

# Defense Health Agency (DHA), J-7 (Education & Training Directorate), Continuing Education Program Office (CEPO)

## Leadership



Lolita T. O'Donnell, PhD, MSN, RN  
Division Chief, Leadership, Education, Analysis,  
Development, Sustainment (LEADS),  
Academic Superintendent



Emilie Weismiller, PMP  
Program Manager

## Administrative Support



Hayley Aguayo  
Senior Program Analyst



Jasmine Adams, MPP  
Senior Research Analyst

## Clinical Subject Matter Experts (SME)



Miesha D. Scott, DSW,  
LCSW-C  
SME: Social Worker



Jannelle S. Barrow,  
MSPT  
SME: Physical Therapist



LaDonna S. King, MSOT,  
OTR/L  
SME: Occupational Therapist



Maria Cecilia Reyes,  
MAN, BSN, RN  
SME: Nurse



Catherine A. McKiernan, M.S.  
CCC-SLP  
SME: Speech Language  
Pathologist

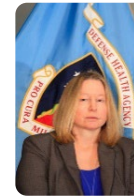


Mickaelle Germain,  
MSN/FNP, M.Div, MPH, BSN  
SME: Nurse

## Technical Support Team



Jeremy R. Bowman, M.S.  
Senior Information Engineer



Melissa A. Campbell, M.Ed.  
Information Engineer



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# Interprofessional Continuing Education (IPCE) Meeting

- **What:** Network Education and Training (E&T) Leads and other E&T Points of Contact share current updates such as:
  - Accreditation updates/upcoming conferences
  - Continuing Education/Continuing Medical Education (CE/CME) events
  - CE/CME course metrics
  - Veteran Health Agency (VHA) CE updates
  - CE events promoted by guest speakers
- **When:** First Monday of every month

*If you would like to be a guest speaker, reach out here:*

[dha.ncrj7.mbx.continuing-education-office@health.mil](mailto:dha.ncrj7.mbx.continuing-education-office@health.mil)



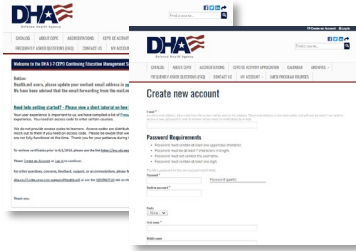
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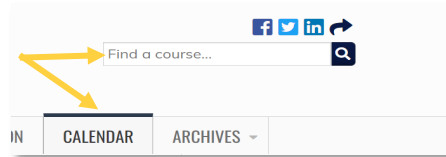
# How to Obtain CE/CME Credits

Please visit [www.dhaj7-cepo.com](http://www.dhaj7-cepo.com) and complete the following steps to obtain CE/CME credit:

Login with your  
username and password  
or register



Search for your course using  
the **Catalog, Calendar,** or  
**Find a course** search tool



Click on the  
Register/Take Course tab



## Post Test Instructions

Follow onscreen prompts to complete  
post-activity assessments



Receive an **80% or above** on  
the posttest

Print your certificate and  
transcripts

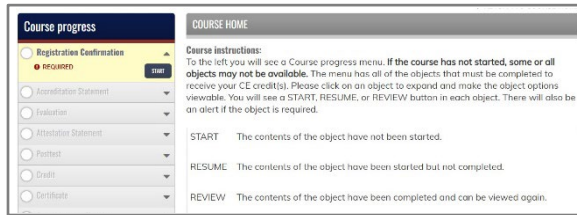
For support, email [dha.ncr.j7.mbx.cepo-cms-support@health.mil](mailto:dha.ncr.j7.mbx.cepo-cms-support@health.mil)

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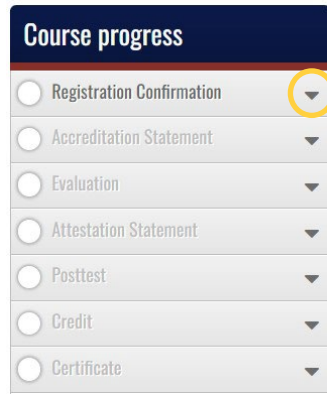


# How to Complete a Course

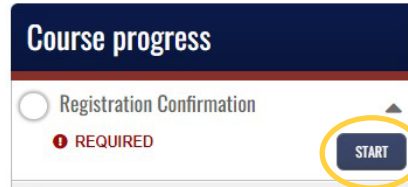
After you register for a course and click the “Take Course” button, a “Course progress” menu will appear



- Advance through the “Course Progress” menu steps in sequence, from top to bottom, to complete the course requirements.
- At the “Credit” step, select your CE/CME credit type(s).
- At the “Certificate” step, access and download your CE/CME certificate.

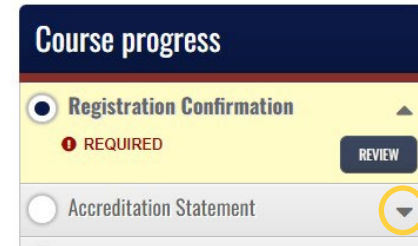


1. To begin an activity, click the menu button's down arrow.



2. Then, click on the newly revealed “Start” button.

Once an activity is complete, the “Start” button is replaced by a “Review” button, and the next menu step becomes activated.



3. Click the next step's down arrow to begin the next activity.

For support, email [dha.ncr.j7.mbx.cepo-cms-support@health.mil](mailto:dha.ncr.j7.mbx.cepo-cms-support@health.mil)



# SEP 2024 CCSS Posttests

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Please note: For September 2024 CCSS, the posttest requirement for each session has been reduced from ten questions to two questions.

CEPO is trialing this update in response to feedback from stakeholders and learners.




# Are you looking to become a CEPO content reviewer?

CEPO is looking for content reviewers in the following professions who will assist with **providing a content review for a variety of Continuing Education (CE)/Counting Medical Education (CME) activities** throughout the year:

*If you are interested in volunteering, please send your CV here:*

[dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)



Physicians, Physician Associates, Nurses, Pharmacists/Pharmacy Technicians, Psychologists, Social Workers, Certified Counselors, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Case Managers, Dentists, Dental Assistants, Dental Technicians, Kinesiotherapists, Optometrists, Speech Language Pathologists, Audiologists, Athletic Trainers, Dietitians, Health Informatics Professionals, and Healthcare Executives



# CE Activity Application

The Continuing Education Program Office (CEPO) has released the CE Activity Application on the CE Management System (CMS)

Submit your CE  
Activity Application

**Create CE Activity Application**

<https://www.dhaj7-cepo.com/content/cepo-ce-activity-application>

Need Help?

**Watch the CE Activity Application  
Getting Started Tutorial**

[https://www.dhaj7-cepo.com/system/files/LMS\\_Tutorial\\_V4.0.pdf](https://www.dhaj7-cepo.com/system/files/LMS_Tutorial_V4.0.pdf)

For more information, please contact CEPO here: [dha.ncr.j7.mbx.cepo-cms-support@health.mil](mailto:dha.ncr.j7.mbx.cepo-cms-support@health.mil)

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# Clinical Communities Speaker Series (CCSS)

## Upcoming Activities

The CCSS events are designed to address the professional practice gaps of learners in order to improve the care that health care professionals deliver. These educational series are intended to achieve results that reflect a change in skills, competence, and performance of the health care team, and patient outcomes.



October 17, 2024



Military  
Specific  
Care



February 20, 2025



Women's  
Health



April 24, 2025



Military  
Children  
and Youth



June 5, 2025



Primary  
Care



September 25, 2025



Health  
Care  
Innovations



November 6, 2025



Military  
Specific  
Care

For more information and target audience Email: [dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)



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# Stay Connected with CEPO



## Email updates

**What:** CEPO provides CE/CME updates to the Network Education and Training (E&T) Leads

**When:** 15<sup>th</sup> of each month

*Reach out to your E&T lead for updates!*



## Need support?

Need support **accessing courses** in the Continuing Education Management System (CMS) or **resetting your password?**

**Reach out:**

[dha.ncr.j7.mbx.cepo-cms-support@health.mil](mailto:dha.ncr.j7.mbx.cepo-cms-support@health.mil)



## Stay up to date!

CEPO sends out a **monthly newsletter** that includes updates on **CMS, accreditation guidelines**, and **upcoming CE/CME activities** to name a few





# Sign Up for TBICoE's Monthly Email Blasts!

## TBI Providers' Brief

The TBICoE Providers' Brief presents information on new and revised TBI clinical recommendations, educational tools, research trends, and other resources that help medical providers evaluate and treat those who have sustained a TBI.

[https://public.govdelivery.com/accounts/USMHS/subscriber/new?topic\\_id=USMHS\\_123](https://public.govdelivery.com/accounts/USMHS/subscriber/new?topic_id=USMHS_123)

## TBI Resources

The TBI Resources provides TBI information and resources for service members, veterans, and their caregivers and families.

[https://public.govdelivery.com/accounts/USMHS/subscriber/new?topic\\_id=USMHS\\_124](https://public.govdelivery.com/accounts/USMHS/subscriber/new?topic_id=USMHS_124)

Emails from TBICoE are disseminated monthly via MHS GovDelivery.



# CDERLearn

Training & Education

## Continuing Education (CE)

Course Offering  
CME/AAPA/CNE/CPE/CPT  
Credits

[www.FDA.gov/CDERLearn](http://www.FDA.gov/CDERLearn)

FDA



# Lifestyle Medicine & Food as Medicine Essentials

Extended through September 14, 2025 at 11:59pm PST

Brought to you by the Lifestyle & Performance Medicine Lecture Series. Complementary access to DoD healthcare professionals requiring CE credit courtesy of The American College of Lifestyle Medicine

## Access Instructions:

- 1) Click the "Register Now" button
- 2) Sign in with your American College of Lifestyle Medicine (ACLM) account information or click on "Create A New Account" (free option)
- 3) Click on the "Register Myself" button to add the training to your shopping cart, then click Proceed to Checkout
- 4) Use promo code **ESS-DOD23** (case sensitive) for complementary access

## 5.5 Continuing Education (CE) Credits:

- Introduction to Lifestyle Medicine: 1 hour
- Food as Medicine: Nutrition for Prevention and Longevity module (3 hours)
- Food as Medicine: Nutrition for Treatment and Risk Reduction module (1.5 hours)

To learn more about education, training, and resources:



<https://lifestylemedicine.org/project/essentials>

## Target Audience:

(Introductory Instructional Level)

Physicians • Physician Assistants • Nurses • Pharmacists • Social Workers • Psychologists • Occupational Therapists • Physical Therapists • Dentists • Optometrists • Registered Dietitians • Public Health Professionals • Exercise Physiologists • Podiatrists

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# Combating Trafficking in Persons (CTIP) Healthcare and Human Trafficking

Computer Based Training (CBT)  
CTIP-HC-US016

Accredited through  
April 7, 2025

## Overview

Healthcare providers are often the first point of contact for victims of human trafficking. They must be able to identify the signs and indicators of human trafficking in a DoD hospital or healthcare setting and respond effectively. This specialized training addresses issues not found in general trainings on human trafficking. At completions of the course content on JKO, the learner will view the **How to Obtain CE Slide** with steps to register and complete the CE/CME requirements.

### Faculty:

**DoD Combating Trafficking in Persons (CTIP) Program Management Office** - has no financial/nonfinancial disclosures

### Learning Objectives:

1. Describe what constitutes human trafficking in the United States, and more particularly in the U.S. Department of Defense
2. Understand the general health implications of human trafficking
3. Identify signs and indicators of human trafficking, especially in the context of the Department of Defense DHA facilities
4. Utilize a trauma-informed, victim-centered, multi-disciplinary approach
5. Deliver appropriate services to trafficking victims and survivors
6. Discuss emerging issues in health and human trafficking including mandatory reporting, electronic record-keeping, and the new ICD codes for sex trafficking and labor trafficking

## Target Audience

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Optometry (ARBO/COPE) • Dental professionals (ADA) • Psychology (APA) • Social Workers • Pharmacists/Pharmacy Technicians (ACPE) • Healthcare Executives (ACHE) • And other health care professionals

This Continuing Education (CE)/Continuing medical Education (CME) activities is provided through DHA, J-7, CEPO and is approved for 1.0 CE/CME credit.

To register, participate and complete the posttest and evaluation, please visit the following link:

You have 14 days after the program to complete the posttest and evaluation to earn your CE certificate.

For more information, please contact: [dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)

### Participation Costs:

There is no cost to participate in this activity.

### Cancellation Policy:

You will be notified via email if the activity is cancelled.

### Commercial Support:

There is no known commercial support for this activity.



UNCLASSIFIED

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# May 2024 Clinical Communities Speaker Series Home Study

## *Bridging Gaps and Building Resilience in Primary Care*

### Topics:

- Application of Healthcare Ethics: Consults, Cases, & Choices
- Naltrexone Injection for Opioid Use Disorder: FDA's Efforts to Reduce Medication Errors
- Motivational and Trauma-Informed Strategies to End Intimate Partner Violence in Service Members and Veterans
- Primary Care Behavioral Health: Program Overview and Best Practices
- Managing Musculoskeletal Injuries: Lessons Learned from the Air Force's Special Warfare Human Performance Support Group
- Brief Behavioral Treatment for Insomnia (BBTI): Evidence-Based Practices for Improved Sleep in the Military



**Open Now!**  
**Closes: 1 April 2025**

**Earn up to 6.0  
CE/CME credits!**

Click here to register: <https://www.dhaj7-cepo.com/content/2024-may-ccss-home-study-bridging-gaps-and-building-resilience-primary-care>



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# JOIN THE VA/DOD CPG COMMUNITY OF PRACTICE



## CALL SERIES SCHEDULE

Bimonthly on the second Friday of the month

1:00 p.m EST

## CPG COP AIM

The CPG CoP aims to share strong practices, increase engagement and use of CPGs, and foster collaborative CPG partnerships across VHA facilities for the improvement of Veteran care and reduction of inappropriate variations in healthcare delivery.

*For more information and invite to series: [sarah.davis-arnold@va.gov](mailto:sarah.davis-arnold@va.gov)*



# BRAIN INJURY AWARENESS



## HEADS UP

- Hearing and balance injuries are common among service members
- Your hearing can be damaged by blasts, brain trauma, jet fuel, or long-term noise exposure
- You may or may not have hearing loss, so get it checked anyway
- See your doctor or hearing conservation manager for more information





## A LIBRARY FOR YOUR HEALTH AND WELLNESS NEEDS



Over 50,000 articles covering more than 60 topics



Your doctor can send you information about your medical care directly to your email



Research your medical conditions and learn ways to stay healthy



Access VEC from any internet-connected device

## Try the VEC today!



# April 2024 Clinical Communities Speaker Series Home Study

## *Evidence-Based and Promising Practices in Pediatric Care for Military Children and Youth*

### Topics:

- Overdiagnosis or Underdiagnosis? Considerations for Diagnosing and Treating ADHD and Autism
- Or At Least Do No Harm: The Complexities of Pediatric Healthcare Ethics
- Pediatric Immunizations: Current and Future Considerations
- Mental Health Needs Amongst Military Children and Youth: Strategies to Improve Access and Outcomes
- The Millennium Cohort Program: Understanding Risk and Context in the Life Course of the Military Child
- Addressing Problematic Technology Use in Children and Youth



Registration is open!  
Closes: 20 March 2025

Earn up to 6.5  
CE/CME credits!

Register here <https://www.dhaj7-cepo.com/content/2024-apr-ccss-home-study-evidence-based-and-promising-practices-pediatric-care-military>

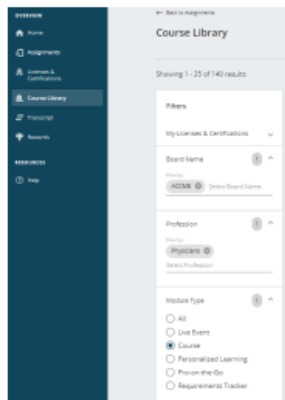


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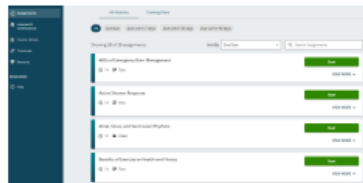
## Relias offers free CME courses for your profession!

### Step 1. Update your professional license & certification information



Step 2. Go to the Course Library; set filters for your profession and the Preferred CEU or State licensing board name.

For example: ACCME – Accreditation Council for Continuing Medical Education; Physician



3. Enroll in and complete the desired courses

4. When completed, the course will provide a certificate of completion and CE credits from your selected board that you can email or download.

## Possible courses include:

Advance Care Planning: The National POLST	0.5 CME
Crisis Management for Healthcare Professionals	0.5 CME
Treatment of Rattlesnake Bites	0.5 CME
Economic Stability as a Social Determinant of Health	0.5 CME
Emergency Burn Management	1 CME
Thoracentesis Principles	1 CME
Diabetic Foot Ulcers	1 CME
Risk Factors and Treatment Options for Bladder Cancer	1 CME
Heart Blocks, Junctional Rhythms, and STEMI	1 CME
Healthcare Fraud: What You Need to Know	1 CME
Payer Perspective: Comorbidity Management	1 CME
Acute Stroke: Understanding and Using the NIHSS	1.25 CME
Managing Mechanical Ventilation	1.25 CME
Moderate Sedation Practices	1.25 CME
Managing Peripheral Artery Disease	1.25 CME
Recognizing Misuse or Abuse of Controlled Substances	1.25 CME
Understanding Chemistry Lab Values	1.25 CME
Management of Generalized Anxiety and Related Disorders	1.25 CME
Pediatric Pain Management: Treatment	1.5 CME
Controlled Substances: Drug Diversion, SUD, and Pain Management	3.75 CME

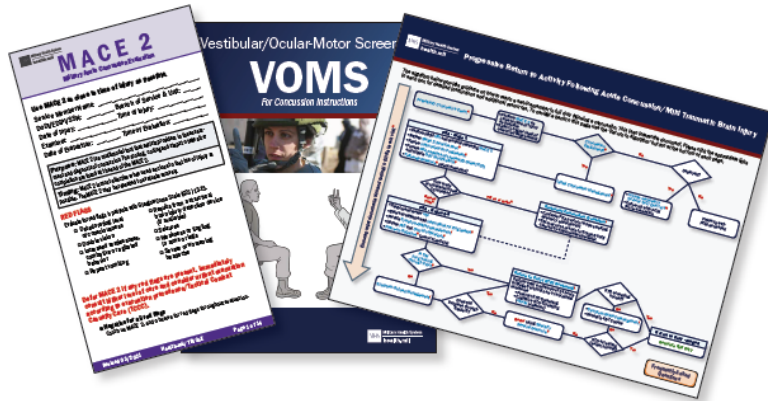
***And don't forget to download the Relias app on your phone and enroll in the courses you want to take!***



Once you have logged into the app, it will take you to your enrolled courses. You can complete them anywhere, anytime! It will even allow you to email your CME certificates to your health.mil account!



# ***Acute Concussion Care Pathway: Military Acute Concussion Evaluation 2 and Progressive Return to Activity Training***



Date	Time
Oct. 17, 2024	1-3 p.m. ET

2 hours CE/CME credit offered

For more information on the above events, visit [health.mil/ACCPathwayTraining](https://health.mil/ACCPathwayTraining).

For any questions, please email: [dha.ncr.j-9.mbx.tbicoe-education@health.mil](mailto:dha.ncr.j-9.mbx.tbicoe-education@health.mil).



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# Join the Lifestyle and Performance Medicine (L&PM) Coalition of the Interested

## Step 1:

**JOIN THE L&PM  
COI and the  
Distro list:**



<https://forms.gle/ATCPWEcobKyWJSs48>  
(Note that this Google Forms site may have to be accessed from a personal device)

## Step 2:



**Create free ACLM  
account:**



<https://lifestylemedicine.org/>  
(Note that creating a free ACLM account does not require purchase of an ACLM membership and allows complimentary access to resources including our Military L&PM Community)

## Step 3:

**Request to join Military  
Lifestyle & Performance  
Medicine Community in  
ACLM Connect:**



<https://connect.lifestylemedicine.org/home>

# TBICoE 2024

## Quarterly Education Series

September 20  
2 p.m. – 4 p.m. ET

**TBI: Mental Health and cognitive optimization**    2 CE/CME Credit pending

November 14  
2 p.m. – 4 p.m. ET

**TBI: Optimizing Hearing and Vision Recovery**    2 CE/CME Credit pending

For more information or to request calendar invites for any of the above events,  
please email: [dha.ncr.j-9.mbx.tbicoe-education@health.mil](mailto:dha.ncr.j-9.mbx.tbicoe-education@health.mil)

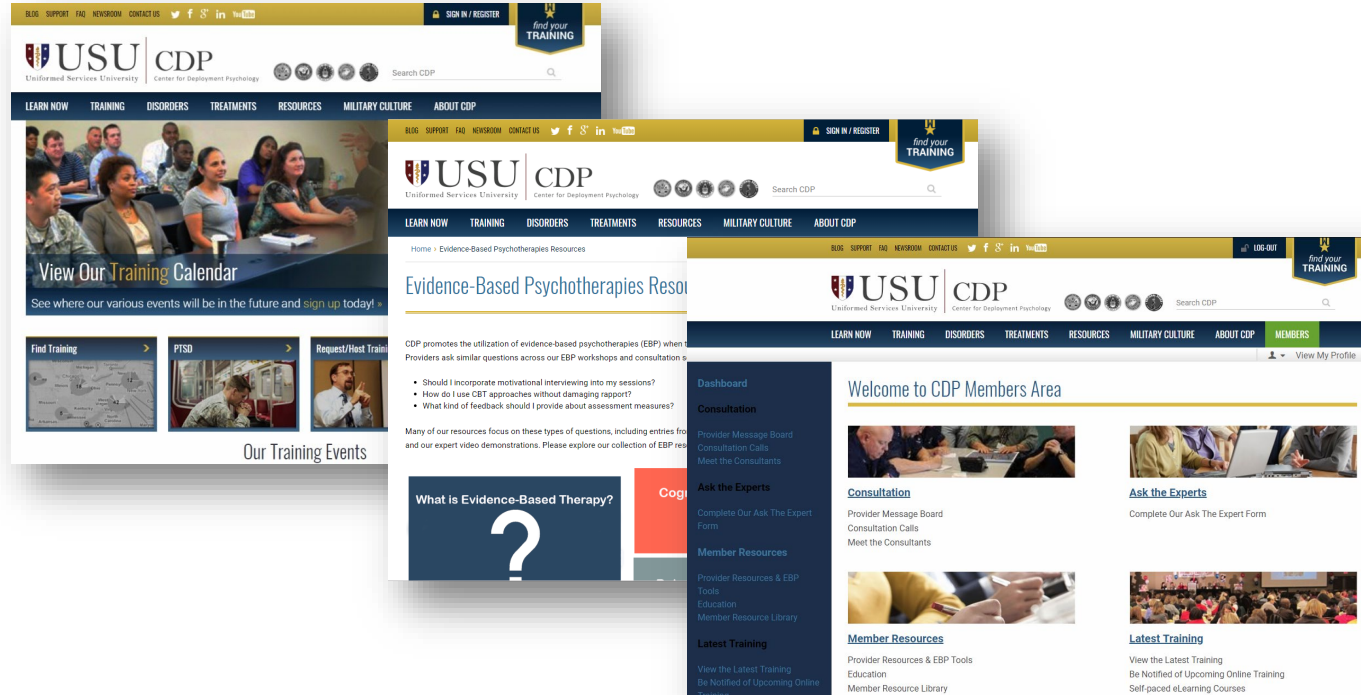


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Join **THOUSANDS**  
of military behavioral health professionals  
in CDP's **Community of Practice**



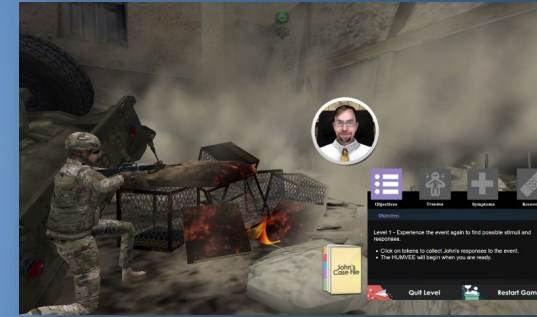
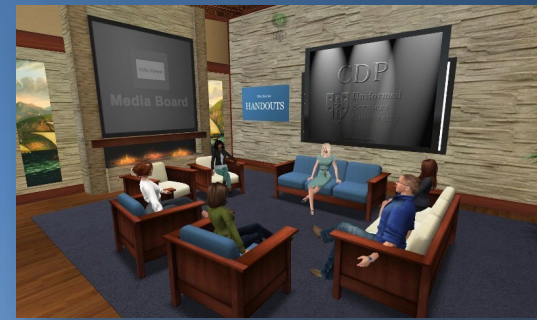
[www.deploymentpsych.org](http://www.deploymentpsych.org)



# IMMERSE Yourself in a Learning EXPERIENCE Second to None



[tinyurl.com/cdpvirtual](https://tinyurl.com/cdpvirtual)





# PRACTICAL FOR YOUR PRACTICE



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Uniformed Services University

**CDP**  
Center for Deployment Psychology

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[deploymentpsych.org/CDP-Podcasts](https://deploymentpsych.org/CDP-Podcasts)



Spotify®



Music

# Deployment-Related Topics

## Guest Speakers

## Free CEs



### Attendee Testimonials

“

Thank you for an excellent presentation and great management of the tech side. These are better CE presentations than most--very high standard and I look forward to them every time.

”

“

The training was well-organized, clear, and engaging. One of the best Zoom trainings I have attended. I enjoyed the polls and questions asked in Chat so we could participate and get more out of the training. I learned tools that I can apply right away.

”

“

Every CDP [webinar] experience has been wonderful, professional, enlightening and productive. It leaves me with something new to support others better.

”



**CDP PRESENTS**  
MONTHLY WEBINAR SERIES

<http://deploymentpsych.org/webinars>



# DOD CHILD COLLABORATION STUDY ASYNCHRONOUS TRAININGS

Fully Online Learning



Earn Free ASWB & APA CEs



Build Essential Skills



Designed for professionals working  
with Military Youth and Families



[deploymentpsych.org/DoDKidsStudy](https://deploymentpsych.org/DoDKidsStudy)

# February 2024 Clinical Communities Speaker Series Home Study

## *Clinical Considerations and Current Trends in Women's Health*

### Topics:

- An Analysis of the Cardiovascular and Hypertensive Disease in Pregnancy: Outcomes and Disparities
- Assessment of Ethical Issues Related to the Health Care of Women and Children: A Lookback at Recent Conflict Zones
- Implementation Journey of Postpartum Hemorrhage Bundle and Walk-in Contraception Services
- The Complex Intersection of Pelvic Floor Disorders and Mental Health: Clinical Perspectives
- 2023 Department of Veterans Affairs (VA)/Department of Defense (DoD) Clinical Practice Guideline on Pregnancy: Updates to Clinical Care and Application
- Research, Interventions and Equitable Care Updates in Premenstrual and Perimenopausal Women: A Focus on Improving Mental Health



Registration is open!  
Closes: 31 December 2024

Earn up to 6.0  
CE/CME credits!

Click here to register and learn more about the target audience: <https://www.dhaj7-cepo.com/content/2024-feb-ccss-hs>



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# DHA, J-7, HIV Pre-exposure Prophylaxis for the Primary Care Manager

## Computer Based Training (CBT) JKO DHA-US1318

### Overview

This computer-based training/course will address “HIV Pre-exposure prophylaxis for the Primary Care Manager”

### Learning Objectives:

1. Apply DHA-Procedural Instruction (PI) 6025.29 requirements and updated 2021 Centers for Disease Control & Prevention/U.S. Public Health Service Clinical Practice Guidelines recommendations.
2. Outline how to prescribe medication regimens that are proven safe and effective for HIV-negative patients who meet recommended screening criteria for PrEP initiation to reduce their risk of HIV acquisition.
3. Educate providers about HIV PrEP medications, side effects, contraindications, and Food & Drug Administration-approved regimens to maximize safe use.
4. Identify techniques to provide support for medication adherence to help patients achieve and maintain protective levels of medication in their bodies.
5. Describe HIV risk reduction techniques, prevention services, and/or infectious diseases specialist referral resources.
6. Identify recommended schedule for monitoring patients to detect HIV infection, medication toxicities, and levels of risk behavior to make indicated changes in strategies to support patients' long-term health.

### Target Audience

**Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Pharmacists/Pharmacy Technicians (ACPE) • And other health care professionals**

This Continuing Education (CE)/Continuing medical Education (CME) activities is provided through DHA, J-7, CEPO and is approved for 1.0 CE/CME credit.

To register, participate and complete the posttest and evaluation, please visit the following link: <https://www.dhaj7-cepo.com/content/jko-dha-us1318-human-immunodeficiency-virus-hiv-pre-exposure-prophylaxis-prep-primary-care>

You have 14 days after the program to complete the posttest and evaluation to earn your CE certificate.

For more information, please contact: [dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)

### Participation Costs:

There is no cost to participate in this activity.

### Cancellation Policy:

You will be notified via email if the activity is cancelled.

### Commercial Support:

There is no known commercial support for this activity.

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# Ready Reliable Care: DHA's Journey to High Reliability

Accredited  
through October  
9, 2025

## Overview

This activity will be available on JKO (DHA US1216) for all DHA personnel. The DHA's efforts to become a high reliability organization has led to the creation of the Ready Reliable Care model, which adopts the application of Domains of Change and Principles.

## Learning Objectives

1. Define the goal of high reliability and its impact on health care
2. Explain the concepts of Ready Reliable Care (RRC) and a High Reliability Organization (HRO)
3. Recall the Domains of Change and Principles of RRC
4. Describe examples of RRC Domains of Change and Principles

## Target Audience

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Psychologists (APA) • Pharmacists/Pharmacy Technicians (ACPE) • Social Workers (ASWB) • Healthcare executives (ACHE) • And other Defense Health Agency health care professionals earn a certificate of attendance

This Continuing Education (CE)/Continuing Medical Education (CME) activity is provided through DHA, J-7, CEPO and is approved for 1.00 CE/CME credit.

To register, participate and complete the posttest and evaluation, please visit the following link: <https://www.dhaj7-cepo.com/content/jko-ready-reliable-care-dhas-journey-high-reliability>

You must complete the posttest and evaluation to earn your CE/CME certificate.

For more information, please contact: [dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)

### **Participation Costs:**

There is no cost to participate in this activity.

### **Cancellation Policy:**

You will be notified via email if the activity is cancelled.

### **Commercial Support:**

There is no known commercial support for this activity.

*Improving Health and Building Readiness. Anytime, Anywhere — Always*





# DEFENSE MEDICAL MODELING AND SIMULATION OFFICE (DMMSO)

## WHAT IS DMMSO?

- ▶ DMMSO provides the DoD and other stakeholders with shared, complementary, and supportive Medical Modeling and Simulation (MM&S) business line services

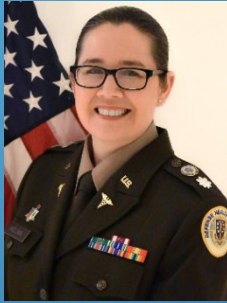
## WHAT DO WE DO?

- ▶ Manage shared service MM&S capabilities and solutions to support medical education and training
- ▶ Support the development, management, and integration of requirements, capabilities, and systems for MM&S in health care operations
- ▶ Promote the use of MM&S across the Department
- ▶ Improve medical readiness, survivability, quality of care, patient safety, and efficiency



### **COL Maria Molina**

Acting Director, Education & Training (J-7),  
DHA



Falls Church, Virginia

703-681-6305

### **Mr. Ruben Garza**

Acting Division Chief, Medical Modernization  
and Simulation Division



San Antonio, Texas

210-896-3565

NEED SIMULATION SUPPORT? HAVE QUESTIONS?  
CONTACT US



# National Capital Region Pain Initiative Trainings

## 1) Monthly Case Based Webinars:

- Addiction (1st Tuesday noon)
- Functional Medicine (1<sup>st</sup> Tuesday of the month at 1500)
- Acupuncture/ Integrative Medicine (1st Wednesday noon)
- Pain (1st Thursday noon)

## 2) Applied Functional Medicine in Clinical Practice-Phase 1 & 2 (Partnering with the Institute for Functional Medicine)-Applications Fall 2023 for Spring 2024

## 3) Osteopathic Manipulation- Partnering with Dr. Jay Sandweiss Spring 2024 (April)

## 4) 14<sup>th</sup> Annual Pain Care Skills Training- Virtual & In Person TBA (August 2024)

## 5) 8<sup>th</sup> Annual Substance Use Disorder Symposium- Virtual Only-(September 2024)

## 6) For Provider & Patient Resources visit [www.ncrpi.org](http://www.ncrpi.org)

**\*To be added to the interested list for any of these opportunities please email:**

**DHA NSA Bethesda J-11 Mailbox NCRPI Trainings**

**[dha.bethesda.j-11.mbx.ncrpi-trainings@health.mil](mailto:dha.bethesda.j-11.mbx.ncrpi-trainings@health.mil)**





# BRAIN INJURY AWARENESS



Our hearing and vision providers  
have unique capabilities to support  
vision and hearing dysfunction related to TBI



# Hear for Life



**AUDIOLOGY  
AWARENESS**



# National Capital Region Pain Initiative Trainings

[www.ncrpi.org](https://www.ncrpi.org) for resources for providers & patients



https://ncrpi.org/#content

ncrpi.org

National Capital Region Pain Initiative

Home Patient Resources Provider Training & Tools Additional Resources

## National Capital Region Pain Initiative (NCRPI)

The NCRPI, under the Defense Health Agency (DHA), provides pain resources to patients and providers within the Army, Navy, Air Force & Coast Guard across the National Capital Region and beyond

**See Provider Training and Tools for 2021 Pain Care Skills Training &**

DHA



*Improving Health and Building Readiness. Anytime, Anywhere — Always*





## VHA WHOLE HEALTH COACHING

The virtual Whole Health Coaching course integrates principles of change theory and practice to support Veterans in realizing their health potential.

### TIME COMMITMENT:

Pre-Course Orientation - 1 hr  
Session 1 - 25 hrs  
Between session Triad Calls - 6 hrs  
Session 2 - 24 hrs  
Asynchronous Learning - 5 hrs  
Session 3 - 25 hrs  
Post-Course Triad Calls - 6 hrs  
Asynchronous Learning - 15 hrs

### COURSE FORMAT:



Virtual learning (Zoom)  
Class discussion  
WH coaching practice  
Skills practice  
Small groups

\*Daily tech support will be available

### COURSE ACCREDITATION:



NBHCW

Participants wishing to receive CEUs and a certificate of completion required for their application for NBC-HWC certification must attend all three weeks of training (75 hrs), all 12 hours of triad practices, and all 20 hours of asynchronous training.

### LEAVE WITH THE SKILLS TO:

- Assist the Veteran in developing a personalized health plan that is based on what matters most to the Veteran; the plan is based on the Veteran's own goals, values, preferences, and lifestyle. The agenda is the Veteran's.
- Partner with the Veteran with proactively taking action toward behavior change that is present and future-oriented.
- Recognize that health is much broader than the absence of disease. The emphasis is on health enhancements/strengths rather than disorders/weaknesses.
- Support the Veteran in achieving their standard of optimal health that takes into account the mental, physical, and social well-being of the Veteran.

Register [HERE](#)

For more information, contact:  
[opcceducationteam@va.gov](mailto:opcceducationteam@va.gov)

# Grab Your Ear Protection

Wear hearing protection to prevent injury and maintain the ability to do your job

## AUDIOLOGY AWARENESS



HEARING.HEALTH.MIL



# BRAIN INJURY AWARENESS



## WEAR PROTECTIVE GEAR TO SAFEGUARD AGAINST INJURY

### HEARING

- Ear plugs
- Noise muffs
- Noise attenuating helmets
- Tactical communication systems

### VISION

- DOD Approved Protective Eyewear List spectacles
- Safety goggles for appropriate tasks
- Use of best practices for eye safety





## Veterans Integration to Academic Leadership (VITAL) What to Expect From Your VA VITAL Service



U.S. Department  
of Veterans Affairs

The mission of VITAL is to provide world-class healthcare to improve the overall mental health of Veterans while supporting their successful integration into college and university campuses through seamless access to VA healthcare services and on-campus clinical counseling. VITAL provides care coordination and promotes positive cohesion between Veterans and the entire learning community through campus and community education and training.

### ELIGIBILITY

- Veterans who meet VHA eligibility criteria for healthcare services are eligible to receive VITAL services

### CLINICAL SERVICES

- Seamless access to VA healthcare services and on-campus clinical counseling;
- Provide evidence based on-campus mental health counseling by a licensed mental health provider
- Facilitate on-campus enrollment into VA programs
- Develop individualized treatment plans and education goals with Veterans to improve successful academic and social integration
- Collaborate with existing campus mental health providers or counseling centers

### CARE COORDINATION SERVICES

- Provide efficient care coordination of all available services;
- Connect Veterans with VA, campus and community resources and assist them in navigating those services to support their educational success and overall wellness.
- Educate student Veterans on benefits available to them

### EDUCATION AND TRAINING SERVICES

- Promote positive cohesion between Veterans and the entire learning community through campus and community clinical education and training;
- Provide educational trainings on military culture and specific mental health topics such as PTSD, anxiety, etc., to increase awareness about student Veterans needs and strengths



For more information and a listing of VITAL program sites visit the VA College Toolkit:

<https://www.mentalhealth.va.gov/student-veteran/>



# What Audiologists do to Keep You **Healthy**



- Conduct hearing exams
- Fit you with hearing protectors
- Provide hearing education & training
- Assess & treat hearing issues
- Provide consultation on noise-hazardous areas
- Monitor your hearing health

## AUDIOLOGY AWARENESS

# Defense Health Agency

## Virtual Medical Library (VML)

The MHS Medical Library (MML)  
is now the **VML**

"New Year, New Name."

The **VML** provides access to high-quality, evidence-based medical, nursing, and allied health information resources to MHS personnel.

### RESOURCES

- Online Journals
- Online Books
- Databases
- Free Continuing Education
- Mobile Apps



Visit the **VML** website using the desktop icon (pictured above) or the QR code below for more information:





# BRAIN INJURY AWARENESS



## HEAD INJURY?

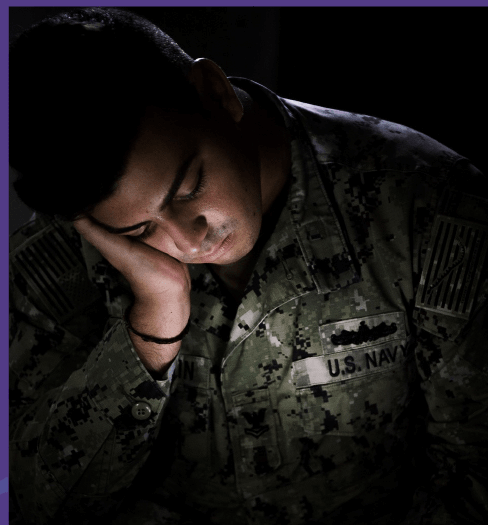
Seek medical help if you have these warning signs:

### HEARING

- Dizziness
- Ringing, buzzing or other sounds in your ears or head
- Trouble hearing words in noisy environments

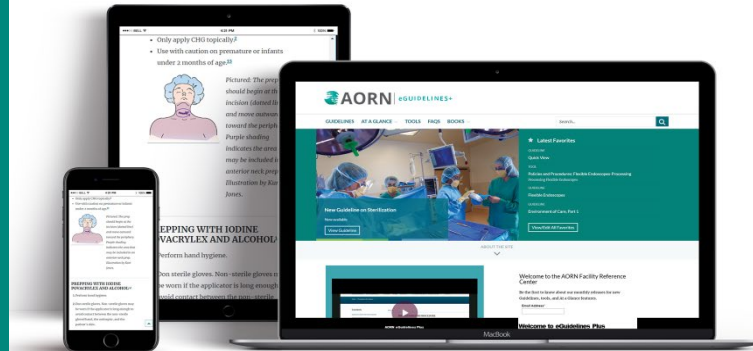
### VISION

- Dizziness
- Blurry or double vision
- Trouble reading
- Flashes and/or floaters



# We have eGuidelines+

A Better Way to Access AORN Guidelines



## Get access to resources to support patient safety and quality outcomes including:

- AORN Guidelines for Perioperative Practice
- Evidence-based recommendations
- Clinical checklists
- Templates
- Competency verification tools
- Audit tools
- And more

<https://aornguidelines.org/>



## Health Care Providers: Complete the Airborne Hazards and Open Burn Pit Registry Training

Learn about airborne hazards exposures, the registry, and how to conduct registry medical evaluations

Visit Joint Knowledge Online at <https://jkodirect.jten.mil> and search for **DHA-US035 Airborne Hazards and Open Burn Pit Registry Overview**

Continuing education credit available

Photo courtesy of DVIDS  
by Sgt. Mike MacLeod

For more information about the registry, visit [Health.mil/AHBurnPitRegistry](https://Health.mil/AHBurnPitRegistry).



# TBI and Mental Health

Sept. 20, 2024

2 - 4 p.m. ET

Virtual Training on **MS Teams**

## Overview

The topic of military traumatic brain injury and mental health has gained attention in the media over the last decade. Join us for a discussion as we explore correlations between TBI, suicide, and posttraumatic stress disorder.

**Presenters** have no financial or non-financial relationships to disclose

**Moderator:** Chris Lewandowski, MSW, LCSW

Network Dissemination Coordinator, Contract Support for TBICoE, Fort Carson

**Traumatic Brain Injury and Suicide State of the Science**

Ashley Pennington, MPH

Research Project Analyst, Contract Support for TBICoE

**Ethical Considerations in Conceptualizing Mild TBI Outcome Data in Military Service Members**

Dr. Vicki Ingram, PsyD, ABPP

Senior Clinical Research Director, Fort Liberty, Contract Support for TBICoE

**Clinical Treatment Recommendations for Providers for Patients with Suicidal Ideation and/or PTSD Co-Occurring with Mild TBI**

Dr. Nancy Skopp, PhD

Lead of Health Services and Population Research, PHCoE

**Real Warriors Campaign**

LCDR Dierdre Oretade-Branch, DSW, LCSW, BCD

Lieutenant Commander, USPHS, PHCoE

**TBICoE Resources for TBI and Mental Health Conditions**

Heather Kopf, MPH

NDC, Contract Support for TBICoE

## Objectives

1. Summarize the current research and state of the science on traumatic brain injury (TBI) and suicide.
2. Describe how pre-existing and comorbid factors - such as mental health diagnoses and social determinants of health - can impact TBI recovery and research practices
3. Outline treatment considerations, strategies, and recommendations for patients with TBI and co-occurring post-traumatic stress disorder and/or suicidal ideation.
4. Identify mental health resources available to support TBI patients including those available through the Real Warriors Campaign.

## Target Audience

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Psychologists (APA) • Physical Therapists & Physical Therapist Assistants (APTA) • Social Workers (ASWB) • Certified Counselors (NBCC) • Occupational Therapists & Occupational Therapy Assistants (AOTA) • Athletic Trainers (BOC) • Audiologists & Speech Language Pathologists (ASHA) • And other health care professionals

This Continuing Education (CE)/Continuing Medical Education (CME) activity is provided through DHA, J-7, CEPO and is approved for 2.00 CE/CME credits.

To register, participate and complete the posttest and evaluation, please visit the following link: <https://www.dhaj7-cepo.com> You have 14 days after the program to complete the posttest and evaluation to earn your CE certificate. For more information, please contact: [dha.ncr.j-9.mbx.tbicoe-education@health.mil](mailto:dha.ncr.j-9.mbx.tbicoe-education@health.mil)

### Participation Costs:

There is no cost to participate in this activity.

### Cancellation Policy:

You will be notified via email if the activity is cancelled.

### Commercial Support:

There is no known commercial support for this activity.

*Improving Health and Building Readiness. Anytime, Anywhere — Always*





# DHA Brandon Act Training for Healthcare Providers and Clinicians

## JKO Training DHA-US1351 (1 hr)

Required for:

- Behavioral Health providers and clinicians, including PCBH Consultants and BH Technicians.
- Other healthcare providers who may conduct Mental Health Evaluations (e.g., Primary Care Managers)

Recommended for:

- BH Clinic admin staff (including appointing staff)

Link to training:

[https://jkosupport.jten.mil/html/COI.xhtml?course\\_prefix=DHA&course\\_number=-US1351](https://jkosupport.jten.mil/html/COI.xhtml?course_prefix=DHA&course_number=-US1351)



*Providers and Clinicians will:*

- Understand the Brandon Act and related guidance
- Differentiate among Mental Health Evaluation (MHE) Types
- Describe the pathways for SMs to obtain MHEs
- Summarize the process for scheduling and performing Self-Initiated Referrals under the Brandon Act



Join us for the

## New Accreditation and Compliance Professionals Course

This live, interactive course addresses key common knowledge, concepts, and skills all entry-level Clinical Quality Management (CQM) Accreditation and Compliance professionals share. Participants will discover how their CQM Accreditation and Compliance roles support the goal to achieve zero preventable harm based on the DHA Procedures Manual (DHA-PM) 6025.13, CQM in the MHS.

**Location:** Virtually using Microsoft Teams

**Eligibility:** Those who are new to the CQM Accreditation and Compliance professional role with:

- < 1 year in their CQM Accreditation and Compliance professional role **OR**
- > 1 year in their CQM Accreditation and Compliance professional role & have not had any formal CQM Accreditation and Compliance training; desire a better understanding of their role (max limit 2 years in role)

### Days, Length (incl breaks), Start Time:

**29 OCT** 2024; 8 hrs.; 0800 Central

**30 OCT** 2024; 8 hrs.: 0800 Central

**31 OCT** 2024; 8 hrs.; 0800 Central

*Participants can earn up to 22.5 Continuing Education/Continuing Medical Education (CE/CME) credits*



### Nomination Process:

- Supervisors should coordinate with & nominate personnel who meet the eligibility criteria
- To nominate participants, supervisors need to submit participant information using the nomination form located at <https://forms.osi.apps.mil/r/9Ad4i1MXbH>



To learn more, contact the DHA CQM Accreditation and Compliance Team at:  
[dha.ncr.clinic-support.list.accred-comply-program-owners@health.mil](mailto:dha.ncr.clinic-support.list.accred-comply-program-owners@health.mil)



Join us for the

# Foundational Concepts for Entry-level Clinical Quality Management Professionals Course

This live, interactive course addresses key common knowledge, concepts, and skills all entry-level Clinical Quality Management (CQM) professionals share. Participants will discover how their CQM roles and DHA's CQM programs support the DHA Enterprise's goal to achieve zero preventable harm based on the DHA Procedures Manual (DHA-PM) 6025.13, CQM in the DHA Enterprise.

**Pre-work:** Before attending the live virtual course, pre-work completion is required (approx. 2 hrs.)

**Location:** Virtually using Microsoft, MED365 Teams

**Eligibility:** Those who are new to the CQM professional role in any one of the six CQM programs (and IPC) with:

- < 1 year in their CQM professional role **OR**
- > 1 year in their CQM professional role & have not had any formal CQM training; desire a better understanding of their role within the CQM program (max limit 2 years in role)



## Days, Length (Incl Breaks), Start Time:

**12 NOV** 2024; 7.5 hrs.; 1000 Eastern

**13 NOV** 2024; 6.0 hrs.; 1000 Eastern

**14 NOV** 2024; 5.5 hrs.; 1000 Eastern

*Participants can earn up to 13 Continuing Education/Continuing Medical Education (CE/CME) credits*

## Nomination Process:

- Supervisors should coordinate with & nominate personnel who meet the eligibility criteria.
- To nominate participants, supervisors need to submit participant information using the form located at <https://forms.osi.apps.mil/r/ZgSkAQcxyX>.
- **Due to pre-work completion requirements, nomination closing occurs 2 weeks (14 calendar days) prior to the live course date.**



To learn more, contact the DHA CQM Education and Training Team at:  
[dha.jbaa-1-3.mbx.cqm-education-and-training@health.mil](mailto:dha.jbaa-1-3.mbx.cqm-education-and-training@health.mil)

# Lifesaving at a Glance



SEPTEMBER 2024 | EDITION 9

[health.mil/militaryblood](https://health.mil/militaryblood)

## SPOTLIGHT: Farewell CAPT Janet Cliatt, USPHS

CAPT Janet Cliatt began terminal leave 1 September. We appreciate all the work she has done over the years.

CAPT Cliatt has been instrumental in managing operations at the ASBP. She always made herself available to ALL of the staff, often providing history, guidance and regulation. She was the continuity for the organization and often was an interim POC for many of the GS vacancies we experienced in the office.

Her upbeat personality, big smile and desire to help others has placed CAPT Cliatt high on our list of favorite people.

She will be in terminal leave 1 Sept – 31 Dec and formally retire 1 Jan 2015. The office recently held a luncheon in her honor. Luncheon photos on page 4.



### FDA UPDATE

#### HEALTHY ATHLETE and FDA PULSE DONOR ELIGIBILITY

So, what is updated?

- 1.) A blood center physician can manage donor blood pressure measurements outside the specified limits via phone or off-site consultation.
- 2.) Donors with a low pulse who are "healthy athletes" or have an irregular pulse, may donate without consultation of a responsible physician.

See full article at:

<https://www.bloodeducation.com/post/healthy-athlete-and-fda-pulse-donor-eligibility>

### Highlights

- PNW the 2024 SAFMLS Outstanding Laboratory Team of the Year
- Hails and Farewells
- FLW donor drive
- CST Blood Drive
- DHITS Inaugural Blood Drive
- MHSRS Inaugural Blood Drive
- Yokota Blood Drive

JOIN US on SOCIAL:

FIND A DRIVE: [health.mil/militaryblood](https://health.mil/militaryblood)



## MEDIA



Video: [How Wartime Has Spurred Medical Innovation Through the Years](#)

Video: [PCHD EMS Whole Blood Program](#)

Article: [A Global Approach to Blood Capabilities: Insights from the USINDOPACOM Inaugural Allies and Partners Blood Summit 2024](#)

Article: [U.S. Navy, ADF Participate in Valkyrie Emergency Fresh Whole Blood Transfusion Training](#)

Article: [A trauma expert consensus: Capabilities are required early to improve survivability from traumatic injury](#)

Article: [At U of Maryland, low titer O whole blood use in trauma](#)

Opinion: [The urgent need to field dried plasma for large-scale combat operations](#)

### Congratulations to the ASBBC-Pacific Northwest Team!!

Congratulations to the ASBBC-Pacific Northwest for winning the 2024 SAFMLS Outstanding Laboratory Team of the Year and the 2024 Air Force Surgeon General 2nd Quarter Team Award. Both achievements highlight the hard work and excellence the ASBBC-PNW brings to the ASBP every day.

Congratulations to ASBBC-Pacific Northwest Quality Assurance NCO SSgt Ariana Rodriguez for winning the 2024 SAFMLS Outstanding Enlisted Service Member of the Year. The award recognizes significant contributions by enlisted members is the grade of E-5 through E-9 who have excelled in clinical laboratory operations, laboratory management, with special emphasis on advancing the growth and professional goals of SAFMLS and the practice of clinical laboratory medicine.

