



**Defense Health Agency, J-7, Continuing Education Program Office  
Clinical Communities Speaker Series**

**Targeted Interventions Focused on the Whole Health and Wellbeing of the Military Child**

**27 April 2023**

**0745 – 1730 (ET)**

**Purpose**

The Defense Health Agency (DHA), J-7, Continuing Education Program Office (CEPO) Clinical Communities Speaker Series (CCSS) events are designed to address the professional practice gaps of our learners to improve the care that our health care professionals deliver. This continuing education (CE)/continuing medical education (CME) event is conducted to achieve results that reflect a change in skills, competence, and performance of the health care team, and patient outcomes. Collaboration occurs with the Department of Defense, several government agencies, and other civilian experts for recruitment of academic subject matter experts (SMEs), clinicians, and researchers to present on current promising, evidence-based research and best practices, thus enhancing the overall educational experience. Participants are expected to apply what they learned in providing patient care individually and collaboratively as a team towards improved patient outcomes.

**Target Audience**

This activity is designed to meet the educational needs of Physicians, Nurses, Pharmacists, Pharmacy Technicians, Physician Assistants, Optometrists, Social Workers\*, Audiologists\*, Speech Language Pathologists\*, Psychologists, Dentists, Dental Hygienists, Dental Technicians, Registered Dietitians, Dietetic Technicians, Athletic Trainers, Case Managers, Certified Counselors, Occupational Therapists, Occupational Therapist Assistants, Physical Therapists/Physical Therapist Assistants\*, Kinesiotherapists, and Healthcare Executives\*. This activity is also approved for physicians who are board certified with the American Board of Pediatrics\* and other health care professionals who support/care for U.S. active-duty service members, reservists, Coast Guard, Public Health Service, National Guardsmen, military veterans, and their families.

**Program Overview**

This event will explore the evidence-based practices in the care of the pediatric patient through educational content created by military and civilian Subject Matter Experts specializing in bioethics, research, healthcare, and academia. Each session is designed to refine the quality of care, achieve the best outcomes, and improve population health in children and youth. Attending this continuing education opportunity will advance the practice, skills, and knowledge of the pediatric care provider in service to children and youth engaged in the military and civilian healthcare and education systems.

**Program Agenda**

Time (ET)	Titles/Speakers	Learning Objectives
0745 – 0750	<p><i>Welcome Remarks</i></p> <p><b>Lolita T. O’Donnell, Ph.D., M.S.N., R.N.</b>            Division Chief,            Leadership Education Analysis Development Sustainment (LEADS) Division            Academic Superintendent,            Continuing Education Program Office (CEPO),            J-7, Education and Training (E&amp;T) Directorate,            Defense Health Agency            Falls Church, Va.</p>	

Time (ET)	Titles/Speakers	Learning Objectives
0750 – 0800	<p><b>Opening Remarks</b></p> <p><b>Army Col. Joseph W. May, M.D., M.P.H., F.A.A.P., F.A.C.C.</b>            Chief, Department of Pediatrics,            Walter Reed National Military Medical Center            Associate Professor of Pediatrics, F. Edward Hébert School of            Medicine,            Uniformed Services University of the Health Sciences            Bethesda, MD</p>	
	<p><b>Moderator</b></p> <p><b>Army Col. Patrick W. Hickey, M.D., F.A.A.P., F.I.D.S.A.</b>            Professor and Chair, Department of Pediatrics,            Uniformed Services University of the Health Sciences            Bethesda, MD</p>	
0800 – 0900	<p><b>S01: Assessment and Treatment of Pediatric Obesity</b></p> <p><b>Navy Capt. Jill E. Emerick, M.D., F.A.A.P., D.A.B.O.M.</b>            Associate Professor of Pediatrics            Uniform Services University of the Health Sciences            Staff Pediatric Endocrinologist, Healthy Habits Clinic            Director            Walter Reed National Military Medical Center            Bethesda, MD</p>	<ol style="list-style-type: none"> <li>1. Discuss the effect of childhood obesity on the United States Armed Forces.</li> <li>2. Diagnose overweight, obesity and severe obesity and discuss the diagnosis with non-stigmatizing language.</li> <li>3. Screen for appropriate co-morbidities.</li> <li>4. Develop an appropriate treatment plan for patients with obesity.</li> </ol>
0900 – 0910	<p><b>Break</b></p>	
0910 – 1010	<p><b>S02: Concussion Mythbusters: Management &amp; Evidence-Based Practices</b></p> <p><b>Air Force Maj. Elvira Chiccarelli, M.D., F.A.A.P., F.A.B.O.M.</b>            Staff Physician, Adolescent Medicine,            Jennifer Moreno Primary Care Clinic            Chief, Obesity Multi-Disciplinary Clinic,            Air Academy Liaison Officer,            Fort Sam Houston, Texas</p>	<ol style="list-style-type: none"> <li>1. Identify community supports and players in pediatric concussion, and be prepared to analyze the concussion landscape related to their practice.</li> <li>2. Apply the physiological mechanism of concussion injury to their clinical practice.</li> <li>3. Collaborate with stakeholders across the health and education systems to evaluate and manage concussion in pediatric and adolescent patients.</li> </ol>
1010 – 1020	<p><b>Break</b></p>	
1020 – 1120	<p><b>S03: Promoting Positive Childhood Experiences in Military Children</b></p> <p><b>Binny Chokshi, M.D., M.Ed.</b>            Associate Professor of Pediatrics,            Division of Military Child and Family Research,            Department of Pediatrics,            Uniformed Services University of the Health Sciences            Bethesda, MD</p>	<ol style="list-style-type: none"> <li>1. Summarize existing research linking Adversity and Positivity to long term health outcomes.</li> <li>2. Describe the elements of the four Building Blocks of HOPE.</li> <li>3. Apply the HOPE framework and identify opportunities to support and promote positive childhood experiences in military pediatrics.</li> </ol>

1120 – 1130	<b>Break</b>	
1130 – 1300	<p><b><i>S04: Diversity, Equity, and Inclusion in Pediatric Medicine: An Ethical Discussion</i></b></p> <p><b>Gabrina L. Dixon, M.D., M.Ed., F.A.A.P.</b>  Attending Physician,  Associate Medical Education Director,  Howard Medical Student Inpatient Rotation Director,  Hospital Medicine Division,  Children's National Hospital  Associate Professor of Pediatrics,  George Washington University School of Medicine  and Health Sciences  Washington, DC</p> <p><b>Ms. Brigid Herrick, M.P.H., M.S., C.P.X.P.</b>  Chief Experience Officer,  Healthcare Ethics Committee Co-Chair  Walter Reed National Military Medical Center  Bethesda, MD</p> <p><b>Army Chaplain Maj. Vincent Bain, Ph.D., M.Div., M.B.E.</b>  Ethics Advisor,  Healthcare Ethics Committee Co-Chair  Walter Reed National Military Medical Center  Bethesda, MD</p>	<ol style="list-style-type: none"> <li>1. Describe the current state of diversity in medicine, specifically academic pediatrics.</li> <li>2. Identify how bias can impact career development.</li> <li>3. Discuss how bias creates inequities in the care of diverse patient populations.</li> <li>4. Summarize the interdisciplinary nature of Bioethics and its relationship to medical ethics, diversity, equity, and inclusion (DEI), and bias.</li> <li>5. Explain the impact bias can have on pediatric patient care.</li> </ol>
1300 – 1330	<b>Break</b>	
1330 – 1500	<p><b><i>S05: Identifying and Addressing Food Insecurity in Military Members and Families: A Panel Discussion</i></b></p> <p><b>Air Force Lt. Col. Heidi L. Clark, M.S., R.D.</b>  Chief, Nutritional Medicine Clinical Support Service  Defense Health Agency  Falls Church, Va.</p> <p><b>Arletta Eldridge-Thompson, M.Ed.</b>  Health Promotion Coordinator  Joint Base Pearl Harbor  Hickam Air Force Base, Hawaii</p> <p><b>Elizabeth Hisle-Gorman, M.S.W., Ph.D.</b>  Associate Professor,  Director, Division of Military Child &amp; Family Research,  Department of Pediatrics,  Uniform Services University of the Health Sciences  Bethesda, MD</p> <p><b>Air Force Capt. Sidney Zven, M.D.</b>  PGY-3 Pediatric Resident  Walter Reed National Military Medical Center  Bethesda, MD</p>	<ol style="list-style-type: none"> <li>1. Outline factors present in military members and families which may increase risk for food insecurity.</li> <li>2. Recognize the potential impacts of food insecurity to individual or family health and wellbeing.</li> <li>3. List diverse stakeholders who may be positioned to screen a military population for food insecurity.</li> <li>4. Identify community, installation, and medical resources which may be part of developing a local approach to combat food insecurity.</li> </ol>

<b>1500 – 1510</b>	<b>Break</b>	
<b>1510 – 1610</b>	<p><b><i>S06: Integrating Trauma Informed Care into the Patient Care Model Across the Health Professions Serving Military Children and Youth</i></b></p> <p><b>Komkwuan Paruchabutr, D.N.P., F.N.P.-B.C., W.H.N.P.-B.C., C.N.M., F.A.C.N.M.</b>  Assistant Professor,  Daniel K. Inouye Graduate School of Nursing,  Uniformed Services University of the Health Sciences  Bethesda, MD</p>	<ol style="list-style-type: none"> <li>1. Identify risk factors and symptoms of trauma in children and adolescents.</li> <li>2. Describe the Distress-Emotional Support-Family (DEF) Framework.</li> <li>3. Apply techniques to help children and youth develop resiliency skills.</li> <li>4. Utilize resources for Trauma-Informed Care in the primary care setting.</li> </ol>
<b>1610-1620</b>	<b>Break</b>	
<b>1620-1720</b>	<p><b><i>S07: Evaluation and Management of Mental Health Emergencies in Children and Adolescents</i></b></p> <p><b>Navy Cmdr. Robyn M. Treadwell, M.D.</b>  Assistant Professor,  Uniform Services University of the Health Sciences  Plans and Policy Officer, Office of the Medical Corps,  Bureau of Medicine and Surgery  Falls Church, Va.</p>	<ol style="list-style-type: none"> <li>1. Differentiate psychotic from non-psychotic presentations in children and adolescents.</li> <li>2. Establish preliminary differential diagnosis for agitated children and adolescents.</li> <li>3. Complete a brief safety assessment for suicide.</li> </ol>
<b>1720-1730</b>	<p><b><i>Closing Remarks</i></b></p> <p><b>Air Force Col. Dianne Stroble, N.C., N.E.-B.C.</b>  Director, Education and Training J-7  Defense Health Agency  Falls Church, Va.</p>	

This agenda is subject to change.

**Continuing Education**

This CE/CME activity is provided through the DHA J-7 CEPO and is approved for a total of 8.0 CE/CMEs.

**Commercial Support:**

No commercial support was provided for this activity.

**Participation Costs:**

There is no cost to participate in this activity.

**CE/CME Inquiries:**

For all CE/CME related inquiries, please contact us at: [dha.ncr.j7.mbx.cepo-cms-support@health.mil](mailto:dha.ncr.j7.mbx.cepo-cms-support@health.mil)