



**Defense Health Agency, J-7, Continuing Education Program Office**

***Clinical Communities Speaker Series:  
Enhancing Primary Care: Refining Proficiencies to Improve Patient Outcomes***

**23 June 2022  
0745 – 1635 (ET)**

**Purpose**

The Defense Health Agency (DHA), J-7, Continuing Education Program Office (CEPO) Clinical Communities Speaker Series (CCSS) events are designed to address the professional practice gaps of our learners in order to improve the care that our health care professionals deliver. This continuing education (CE)/continuing medical education (CME) event is conducted to achieve results that reflect a change in skills, competence, and performance of the health care team, and patient outcomes. Collaboration occurs with the Department of Defense, several government agencies, and other civilian experts for recruitment of academic subject matter experts (SMEs), clinicians, and researchers to present on current promising, evidence-based research and best practices, thus enhancing the overall educational experience. Participants are expected to apply what they learned in providing patient care individually and collaboratively as a team towards improved patient outcomes.

**Target Audience**

This activity is designed to meet the educational needs of Physicians, Nurses, Pharmacists, Pharmacy Technicians, Physician Assistants, Optometrists, Social Workers, Psychologists, Dentists, Dental Hygienists, Dental Technicians, Registered Dieticians, Dietetic Technicians, Athletic Trainers, Case Managers, Certified Counselors, Occupational Therapists, Occupational Therapist Assistants, Kinesiotherapists, Healthcare Executives, and other health care professionals who support/ care for U.S. active-duty service members, reservists, Coast Guard, Public Health Service, National Guardsmen, military veterans and their families.

**Program Overview**

This event highlights current evidence-based practices, policies, and recommendations related to primary care services. Such health care topics include ethical considerations for dual relationships, care of service members with traumatic brain injury, musculoskeletal care, efficiency strategies for provision of care, nutrition and diabetes management, and COVID-19 Palliative Care Protocol updates. The educational content is created by SMEs in the ethical, research, academic and medical domains of the military health care sectors. The primary focus of this event aims to enhance the quality of patient outcomes and population health by providing advanced continuing education opportunities to improve the practice, skills, and knowledge of health care providers across the Military Health System (MHS).

**Program Agenda**

<b>Time (ET)</b>	<b>Titles/Speakers</b>	<b>Learning Objectives (If Applicable)</b>
<b>0745 – 0750</b>	<b><i>Welcome Remarks</i></b>  <b>Lolita T. O’Donnell, Ph.D., M.S.N., R.N.</b> Division Chief, Leadership Education Analysis Development Sustainment (LEADS) Division Academic Superintendent, Continuing Education Program Office (CEPO), J-7, Education and Training (E&T) Directorate, Defense Health Agency (DHA) Falls Church, Va.	-
<b>0750 – 0800</b>	<b><i>Opening Remarks</i></b>	-

Time (ET)	Titles/Speakers	Learning Objectives (If Applicable)
	<p><b>Army Col. Timothy L. Switaj, M.D., M.B.A., M.H.A., C.M.Q., C.P.P.S., F.A.C.H.E., F.A.A.F.P.</b>            Market Assistant Director for Medical Affairs and Chief Medical Officer            San Antonio Market            Chair, DHA Patient-Centered Medical Home Advisory Board            San Antonio</p>	
	<p><b>Moderator</b></p> <p><b>Laura Taylor, Ph.D., R.N., A.N.E.F., F.A.A.N.</b>            Professor            Program Director, Graduate School of Nursing            Uniformed Services University of the Health Sciences            Bethesda, Md.</p>	-
0800 – 0900	<p><b><i>S01: Managing Dual Relationships in an Embedded Environment: An Ethical Perspective</i></b></p> <p><b>Air Force Lt. Col. Arthur Miller, Psy.D., A.B.P.P.</b>            Psychologist            Joint Special Operations Command Deputy Command            Fort Bragg, N.C.</p>	<ol style="list-style-type: none"> <li>1. Define and discuss the complexities of managing dual relationships in an embedded setting.</li> <li>2. Describe a deliberate thought process when considering potential involvement in a dual relationship.</li> <li>3. Summarize ethical reasoning when it comes to managing dual relationships.</li> </ol>
0900 – 0910	Break	
0910 – 1010	<p><b><i>S02: Innovations in Treatment of Combat Related Traumatic Brain Injury and Co-Morbid Psychological Health Conditions</i></b></p> <p><b>Thomas DeGraba, M.D.</b>            Chief Innovations Officer            National Intrepid Center of Excellence            Bethesda, Md.</p>	<ol style="list-style-type: none"> <li>1. Describe the principles of a holistic Interdisciplinary Intensive Outpatient Program combining neurological &amp; behavioral health rehabilitation with integrative medicine techniques.</li> <li>2. Identify pathological injuries from traumatic brain injury (TBI) and operational stressors that benefits from the use of an interdisciplinary care approach.</li> <li>3. Recognize the effect of integrative medicine techniques on recovery in neurological and psychiatric conditions.</li> <li>4. Discuss the principles for optimizing the use of multi-domain self-report outcome measures to assess response to treatment.</li> </ol>
1010 – 1020	Break	
1020 – 1120	<p><b><i>S03: Etiology, Evaluation, and Management of Widespread Musculoskeletal Pain in Women</i></b></p> <p><b>Susan V. Garstang, M.D.</b>            Psychiatrist            Veterans Affairs Salt Lake City Health Care System            Salt Lake City</p> <p><b>Jamie Clinton-Lont, M.S., A.N.P.-B.C.</b>            Nurse Practitioner            Veterans Affairs Salt Lake City Health Care System            Salt Lake City</p>	<ol style="list-style-type: none"> <li>1. Identify the population of women veterans who will utilize primary care services for Musculoskeletal (MSK) conditions.</li> <li>2. Explain gender differences related to pain.</li> <li>3. Summarize the way to evaluate widespread MSK pain and eliminate organic etiologies.</li> <li>4. Differentiate between the common types of Ehlers-Danlos Syndrome, including phenotypes and associated conditions.</li> <li>5. Describe the American College of Rheumatology criteria for the diagnosis of fibromyalgia.</li> <li>6. Discuss management options for connective tissue disorders and fibromyalgia.</li> </ol>
1120 – 1130	Break	

Time (ET)	Titles/Speakers	Learning Objectives (If Applicable)
1130 – 1230	<p><b><i>S04: Achieving the Promise of Value-based Medicine through Strict Adherence to the Incentives Engendered by Capitation</i></b></p> <p><b>Army Col. Richard Malish, M.D., M.B.A., F.A.C.C., F.A.C.P.</b>  Military Deputy and Chief of Staff  Office of the Assistant Secretary of Defense for Health Affairs  Washington, D.C.</p>	<ol style="list-style-type: none"> <li>1. Recognize how the Quadruple Aim is best achieved, in primary care, by fully embracing the behaviors encouraged by the capitation reimbursement model.</li> <li>2. Explain how primary care clinics can optimize value-based metrics by adopting the QUIC Clinic model (Quality, Urgent, internet &amp; phone Care).</li> <li>3. Describe how providing urgent care at primary care clinics can offload a hospital's Emergency Department and ancillary services.</li> </ol>
1230 – 1330	Break	
1330 – 1500	<p><b><i>S05: A Lifestyle Medicine Approach to Diabetes Reversal through Nutrition</i></b></p> <p><b>Air Force Col. Mary Anne Kiel, M.D., F.A.A.P., Dip.A.B.L.M.</b>  Chair, DHA Primary Care Clinical Community  Chief, Air Force Medical Home  Air Force Medical Readiness Agency  Falls Church, Va.</p> <p><b>Air Force Lt. Col. Amanda Denton, B.S.C., M.S.H.S., R.D., L.D., C.H.E.S., F.A.N.D.</b>  Senior Dietetics and Nutrition Professional  Director of Operations, 382d Training Squadron,  Joint Base San Antonio  Fort Sam Houston, Texas</p> <p><b>Air Force Capt. Courtney Clutter, M.D.</b>  Endocrinology Fellow, Brook Army Medical Center  San Antonio Uniformed Services Health Education Consortium (SAUSHEC)  Fort Sam Houston, Texas</p>	<ol style="list-style-type: none"> <li>1. Describe and define Lifestyle Medicine (LM) and Lifestyle &amp; Performance Medicine (L&amp;PM).</li> <li>2. Summarize the impact of L&amp;PM on diabetes and other chronic diseases.</li> <li>3. Illustrate the evidence-based eating pattern guideline for treating, managing, and reversing diabetes.</li> <li>4. Identify strategies to apply L&amp;PM in clinical practice and outline professional resources.</li> </ol>
1500 – 1510	Break	
1510 – 1625	<p><b><i>S06: COVID-19 Palliative Care Toolkit: Pandemic Use and Beyond</i></b></p> <p><b>Air Force Col. Laurie Migliore, Ph.D., M.S.N.</b>  Director, Clinical Inquiry in Nursing Readiness Fellowship  Director, Evidence-Based Practice  Nursing Research 59th Medical Wing/STN  Joint Base San Antonio-Lackland, Texas</p> <p><b>Air Force Lt. Col. Sarah Huffman, Ph.D., C.C.N.S., A.C.N.P.</b>  Director, Biobehavioral Research  Clinical Investigation Facility  Travis AFB, Calif.</p> <p><b>Rebecca Heyne, Ph.D., D.N.P., M.B.A., R.N., C.P.N.P.-P.C.</b>  Evidence-Based Practice Facilitator  59 Medical Wing/STN</p>	<ol style="list-style-type: none"> <li>1. Define the need for and importance of basic palliative care for hospitalized inpatients during the COVID-19 pandemic.</li> <li>2. List three common themes derived from the COVID-19 palliative care literature reviews.</li> <li>3. Summarize two lessons learned from the pilot implementation of a COVID-19 palliative care toolkit.</li> <li>4. Identify two recommendations for utilizing the COVID-19 palliative care toolkit in future operations.</li> </ol>

Time (ET)	Titles/Speakers	Learning Objectives (If Applicable)
	Nursing Research Joint Base San Antonio Lackland, Texas  <b>Leanne Lovett-Floom, D.N.P., M.S.N., T.N.S., P.H.N.-B.C., L.S.S.G.B.</b> Evidence-Based Practice Facilitator, Triservice Nursing Research Program San Diego	
1625 – 1635	<b>Closing Remarks</b>  <b>Air Force Col. Dianne Stroble, N.C., N.E.-B.C.</b> Director, Education and Training (J-7) Defense Health Agency (DHA) Falls Church, Va.	

This agenda is subject to change.

**Continuing Education**

This CE/CME activity is provided through the DHA J-7 CEPO and is approved for a total of 6.75 CE/CMEs.

**Commercial Support:**

No commercial support was provided for this activity.

**Participation Costs:**

There is no cost to participate in this activity.

**CE/CME Inquiries:**

For all CE/CME related inquiries, please contact us at: [dha.ncr.j7.mbx.continuing-education-office@mail.mil](mailto:dha.ncr.j7.mbx.continuing-education-office@mail.mil).