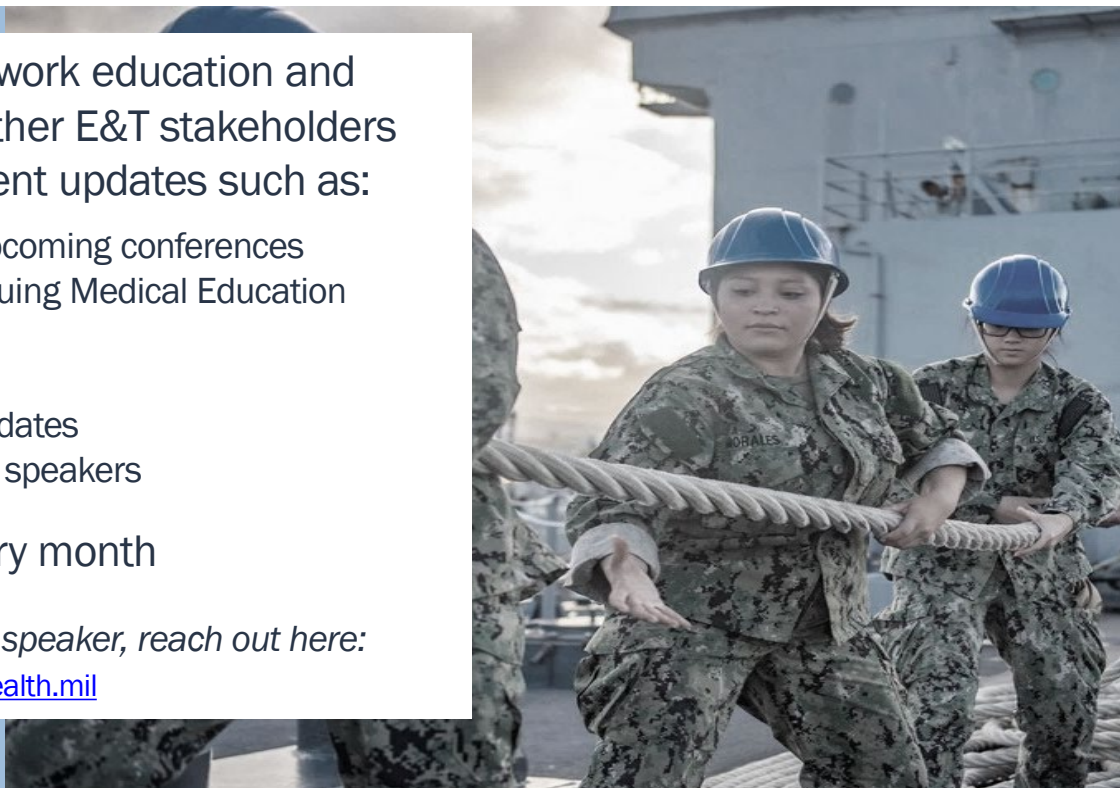
➤ **What:** The CEPO team; network education and training (E&T) leads; and other E&T stakeholders collaborate to discuss current updates such as:

- Accreditation updates and upcoming conferences
- Continuing Education/Continuing Medical Education (CE/CME) events
- CE/CME course metrics
- Veteran Health Agency CE updates
- CE events promoted by guest speakers

➤ **When:** First Monday of every month

If you would like to attend or be a guest speaker, reach out here:

dha.ncr.j7.mbx.continuing-education-office@health.mil




Are you looking to become a CEPO content reviewer?

CEPO is looking for content reviewers in the following professions who will assist with **providing a content review for a variety of Continuing Education (CE)/Counting Medical Education (CME) activities** throughout the year:

If you are interested in volunteering, please send your CV here:

dha.ncr.j7.mbx.continuing-education-office@health.mil



Physicians, Physician Associates, Nurses, Pharmacists/Pharmacy Technicians, Psychologists, Social Workers, Certified Counselors, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Case Managers, Dentists, Dental Assistants, Dental Technicians, Kinesiotherapists, Optometrists, Speech Language Pathologists, Audiologists, Athletic Trainers, Dietitians, Health Informatics Professionals, and Healthcare Executives



Offer CE Credit at your Next Educational Event

The Continuing Education Program Office accredits
CE activities via the CE Activity Application

Education coordinators can submit an application at
<https://www.dhaj7-cepo.com/content/cepo-ce-activity-application>

For more information, please email CEPO at dha.ncr.j7.mbx.cepo-cms-support@health.mil



Clinical Communities Speaker Series (CCSS) Upcoming Activities

The CCSS events are designed to address the professional practice gaps of learners to improve the care that health care professionals deliver. These educational series are intended to achieve results that reflect a change in skills, competence, and performance of the health care team, and patient outcomes.



June 5, 2025



**Primary
Care**



September 25, 2025



**Health
Care
Innovations**



November 6, 2025



**Military-
Specific
Care**

For more information and target audience Email: dha.ncr.j7.mbx.continuing-education-office@health.mil



Stay Connected with CEPO



Email updates

What: CEPO provides CE/CME updates to the Network Education and Training (E&T) Leads

When: 15th of each month

Reach out to your E&T lead for updates!



Need support?

Need support **accessing courses** in the Continuing Education Management System (CMS) or **resetting your password?**

Reach out:

dha.ncr.j7.mbx.cepo-cms-support@health.mil



Stay up to date!

CEPO sends out a **monthly newsletter** that includes updates on **CMS, accreditation guidelines**, and **upcoming CE/CME activities** to name a few



Sign Up for TBICoE's Monthly Email Blasts!

TBI Providers' Brief

The TBICoE Providers' Brief presents information on new and revised TBI clinical recommendations, educational tools, research trends, and other resources that help medical providers evaluate and treat those who have sustained a TBI.

TBI Resources

The TBI Resources provides TBI information and resources for service members, veterans, and their caregivers and families.

Download TBI Resources

https://public.govdelivery.com/accounts/USMHS/subscriber/new?topic_id=USMHS_123

Emails from TBICoE are disseminated monthly via MHS GovDelivery.





September 2024 Clinical Communities Speaker Series Home Study



Revolutionizing Healthcare: Pioneering Innovations and Future Horizons

Topics:

- Opportunities and Challenges of Artificial Intelligence and Natural Language Processing in Healthcare
- The Military Health System Targeted Care Initiative: An Innovation Based Behavioral Health Program
- Risks and Countermeasures for the Musculoskeletal Systems in the Extreme Environment of Aviators and Astronauts
- Unregulated Use of Mobile Applications in Health Research and Medical Documentation: Ethical Considerations and Policy Recommendations
- Enhanced Engagement: The Evolving Relationship between FDA and DoD Regulatory Authorities
- Chronic Multisymptom Illness: Keys to Successful Evaluation and Management of a Challenging Condition



Registration is open!
Closes: 01 July 2025

**Earn up to 6.0
CE/CME credits!**

Register: <https://www.dhaj7-cepo.com/content/2024-sep-ccss-home-study-revolutionizing-healthcare-pioneering-innovations-and-future>

CDERLearn

Training & Education

Continuing Education (CE)

Course Offering
CME/AAPA/CNE/CPE/CPT
Credits

www.FDA.gov/CDERLearn





JOIN THE VA/DOD CPG COMMUNITY OF PRACTICE



CALL SERIES SCHEDULE

Bimonthly on the second Friday of the month

1:00 p.m EST

CPG COP AIM

The CPG CoP aims to share strong practices, increase engagement and use of CPGs, and foster collaborative CPG partnerships across VHA facilities for the improvement of Veteran care and reduction of inappropriate variations in healthcare delivery.

For more information and invite to series: sarah.davis-arnold@va.gov



BRAIN INJURY AWARENESS



HEADS UP

- Hearing and balance injuries are common among service members
- Your hearing can be damaged by blasts, brain trauma, jet fuel, or long-term noise exposure
- You may or may not have hearing loss, so get it checked anyway
- See your doctor or hearing conservation manager for more information





A LIBRARY FOR YOUR HEALTH AND WELLNESS NEEDS



Over 50,000 articles covering more than 60 topics



Your doctor can send you information about your medical care directly to your email



Research your medical conditions and learn ways to stay healthy



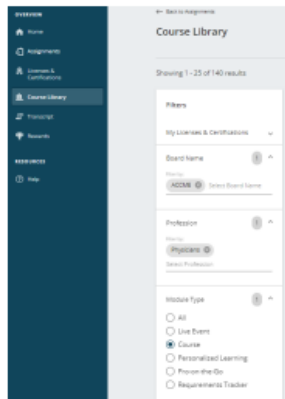
Access VEC from any internet-connected device

Try the VEC today!



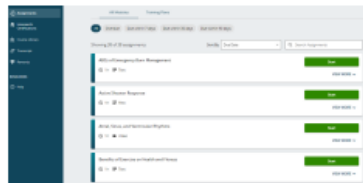
Relias offers free CME courses for your profession!

Step 1. Update your professional license & certification information



Step 2. Go to the Course Library; set filters for your profession and the Preferred CEU or State licensing board name.

For example: ACCME – Accreditation Council for Continuing Medical Education; Physician



3. Enroll in and complete the desired courses

4. When completed, the course will provide a certificate of completion and CE credits from your selected board that you can email or download.

Possible courses include:

Advance Care Planning: The National POLST	0.5 CME
Crisis Management for Healthcare Professionals	0.5 CME
Treatment of Rattlesnake Bites	0.5 CME
Economic Stability as a Social Determinant of Health	0.5 CME
Emergency Burn Management	1 CME
Thoracentesis Principles	1 CME
Diabetic Foot Ulcers	1 CME
Risk Factors and Treatment Options for Bladder Cancer	1 CME
Heart Blocks, Junctional Rhythms, and STEMI	1 CME
Healthcare Fraud: What You Need to Know	1 CME
Payer Perspective: Comorbidity Management	1 CME
Acute Stroke: Understanding and Using the NIHSS	1.25 CME
Managing Mechanical Ventilation	1.25 CME
Moderate Sedation Practices	1.25 CME
Managing Peripheral Artery Disease	1.25 CME
Recognizing Misuse or Abuse of Controlled Substances	1.25 CME
Understanding Chemistry Lab Values	1.25 CME
Management of Generalized Anxiety and Related Disorders	1.25 CME
Pediatric Pain Management: Treatment	1.5 CME
Controlled Substances: Drug Diversion, SUD, and Pain Management	3.75 CME

And don't forget to download the Relias app on your phone and enroll in the courses you want to take!



Once you have logged into the app, it will take you to your enrolled courses. You can complete them anywhere, anytime! It will even allow you to email your CME certificates to your health.mil account!



Join the Lifestyle and Performance Medicine (L&PM) Coalition of the Interested



Step 1:

**JOIN THE L&PM
COI and the
Distro list:**



<https://forms.gle/ATCPWEcobKyWJSs48>

(Note that this Google Forms site may have to be accessed from a personal device)

Step 2:



**Create free ACLM
account:**



<https://lifestylemedicine.org/>

(Note that creating a free ACLM account does not require purchase of an ACLM membership and allows complimentary access to resources including our Military L&PM Community)

Step 3:

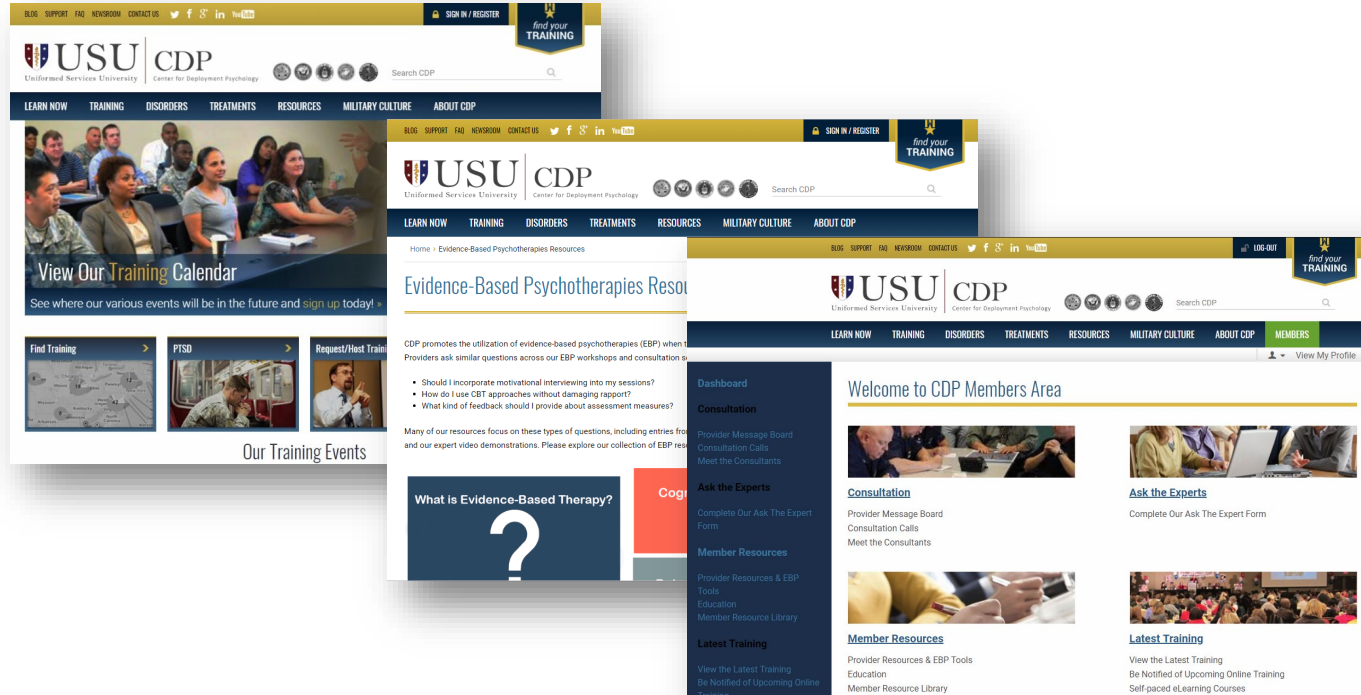
**Request to join Military
Lifestyle & Performance
Medicine Community in
ACLM Connect:**



<https://connect.lifestylemedicine.org/home>



Join **THOUSANDS** of military behavioral health professionals in CDP's **Community of Practice**



www.deploymentpsych.org



IMMERSE

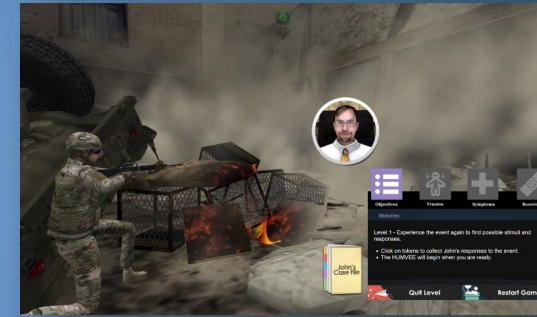
Yourself in a Learning

EXPERIENCE

Second to None



tinyurl.com/cdpvirtual



PRACTICAL FOR YOUR PRACTICE



 **USU**
Uniformed Services University

CDP
Center for Deployment Psychology

CDP's Official PODCAST NOW STREAMING!

New Episodes
Every Two Weeks

deploymentpsych.org/CDP-Podcasts



Spotify®



Music

Deployment-Related Topics

Guest Speakers

Free CEs



Attendee Testimonials

“

Thank you for an excellent presentation and great management of the tech side. These are better CE presentations than most--very high standard and I look forward to them every time.

”

“

The training was well-organized, clear, and engaging. One of the best Zoom trainings I have attended. I enjoyed the polls and questions asked in Chat so we could participate and get more out of the training. I learned tools that I can apply right away.

”

“

Every CDP [webinar] experience has been wonderful, professional, enlightening and productive. It leaves me with something new to support others better.

”



CDP PRESENTS
MONTHLY WEBINAR SERIES

<http://deploymentpsych.org/webinars>



DOD CHILD COLLABORATION STUDY ASYNCHRONOUS TRAININGS

Fully Online Learning



Earn Free ASWB & APA CEs



Build Essential Skills



Designed for professionals working
with Military Youth and Families



deploymentpsych.org/DoDKidsStudy



DHA, J-7, HIV Pre-exposure Prophylaxis for the Primary Care Manager



Computer Based Training (CBT) JKO DHA-US1318

Overview

This computer-based training/course will address “HIV Pre-exposure prophylaxis for the Primary Care Manager”

Learning Objectives:

1. Apply DHA-Procedural Instruction (PI) 6025.29 requirements and updated 2021 Centers for Disease Control & Prevention/U.S. Public Health Service Clinical Practice Guidelines recommendations.
2. Outline how to prescribe medication regimens that are proven safe and effective for HIV-negative patients who meet recommended screening criteria for PrEP initiation to reduce their risk of HIV acquisition.
3. Educate providers about HIV PrEP medications, side effects, contraindications, and Food & Drug Administration-approved regimens to maximize safe use.
4. Identify techniques to provide support for medication adherence to help patients achieve and maintain protective levels of medication in their bodies.
5. Describe HIV risk reduction techniques, prevention services, and/or infectious diseases specialist referral resources.
6. Identify recommended schedule for monitoring patients to detect HIV infection, medication toxicities, and levels of risk behavior to make indicated changes in strategies to support patients' long-term health.

Target Audience

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Pharmacists/Pharmacy Technicians (ACPE) • And other health care professionals

This Continuing Education (CE)/Continuing medical Education (CME) activities is provided through DHA, J-7, CEPO and is approved for 1.0 CE/CME credit.

To register, participate and complete the posttest and evaluation, please visit the following link: <https://www.dhaj7-cepo.com/content/jko-dha-us1318-human-immunodeficiency-virus-hiv-pre-exposure-prophylaxis-prep-primary-care>

You have 14 days after the program to complete the posttest and evaluation to earn your CE certificate.

For more information, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil

Participation Costs:

There is no cost to participate in this activity.

Cancellation Policy:

You will be notified via email if the activity is cancelled.

Commercial Support:

There is no known commercial support for this activity.



Ready Reliable Care: DHA's Journey to High Reliability

Overview

This activity will be available on JKO (DHA US1216) for all DHA personnel. The DHA's efforts to become a high reliability organization has led to the creation of the Ready Reliable Care model, which adopts the application of Domains of Change and Principles.

Accredited
through October
9, 2025

Learning Objectives

1. Define the goal of high reliability and its impact on health care
2. Explain the concepts of Ready Reliable Care (RRC) and a High Reliability Organization (HRO)
3. Recall the Domains of Change and Principles of RRC
4. Describe examples of RRC Domains of Change and Principles

Target Audience

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Psychologists (APA) • Pharmacists/Pharmacy Technicians (ACPE) • Social Workers (ASWB) • Healthcare executives (ACHE) • And other Defense Health Agency health care professionals earn a certificate of attendance

This Continuing Education (CE)/Continuing Medical Education (CME) activity is provided through DHA, J-7, CEPO and is approved for 1.00 CE/CME credit.

To register, participate and complete the posttest and evaluation, please visit the following link: <https://www.dhaj7-cepo.com/content/jko-ready-reliable-care-dhas-journey-high-reliability>

You must complete the posttest and evaluation to earn your CE/CME certificate.

For more information, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil

Participation Costs:

There is no cost to participate in this activity.

Cancellation Policy:

You will be notified via email if the activity is cancelled.

Commercial Support:

There is no known commercial support for this activity.



National Capital Region Pain Initiative Trainings

1) Monthly Case Based Webinars:

- Addiction (1st Tuesday noon)
- Functional Medicine (1st Tuesday of the month at 1500)
- Acupuncture/ Integrative Medicine (1st Wednesday noon)
- Pain (1st Thursday noon)

2) Applied Functional Medicine in Clinical Practice-Phase 1 & 2 (Partnering with the Institute for Functional Medicine)-Applications Fall 2024 for Spring 2025

3) Osteopathic Manipulation- Partnering with Dr. Jay Sandweiss April 29-30, 2025

4) Pain Care Skills Training and Substance Use Disorder Symposium recordings available www.ncrpi.org

5) Tele-Pain Services virtual pain clinic available for all beneficiaries

*To be added to the interested list for any of these opportunities please email DHA NSA Bethesda J-11 Mailbox NCRPI Trainings: dha.bethesda.j-11.mbx.ncrpi-trainings@health.mil

For more information contact
Amy.j.osik.ctr@health.mil





VHA WHOLE HEALTH COACHING

The virtual Whole Health Coaching course integrates principles of change theory and practice to support Veterans in realizing their health potential.

TIME COMMITMENT:

Pre-Course Orientation - 1 hr
Session 1 - 25 hrs
Between session Triad Calls - 6 hrs
Session 2 - 24 hrs
Asynchronous Learning - 5 hrs
Session 3 - 25 hrs
Post-Course Triad Calls - 6 hrs
Asynchronous Learning - 15 hrs

COURSE FORMAT:



Virtual learning (Zoom)
Class discussion
WH coaching practice
Skills practice
Small groups

*Daily tech support will be available

COURSE ACCREDITATION:



NBHCW

Participants wishing to receive CEUs and a certificate of completion required for their application for NBC-HWC certification must attend all three weeks of training (75 hrs), all 12 hours of triad practices, and all 20 hours of asynchronous training.

LEAVE WITH THE SKILLS TO:

- Assist the Veteran in developing a personalized health plan that is based on what matters most to the Veteran; the plan is based on the Veteran's own goals, values, preferences, and lifestyle. The agenda is the Veteran's.
- Partner with the Veteran with proactively taking action toward behavior change that is present and future-oriented.
- Recognize that health is much broader than the absence of disease. The emphasis is on health enhancement/strengths rather than disorders/weaknesses.
- Support the Veteran in achieving their standard of optimal health that takes into account the mental, physical, and social well-being of the Veteran.

Register [HERE](#)

For more information, contact:
opcceducationteam@va.gov

Veterans Integration to Academic Leadership (VITAL) What to Expect From Your VA VITAL Service



U.S. Department
of Veterans Affairs

The mission of VITAL is to provide world-class healthcare to improve the overall mental health of Veterans while supporting their successful integration into college and university campuses through seamless access to VA healthcare services and on-campus clinical counseling. VITAL provides care coordination and promotes positive cohesion between Veterans and the entire learning community through campus and community education and training.

ELIGIBILITY

- Veterans who meet VHA eligibility criteria for healthcare services are eligible to receive VITAL services

CLINICAL SERVICES

- Seamless access to VA healthcare services and on-campus clinical counseling;
- Provide evidence based on-campus mental health counseling by a licensed mental health provider
- Facilitate on-campus enrollment into VA programs
- Develop individualized treatment plans and education goals with Veterans to improve successful academic and social integration
- Collaborate with existing campus mental health providers or counseling centers

CARE COORDINATION SERVICES

- Provide efficient care coordination of all available services;
- Connect Veterans with VA, campus and community resources and assist them in navigating those services to support their educational success and overall wellness.
- Educate student Veterans on benefits available to them

EDUCATION AND TRAINING SERVICES

- Promote positive cohesion between Veterans and the entire learning community through campus and community clinical education and training;
- Provide educational trainings on military culture and specific mental health topics such as PTSD, anxiety, etc., to increase awareness about student Veterans needs and strengths



For more information and a listing of VITAL program sites visit the VA College Toolkit:

<https://www.mentalhealth.va.gov/student-veteran/>

What Audiologists do to Keep You **Healthy**



- Conduct hearing exams
- Fit you with hearing protectors
- Provide hearing education & training
- Assess & treat hearing issues
- Provide consultation on noise-hazardous areas
- Monitor your hearing health

AUDIOLOGY AWARENESS

Defense Health Agency

Virtual Medical Library (VML)

The MHS Medical Library (MML)
is now the **VML**

"New Year, New Name."

The **VML** provides access to high-quality, evidence-based medical, nursing, and allied health information resources to MHS personnel.

RESOURCES

- Online Journals
- Online Books
- Databases
- Free Continuing Education
- Mobile Apps



Visit the **VML** website using the desktop icon (pictured above) or the QR code below for more information:





February 2025 Clinical Communities Speaker Series Home Study

Improving Health and Building Readiness: The Future of Women's Health

Topics:

- *Expanding Access to Care: Updates to the Supplemental Health Care Program and the Assisted Reproductive Technology (ART) Policy*
- *Ethics Issues in Reproductive Health: Current Considerations and Emerging Concerns*
- *Hormone Therapy Unlocked: Overcoming Barriers to Better Care*



**Registration is open until
31 December 2025**

**Earn up to 3.5
CE/CME credits!**

Register here:

[https://www.dhaj7-
cepo.com/content/2025-feb-ccss-hs](https://www.dhaj7-cepo.com/content/2025-feb-ccss-hs)



BRAIN INJURY AWARENESS



HEAD INJURY?

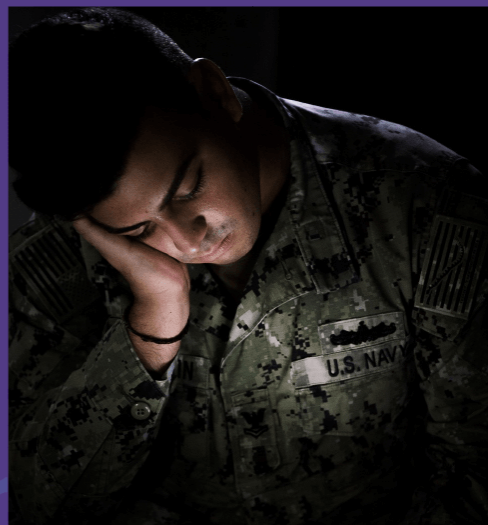
Seek medical help if you have these warning signs:

HEARING

- Dizziness
- Ringing, buzzing or other sounds in your ears or head
- Trouble hearing words in noisy environments

VISION

- Dizziness
- Blurry or double vision
- Trouble reading
- Flashes and/or floaters



We have eGuidelines+

A Better Way to Access AORN Guidelines



Get access to resources to support patient safety and quality outcomes including:

- AORN Guidelines for Perioperative Practice
- Evidence-based recommendations
- Clinical checklists
- Templates
- Competency verification tools
- Audit tools
- And more

<https://aornguidelines.org/>



Health Care Providers: Complete the Airborne Hazards and Open Burn Pit Registry Training

Learn about airborne hazards exposures, the registry, and how to conduct registry medical evaluations

Visit Joint Knowledge Online at <https://jkodirect.jten.mil> and search for **DHA-US035 Airborne Hazards and Open Burn Pit Registry Overview**

Continuing education credit available

Photo courtesy of DVIDS
by Sgt. Mike MacLeod

For more information about the registry, visit Health.mil/AHBurnPitRegistry.



DHA Brandon Act Training for Healthcare Providers and Clinicians

JKO Training DHA-US1351 (1 hr)

Required for:

- Behavioral Health providers and clinicians, including PCBH Consultants and BH Technicians.
- Other healthcare providers who may conduct Mental Health Evaluations (e.g., Primary Care Managers)

Recommended for:

- BH Clinic admin staff (including appointing staff)



Link to training:

https://jkosupport.jten.mil/html/COI.xhtml?course_prefix=DHA&course_number=-US1351

Brandon Act Fact Sheet, implementation, and FAQ: Health.mil:

<https://www.health.mil/Military-Health-Topics/Mental-Health/Brandon-Act>

Providers and Clinicians will:

- *Understand the Brandon Act and related guidance*
- *Differentiate among Mental Health Evaluation (MHE) Types*
- *Describe the pathways for SMs to obtain MHEs*
- *Summarize the process for scheduling and performing Self-Initiated Referrals under the Brandon act*

Suicide Risk Care Pathway in the DHA

JKO Training

For Behavioral Health Specialty Care Providers: (1 hr)

DHA-US1212: Suicide Risk Care Pathway in the Defense Health Agency
(Behavioral Health Specialty Care)

For Providers in All Other Health Care Settings (1 hr):

DHA-US1214: Suicide Risk Care Pathway in the Defense Health Agency
(All Health Care Settings Other Than Behavioral Health Specialty Care)

Note: Those required to complete the training include (1) Licensed Independent Practitioners (LIPs); and (2) any supporting healthcare staff working under the licensure of an LIP (i.e., under the supervision of a healthcare provider).

Link to JKO Login: <https://jkodirect.iten.mil>

Link to Additional resources:

<https://info.health.mil/sites/hro/CMT/BH/SPI/SitePages/Home.aspx>



PRODUCED BY THE DEFENSE HEALTH AGENCY

*Meets Mandatory Training Requirements
of*

*DHA-AI 6025.06 Suicide Risk Care Pathway for Adult
Patients in the Defense Health Agency*



NOW AVAILABLE!

Warfighter Brain Health Provider Toolkit App

CLICK THIS LINK
OR SCAN QR CODE
TO DOWNLOAD



Central location for provider resources



Automates the MACE 2



Accessible Offline



Compatible with both
Android and iOS devices





Acute Concussion Care Pathway Training



Military Acute Concussion Evaluation 2 and Progressive Return to Activity Training

2025 Schedule

July 17
1 to 3 p.m. ET

October 16
1 to 3 p.m. ET

2 hours CE/CME credits offered

For more information on the above events, visit health.mil/ACCPathwayTraining.

For any questions, please email: dha.TBICoEDissemination@health.mil



TBICoE 2025 Quarterly Education Series

June 12
1–3 p.m. ET

Innovations In TBI Management
2 CE/CME Credits pending

September 19
12–2 p.m. ET

Operational Advancements in Warfighter Brain Health
2 CE/CME Credits pending

November 13
2–4 p.m. ET

Insights into the Pathophysiology of TBI
2 CE/CME Credits pending

For more information or to request calendar invites for any of the above events,
please email: dha.TBICoEDissemination@health.mil



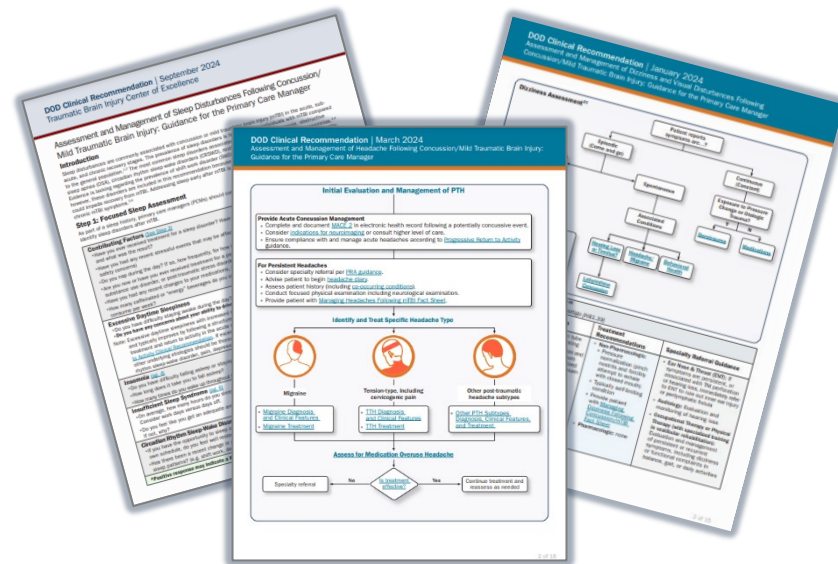
TBICoE Clinical Recommendation Trainings

Assessment of Dizziness & Visual Disturbances Following Concussion*

Management of Sleep Disturbances Following Concussion*

Neuroimaging Following Concussion

Management of Headache Following Concussion for Non-Primary Care Managers*



*CE/CME credits offered

For training dates and times on the above events, visit health.mil/tbicoeevents

For any questions or to schedule alternative dates, please email: dha.TBICoEDissemination@health.mil



October 2024 Clinical Communities Speaker Series Home Study

Fostering Quality and Excellence in Military-Specific Care

Topics:

- The Department of Defense's (DOD) Warfighter Brain Health Initiative: Maximizing Performance On and Off the Battlefield
- Advancing Healthy Sleep in the Military: Spanning the Field to the Clinic
- Exploring Ethical Considerations for Artificial Intelligence in Military Medicine
- Moral Injury: Addressing the Invisible Wounds through Assessment and Treatment
- Substance Abuse and Mental Health Services Administration's (SAMSHA) Perspective on Integrated Care and Its Implications to Clinical Practice
- Enhancing Temporomandibular Disorder and Comorbidity Care in the Military Health System



Registration is open!
Closes: 30 October 2025

**Earn up to 6.0
CE/CME credits!**

Register here: <https://www.dhaj7-cepo.com/content/2024-oct-ccss-home-study>

OPIOID PRESCRIBER SAFETY TRAINING (OPST)

Email questions to:
dha.ncr.j7.mbx.continuing-education-office@health.mil



Background	This 3-hour program is an updated version of the 2020 Defense Health Agency (DHA) OPST course integrating the latest guidelines, policies, and issuances related to DHA safe opioid prescribing, substance use disorders, and pain management. The training was designed by DHA subject matter experts to better equip DHA providers and staff with the skills to improve patient outcomes for safe opioid prescribing, substance use disorders, and pain management.
Complete	Complete the course (DHA -USI I76-DHA Opioid Prescriber Safety Training) on Joint Knowledge Online (JKO) https://jkodirect.jten.mil
Obtain CE/CME	Use the “How to Obtain CE/CME” information at the end of the course in JKO (also included in the JKO course’s graduation email), to visit https://www.dhaj7-cepo.com/ to acquire 3.0 CE/CMEs
Target Audience	This activity provides continuing education credit for physicians, nurses, physician assistants, pharmacists, pharmacy technicians, and dentists. A certificate of attendance is also available for other attendees.



UPDATED BIOSIMILAR EDUCATIONAL RESOURCES

NOW AVAILABLE FROM THE
**U.S. FOOD AND DRUG
ADMINISTRATION**

- ▶ [Overview for Healthcare Professionals](#)
- ▶ [Curriculum Materials for Healthcare Programs](#)
- ▶ [Multimedia Education Materials](#)
- ▶ [Continuing Education Resources on Medscape](#)



Celebrating the DHA's

awesome staff

check out the Employee Hub on the new dha.mil

Lifestyle Medicine and Food As Medicine ESSENTIALS Course

This online course provides a foundational, evidence-based introduction to the field, focusing on nutrition education for the prevention and treatment of chronic disease.

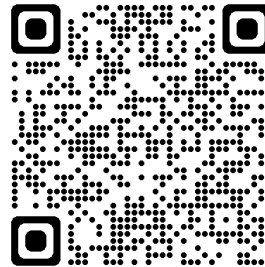
- Introduction to Lifestyle Medicine module (1 hour)
- Food as Medicine: Nutrition for Prevention and Longevity module (3 hours)
- Food as Medicine: Nutrition for Treatment and Risk Reduction module (1.5 hours)

Non-member price: \$220 – FREE with code

www.lifestylemedicine.org/essentials

Code: ESS-DOD2025

AVAILABLE THROUGH SEPT 2025*****



CME Credits
5.5 AMA PRA
Category 1 Credit™





**2025
FAST**

A Premier Virtual Event

June 10th-12th

Participate from Any Location

Engaging Live Q&A Chats and Interactive Sessions

Federal Advanced Skills Training

**Extremity Trauma and Amputation Center of Excellence
Proudly Presents:**

**Holistic Healing: Integrating Physical and
Psychological Care in Limb Trauma**

REGISTER NOW

Scan QR for more information



Discover the power of Holistic Healing:
Integrating Physical and Psychological
Care in Limb Trauma at FAST 2025!

Don't miss our expert speakers
and enlightening sessions.



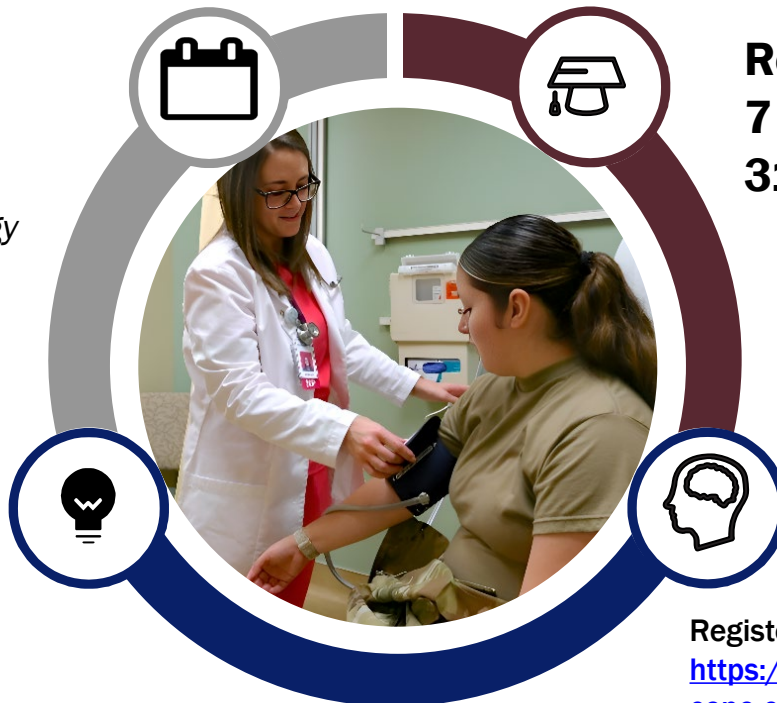


February 2025 Clinical Communities Speaker Series Home Study

Improving Health and Building Readiness: The Future of Women's Health

Topics:

- *Expanding Access to Care: Updates to the Supplemental Health Care Program and the Assisted Reproductive Technology (ART) Policy*
- *Ethics Issues in Reproductive Health: Current Considerations and Emerging Concerns*
- *Hormone Therapy Unlocked: Overcoming Barriers to Better Care*



**Registration will be open
7 April 2025 –
31 December 2025**

**Earn up to 3.5
CE/CME credits!**

Register here:

[https://www.dhaj7-
cepo.com/content/2025-feb-ccss-hs](https://www.dhaj7-cepo.com/content/2025-feb-ccss-hs)

DEFENSE MEDICAL MODELING AND SIMULATION OFFICE (DMMSO)

WHAT IS DMMSO?

- ▶ DMMSO provides the DoD and other stakeholders with shared, complementary, and supportive Medical Modeling and Simulation (MM&S) business line services

WHAT DO WE DO?

- ▶ Manage shared service MM&S capabilities and solutions to support medical education and training
- ▶ Support the development, management, and integration of requirements, capabilities, and systems for MM&S in health care operations
- ▶ Promote the use of MM&S across the Department
- ▶ Improve medical readiness, survivability, quality of care, patient safety, and efficiency



COL Maria Molina

Chief, Medical Modernization & Simulation Division (J-7),
DHA



Falls Church, Virginia

703-681-6305

NEED SIMULATION SUPPORT? HAVE QUESTIONS?
CONTACT US



Virtual Education Center (VEC)



Program Description

- The VEC provides an **easy and efficient way to upload, publish, and manage patient education resources**. Within minutes it can be searchable by patients and providers alike.
- Patient education resources in the VEC are DHA-approved, promoting **consistency & standardization** across sites.
- The VEC enables providers to access and distribute a **massive number of patient-facing resources** directly from the point of care.
- Detailed analytics** will enable DHA leadership to track patient engagement and provider utilization, enabling more efficient allocation of resources and attention.

Very high engagement rates (up to ~70% engagement rate)

Functional Benefits

- Bring vetted, standardized educational services to the patient, resulting in improved health outcomes.
- Enhance medical outcomes through patient empowerment and engagement. Improve the patient experience and "Patient Perception of General Health."

Key Capabilities

- 50,000+ vetted educational materials
- Custom content creation
- Create, upload, save, manage and share content
- Dashboard analytics (Content utilization by users, content type, & region)
- MHS GENESIS integration
- DHA Texting Solution (DHATS) – texting capability



To access VEC, visit
<https://vec.health.mil>

Any Questions and/or feedback
email: dha.ncr.education-trng.mbx.virtual-education-center@health.mil



Multiple Options for Communication/Education



PROVIDER TO PATIENT



QR CODE GENERATION FOR THE PHYSICAL ENVIRONMENT



HEALTH LITERACY CAMPAIGNS (Mass Distribution)



INDEPENDENT PATIENT SEARCHES





April 2025 Clinical Communities Speaker Series Home Study

Cultivating the Wellbeing of Our Military Children, Youth, and Families

Topics:

- *Decision-Making for Pediatric Patients: When Clinicians and Parents Disagree*
- *Supporting Military Families During the Transition to Civilian Life*
- *Supporting Military Parents in Pediatric Clinics: A 6-Step Field Guide to Meet the Mission*
- *A Shared Mission: Collaborative Strategies for Supporting Military Children with Special Needs*
- *Safeguarding the Future: Pediatric Vaccination in the Military Health System*
- *Trauma Informed Parenting for Veterans and Service Members with PTSD*



**Registration will open on
10 June 2025**

**Earn up to 6.0
CE/CME credits!**

Email us for more information:

dha.ncr.j7.mbx.continuing-education-office@health.mil