



## **Defense Health Agency (DHA) Clinical Communities Speaker Series**

### **2024 MAY CCSS: Bridging Gaps and Building Resilience in Primary Care**

#### **S03: Motivational and Trauma-Informed Strategies to End Intimate Partner Violence in Service Members and Veterans**

##### **Resource List**

Intimate partner violence is a serious public health problem in the United States that can have a profound impact lifelong health, opportunity, and well-being. The Centers for Disease Control and Prevention (CDC)'s [Intimate Partner Violence](#) (2021) webpage provides a list of resources that provides education on understanding and preventing intimate partner violence. CDC developed an Intimate Partner Violence Prevention Resource for Action resource to help states and communities take advantage of the best available evidence to prevent intimate partner violence, support survivors, and lessen the short and long-term harms. Information on strategies for prevention and their corresponding approaches are detailed. Resources aimed at preventing teen dating violence are also provided.

The journal article, [Health Service Interventions for Intimate Partner Violence \(IPV\) Among Military Personnel and Veterans: A Framework and Scoping Review](#) (2022), provides an overview of major IPV intervention approaches and evidence in military and veteran-specific health services. A scoping review was conducted involving a systematic search of all available published studies describing IPV interventions in military and veteran-specific health services. Findings were synthesized narratively, and in relation to a conceptual framework that distinguishes across prevention, response, and recovery-oriented strategies. Initiatives addressed both IPV perpetration and victimization, with varied interventions targeting the latter, including training programs, case identification and risk assessment strategies, and psychosocial interventions.

Domestic violence can happen in different ways, so it's important to understand the behaviors that define it. The National Domestic Violence Hotline has a dedicated [Understand Relationship Abuse](#) (2024) webpage that provides education on abuse that can occur during an intimate relationship. Ending the harm and stigma of domestic violence requires a nuanced understanding of what abuse is, as well as examples of healthy relationships. Multiple forms of abuse are usually present at the same time in abusive situations, and it's essential to understand how these behaviors interact so you know what to look for. When we understand what relationship abuse looks like and means, we can then take steps to get help for ourselves as well as better support others who are experiencing abuse.

The World Health Organization (WHO) provides a database that estimates reports of [Intimate Partner Violence](#) (2022) by region. The WHO estimates that 26% of women have been subjected to physical and/or sexual violence from a current or former male intimate partner at least once in their lifetime. This database shows the median value in the range of lifetime prevalence estimates reported and can be filtered by country/area or WHO region. Resources that detail studies of intimate partner violence prevention strategies are also listed. Prevention strategies aim to stop violence from occurring in the first place. Each strategy includes several different interventions across a range of effectiveness, with higher values indicating greater effectiveness. Studies of intimate partner risk factors such as mental and neurological disorders, previous violence victimization and substance abuse are also explored.



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### **References**

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