



**Defense Health Agency, J-7, Continuing Education Program Office
Clinical Communities Speaker Series**

Fostering Quality and Excellence in Military Specific Care

**17 October 2024
0745 – 1550(ET)**

Purpose

The Defense Health Agency, J-7, Continuing Education Program Office Clinical Communities Speaker Series events are designed to address the professional practice gaps of our learners to improve the care that our health care professionals deliver. This continuing education (CE)/continuing medical education (CME) event is conducted to achieve results that reflect a change in skills, competence, and performance of the health care team, and patient outcomes. Collaboration occurs with the Department of Defense, several government agencies, and other civilian experts for recruitment of academic subject matter experts, clinicians, and researchers to present on current promising, evidence-based research and best practices, thus enhancing the overall educational experience. Participants are expected to apply what they learned in providing patient care individually and collaboratively as a team towards improved patient outcomes.

Target Audience

Physicians, Nurses, Pharmacists, Pharmacy Technicians, Physician Assistants, Dentists, Dental Hygienists, Dental Technicians, Optometrists, Social Workers, Audiologist, Speech Language Pathologists, Psychologists, Registered Dietitians, Dietetic Technicians, Occupational Therapists/Occupational Therapy Assistants, Athletic Trainers, Case Managers, Certified Counselors, Physical Therapists/Physical Therapist Assistants, Kinesiotherapists, Health Executives and other health care professionals who support/ care for U.S. active-duty service members, reservists, Coast Guard, Public Health Service, National Guardsmen, military veterans and their families.

Program Overview

This event will explore the best practices in military specific care from the Department of Defense, Defense Health Agency, Walter Reed Army Institute of Research, University of Miami School of Medicine, the Veterans Health Administration, and other top community practice groups. The educational content will be created by Subject Matter Experts in the ethics, research, academia, and medical domains of military and civilian health care sectors. The primary focus of this event aims to enhance the quality of patient outcomes and population health by providing advanced continuing education opportunities to improve the practice, skills, and knowledge of health care providers across the Military Health System.

Program Agenda

Time (ET)	Titles/Speakers	Learning Objectives (If Applicable)
0745-0750	<p><i>Welcome Remarks</i></p> <p>Lolita T. O'Donnell, Ph.D., M.S.N., R.N. Director, Continuing Education Program Chief, Executive Skills, Continuing Education & Libraries (EXCEL) J-7 Education and Training Directorate, Defense Health Agency (DHA) Falls Church, Va.</p>	

Time (ET)	Titles/Speakers	Learning Objectives (If Applicable)
0750 – 0800	<p>Opening Remarks</p> <p>Air Force Brig. Gen. (Ret.) Anita Fligge, D.N.P., M.S.N., B.S.N. Director, Federal Health General Manager, CMS, LLC at Dawson Previous Director, J-3/5/7 and Chief Nursing Office Defense Health Agency Falls Church, Va.</p>	
	<p>Moderator</p> <p>Army Maj. Hunter Jackson Smith, M.D., M.P.H., M.B.E., F.A.C.P.M. Focus Area Lead, Antimicrobial Resistance, Sexually Transmitted Infections, and Enteric Infections Global Emerging Infections Surveillance Branch Armed Forces Health Surveillance Division Silver Spring, Md.</p>	
0800- 0900	<p>S01: “The Department of Defense’s (DOD) Warfighter Brain Health Initiative: Maximizing Performance On and Off the Battlefield”</p> <p>Katherine (“Kathy”) M. Lee, M.S., A.R.N.P. Director, Warfighter Brain Health Policy Health Readiness Policy and Oversight Office of the Assistant Secretary of Defense (Health Affairs), Defense Health Agency Fall Church, Va.</p>	<ol style="list-style-type: none"> 1. Summarize the Brain Health Initiative (WBHI). 2. Discuss the clinical aspects of the WBHI with a focus on brain threats: blast overpressure (operational/ training environments) and directed energy (anomalous health incidents). 3. Outline WBHI key partnerships and ongoing improvements across the DOD enterprise to protect Warfighter’s brain health.
0900 – 0910	Break	
0910-1010	<p>S02: “Advancing Healthy Sleep in the Military: Spanning the Field to the Clinic”</p> <p>Army Lt. Col. Connie L. Thomas, M.D. Associate Director, Center for Military Psychiatry and Neuroscience Walter Reed Army Institute of Research Staff Psychiatrist and Sleep Medicine Physician Assistant Professor of Psychiatry and Medicine Uniformed Services University, School of Medicine Bethesda, Md.</p>	<ol style="list-style-type: none"> 1. Illustrate the role of research for the military specific sleep problem. 2. Summarize the biobehavioral pathway of insomnia. 3. Outline medications used to treat insomnia. 4. Discuss the role of cognitive behavioral therapy for insomnia (CBTi).
1010 – 1020	Break	
1020-1120	<p>S03: “Exploring Ethical Considerations for Artificial Intelligence in Military Medicine.”</p> <p>Kenneth W. Goodman, Ph.D., F.A.C.M.I., F.A.C.E. Founder and Director, University of Miami Miller School of Medicine Institute for Bioethics and Health Policy Professor, Medicine and jointly of Philosophy, Public Health Sciences and Nursing Director, Florida Bioethics Network Miami, Fla.</p>	<ol style="list-style-type: none"> 1. Contribute to institutional initiatives and policies to implement Artificial Intelligence (AI) tools appropriately 2. Explain leading ethical issues in the use of AI in healthcare 3. Identify and discuss AI opportunities and issues in military medicine.
1120– 1130	Break	

1130-1230	<p><i>S04: “Moral Injury: Addressing the Invisible Wounds through Assessment and Treatment”</i></p> <p>Brittany Davis, Ph. D. Consultant, National Center for Post-Traumatic Stress Disorder (PTSD), Executive Division, Department of Veteran Affairs Clinical Psychologist, PTSD Clinical Team, James A. Haley Veterans’ Hospital Associate Professor, Department of Psychiatry and Behavioral Neurosciences, University of South Florida Tampa, Fla.</p>	<ol style="list-style-type: none"> 1. Identify and describe a potentially morally injurious event (PMIE). 2. Discuss the impact of experiencing a PMIE on psychological and psychosocial functioning 3. Outline the key elements of the Trauma Informed Guilt Reduction (TrIGR) therapy.
1230 – 1330	Break	
1330-1430	<p><i>S05: “Substance Abuse and Mental Health Services Administration’s (SAMHSA) Perspectives on Integrated Care and Its Implications to Clinical Practice”</i></p> <p>Neeraj Gandotra, M.D. Chief Medical Officer, SAMHSA U.S. Department of Health and Human Services Rockville, Md.</p>	<ol style="list-style-type: none"> 1. Discuss the prevalence of substance use disorder and mental illness, as per SAMHSA’s National Survey on Drug Use and Health (NSDUH). 2. Summarize the medical rationale for integrated care of behavioral health and physical health conditions, including prevalence of co-occurring disorders. 3. Describe selected SAMHSA resources and funding opportunities that support integrated care delivery.
1430– 1440	Break	
1440-1540	<p><i>S06: “Enhancing Temporomandibular Disorder and Comorbidity Care in the Military Health System”</i></p> <p>Navy Cmdr. James Hawkins, D.D.S., M.S., M.Ed.-H.P.E. Specialty Leader, Navy Orofacial Pain Naval Postgraduate Dental School Bethesda, Md.</p>	<ol style="list-style-type: none"> 1. Summarize the screening process of patients for temporomandibular disease (TMD) and comorbidities. 2. Differentiate TMD diagnostic categories and risk categories. 3. Describe self-care techniques to help rehabilitate TMD. 4. Outline when and how to refer oro-facial pain (OFP) and TMD patients.
1540 – 1550	<p><i>Closing Remarks</i></p> <p>Army Col. (Ret.) Frederick C. Lough, M.D., F.A.C.S. Director, Griffith Institute Director, DOD Medical Ethics Center (DMEC) Uniformed Services University (USU) Bethesda, Md.</p>	

This agenda is subject to change.

Continuing Education

This CE/CME activity is provided through the Defense Health Agency, J-7, Continuing Education Program Office and is approved for a total of 6.0 CE/CMEs.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact us at: dha.ncr.j7.mbx.cepo-cms-support@health.mil.