## Defense Health Agency (DHA), J-7 (Education & Training Directorate), Continuing Education Program Office (CEPO)

### Leadership



Lolita T. O'Donnell, PhD, MSN, RN Division Chief, Leadership, Education, Analysis, Development, Sustainment (LEADS), Academic Superintendent



Emilie Weismiller, PMP Program Manager

### **Administrative Support**



Hayley Aguayo, MPM Senior Program Analyst



Jasmine Adams, MPP Senior Research Analyst

### **Clinical Subject Matter Experts (SME)**



Miesha D. Scott, DSW, LCSW-C SME: Social Worker



Jannelle S. Barrow, MSPT SME: Physical Therapist



LaDonna S. King, MSOT, OTR/L SME: Occupational Therapist



Maria Cecilia Reyes MAN, BSN, RN SME: Nurse



Catherine A. McKiernan, M.S. CCC-SLP SME: Speech Language



Mickaelle Germain, MSN/FNP, M.Div, MPH, BSN SME: Nurse

### **Technical Support Team**



Jeremy R. Bowman, M.S. Senior Information Engineer



Melissa A. Campbell, M.Ed. Information Engineer



### Interprofessional Continuing Education (IPCE) Meeting

- What: Network Education and Training (E&T) Leads and other E&T Points of Contact share current updates such as:
  - Accreditation updates/upcoming conferences
  - Continuing Education/Continuing Medical Education (CE/CME) events
  - CE/CME course metrics
  - Veteran Health Agency (VHA) CE updates
  - CE events promoted by guest speakers
- **When:** First Monday of every month

If you would like to be a guest speaker, reach out here: dha.ncr.j7.mbx.continuing-education-office@health.mil







### **How to Obtain CE/CME Credits**

Please visit www.dhaj7-cepo.com and complete the following steps to obtain CE/CME credit:

Login with your username and password or register

Search for your course using the Catalog, Calendar, or Find a course search tool

Click on the Register/Take Course tab







### **Post Test Instructions**

Follow onscreen prompts to complete post-activity assessments

Receive an 80% or above on the posttest

Print your certificate and transcripts

For support, email <a href="mailto:dha.ncr.j7.mbx.cepo-cms-support@health.mil">dha.ncr.j7.mbx.cepo-cms-support@health.mil</a>



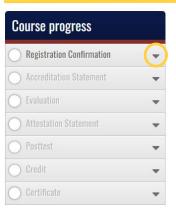


### **How to Complete a Course**

### After you register for a course and click the "Take Course" button, a "Course progress" menu will appear



- Advance through the "Course Progress" menu steps in sequence, from top to bottom, to complete the course requirements.
- At the "Credit" step, select your CE/CME credit type(s).
- At the "Certificate" step, access and download your CE/CME certificate.



1. To begin an activity, click the menu button's down arrow.



2. Then, click on the newly revealed "Start" button.

Once an activity is complete, the "Start" button is replaced by a "Review" button, and the next menu step becomes activated.



3. Click the next steps down arrow to begin the next activity.

For support, email <a href="mailto:dha.ncr.j7.mbx.cepo-cms-support@health.mil">dha.ncr.j7.mbx.cepo-cms-support@health.mil</a>





## Are you looking to become a CEPO content reviewer?

CEPO is looking for content reviewers in the following professions who will assist with providing a content review for a variety of Continuing Education (CE)/Counting Medical Education (CME) activities throughout the year:

If you are interested in volunteering, please send your CV here:

dha.ncr.j7.mbx.continuing-educationoffice@health.mil



Physicians, Physician Associates, Nurses, Pharmacists/Pharmacy
Technicians, Psychologists, Social Workers, Certified Counselors,
Occupational Therapists, Occupational Therapy Assistants, Physical
Therapists, Physical Therapist Assistants, Case Managers, Dentists,
Dental Assistants, Dental Technicians, Kinesiotherapists, Optometrists,
Speech Language Pathologists, Audiologists, Athletic Trainers, Dietitians,
Health Informatics Professionals, and Healthcare Executives





### **CE Activity Application**

The Continuing Education Program Office (CEPO) has released the CE Activity Application on the CE Management System (CMS)

Submit your CE Activity Application

Create CE Activity Application

https://www.dhaj7-cepo.com/content/cepo-ceactivity-application Need Help?

Watch the CE Activity Application Getting Started Tutorial

https://www.dhaj7-cepo.com/system/files/LMS\_Tutorial\_V4.0.pdf

For more information, please contact CEPO here: dha.ncr.j7.mbx.cepo-cms-support@health.mil





### **Clinical Communities Speaker Series (CCSS) Upcoming Activities**

The CCSS events are designed to address the professional practice gaps of learners to improve the care that health care professionals deliver. These educational series are intended to achieve results that reflect a **change in skills, competence, and performance** of the health care team, and patient outcomes.











February 20, 2025







November 6, 2025





Military Children and Youth



Primary Care



Health Care **Innovations** 



**Military** Specific Care

For more information and target audience Email: dha.ncr.j7.mbx.continuing-education-office@health.mil





### **Stay Connected with CEPO**



month

### **Email updates**

What: CEPO provides
CE/CME updates to the
Network Education and
Training (E&T) Leads
When: 15<sup>th</sup> of each

Reach out to your E&T lead for updates!



### **Need support?**

Need support accessing courses in the Continuing Education Management System (CMS) or resetting your password?

Reach out:

<u>dha.ncr.j7.mbx.cepo-cms-</u> support@health.mil



### Stay up to date!

CEPO sends out a monthly newsletter that includes updates on CMS, accreditation guidelines, and upcoming CE/CME activities to name a few





### Sign Up for TBICoE's Monthly Email Blasts!

### **TBI Providers' Brief**

The TBICoE Providers' Brief presents information on new and revised TBI clinical recommendations, educational tools, research trends, and other resources that help medical providers evaluate and treat those who have sustained a TBI.

### **TBI Resources**

The TBI Resources provides TBI information and resources for service members, veterans, and their caregivers and families.

**Download TBI Resources** 

https://public.govdelivery.com/ac counts/USMHS/subscriber/new?t opic id=USMHS 123

Emails from TBICoE are disseminated monthly via MHS GovDelivery.





## September 2024 Clinical Communities Speaker Series Home Study

Revolutionizing Healthcare: Pioneering Innovations and Future Horizons

### **Topics:**

- Opportunities and Challenges of Artificial Intelligence and Natural Language Processing in Healthcare
- The Military Health System Targeted Care Initiative: An Innovation Based Behavioral Health Program
- Risks and Countermeasures for the Musculoskeletal Systems in the Extreme Environment of Aviators and Astronauts
- Unregulated Use of Mobile Applications in Health Research and Medical Documentation: Ethical Considerations and Policy Recommendations
- Enhanced Engagement: The Evolving Relationship between FDA and DoD Regulatory Authorities
- Chronic Multisymptom Illness: Keys to Successful Evaluation and Management of a Challenging Condition



Opens: 28 October 2024

**Closes: 01 July 2025** 

Earn up to 6.0 CE/CME credits!

Email our team to learn more:

<u>dha.ncr.j7.mbx.continuing-education-office@health.mil</u>



## CDERLearn Training & Education

# Continuing Education (CE)

Course Offering
CME/AAPA/CNE/CPE/CPT
Credits

www.FDA.gov/CDERLearn



### **Combating Trafficking in Persons (CTIP) Healthcare**

### and Human Trafficking

Computer Based Training (CBT)

CTIP-HC-US016

Accredited through April 7, 2025

### **Overview**

Healthcare providers are often the first point of contact for victims of human trafficking. They must be able to identify the signs and indicators of human trafficking in a DoD hospital or healthcare setting and respond effectively. This specialized training addresses issues not found in general trainings on human trafficking. At completions of the course content on JKO, the learner will view the **How to Obtain CE Slide** with steps to register and complete the CE/CME requirements.

### Faculty:

**DoD Combating Trafficking in Persons** (CTIP) Program Management Office - has no financial/nonfinancial disclosures

### Register here:

https://www.dhaj7-cepo.com/content/jko-ctip-hc-us016-combating-trafficking-persons-dha-healthcare-providers

### Learning Objectives:

- Describe what constitutes human trafficking in the United States, and more particularly in the U.S. Department of Defense
- 2. Understand the general health implications of human trafficking
- Identify signs and indicators of human trafficking, especially in the context of the Department of Defense DHA facilities
- 4. Utilize a trauma-informed, victim-centered, multi-disciplinary approach
- 5. Deliver appropriate services to trafficking victims and survivors
- Discuss emerging issues in health and human trafficking including mandatory reporting, electronic record-keeping, and the new ICD codes for sex trafficking and labor trafficking

### **Target Audience**

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Optometry (ARBO/COPE) • Dental professionals (ADA) • Psychology (APA) • Social Workers • Pharmacists/Pharmacy Technicians (ACPE) • Healthcare Executives (ACHE) • And other health care professionals

This Continuing Education (CE)/Continuing medical Education (CME) activities is provided through DHA, J-7, CEPO and is approved for 1.0 CE/CME credit.

To register, participate and complete the posttest and evaluation, please visit the following link:

You have 14 days after the program to complete the posttest and evaluation to earn your CE certificate.

For more information, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil

Participation Costs:

There is no cost to participate in this activity.

Cancellation Policy:

You will be notified via email if the activity is cancelled.

**Commercial Support:** 

There is no known commercial support for this activity.





### May 2024 Clinical Communities Speaker Series Home Study

### Bridging Gaps and Building Resilience in Primary Care

### **Topics:**

- Application of Healthcare Ethics: Consults, Cases, & Choices
- Naltrexone Injection for Opioid Use Disorder: FDA's Efforts to Reduce Medication Errors
- Motivational and Trauma-Informed Strategies to End Intimate Partner Violence in Service Members and Veterans
- Primary Care Behavioral Health:
   Program Overview and Best Practices
- Managing Musculoskeletal Injuries: Lessons Learned from the Air Force's Special Warfare Human Performance Support Group
- Brief Behavioral Treatment for Insomnia (BBTI): Evidence-Based Practices for Improved Sleep in the Military



**Open Now!** 

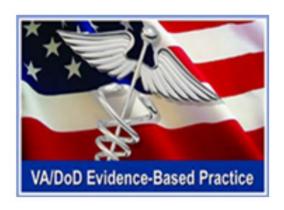
Closes: 1 April 2025

Earn up to 6.0 CE/CME credits!

Register: <a href="https://www.dhaj7-cepo.com/content/2024-may-ccss-home-study-bridging-gaps-and-building-resilience-primary-care">https://www.dhaj7-cepo.com/content/2024-may-ccss-home-study-bridging-gaps-and-building-resilience-primary-care</a>







# JOIN THE VA/DOD CPG COMMUNITY OF PRACTICE



### **CALL SERIES SCHEDULE**

Bimonthly on the second Friday of the month 1:00 p.m EST

### CPG COP AIM

The CPG CoP aims to share strong practices, increase engagement and use of CPGs, and foster collaborative CPG partnerships across VHA facilities for the improvement of Veteran care and reduction of inappropriate variations in healthcare delivery.

For more information and invite to series: sarah.davis-arnold@va.gov

### BRAIN INJURY AWARENESS



### **HEADS UP**

- Hearing and balance injuries are common among service members
- Your hearing can be damaged by blasts, brain trauma, jet fuel, or long-term noise exposure
- You may or may not have hearing loss, so get it checked anyway
- See your doctor or hearing conservation manager for more information







### A LIBRARY FOR YOUR HEALTH AND WELLNESS NEEDS



Over 50,000 articles covering more than 60 topics



Your doctor can send you information about your medical care directly to your email



Research your medical conditions and learn ways to stay healthy



Access VEC from any internet-connected device

### Try the VEC today!







### **April 2024 Clinical Communities Speaker Series Home Study**

Evidence-Based and Promising Practices in Pediatric Care for Military Children and Youth

### **Topics:**

- Overdiagnosis or Underdiagnosis?
   Considerations for Diagnosing and Treating ADHD and Autism
- Or At Least Do No Harm: The Complexities of Pediatric Healthcare Ethics
- Pediatric Immunizations: Current and Future Considerations
- Mental Health Needs Amongst Military Children and Youth: Strategies to Improve Access and Outcomes
- The Millennium Cohort Program: Understanding Risk and Context in the Life Course of the Military Child
- Addressing Problematic Technology
  Use in Children and Youth



Registration is open!
Closes: 20 March 2025

Earn up to 6.5 CE/CME credits!

Register here <a href="https://www.dhaj7-cepo.com/content/2024-apr-ccss-home-study-evidence-based-and-promising-practices-pediatric-care-military">https://www.dhaj7-cepo.com/content/2024-apr-ccss-home-study-evidence-based-and-promising-practices-pediatric-care-military</a>





### Relias offers free CME courses for your profession!

Step 1. Update your professional license & certification information





Step 2. Go to the Course Library; set filters for your profession and the Preferred CEU or State licensing board name.

For example: ACCME – Accreditation Council for Continuing Medical Education; Physician



3. Enroll in and complete the desired courses

4. When completed, the course will provide a certificate of completion and CE credits from your selected board that you can email or download.

### Possible courses include:

## And don't forget to download the Relias app on your phone and enroll in the courses you want to take!





Once you have logged into the app, it will take you to your enrolled courses. You can complete them anywhere, anytime! It will even allow you to email your CME certificates to your health.mil account!

## Join the Lifestyle and Performance Medicine (L&PM) Coalition of the Interested

Step 1:

Step 2:

Step 3:

JOIN THE L&PM COI and the Distro list:



account:

Request to join Military Lifestyle & Performance Medicine Community in ACLM Connect:







https://forms.gle/ATCPWEcobKyWJSs48 (Note that this Google Forms site may have to be accessed from a personal device)

(Note that creating a free ACLM account does not require purchase of an ACLM membership and allows complimentary access to resources including our Military L&PM Community

https://connect.lifestylemedicine.org/home



https://lifestylemedicine.org/





### Join **THOUSANDS**

of military behavioral health professionals in CDP's **Community of Practice** 



www.deploymentpsych.org





## IMMERSE

Yourself in a Learning

## EXPERIENCE Second to None







tinyurl.com/cdpvirtual









CDP's Official

## **PODCAST**

**NOW STREAMING!** 

New Episodes
Every Two Weeks

deploymentpsych.org/CDP-Podcasts







## Deployment-Related Topics Guest Speakers Free CEs











The training was well-organized, clear, and engaging. One of the best Zoom trainings I have attended. I enjoyed the polls and questions asked in Chat so we could participate and get more out of the training. I learned tools that I can apply right away.

Every CDP [webinar] experience has been wonderful, professional, enlightening and productive. It leaves me with something new to support others better.



http://deploymentpsych.org/webinars



## DOD CHILD COLLABORATION STUDY ASYNCHRONOUS TRAININGS



Online Lea

Designed for professionals working with Military Youth and Families



deploymentpsych.org/DoDKidsStudy

### February 2024 Clinical Communities Speaker Series Home Study

### Clinical Considerations and Current Trends in Women's Health

### **Topics:**

- An Analysis of the Cardiovascular and Hypertensive Disease in Pregnancy: Outcomes and Disparities
- Assessment of Ethical Issues Related to the Health Care of Women and Children: A Lookback at Recent Conflict Zones
- Implementation Journey of Postpartum Hemorrhage Bundle and Walk-in Contraception Services
- The Complex Intersection of Pelvic Floor Disorders and Mental Health: Clinical Perspectives
- 2023 Department of Veterans Affairs (VA)/Department of Defense (DoD)
   Clinical Practice Guideline on Pregnancy: Updates to Clinical Care and Application
- Research, Interventions and Equitable Care Updates in Premenstrual and Perimenopausal Women: A Focus on Improving Mental Health







## DHA, J-7, HIV Pre-exposure Prophylaxis for the Primary Care Manager

### Computer Based Training (CBT) JKO DHA-US1318

### **Overview**

This computer-based training/course will address "HIV Pre-exposure prophylaxis for the Primary Care Manager"

### Learning Objectives:

LTC Scott Robinson, M.D. has no financial/nonfinancial disclosures Dr. Francis Obuseh, PhD, has no financial/nonfinancial disclosures CAPT Robert Carpenter, M.D. has no financial/nonfinancial disclosures

- 1. Apply DHA-Procedural Instruction (PI) 6025.29 requirements and updated 2021 Centers for Disease Control & Prevention/U.S. Public Health Service Clinical Practice Guidelines recommendations.
- 2. Outline how to prescribe medication regimens that are proven safe and effective for HIV-negative patients who meet recommended screening criteria for PrEP initiation to reduce their risk of HIV acquisition.
- 3. Educate providers about HIV PrEP medications, side effects, contraindications, and Food & Drug Administrationapproved regimens to maximize safe use.
- 4. Identify techniques to provide support for medication adherence to help patients achieve and maintain protective levels of medication in their bodies.
- 5. Describe HIV risk reduction techniques, prevention services, and/or infectious diseases specialist referral resources.
- Identify recommended schedule for monitoring patients to detect HIV infection, medication toxicities, and levels of risk behavior to make indicated changes in strategies to support patients' long-term health.

#### **Target Audience**

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Pharmacists/Pharmacy Technicians (ACPE) • And other health care professionals

This Continuing Education (CE)/Continuing medical Education (CME) activities is provided through DHA, J-7, CEPO and is approved for 1.0 CE/CME credit.

To register, participate and complete the posttest and evaluation, please visit the following link: https://www.dhaj7-cepo.com/content/jko-dha-us1318-human-immunodeficiency-virus-

hiv-pre-exposure-prophylaxis-prep-primary-care

You have 14 days after the program to complete the posttest and evaluation to earn your CE certificate.

For more information, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil

#### Participation Costs:

There is no cost to participate in this activity.

#### Cancellation Policy:

You will be notified via email if the activity is cancelled.

#### Commercial Support:

There is no known commercial support for this activity.





## Ready Reliable Care: DHA's Journey to High Reliability

Accredited through October 9, 2025

### Overview

This activity will be available on JKO (DHA US1216) for all DHA personnel. The DHA's efforts to become a high reliability organization has led to the creation of the Ready Reliable Care model, which adopts the application of Domains of Change and Principles.

### **Learning Objectives**

- 1. Define the goal of high reliability and its impact on health care
- Explain the concepts of Ready Reliable Care (RRC) and a High Reliability Organization (HRO)
- 3. Recall the Domains of Change and Principles of RRC
- 4. Describe examples of RRC Domains of Change and Principles

### **Target Audience**

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Psychologists (APA) • Pharmacists/Pharmacy Technicians (ACPE) • Social Workers (ASWB) • Healthcare executives (ACHE) • And other Defense Health Agency health care professionals earn a certificate of attendance

This Continuing Education (CE)/Continuing Medical Education (CME) activity is provided through DHA, J-7, CEPO and is approved for 1.00 CE/CME credit.

To register, participate and complete the posttest and evaluation, please visit the following link: <a href="https://www.dhaj7-cepo.com/content/jko-ready-reliable-care-dhas-journey-high-reliablity">https://www.dhaj7-cepo.com/content/jko-ready-reliable-care-dhas-journey-high-reliablity</a>

You must complete the posttest and evaluation to earn your CE/CME certificate. For more information, please contact: <a href="mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil">dha.ncr.j7.mbx.continuing-education-office@health.mil</a>

Participation Costs:
There is no cost to participate in this activity.

Cancellation Policy:
You will be notified via email if the activity is cancelled.

Commercial Support:

There is no known commercial support for this activity.





## DEFENSE MEDICAL MODELING AND SIMULATION OFFICE (DMMSO)

### WHAT IS DMMSO?

 DMMSO provides the DoD and other stakeholders with shared, complementary, and supportive Medical Modeling and Simulation (MM&S) business line services

### MHAT DO ME DOS

- Manage shared service MM&S capabilities and solutions to support medical education and training
- Support the development, management, and integration of requirements, capabilities, and systems for MM&S in health care operations
- Promote the use of MM&S across the Department
- Improve medical readiness, survivability, quality of care, patient safety, and efficiency





28



## National Capital Region Pain Initiative Trainings

- 1) Monthly Case Based Webinars:
  - Addiction (1st Tuesday noon)
  - Functional Medicine (1<sup>st</sup> Tuesday of the month at 1500)
  - Acupuncture/ Integrative Medicine (1st Wednesday noon)
  - Pain (1st Thursday noon)
- 2) Applied Functional Medicine in Clinical Practice-Phase 1 & 2 (Partnering with the Institute for Functional Medicine)-Applications Fall 2024 for Spring 2025
- 3) Osteopathic Manipulation- Partnering with Dr. Jay Sandweiss April 29-30, 2025
- 4) Pain Care Skills Training and Substance Use Disorder Symposium recordings available www.ncrpi.org
- 5) Tele-Pain Services virtual pain clinic available for all beneficiaries

\*To be added to the interested list for any of these opportunities please email DHA NSA Bethesda J-11 Mailbox NCRPI Trainings: <a href="mailto:dha.bethesda.j-11.mbx.ncrpi-trainings@health.mil">dha.bethesda.j-11.mbx.ncrpi-trainings@health.mil</a>

For more information contact

Amy.j.osik.ctr@health.mil



## BRAIN INJURY AWARENESS



Our hearing and vision providers
have unique capabilities to support
vision and hearing dysfunction related to TBI





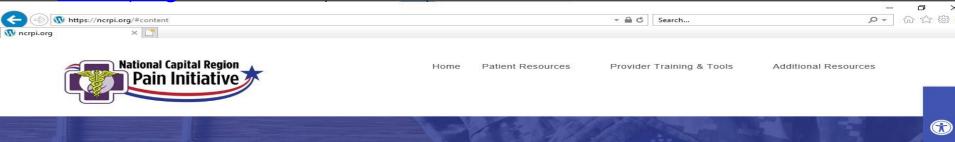
### **Hear for Life**





### **National Capital Region Pain Initiative Trainings**

www.ncrpi.org for resources for providers & patients



### National Capital Region Pain Initiative (NCRPI)

The NCRPI, under the Defense Health Agency (DHA), provides pain resources to patients and providers within the Army, Navy, Air Force & Coast Guard across the National Capital Region and beyond

See Provider Training and Tools for 2021 Pain Care Skills Training &







The virtual Whole Health Coaching course integrates principles of change theory and practice to support Veterans in realizing their health potential.

#### TIME COMMITMENT:

Pre-Course Orientation - 1 hr Session 1 - 25 hrs Between session Triad Calls - 6 hrs Session 2 - 24 hrs Asynchronous Learning - 5 hrs Session 3 - 25 hrs Post-Course Triad Calls - 6 hrs Asynchronous Learning - 15 hrs

#### COURSE FORMAT:



Virtual learning (Zoom) Class discussion WH coaching practice Skills practice Small groups

\*Daily tech supportwill be available

#### COURSE ACCREDITATION:



NBHWC

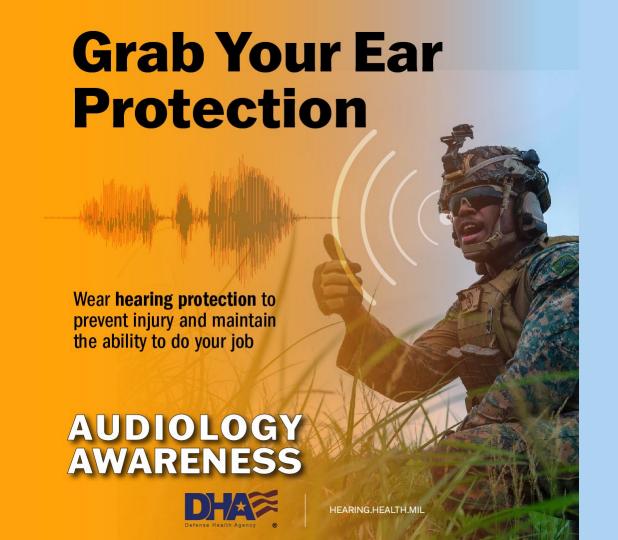
Participants wishing to receive CEUs and a certificate of completion required for their application for NBC-HWC certification must attend all three weeks of training (75 hrs), all 12 hours of triad practices, and all 20 hours of asynchronous training.

#### LEAVEWITHTHE SKILLS TO:

- Assist the Veteran in developing a personalized health plan that is based on what matters most to the Veteran; the plan is based on the Veteran's own goals, values, preferences, and lifestyle.
   The agenda is the Veteran's.
- Partner with the Veteran with proactively taking action toward behavior change that is present-and future-oriented.
- Recognize that health is much broader than the absence of disease.
   The emphasis is on healthenhancements/strengths rather than disorders/ weaknesses.
- Support the Veteran in achieving their standard of optimal health that takes into account the mental, physical, and social well-being of the Veteran.

### Register HERE

For more information, contact: opcccteducationteam@va.gov



### BRAIN INJURY AWARENESS



### WEAR PROTECTIVE GEAR TO SAFEGUARD AGAINST INJURY

### **HEARING**

- Ear plugs
- Noise muffs
- Noise attenuating helmets
- Tactical communication systems

### VISION

- DOD Approved Protective Eyewear List spectacles
- Safety goggles for appropriate tasks
- Use of best practices for eye safety





health.mil/BIAMonth

### Veterans Integration to Academic Leadership (VITAL) What to Expect From Your VA VITAL Service



The mission of VITAL is to provide world-class healthcare to improve the overall mental health of Veterans while supporting their successful integration into college and university campuses through seamless access to VA healthcare services and on-campus clinical counseling. VITAL provides care coordination and promotes positive cohesion between Veterans and the entire learning community through campus and community education and training.

### **ELIGIBILITY**

 Veterans who meet VHA eligibility criteria for healthcare services are eligible to receive VITAL services

### CLINICAL SERVICES

- Seamless access to VA healthcare services and oncampus clinical counseling:
- Provide evidence based on-campus mental health counseling by a licensed mental health provider
- Facilitate on-campus enrollment into VA programs
- Develop individualized treatment plans and education goals with Veterans to improve successful academic and social integration
- Collaborate with existing campus mental health providers or counseling centers

### CARE COORDINATION SERVICES

- Provide efficient care coordination of all available services:
- Connect Veterans with VA, campus and community resources and assist them in navigating those services to support their educational success and overall wellness.
- Educate student Veterans on benefits available to them

### EDUCATION AND TRAINING SERVICES

- Promote positive cohesion between Veterans and the entire learning community through campus and community clinical education and training:
- Provide educational trainings on military culture and specific mental health topics such as PTSD, anxiety, etc., to increase awareness about student Veterans needs and strengths



For more information and a listing of VITAL program sites visit the VA College Toolkit:

# What Audiologists do to Keep You Healthy

- Conduct hearing exams
- Fit you with hearing protectors
- Provide hearing education & training
- Assess & treat hearing issues
- **Provide consultation on noise-hazardous areas**
- Monitor your hearing health

## AUDIOLOGY AWARENESS



# Defense Health Agency DHA Virtual Medical Library (VIVIL)

The MHS Medical Library (MML) is now the VML

"New Year, New Name."

The VML provides access to high-quality, evidence-based medical, nursing, and allied health information resources to MHS personnel.

#### **RESOURCES**

- Online Journals
- Online Books
- Databases
- Free Continuing Education
- Mobile Apps



Visit the VML website using the desktop icon (pictured above) or the QR code below for more information:



# BRAIN INJURY AWARENESS



#### **HEAD INJURY?**

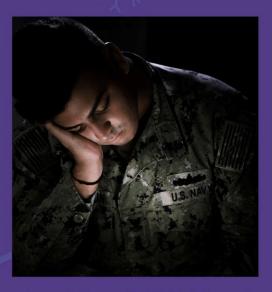
Seek medical help if you have these warning signs:

#### **HEARING**

- Dizziness
- Ringing, buzzing or other sounds in your ears or head
- Trouble hearing words in noisy environments

#### VISION

- Dizziness
- Blurry or double vision
- Trouble reading
- Flashes and/or floaters





health.mil/BIAMonth

#### We have eGuidelines+

A Better Way to Access AORN Guidelines

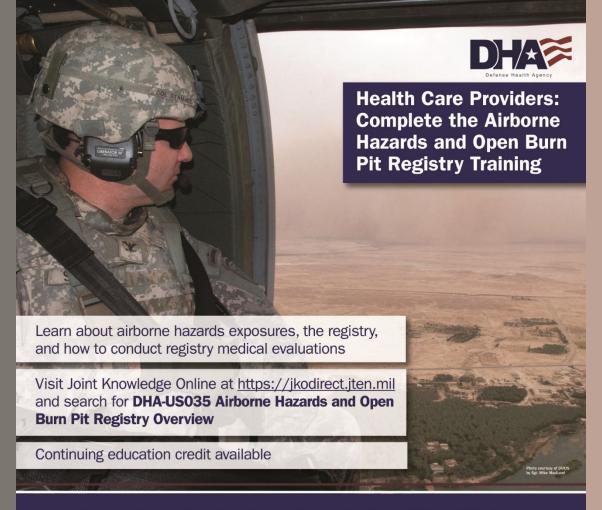


## Get access to resources to support patient safety and quality outcomes including:

- AORN Guidelines for Perioperative Practice
- Evidence-based recommendations
- · Clinical checklists
- Templates
- Competency verification tools
- · Audit tools
- · And more

#### https://aornguidelines.org/







Join us for the

# New Accreditation and Compliance Professionals Course

This live, interactive course addresses key common knowledge, concepts, and skills all entry-level Clinical Quality Management (CQM) Accreditation and Compliance professionals share. Participants will discover how their CQM Accreditation and Compliance roles support the goal to achieve zero preventable harm based on the DHA Procedures Manual (DHA-PM) 6025.13, CQM in the MHS.

Location: Virtually using Microsoft Teams

Eligibility: Those who are new to the CQM Accreditation and Compliance professional role with:

- < 1 year in their CQM Accreditation and Compliance professional role OR
- > 1 year in their CQM Accreditation and Compliance professional role & have not had any formal CQM Accreditation and Compliance training; desire a better understanding of their role (max limit 2 years in role)

#### Days, Length (incl breaks), Start Time:

29 OCT 2024; 8 hrs.; 0800 Central 30 OCT 2024; 8 hrs.: 0800 Central 31 OCT 2024; 8 hrs.; 0800 Central

Participants can earn up to 22.5 Continuing Education/Continuing Medical Education (CE/CME) credits



#### **Nomination Process:**

- · Supervisors should coordinate with & nominate personnel who meet the eligibility criteria
- To nominate participants, supervisors need to submit participant information using the nomination form located at https://forms.osi.apps.mil/r/9Ad4i1MXbH



HEALTH ACERTOR

Join us for the

# Foundational Concepts for Entry-level Clinical Quality Management Professionals Course

This live, interactive course addresses key common knowledge, concepts, and skills all entry-level Clinical Quality Management (CQM) professionals share. Participants will discover how their CQM roles and DHA's CQM programs support the DHA Enterprise's goal to achieve zero preventable harm based on the DHA Procedures Manual (DHA-PM) 6025.13, CQM in the DHA Enterprise.

Pre-work: Before attending the live virtual course, pre-work completion is required (approx.2 hrs.)

Location: Virtually using Microsoft, MED365 Teams

**Eligibility:** Those who are new to the CQM professional role in any one of the six CQM programs (and IPC) with:

- < 1 year in their CQM professional role OR</li>
- > 1 year in their CQM professional role & have not had any formal CQM training; desire a better understanding of their role within the CQM program (max limit 2 years inrole)



#### Days, Length (Incl Breaks), Start Time:

12 NOV 2024; 7.5 hrs.; 1000 Eastern 13 NOV 2024; 6.0 hrs.; 1000 Eastern 14 NOV 2024; 5.5 hrs.; 1000 Eastern

Participants can earn up to 13 Continuing Education/Continuing Medical Education (CE/CME) credits

#### **Nomination Process:**

- Supervisors should coordinate with & nominate personnel who meet the eligibility criteria.
- To nominate participants, supervisors need to submit participant information using theform located at https://forms.osi.apps.mil/r/ZgSkAQcxvX.
- Due to pre-work completion requirements, nomination closing occurs 2 weeks (14 calendar days) prior to the live course date.



## Lifesaving at a Glance DHA

SEPTEMBER 2024 | EDITION 9

health.mil/militaryblood

#### SPOTLIGHT: Farewell CAPT Janet Cliatt, USPHS

CAPT Janet Cliatt began terminal leave 1 September. We appreciate all the work she has done over the years.

CAPT Cliatt has been instrumental in managing operations at the ASBP. She always made herself available to ALL of the staff, often providing history, guidance and regulation. She was the continuity for the organization and often was an interim POC for many of the GS vacancies we experienced in the office.

Her upbeat personality, big smile and desire to help others has placed CAPT Cliatt high on our list of favorite people.

She will be in terminal leave 1 Sept – 31 Dec and formally retire 1 Jan 2015. The office recently held a luncheon in her honor. Luncheon photos on page 4.



#### FDA UPDATE **HEALTHY ATHLETE and FDA PULSE** DONOR ELIGIBILITY

So, what is updated?

- 1.) A blood center physician can manage donor blood pressure measurements outside the specified limits via phone or offsite consultation.
- 2.) Donors with a low pulse who are "healthy athletes" or have an irregular pulse, may donate without consultation of a responsible physician.

#### See full article at:

https://www.blooducation.com/post/health y-athlete-and-fda-pulse-donor-eligibility

#### Highlights

- PNW the 2024 SAFMIS **Outstanding Laboratory** Team of the Year
- Hails and Farewells
- FIW donor drive
- CST Blood Drive
- DHITS Inaugural Blood Drive
- · MHSRS Inaugural Blood Drive
- · Yokota Blood Drive









f @ X • FIND A DRIVE: health.mil/militaryblood

#### MEDIA

Video: How Wartime Has Spurred Medical Innovation Through the Years



Video: PCHD EMS Whole Blood Program

Article: <u>A Global Approach to Blood Capabilities: Insights from the USINDOPACOM Inaugural Allies and Partners Blood Summit 2024</u>

Article: U.S. Navy, ADF Participate in Valkyrie Emergency Fresh Whole Blood Transfusion Training

Article: A trauma expert consensus: Capabilities are required early to improve survivability from traumatic injury

Article: At U of Maryland, low titer O whole blood use in trauma

Opinion: The urgent need to field dried plasma for large-scale combat operations

#### Congratulations to the ASBBC-Pacific Northwest Team!!

Congratulations to the ASBBC-Pacific Northwest for winning the 2024 SAFMLS Outstanding Laboratory Team of the Year and the 2024 Air Force Surgeon General 2nd Quarter Team Award. Both achievements highlight the hard work and excellence the ASBBC-PNW brings to the ASBP every day.

Congratulations to ASBBC-Pacific Northwest Quality Assurance NCO SSgt Ariana Rodriguez for winning the 2024 SAFMLS Outstanding Enlisted Service Member of the Year. The award recognizes significant contributions by enlisted members is the grade of E-5 through E-9 who have excelled in clinical laboratory operations, laboratory management, with special emphasis on advancing the growth and professional goals of SAFMLS and the practice of clinical laboratory medicine.





#### Providers and Clinicians will:

- Understand the Brandon Act and related guidance
- Differentiate among Mental Health Evaluation (MHE) Types
- Describe the pathways for SMs to obtain MHEs
- Summarize the process for scheduling and performing Self-Initiated Referrals under the Brandon act

# DHA Brandon Act Training for Healthcare Providers and Clinicians JKO Training DHA-US1351 (1 hr)

#### Required for:

- Behavioral Health providers and clinicians, including PCBH Consultants and BH Technicians.
- Other healthcare providers who may conduct Mental Health Evaluations (e.g., Primary Care Managers)

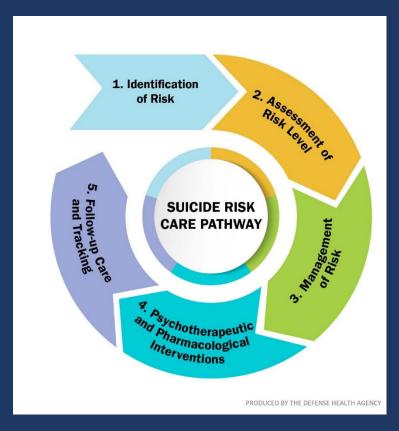
#### Recommended for:

BH Clinic admin staff (including appointing staff)

#### Link to training:

https://jkosupport.jten.mil/html/COI.xhtml?course prefix=DHA&course number=-US1351

Brandon Act Fact Sheet, implementation, and FAQ: Health.mil: https://www.health.mil/Military-Health-Topics/Mental-Health/Brandon-Act



Meets Mandatory Training Requirements of DHA-AI 6025.06 Suicide Risk Care Pathway for Adult Patients in the Defense Health Agency

# Suicide Risk Care Pathway in the DHA JKO Training

For Behavioral Health Specialty Care Providers: (1 hr)

DHA-US1212: Suicide Risk Care Pathway in the Defense Health Agency (Behavioral Health Specialty Care)

For Providers in All Other Health Care Settings (1 hr):

DHA-US1214: Suicide Risk Care Pathway in the Defense Health Agency (All Health Care Settings Other Than Behavioral Health Specialty Care)

Note: Those required to complete the training include (1) Licensed Independent Practitioners (LIPs); and (2) any supporting healthcare staff working under the licensure of an LIP (i.e., under the supervision of a healthcare provider).

LinktoJKO Login: <a href="https://jkodirect.jten.mil">https://jkodirect.jten.mil</a>



Link to Additional resources: https://info.health.mil/sites/hro/CMT/BH/SPI/SitePages/Home.aspx



## **NOW AVAILABLE!**

Warfighter Brain Health Provider **Toolkit App** 



Central location for provider resources



Automates the MACE 2



Accessible Offline



Compatible with both Android and iOS devices





# MARCH IS BRAIN INJURY AWARENESS MONTH

#BIAMonth | health.mil/BIAMonth



Each March TBICoE joins the MHS in observing Brain Injury Awareness Month. Stay up-to-date on March events, trainings, and resources by:

- Checking in with your local Network Dissemination Coordinator. You can email <u>dha.TBICoEDissemination@health.mil</u> to find your local NDC.
- Sign up for our monthly <u>TBI Providers' Brief</u> and <u>TBI Resources</u> emails.
- Follow us on <u>Facebook</u>.

Learn more at <a href="https://hearth.mil/TBICoE">hearth.mil/TBICoE</a>.





# TBICoE 2024 Quarterly Education Series

November 14 2 p.m. – 4 p.m. ET

Optimizing Hearing and Vision Recovery Care 2 CE/CME Credits pending

2025 QES Schedule to be Announced Fall 2024

For more information or to request calendar invites for any of the above events, please email: <a href="mailto:dha.TBICoEDissemination@health.mil">dha.TBICoEDissemination@health.mil</a>





# **Acute Concussion Care Pathway Training**

# Military Acute Concussion Evaluation 2 and Progressive Return to Activity Training

2025 Schedule

January 16
1 to 3 p.m. ET

July 17 1 to 3 p.m. ET April 17
1 to 3 p.m. ET

October 16 1 to 3 p.m. ET

2 hours CE/CME credits offered

For more information on the above events, visit <a href="https://health.mil/ACCPathwayTraining">health.mil/ACCPathwayTraining</a>.
For any questions, please email: <a href="https://doi.org/d





## October 2024 Clinical Communities Speaker Series Home Study

## Fostering Quality and Excellence in Military Specific Care

#### **Topics:**

- The Department of Defense's (DOD)
   Warfighter Brain Health Initiative:
   Maximizing Performance On and Off the
   Battlefield
- Advancing Healthy Sleep in the Military: Spanning the Field to the Clinic
- Exploring Ethical Considerations for Artificial Intelligence in Military Medicine
- Moral Injury: Addressing the Invisible Wounds through Assessment and Treatment
- Substance Abuse and Mental Health Services Administration's (SAMSHA) Perspective on Integrated Care and Its Implications to Clinical Practice
- Enhancing Temporomandibular Disorder and Comorbidity Care in the Military Health System



Opens: 02 December 2024

Closes: 30 October 2025

Earn up to 6.0 CE/CME credits!

Email our team to learn more:

<u>dha.ncr.j7.mbx.continuing-education-</u>office@health.mil









OPIOID PRESCRIBER SAFETY TRAINING (OPST)

### Background

This 3-hour program is an updated version of the 2020 Defense Health Agency (DHA) OPST course integrating the latest guidelines, policies, and issuances related to DHA safe opioid prescribing, substance use disorders, and pain management. The training was designed by DHA subject matter experts to better equip DHA providers and staff with the skills to improve patient outcomes for safe opioid prescribing, substance use disorders, and pain management.

#### Complete

Complete the course (DHA -USI 176-DHA Opioid Prescriber Safety Training) on Joint Knowledge Online (JKO) <a href="https://jkodirect.jten.mil">https://jkodirect.jten.mil</a>

#### Obtain CE/CME

Use the "How to Obtain CE/CME" information at the end of the course in JKO (also included in the JKO course's graduation email), to visit <a href="https://www.dhaj7-cepo.com/">https://www.dhaj7-cepo.com/</a> to acquire 3.0 CE/CMEs

## Target Audience

This activity provides continuing education credit for physicians, nurses, physician assistants, pharmacists, pharmacy technicians, and dentists. A certificate of attendance is also available for other attendees.

