

PrEP Schedule: At a Glance

Clinical Eligibility Visit:

- Assess HIV status – preferably using combination antigen/antibody (4th or 5th generation) test within the week before initiating (or reinitiating) PrEP medications
- Assess for acute retroviral syndrome
 - Consider delaying PrEP for at least 1 month and retesting for HIV if clinical symptoms of acute HIV infection are present and exposures within past month are suspected
- Hepatitis B and C serology
- Estimate creatinine clearance, serum creatinine
 - Determine renal function and test for infection with hepatitis B virus (both decreased renal function and active hepatitis B virus infection are potential safety issues for the use of TDF/FTC as PrEP)
- Baseline screening for STIs (syphilis, gonorrhea, chlamydia)
- Pregnancy test
- Discuss risks vs. benefits of taking PrEP
- Assess for contraindicated medications

Prescribe PrEP for 30 days

30-Day Visit:

- Assess for side effects
- Assess adherence and counsel
- Discuss risk reduction and provide condoms
- Serum creatinine and calculated creatinine clearance for patients with borderline renal function or at increased risk for kidney disease (>65 years of age, black race, hypertension, or diabetes)

Prescribe 60-day refill; patient must come in for 3-month visit for HIV test and follow-up assessments, then 90 day schedule can begin

3-Month Visit:

- HIV test
- Assess adherence and counsel
- Obtain STI screening tests
 - for sexually active persons with symptoms
 - for MSM with recent bacterial STIs or multiple sex partners
- Serum creatinine and calculated creatinine clearance
- Discuss risk reduction and provide condoms
- Pregnancy test
- Assess for side effects

6-Month Visit:

- HIV test
- Assess adherence and counsel
- Obtain STI screening tests
 - for sexually active persons with symptoms
 - for MSM with recent bacterial STIs or multiple sex partners
- Discuss risk reduction and provide condoms
- Pregnancy test
- Assess for side effects

9-Month Visit:

- HIV test
- Assess adherence and counsel
- Obtain STI screening tests
 - for sexually active persons with symptoms
 - for MSM with recent bacterial STIs or multiple sex partners
- Serum creatinine and calculated creatinine clearance
- Discuss risk reduction and provide condoms
- Pregnancy test
- Assess for side effects
- Evaluate need to continue PrEP

12-Month Visit:

- HIV test
- Assess adherence and counsel
- Obtain STI screening tests
 - for sexually active persons with symptoms
 - for MSM with recent bacterial STIs or multiple sex partners
- HCV serology and serum liver enzymes for MSM, IDUs, and those with multiple sexual partners
- Discuss risk reduction and provide condoms
- Pregnancy test
- Assess for side effects
- Evaluate need to continue PrEP
- Urinalysis

Adapted from NYSDOH AI guidance: www.hivguidelines.org