



**Defense Health Agency, J-7, Continuing Education Program Office
Clinical Communities Speaker Series**

Evidence-Based and Promising Practices in Pediatric Care for Military Children and Youth

**4 April 2024
0855 – 1730 (ET)**

Purpose

The Defense Health Agency (DHA), J-7, Continuing Education Program Office (CEPO) Clinical Communities Speaker Series (CCSS) events are designed to address the professional practice gaps of our learners to improve the care that our health care professionals deliver. This continuing education (CE)/continuing medical education (CME) event is conducted to achieve results that reflect a change in skills, competence, and performance of the health care team, and patient outcomes. Collaboration occurs with the Department of Defense, several government agencies, and other civilian experts for recruitment of academic subject matter experts (SMEs), clinicians, and researchers to present on current promising, evidence-based research and best practices, thus enhancing the overall educational experience. Participants are expected to apply what they learned in providing patient care individually and collaboratively as a team towards improved patient outcomes.

Target Audience

This activity is designed to meet the educational needs of Physicians, Nurses, Pharmacists, Pharmacy Technicians, Physician Assistants, Optometrists, Social Workers*, Audiologists*, Speech Language Pathologists*, Psychologists, Dentists, Dental Hygienists, Dental Technicians, Registered Dietitians, Dietetic Technicians, Athletic Trainers, Case Managers, Certified Counselors, Occupational Therapists, Occupational Therapist Assistants, Kinesiotherapists, and Healthcare Executives*. This activity is also approved for physicians who are board certified with the American Board of Pediatrics* and other health care professionals who support/care for U.S. active-duty service members, reservists, Coast Guard, Public Health Service, National Guardsmen, military veterans, and their families.

Program Overview

This event will explore the evidence-based practices in the care of the pediatric patient through educational content created by military and civilian Subject Matter Experts specializing in bioethics, research, healthcare, and academia. Each session is designed to refine the quality of care, achieve the best outcomes, and improve population health in children and youth. Attending this continuing education opportunity will advance the practice, skills, and knowledge of the pediatric care provider in service to children and youth engaged in the military and civilian healthcare and education system.

Program Agenda

Time (ET)	Titles/Speakers	Learning Objectives
0855 –0900	<p>Welcome Remarks</p> <p>Lolita T. O’Donnell, Ph.D., M.S.N., R.N. Division Chief, LEADS Academic Superintendent, CEPO Education and Training Directorate (J-7) Defense Health Agency Falls Church, Va.</p>	

<p>0900-0910</p>	<p>Opening Remarks</p> <p>Gregory Leskin, Ph.D. Director, The National Child Traumatic Stress Network Military and Veteran Families and Children & Academy on Child Traumatic Stress University of California, Los Angeles/Duke University, National Center for Child Traumatic Stress Los Angeles, Calif.</p>	
	<p>Moderator</p> <p>Army Col. Joseph May, M.D., M.P.H., F.A.A.P., F.A.C.C. Chief, Department of Pediatrics Walter Reed National Military Medical Center Associate Professor of Pediatrics Uniform Services University of the Health Sciences Bethesda, Md.</p>	
<p>0910-1010</p>	<p>S01: Overdiagnosis or Underdiagnosis? Considerations for Diagnosing and Treating ADHD and Autism</p> <p>Jennifer Ulbricht, Ph.D. Program Lead, Child and Family Behavioral Health Behavioral Health Clinical Management Team/Medical Affairs Defense Health Agency DHA Headquarters Falls Church, Va.</p>	<ol style="list-style-type: none"> 1. Distinguish three contributing factors for over-diagnosis and under-diagnosis of ADHD and ASD. 2. Describe possible consequences of over-diagnosis and under-diagnosis. 3. Identify best practices to avoid over and under-diagnosis.
<p>1010-1020</p>	<p>Break</p>	
<p>1020-1120</p>	<p>S02: Or At Least Do No Harm: The Complexities of Pediatric Healthcare Ethics</p> <p>Navy Cmdr. (Retired) Theophil A. Stokes, M.D. Medical Director, Neonatology, Howard University Hospital Associate Chief, Division of Regional Hospital Based Specialties Children's National Hospital Associate Professor of Pediatrics, The George Washington University School of Medicine, and Health Sciences Washington, DC</p>	<ol style="list-style-type: none"> 1. Review the 4 main tenets of healthcare ethics: beneficence, non-maleficence, justice, and autonomy. 2. Apply the 4 tenets to pediatric healthcare ethics, where surrogate decision-makers are typically involved. 3. Analyze ways in which an over-reliance on autonomy might make it harder to apply these ethical principles.

1120 – 1130	Break	
1130 – 1300	<p>S03: Pediatric Immunizations: Current and Future Considerations</p> <p>Army Col. (Retired) Cecilia Mikita, M.D., M.P.H., F.A.A.A.A.I. Medical Director North Atlantic Region Vaccine Safety Hub DHA-Public Health (DHA-PH) Immunization Healthcare Division Bethesda, Md.</p> <p>Lakshmi Panagiotakopoulos, M.D., M.P.H. Co-Lead, COVID-19 vaccine Advisory Committee on Immunization Practices Work Group Coronavirus and Other Respiratory Viruses Division (CORVD) Centers for Disease Control and Prevention Atlanta, Ga.</p>	<ol style="list-style-type: none"> 1. Compare and contrast active and passive immunity. 2. Differentiate different meningococcal vaccines. 3. Identify target populations for new vaccines.
1300 – 1400	Break	
1400 – 1500	<p>S04: Mental Health Needs Amongst Military Children and Youth: Strategies to Improve Access and Outcomes</p> <p>Mary Acri, Ph.D. Chief, Child and Adolescent Services Research Program and Clinical Epidemiology Branch Division of Services and Intervention Research National Institute of Mental Health Bethesda, Md.</p>	<ol style="list-style-type: none"> 1. Summarize the mental health risks and contributing factors that are unique to youth whose caregiver(s) are employed by the military. 2. Describe and critique existing (and a lack of) mental health services for such youth within various settings, including schools, primary care, specialty care, and other naturalistic settings. 3. Review NIMH priorities, funding announcements, and existing projects targeting military children and families. 4. Propose avenues of future research, including effectiveness testing in real-world settings and addressing implementation challenges.
1500 – 1510	Break	
1510 – 1610	<p>S05: The Millennium Cohort Program: Understanding Risk and Context in the Life Course of the Military Child</p> <p>Hope Seib McMaster, Ph.D. Principal Investigator, Millennium Cohort Family Study and Study of Adolescent Resilience Naval Health Research Center San Diego, Calif.</p> <p>Sabrina Richardson, Ph.D. Research Psychologist for the Millennium Cohort Program NHRC San Diego, Calif.</p>	<ol style="list-style-type: none"> 1. Identify experiences that may be influential for military children, when reviewing findings from the Millennium Cohort Program. 2. Understand children in the military life cycle and how this predictable sequence of events may inform child and family adaptation. 3. Consider children’s development and how the developmental context is itself a key lens for viewing military and nonmilitary stress and resilience.

1610-1620	Break	
1620-1720	<p>S06: Addressing Problematic Technology Use in Children and Youth</p> <p>Navy Lt. Cmdr. Nathan R. Moon, Psy.D., A.B.P.P. Clinical Child Psychologist Educational and Developmental Services Navy Medicine Readiness and Training Center Okinawa Okinawa, Japan</p>	<ol style="list-style-type: none"> 1. Explore the research regarding the relationship between social media and mental health outcomes in youth including pros and cons of childhood social media access. 2. Understand the psychological impact of technology use on youth, including effects on attention, social development, and emotional well-being. 3. Identify strategies to promote healthy technology habits among youth, including the role of parental involvement.
1720-1730	<p>Closing Remarks</p> <p>Army Col. Maria Molina, M.D., F.A.C.O.G., F.A.C.S., C.H.S.E. Acting Director, J-7, Education and Training Defense Health Agency Falls Church, Va.</p>	

This agenda is subject to change.

Continuing Education

This CE/CME activity is provided through the DHA J-7 CEPO and is approved for a total of 6.5 CE/CMEs.

Commercial Support:

No commercial support was provided for this activity.

Participation Costs:

There is no cost to participate in this activity.

CE/CME Inquiries:

For all CE/CME related inquiries, please contact us at: dha.ncr.j7.mbx.cepo-cms-support@health.mil