

Defense Health Agency (DHA), J-7 (Education & Training Directorate), Continuing Education Program Office (CEPO)

Leadership



Lolita T. O'Donnell, PhD, MSN, RN
Division Chief, Leadership, Education, Analysis,
Development, Sustainment (LEADS),
Academic Superintendent



Thomas D. Davenport
Program Manager

Administrative Support



Emilie Baker, PMP
Senior Program Analyst



Jasmine Adams, MPP
Senior Research Analyst

Clinical Subject Matter Experts (SME)



Miesha D. Scott, DSW, LCSW-C
SME: Social Worker



Jannelle S. Barrow, MSPT
SME: Physical Therapist



LaDonna S. King, MSOT, OTR/L
SME: Occupational Therapist



Maria Cecilia Reyes, MAN, BSN, RN
SME: Nurse



Catherine A. McKiernan, M.S. CCC-SLP
SME: Speech Language Pathologist

Technical Support Team



Jeremy R. Bowman, M.S.
Senior Information Engineer



Melissa A. Campbell, M.Ed.
Information Engineer



Interprofessional Continuing Education (IPCE) Meeting

- **What:** Network Education and Training (E&T) Leads and other E&T Points of Contact share current updates such as:
 - Accreditation updates/upcoming conferences
 - Continuing Education/Continuing Medical Education (CE/CME) events
 - CE/CME course metrics
 - Veteran Health Agency (VHA) CE updates
 - CE events promoted by guest speakers
- **When:** First Monday of every month

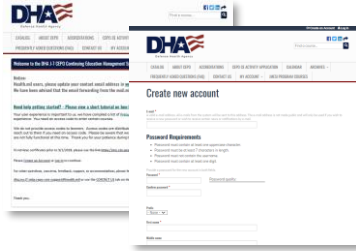
If you would like to be a guest speaker, reach out here:
dha.ncr.j7.mbx.continuing-education-office@health.mil



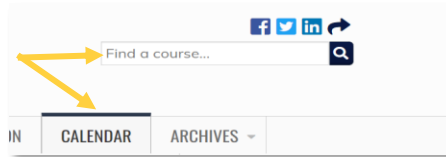
How to Obtain CE/CME Credits

Please visit www.dhaj7-cepo.com and complete the following steps to obtain CE/CME credit:

Login with your
username and password
or register



Search for your course using
the **Catalog**, **Calendar**, or
Find a course search tool



Click on the
Register/Take Course tab



Post Test Instructions

Follow onscreen prompts to complete
post-activity assessments

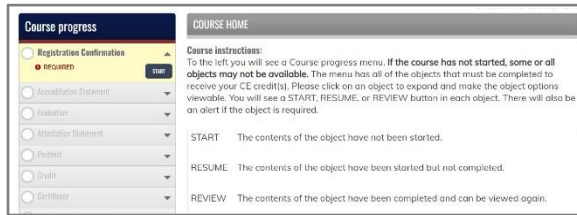
Receive an **80% or above** on
the posttest

Print your certificate and
transcripts

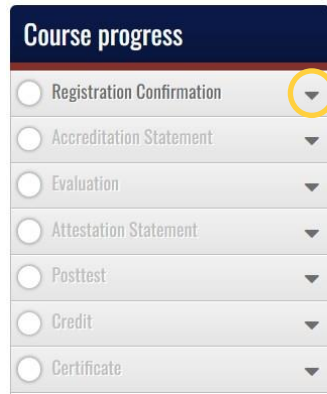
For support, email dha.ncr.i7.mbx.cepo-cms-support@health.mil

How to Complete a Course

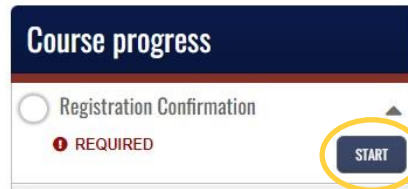
After you register for a course and click the “Take Course” button, a “Course progress” menu will appear



- Advance through the “Course Progress” menu steps in sequence, from top to bottom, to complete the course requirements.
- At the “Credit” step, select your CE/CME credit type(s).
- At the “Certificate” step, access and download your CE/CME certificate.



1. To begin an activity, click the menu button's down arrow.



2. Then, click on the newly revealed “Start” button.

Once an activity is complete, the “Start” button is replaced by a “Review” button, and the next menu step becomes activated.




3. Click the next step's down arrow to begin the next activity.

For support, email dha.ncr.j7.mbx.cepo-cms-support@health.mil

Are you looking to become a CEPO content reviewer?

CEPO is looking for content reviewers in the following professions who will assist with providing a content review for a variety of Continuing Education (CE)/Counting Medical Education (CME) activities throughout the year:

If you are interested in volunteering, please send your CV here:
dha.ncr.j7.mbx.continuing-education-office@health.mil



Physicians, Physician Associates, Nurses, Pharmacists/Pharmacy Technicians, Psychologists, Social Workers, Certified Counselors, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Case Managers, Dentists, Dental Assistants, Dental Technicians, Kinesiotherapists, Optometrists, Speech Language Pathologists, Audiologists, Athletic Trainers, Dietitians, Health Informatics Professionals, and Healthcare Executives



CE Activity Application

The Continuing Education Program Office (CEPO) has released the CE Activity Application on the CE Management System (CMS)

Submit your CE
Activity Application

Create CE Activity Application

<https://www.dhaj7-cepo.com/content/cepo-ce-activity-application>

Need Help?

**Watch the CE Activity Application
Getting Started Tutorial**

https://www.dhaj7-cepo.com/system/files/LMS_Tutorial_V4.0.pdf

For more information, please contact CEPO here: dha.ncr.j7.mbx.cepo-cms-support@health.mil



Clinical Communities Speaker Series (CCSS)

Upcoming Activities

The DHA J-7 Continuing Education Program Office (CEPO) CCSS events are designed to address the professional practice gaps of learners in order to improve the care that health care professionals deliver. These educational series are intended to achieve results that reflect a change in skills, competence, and performance of the health care team, and patient outcomes. The upcoming events are shown below:



May 9, 2024



Primary Care



September 12, 2024



Health Innovations



October 17, 2024



Military Specific
Care

For more information and target audience Email: dha.ncr.j7.mbx.continuing-education-office@health.mil



Stay Connected with CEPO



Email updates

What: CEPO provides CE/CME updates to the Network Education and Training (E&T) Leads

When: 15th of each month

Reach out to your E&T lead for updates!



Need support?

Need support **accessing courses** in the Continuing Education Management System (CMS) or **resetting your password?**

Reach out:

dha.ncr.j7.mbx.cepo-cms-support@health.mil



Stay up to date!

CEPO sends out a **monthly newsletter** that includes updates on **CMS, accreditation guidelines, and upcoming CE/CME activities** to name a few



Save The Date! Registration opens on April 9 for the May 9, 2024, DHA, J-7, Clinical Communities Speaker Series (CCSS)

“Bridging Gaps and Building Resilience in Primary Care”

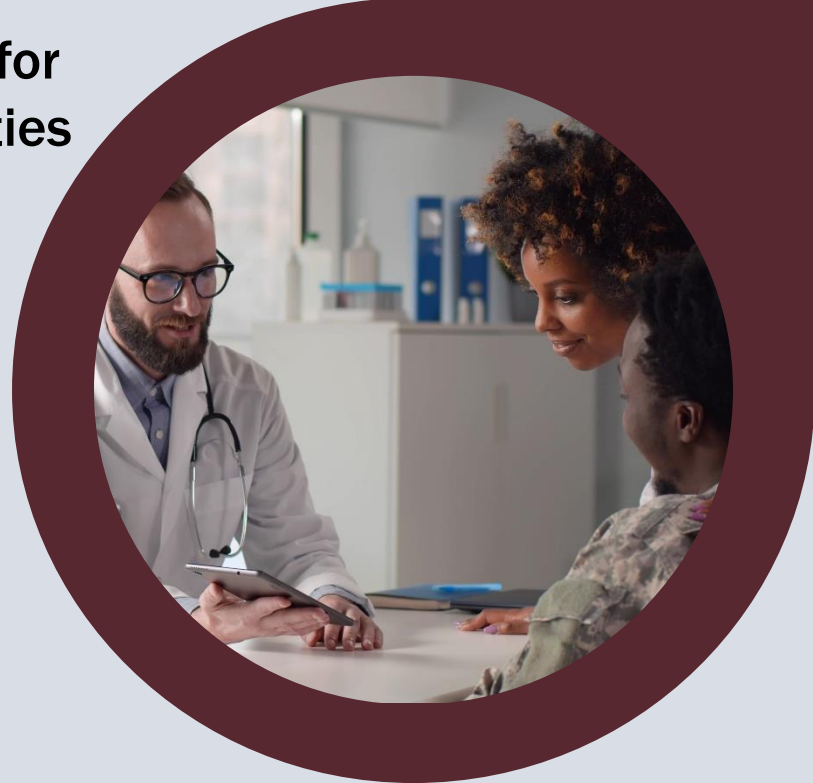
8:00 a.m. – 4:00 p.m. (Eastern Time Zone)

Earn up to 6.0 Continuing Education/Continuing Medical Education (CE/CME) credits!

Register here: <https://www.dhaj7-cepo.com/content/2024-may-ccss>

Please contact our team with any questions: dha.ncr.j7.mbx.continuing-education-office@health.mil

Event details are subject to change



Sign Up for TBICoE's Monthly Email Blasts!

TBI Providers' Brief

The TBICoE Providers' Brief presents information on new and revised TBI clinical recommendations, educational tools, research trends, and other resources that help medical providers evaluate and treat those who have sustained a TBI.

[Click here for TBI Providers' Brief](#)

TBI Resources

The TBI Resources provides TBI information and resources for service members, veterans, and their caregivers and families.

[Click here for TBI Resources](#)

Emails from TBICoE are disseminated monthly via MHS GovDelivery.



October 2023 Clinical Communities Speaker Series Home Study

Collaborative Best Practices in Military Health Care

Topics:

- iCOVER: Peer Based Intervention for Acute Stress Reaction
- Maxillofacial Prosthodontics and Speech-Language Pathologist Collaboration for Improved Speech and Swallowing Outcomes
- Ethical Responsibilities of a Military to the Social Determinants of Health of its Service Members
- Psychologically Informed Pain Self-Management Competencies for Providers: Perspectives from the National Institutes of Health-Department of Defense-U.S. Department of Veterans Affairs (NIH-DOD-VA) Pain Management Collaboratory
- The Role of Nutrition in Health & Human Performance: A Healthcare Leader's Perspective
- Assessing Social and Community Environments with National Data (ASCEND) for Veteran Suicide Prevention: Enhancing Surveillance of Non-Fatal Suicidal Self-Directed Violence



Registration is open!
Closes: **11 June 2024**

Earn up to 6.0
CE/CME credits!

Click here: <https://www.dhaj7-cepo.com/content/oct-2023-ccss-home-study-collaborative-best-practices-military-health-care> to participate in the home study



Improving Health and Building Readiness. Anytime, Anywhere — Always



CDERLearn

Training & Education

Continuing Education (CE)

Course Offering
CME/AAPA/CNE/CPE/CPT
Credits

www.FDA.gov/CDERLearn

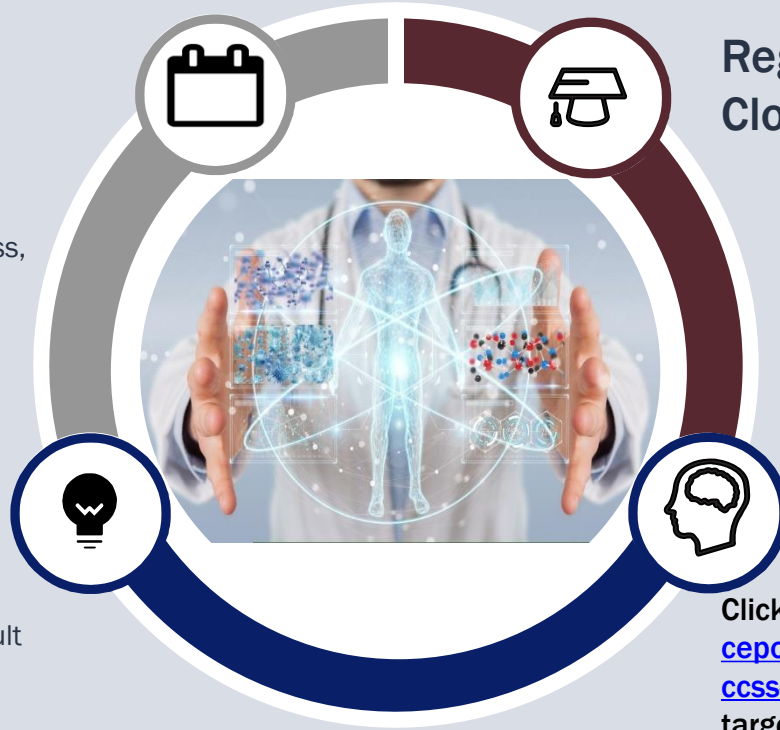


September 2023 Clinical Communities Speaker Series Home Study

Innovation-Based Updates in Modern Health Care Practice

Topics:

- Veterans Affairs (VA) Immersive Technology: Defining a New Reality in Health Care
- News You Should Know About Hearing Health: Overview of New 3-D Ear Model, Management Techniques for Hearing Loss, & More
- New and Emerging Biotechnologies in Military Medicine: Technical Capabilities and Ethical Considerations
- The Hard “Truth” About Musculoskeletal Pain: Perspectives from Providers vs. Patient
- Leveraging Clinical Care Pathways and Technology to Move Beyond Facial Reconstruction to Facial Restoration
- Innovations in Adolescent and Young Adult Care in the Military Health System



Registration is open!
Closes: 30 April 2024

Earn up to 6.0
CE/CME credits!

Click here <https://www.dhaj7-cepo.com/content/home-study-sep-2023-ccss-hs> to register and learn more about the target audience



Lifestyle Medicine & Food as Medicine Essentials

Extended through September 14, 2025 at 11:59pm PST

Brought to you by the Lifestyle & Performance Medicine Lecture Series. Complementary access to DoD healthcare professionals requiring CE credit courtesy of The American College of Lifestyle Medicine

Access Instructions:

- 1) Click the "Register Now" button
- 2) Sign in with your American College of Lifestyle Medicine (ACLM) account information or click on "Create A New Account" (free option)
- 3) Click on the "Register Myself" button to add the training to your shopping cart, then click Proceed to Checkout
- 4) Use promo code **ESS-DOD23** (case sensitive) for complementary access

5.5 Continuing Education (CE) Credits:

- Introduction to Lifestyle Medicine: 1 hour
- Food as Medicine: Nutrition for Prevention and Longevity module (3 hours)
- Food as Medicine: Nutrition for Treatment and Risk Reduction module (1.5 hours)

To learn more about education, training, and resources:



<https://lifestylemedicine.org/project/essentials>

Target Audience:

(Introductory Instructional Level)

Physicians • Physician Assistants • Nurses • Pharmacists • Social Workers • Psychologists • Occupational Therapists • Physical Therapists • Dentists • Optometrists • Registered Dietitians • Public Health Professionals • Exercise Physiologists • Podiatrists

Improving Health and Building Readiness. Anytime, Anywhere — Always



Performance Planning Overview

JKO Course: https://jkodirect.jten.mil/html/COI.xhtml?course_prefix=DHA&course_number=-US431-23

OVERVIEW

This JKO course addresses the Performance Planning Process.

TOPICS

- Purpose and Background of Performance Planning.
- Purpose of the Performance Planning model.
- Performance Planning development process.

TARGET AUDIENCE

All Military Health System personnel involved with the development and execution of Performance Planning.

Earn Up to 1.0 Continuing Education (CE) Credit provided by DHA J-7 Continuing Education Program Office (DHA J-7 CEPO) for healthcare executives (ACHE), physicians (ACCME), nurses (ANCC), physician assistants (AAPA), pharmacists (ACPE), psychologists (APA), and social workers (ASWB).

Requirement before claiming CE Credit: Complete the JKO training @ https://jkodirect.jten.mil/html/COI.xhtml?course_prefix=DHA&course_number=-US431-23.

This Continuing Education (CE)/Continuing medical Education (CME) activity is provided through DHA, J-7, CEPO and is approved for 1.0 CE/CME credit.

To register, participate and complete the posttest and evaluation, please visit the following link: <https://www.dhaj7cepo.com>

For more information, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil

Participation Costs:

There is no cost to participate in this activity.

Cancellation Policy:

You will be notified via email if the activity is cancelled.

Commercial Support:

There is no known commercial support for this activity.





BRAIN INJURY AWARENESS

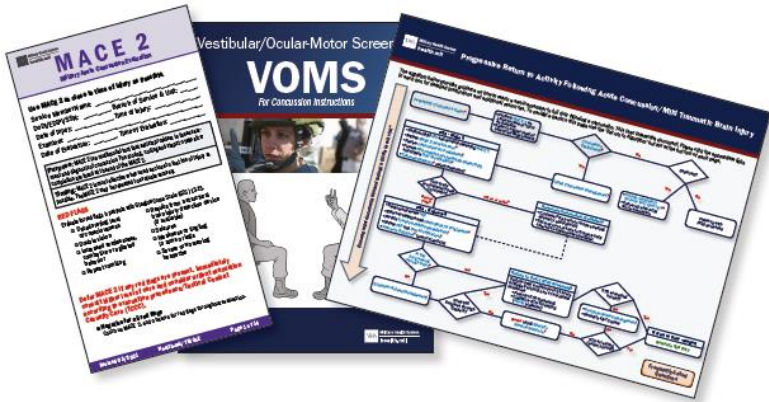


HEADS UP

- Hearing and balance injuries are common among service members
- Your hearing can be damaged by blasts, brain trauma, jet fuel, or long-term noise exposure
- You may or may not have hearing loss, so get it checked anyway
- See your doctor or hearing conservation manager for more information



Acute Concussion Care Pathway: Military Acute Concussion Evaluation 2 and Progressive Return to Activity Training



Date	Time
April 18, 2024	1-3 p.m. ET
July 18, 2024	12-2 p.m. ET
Oct. 17, 2024	1-3 p.m. ET

2 hours CE/CME credit offered

For more information on the above events, visit health.mil/ACCPathwayTraining.

For any questions, please email: dha.ncr.j-9.mbx.tbicoe-education@health.mil.



TBICoE 2024 Quarterly Education Series

June 20
2 p.m. – 4 p.m. ET

TBI: Left of The Boom

2 CE/CME Credit pending

September 20
2 p.m. – 4 p.m. ET

TBI: Mental Health and cognitive optimization

2 CE/CME Credit pending

November 14
2 p.m. – 4 p.m. ET

TBI: Optimizing Hearing and Vision Recovery

2 CE/CME Credit pending

For more information or to request calendar invites for any of the above events,
please email: dha.ncr-j-9.mbx.tbicoe-education@health.mil



Defense Centers for Public Health - Portsmouth



Warfighter Wellness Webinar Series

MANAGING SEXUALLY TRANSMITTED INFECTIONS



Sexually Transmitted Infections
Gonorrhea and Chlamydia



CDC STI Clinical Treatment Guidelines Update
Doxy Post-exposure Prophylaxis



STI Clinical Challenges
Expedited Partner Therapy



SAVE THE DATE

18

DAY

04

MONTH

24

YEAR

1200 - 1400
EST

OFFICIAL INVITATION TO FOLLOW

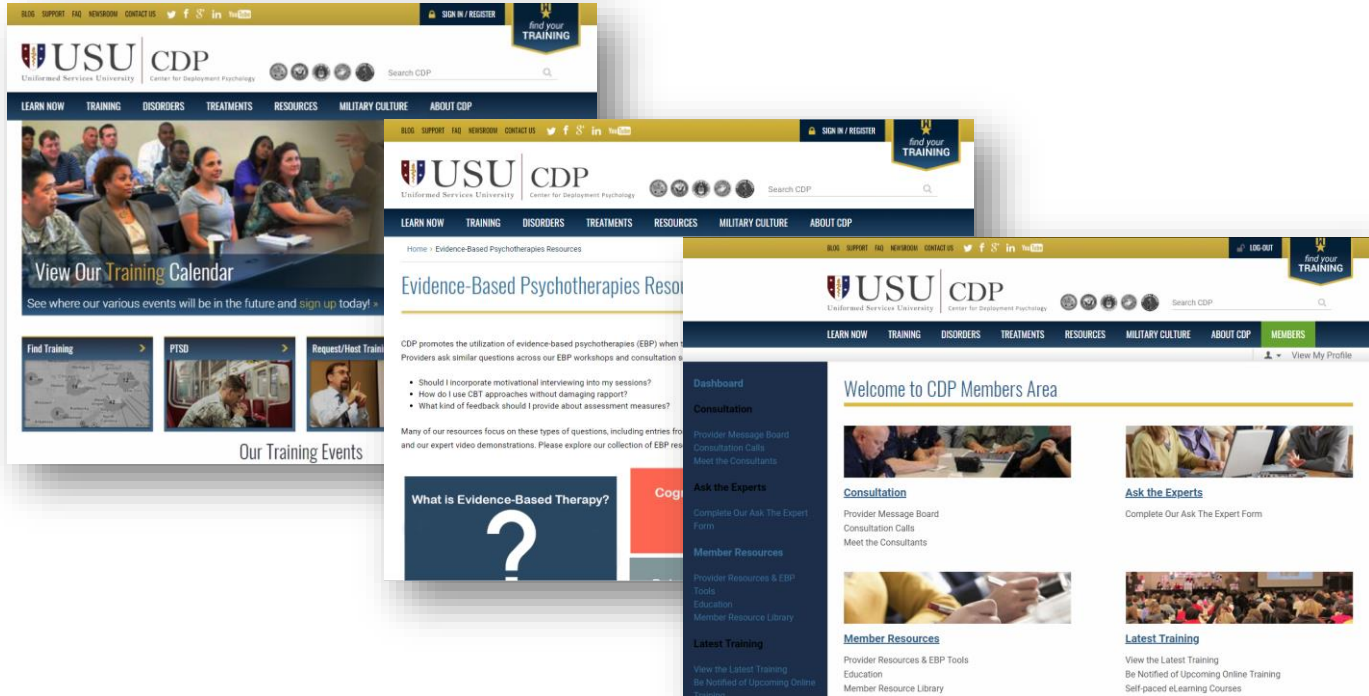
This webinar will be hosted via MS Teams

Please email us if you have any questions or need additional information
usn.hampton-roads.navmcpubhlthcenops.mbx.nmcpohc-sexual-health@health.mil

CDP



Join **THOUSANDS** of military behavioral health professionals in CDP's **Community of Practice**



www.deploymentpsych.org



COME AS YOU ARE:

Complex Presentations and Transdiagnostic Approaches

Center for Deployment Psychology - Evidence-Based Psychotherapy Conference

PMIs May 7-8, 2024 & Conference May 9, 2024

Keynote Address:

Arthur M. Nezu, PhD, ABPP & Christine M. Nezu, PhD, ABPP
Drexel University



Conference only: \$20

EBP Workshop +
Conference: \$45

Pre-meeting EBP Workshops

May 7-8:

- Motivational Interviewing Skills (MI)
- Prolonged Exposure Therapy for PTSD (PE)
- CBT for Insomnia (CBT-I)



**The Relevance of Emotion-Centered Problem-Solving
Therapy (EC-PST) for Veteran and Active Duty Populations**

Register now for the conference:
www.deploymentpsych.org/EBPConference

Training on Assessment of PTSD and Suicide Risk Management in Veterans



Supporting Providers
Who Serve Veterans



Free
Training

June 5-6 August 14-15
10:00 AM – 6:30 PM ET
14 Credits (APA, ACE, NASW)



Target Audience:

Licensed behavioral health providers who regularly treat U.S. Veterans (or who intend to treat U.S. Veterans) in the community can apply. This training is **NOT** intended for behavioral healthcare providers working in **VA or DoD** settings.

Register now for the training:
<https://deploymentpsych.org/TAPTSDSRMV>

29 AUG 2024
BETHESDA, MD

BRIDGING THE GAP

BEHAVIORAL HEALTH INNOVATIONS SUPPORTING MILITARY KIDS & FAMILIES



Military Children & Families Conference

Henry M. Jackson
Foundation Headquarters
6720A Rockledge Drive
Bethesda, Maryland
20817



Keynote Speaker

LTC Paul Patterson, MD, PhD,
Developmental-Behavioral Pediatrician
<http://deploymentpsych.ce21.com/item/bridging-the-gap-behavioral-health-innovations-supporting-military-kids-and-families>

Registration open
March 2024

Join Us!

This one-day, in-person conference is designed for behavioral health and healthcare clinicians, researchers, military stakeholders, policymakers, and advocates for military children and families.



IMMERSE

Yourself in a Learning

EXPERIENCE

Second to None



tinyurl.com/cdpvirtual

PRACTICAL FOR YOUR PRACTICE



CDP's Official

PODCAST

NOW STREAMING!

New Episodes
Every Two Weeks

deploymentpsych.org/CDP-Podcasts



Deployment-Related Topics

Guest Speakers

Free CEs



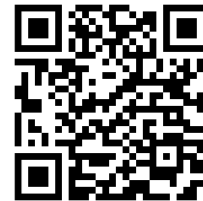
<http://deploymentpsych.org/webinars>

Attendee Testimonials

“ Thank you for an excellent presentation and great management of the tech side. These are better CE presentations than most—very high standard and I look forward to them every time. ”

“ The training was well-organized, clear, and engaging. One of the best Zoom trainings I have attended. I enjoyed the polls and questions asked in Chat so we could participate and get more out of the training. I learned tools that I can apply right away. ”

“ Every CDP [webinar] experience has been wonderful, professional, enlightening and productive. It leaves me with something new to support others better. ”



DOD CHILD COLLABORATION STUDY ASYNCHRONOUS TRAININGS

Fully Online Learning



Earn Free ASWB & APA CEs



Build Essential Skills



Designed for professionals working
with Military Youth and Families



deploymentpsych.org/DoDKidsStudy



17th Annual Amygdala, Stress, and PTSD Conference

BRAIN, BEHAVIOR, AND BEING: UNRAVELING STRESS

April 23, 2024

Virtual Conference

[Register Here](#)

- **Research Posters** from attendees will be displayed on the Conference [website](#).
- **Continuing Education** is available for physicians (CME) and psychologists (CE) for this event.

Accreditation and Designation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and the Center for the Study of Traumatic Stress. The APA is accredited by the ACCME to provide continuing medical education for physicians.

The APA designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. 28

February 2024 Clinical Communities Speaker Series Home Study

Clinical Considerations and Current Trends in Women's Health

Topics:

- An Analysis of the Cardiovascular and Hypertensive Disease in Pregnancy: Outcomes and Disparities
- Assessment of Ethical Issues Related to the Health Care of Women and Children: A Lookback at Recent Conflict Zones
- Implementation Journey of Postpartum Hemorrhage Bundle and Walk-in Contraception Services
- The Complex Intersection of Pelvic Floor Disorders and Mental Health: Clinical Perspectives
- 2023 Department of Veterans Affairs (VA)/Department of Defense (DoD) Clinical Practice Guideline on Pregnancy: Updates to Clinical Care and Application
- Research, Interventions and Equitable Care Updates in Premenstrual and Perimenopausal Women: A Focus on Improving Mental Health



Registration is open!
Closes: 31 December 2024

Earn up to 6.0
CE/CME credits!

Click here to register and learn more about the target audience: dhaj7-cepo.com/content/2024-feb-ccss-home-study-clinical-considerations-and-current-trends-womens-health



Save the Date: VA/DoD Women's Mental Health Mini-Residency July 2024

Be at the forefront of integrating gender-specific mental health care into clinical practice

Dates/Times: July 30, 2024 - August 1, 2024

Location: Washington, DC downtown area near public transit

This live mini-residency is designed to equip VA and DoD mental health providers with clinical knowledge and skills to deliver gender-specific and gender-informed care to women Veterans and Service members. Topics to be addressed in these interactive, sessions include: reproductive mental health, eating disorders and disordered eating, intersectionality, sexual health and functioning, emotion regulation, complex trauma and much, much more.

Interested participants are required to attend the mini-residency in its entirety. Continuing education credits will be provided at no cost to attending participants. We anticipate that 14-16 CEUs will be provided; details to follow. Attendees are responsible for personal travel costs.

Program description and highlights:

- The faculty includes nationally recognized subject matter experts who will share their knowledge on unique aspects of women's mental health, including influences of sex, gender and reproductive cycle stages.
- As DoD and VA clinicians are coming together for this training, this is a unique opportunity for participants to understand the continuum of experiences of women Veterans and Service members and gain knowledge to strengthen continuity of care across systems.
- Networking opportunities will be available within and between the Department of Veterans Affairs and Department of Defense.
- **Target Audience:** VA and DoD psychiatrists, physician assistants, advanced practice nurses, psychologists, social workers and counselors providing mental health care to women Veterans and Service members. Behavioral Health technicians are welcome to attend.

If you have questions or want to be notified when registration opens, DoD participants can email dha.ncr.j-3.mbx.bhcmt-wmh-mini-residency@health.mil and VA participants can email Sandy.Rowlands@va.gov.

DHA, J-7, HIV Pre-exposure Prophylaxis for the Primary Care Manager

Computer Based Training (CBT) JKO DHA-US1318

Overview

This computer-based training/course will address “HIV Pre-exposure prophylaxis for the Primary Care Manager”

Learning Objectives:

1. Apply DHA-Procedural Instruction (PI) 6025.29 requirements and updated 2021 Centers for Disease Control & Prevention/U.S. Public Health Service Clinical Practice Guidelines recommendations.
2. Outline how to prescribe medication regimens that are proven safe and effective for HIV-negative patients who meet recommended screening criteria for PrEP initiation to reduce their risk of HIV acquisition.
3. Educate providers about HIV PrEP medications, side effects, contraindications, and Food & Drug Administration-approved regimens to maximize safe use.
4. Identify techniques to provide support for medication adherence to help patients achieve and maintain protective levels of medication in their bodies.
5. Describe HIV risk reduction techniques, prevention services, and/or infectious diseases specialist referral resources.
6. Identify recommended schedule for monitoring patients to detect HIV infection, medication toxicities, and levels of risk behavior to make indicated changes in strategies to support patients' long-term health.

Target Audience

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Pharmacists/Pharmacy Technicians (ACPE) • And other health care professionals

This Continuing Education (CE)/Continuing medical Education (CME) activities is provided through DHA, J-7, CEPO and is approved for 1.0 CE/CME credit.

To register, participate and complete the posttest and evaluation, please visit the following link: <https://www.dhaj7-cepo.com/content/jko-dha-us1318-human-immunodeficiency-virus-hiv-pre-exposure-prophylaxis-prep-primary-care>

You have 14 days after the program to complete the posttest and evaluation to earn your CE certificate.

For more information, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil

Participation Costs:

There is no cost to participate in this activity.

Cancellation Policy:

You will be notified via email if the activity is cancelled.

Commercial Support:

There is no known commercial support for this activity.

Improving Health and Building Readiness. Anytime, Anywhere — Always



Ready Reliable Care: DHA's Journey to High Reliability

Accredited
through
October 9,
2024

Overview

This activity will be available on JKO (DHA US1216) for all DHA personnel. The DHA's efforts to become a high reliability organization has led to the creation of the Ready Reliable Care model, which adopts the application of Domains of Change and Principles.

Learning Objectives

1. Define the goal of high reliability and its impact on health care
2. Explain the concepts of Ready Reliable Care (RRC) and a High Reliability Organization (HRO)
3. Recall the Domains of Change and Principles of RRC
4. Describe examples of RRC Domains of Change and Principles

Target Audience

Physicians (ACCME) • Physician Assistants (AAPA) • Nurses (ANCC) • Psychologists (APA) • Pharmacists/Pharmacy Technicians (ACPE) • Social Workers (ASWB) • Healthcare executives (ACHE) • And other Defense Health Agency health care professionals earn a certificate of attendance

This Continuing Education (CE)/Continuing Medical Education (CME) activity is provided through DHA, J-7, CEPO and is approved for 1.00 CE/CME credit.

To register, participate and complete the posttest and evaluation, please visit the following link: <https://www.dhaj7-cepo.com/content/jko-ready-reliable-care-dhas-journey-high-reliability>

You must complete the posttest and evaluation to earn your CE/CME certificate.

For more information, please contact: dha.ncr.j7.mbx.continuing-education-office@health.mil

Participation Costs:

There is no cost to participate in this activity.

Cancellation Policy:

You will be notified via email if the activity is cancelled.

Commercial Support:

There is no known commercial support for this activity.

Improving Health and Building Readiness. Anytime, Anywhere — Always



DEFENSE MEDICAL MODELING AND SIMULATION OFFICE (DMMSO)

WHAT IS DMMSO?

- ▶ DMMSO provides the DoD and other stakeholders with shared, complementary, and supportive Medical Modeling and Simulation (MM&S) business line services

WHAT DO WE DO?

- ▶ Manage shared service MM&S capabilities and solutions to support medical education and training
- ▶ Support the development, management, and integration of requirements, capabilities, and systems for MM&S in health care operations
- ▶ Promote the use of MM&S across the Department
- ▶ Improve medical readiness, survivability, quality of care, patient safety, and efficiency



COL Maria Molina

Acting Director, Education & Training (J-7),
DHA



Falls Church, Virginia

703-681-6305

Mr. Ruben Garza

Acting Division Chief, Medical Modernization
and Simulation Division



San Antonio, Texas

210-896-3565

NEED SIMULATION SUPPORT? HAVE QUESTIONS?
CONTACT US



National Capital Region Pain Initiative Trainings

1) Monthly Case Based Webinars:

- Addiction (1st Tuesday noon)
- Functional Medicine (1st Tuesday of the month at 1500)
- Acupuncture/ Integrative Medicine (1st Wednesday noon)
- Pain (1st Thursday noon)

2) Applied Functional Medicine in Clinical Practice-Phase 1 & 2 (Partnering with the Institute for Functional Medicine)-Applications Fall 2023 for Spring 2024

3) Osteopathic Manipulation- Partnering with Dr. Jay Sandweiss Spring 2024 (April)

4) 14th Annual Pain Care Skills Training- Virtual & In Person TBA (August 2024)

5) 8th Annual Substance Use Disorder Symposium- Virtual Only-(September 2024)

6) For Provider & Patient Resources visit www.ncrpi.org

*To be added to the interested list for any of these opportunities please email:

DHA NSA Bethesda J-11 Mailbox NCRPI Trainings

dha.bethesda.j-11.mbx.ncrpi-trainings@health.mil





BRAIN INJURY AWARENESS



Our hearing and vision providers
have unique capabilities to support
vision and hearing dysfunction related to TBI



Hear for Life



AUDIOLOGY AWARENESS



HEARING.HEALTH.MIL

National Capital Region Pain Initiative Trainings

www.ncrpi.org for resources for providers & patients



Home Patient Resources Provider Training & Tools Additional Resources

National Capital Region Pain Initiative (NCRPI)

The NCRPI, under the Defense Health Agency (DHA), provides pain resources to patients and providers within the Army, Navy, Air Force & Coast Guard across the National Capital Region and beyond

See Provider Training and Tools for
2021 Pain Care Skills Training &



Improving Health and Building Readiness. Anytime, Anywhere — Always





VHA WHOLE HEALTH COACHING

The virtual Whole Health Coaching course integrates principles of change theory and practice to support Veterans in realizing their health potential.

TIME COMMITMENT:

Pre-Course Orientation - 1 hr
Session 1 - 25 hrs
Between session Triad Calls - 6 hrs
Session 2 - 24 hrs
Asynchronous Learning - 5 hrs
Session 3 - 25 hrs
Post-Course Triad Calls - 6 hrs
Asynchronous Learning - 15 hrs

COURSE FORMAT:



Virtual learning (Zoom)
Class discussion
WH coaching practice
Skills practice
Small groups

*Daily tech support will be available

COURSE ACCREDITATION:



NBHWC

Participants wishing to receive CEUs and a certificate of completion required for their application for NBC-HWC certification must attend all three weeks of training (75 hrs), all 12 hours of triad practices, and all 20 hours of asynchronous training.


LEAVE WITH THE SKILLS TO:

- Assist the Veteran in developing a personalized health plan that is based on what matters most to the Veteran; the plan is based on the Veteran's own goals, values, preferences, and lifestyle. The agenda is the Veteran's.
- Partner with the Veteran with proactively taking action toward behavior change that is present-and future-oriented.
- Recognize that health is much broader than the absence of disease. The emphasis is on health enhancements/strengths rather than disorders/weaknesses.
- Support the Veteran in achieving their standard of optimal health that takes into account the mental, physical, and social well-being of the Veteran.

Register [HERE](#)

For more information, contact:
opcccteducationteam@va.gov

Grab Your Ear Protection



Wear hearing protection to prevent injury and maintain the ability to do your job

AUDIOLOGY AWARENESS



HEARING.HEALTH.MIL



BRAIN INJURY AWARENESS



WEAR PROTECTIVE GEAR TO SAFEGUARD AGAINST INJURY

HEARING

- Ear plugs
- Noise muffs
- Noise attenuating helmets
- Tactical communication systems

VISION

- DOD Approved Protective Eyewear List spectacles
- Safety goggles for appropriate tasks
- Use of best practices for eye safety





Veterans Integration to Academic Leadership (VITAL) What to Expect From Your VA VITAL Service

The mission of VITAL is to provide world-class healthcare to improve the overall mental health of Veterans while supporting their successful integration into college and university campuses through seamless access to VA healthcare services and on-campus clinical counseling. VITAL provides care coordination and promotes positive cohesion between Veterans and the entire learning community through campus and community education and training.

ELIGIBILITY

- Veterans who meet VHA eligibility criteria for healthcare services are eligible to receive VITAL services

CLINICAL SERVICES

- Seamless access to VA healthcare services and on-campus clinical counseling;
- Provide evidence based on-campus mental health counseling by a licensed mental health provider
- Facilitate on-campus enrollment into VA programs
- Develop individualized treatment plans and education goals with Veterans to improve successful academic and social integration
- Collaborate with existing campus mental health providers or counseling centers

CARE COORDINATION SERVICES

- Provide efficient care coordination of all available services;
- Connect Veterans with VA, campus and community resources and assist them in navigating those services to support their educational success and overall wellness.
- Educate student Veterans on benefits available to them

EDUCATION AND TRAINING SERVICES

- Promote positive cohesion between Veterans and the entire learning community through campus and community clinical education and training;
- Provide educational trainings on military culture and specific mental health topics such as PTSD, anxiety, etc., to increase awareness about student Veterans needs and strengths



For more information and a listing of VITAL program sites visit the VA College Toolkit:

<https://www.mentalhealth.va.gov/student-veteran/>

What Audiologists do to Keep You **Healthy**



- Conduct hearing exams
- Fit you with hearing protectors
- Provide hearing education & training
- Assess & treat hearing issues
- Provide consultation on noise-hazardous areas
- Monitor your hearing health

AUDIOLOGY AWARENESS

Virtual Medical Library (VML)

The MHS Medical Library (MML)
is now the **VML**

"New Year, New Name."

The **VML** provides access to high-quality, evidence-based medical, nursing, and allied health information resources to MHS personnel.

RESOURCES

- Online Journals
- Online Books
- Databases
- Free Continuing Education
- Mobile Apps



Visit the VML website using the desktop icon (pictured above) or the QR code below for more information:





BRAIN INJURY AWARENESS



HEAD INJURY?

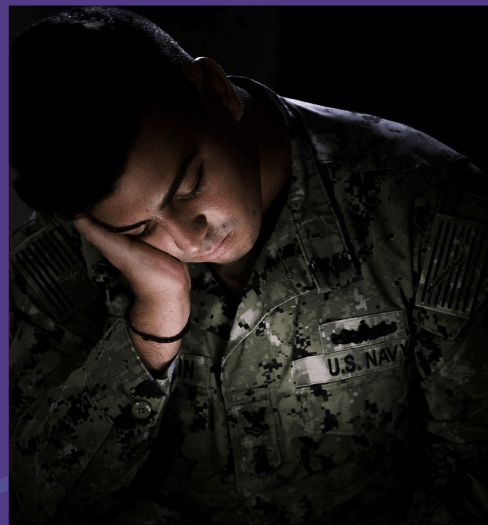
Seek medical help if you have these warning signs:

HEARING

- Dizziness
- Ringing, buzzing or other sounds in your ears or head
- Trouble hearing words in noisy environments

VISION

- Dizziness
- Blurry or double vision
- Trouble reading
- Flashes and/or floaters



We have eGuidelines+

A Better Way to Access AORN Guidelines



Get access to resources to support patient safety and quality outcomes including:

- AORN Guidelines for Perioperative Practice
- Evidence-based recommendations
- Clinical checklists
- Templates
- Competency verification tools
- Audit tools
- And more

<https://aornguidelines.org/>



Health Care Providers: Complete the Airborne Hazards and Open Burn Pit Registry Training

Learn about airborne hazards exposures, the registry, and how to conduct registry medical evaluations

Visit Joint Knowledge Online at <https://jkodirect.jten.mil> and search for **DHA-US035 Airborne Hazards and Open Burn Pit Registry Overview**

Continuing education credit available

Photo courtesy of DVIDS
by Sgt. Mike MacLeod

For more information about the registry, visit [Health.mil/AHBurnPitRegistry](https://health.mil/AHBurnPitRegistry).