



**Defense Health Agency, J-7, Continuing Education Program Office**

**Sickle Cell Trait: What you Need to Know, 2023**

**Internet Activity Enduring Material, January 1, 2023 – December 31, 2023**

**Continuing Education (CE)/Continuing Medical Education (CME) Information**

This CE/CME activity is accredited by the DHA, J-7, Continuing Education Program Office (CEPO). This activity provides continuing education for This activity provides continuing education for physicians, nurses, physician assistants, pharmacists, social workers, psychologists, athletic trainers, occupational therapists, occupational therapy assistants, kinesiotherapists, healthcare executives, physical therapists, and physical therapist assistants.

A certificate of attendance is available for other attendees.

**Sickle Cell Trait: What You Need to Know, 2023 (1.00 clock hour)**

**Learning Objectives:**

1. Identify four medical conditions for which members with sickle-cell trait (SCT) are at increased risk.
2. Outline the symptoms of exercise collapse associated with sickle-cell trait (ECAST) and determine how to mitigate the risk of ECAST.
3. Explain all of the newly implemented Service specific mandates for medical providers regarding members with sickle cell trait.

**Faculty:**

Army COL Jay Dintaman, M.D. Presenter has no financial or non-financial relationships to disclose.

Army COL Michael Szczepanski, M.D. Presenter has no financial or non-financial relationships to disclose.

Army LTC Yolonda Stephens, B.S.N. Presenter has no financial or non-financial relationships to disclose.

Air Force Col. Carlton Covey, M.D., M.Ed., F.A.A.F.P. Presenter has no financial or non-financial relationships to disclose.

**Disclosures:**

DHA J-7 staff, Planning Committee Members and content reviewers have no financial or non-financial interest to disclose. All faculty members have no financial or non-financial interest to disclose.

**Interprofessional Continuing Education (IPCE)**



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, the DHA, J-7, CEPO is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team. This activity was planned by and for the health care team, and learners will receive 1.00 Interprofessional Continuing Education (IPCE) credit for learning and change.

**Physicians (ACCME)**



DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. DHA, J-7, CEPO designated this enduring material (home study) for a maximum of 1.00 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses (ANCC)**

The DHA, J-7, CEPO is accredited by the Joint Accreditation/ Interprofessional Continuing Education (IPCE) to provide this Continuing Nursing Education enduring material (home study) for a maximum of 1.00 ANCC contact hour. Nurses should only claim credit commensurate with the extent of their participation in the activity.

## Pharmacists (ACPE)



### UAN JA4008136-0000-23-020-H04-P

No valid paper/electronic statement of credit will be offered. DHA, J-7, CEPO is accredited by the American Council for Pharmacy Education (ACPE) to provide continuing education for Pharmacists. This knowledge based activity will provide a maximum of 1.00 contact hour of pharmacy continuing education credit. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

## Physician Assistants (AAPA) - Enduring



DHA, J-7, CEPO has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.00 hour of AAPA Category 1 CME credits. Approval is valid until 31 December 2023. Physician assistants should only claim credit commensurate with the extent of their participation.

## Social Workers (ASWB)



As a Jointly Accredited Organization, [Provider name] is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.00 clinical continuing education credit.

## Psychologists (APA)



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The DHA, J7, CEPO maintains responsibility for the content of the programs. DHA, J-7, CEPO designated this activity for a maximum of 1.00 CE credit. The instructional level of this activity is intermediate. There is no cost to participate.

## Athletic Trainers (BOC)



The DHA, J-7, CEPO (BOC AP #: P12034) is approved by the Board of Certification, Inc., to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 1.0 Category A hours/Continuing Education Units (CEUs). ATs should claim only those hours actually spent in the educational program.

## ACCME Non-Physician CME Credit

DHA, J-7, CEPO is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education. ACCME Non-Physician CME Credit providers will be provided a certificate of participation for educational activities certified for *AMA PRA Category 1 Credit*<sup>™</sup>. ACCME Non-Physician CME Credit providers may receive a maximum of 1.00 hour for completing this internet activity enduring material.

## Occupational Therapists and Occupational Therapy Assistants (AOTA)



The DHA, J-7, CEPO is an American Occupational Therapy Association (AOTA) Approved Provider of professional development (PD). PD activity approval ID# 3112. This distance learning-interactive is offered at 0.1 CEU intermediate, foundational knowledge. AOTA does not endorse specific course content, products, or clinical procedures.

## Physical Therapists and Physical Therapy Assistants (APTA)



The DHA, J-7, CEPO is an American Physical Therapy Association (APTA) Approved Provider of continuing education. This activity was planned by and for the health care team, and learners will receive 0.1 APTA CEU. The assignment of APTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by APTA. APTA CEUs are accepted by most state PT licensing boards. Learners are encouraged to check with their local chapter or state board to ensure that they accept APTA accredited courses for licensure renewal.

## Healthcare Executives (ACHE)

By attending this program offered by DHA, J-7, CEPO, participants may earn up to 1.00 American College of Healthcare Executives (ACHE) Qualified Education Hour toward initial certification or recertification of the Fellow of the American College of Healthcare Executives (FACHE) designation. Participants in this program who wish to have the continuing education hours applied toward ACHE Qualified Education credit must self-report their participation. To self-report, participants must log into their MyACHE account and select ACHE Qualified Education Credit.

## Kinesiotherapists (COPSKT)

Provider# is 010123



This continuing education activity has been accredited by The Council on Professional Standards for Kinesiotherapy (COPSKT) to include 1.00 contact hour/0.1 CEU. DHA, J-7, CEPO accredits enterprise-wide continuing education activities for military and civilian health care professionals. These courses are critical to DHA's goal of providing the best possible quality care to active duty service members, veterans, and their families.

## Other Professionals

All other health care professionals completing this CE/CME activity will be issued a Certificate of Attendance indicating participation and the number of hours of CE/CME credit. This may be used for submission to licensing boards for satisfaction of CE/CME requirements.

## Commercial Support:

No commercial support was provided for this activity.

## Participation Costs:

There is no cost to participate in this activity.

## CE/CME Inquiries:

For all CE/CME related inquiries, please contact: [dha.ncr.j7.mbx.continuing-education-office@health.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@health.mil)

## How to Obtain CE/CME Credit:

To receive CE/CME credit, you must complete the program posttest(s) and evaluation(s) before collecting your certificate(s). The posttests and evaluations will be available through 31 December 2023 at 2359 ET at the following URL:

[www.dhaj7-cepo.com](http://www.dhaj7-cepo.com)