Personalizing Care using Genomics – Opportunities and Challenges

Robb Rowley, M.D.

24 June 2021 1155 - 1255 ET



Presenter

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Robb Rowley, M.D.



Dr. Robb Rowley is an Internal Medicine Physician and is the newly appointed Program Director for the National Human Genome Research Institute (NHGRI) Electronic Medical Records and Genomics (eMERGE) Network. The national Network combines DNA biorepositories with electronic medical record (EMR) systems for large scale, high-throughput genetic research in support of implementing genomic medicine.

Prior to starting at NHGRI, he spent thirteen years in private practice and hospital management, where he provided clinical assessments and medical care for adult diseases influenced by genetically influenced conditions to improve patient risk stratification and individualize treatments. Dr. Rowley previously served in the United States Air Force Surgeon General's Office in Washington DC as the Chief of Medical Bioinformatics and Genomics. During this time, he established genomic policy and conducted genomic research for the United States Air Force. Dr. Rowley has also been instrumental in establishing national and international plans and policies for incorporating genomics into biosurveillance systems and biotechnology for the Department of Defense (DoD) and North American Trade Organization (NATO). Dr. Rowley has experience with managing multiple Food and Drug Administration (FDA) clinical trials, along with presenting original research at international scientific and medical meetings.



Disclosures

- Dr. Rowley has no relevant financial or non-financial relationships to disclose relating to the content of this activity.
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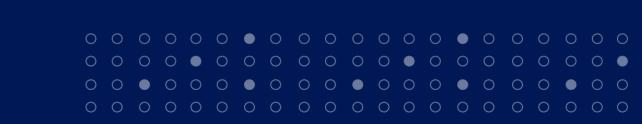
Learning Objectives

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At the end of the presentation, participants will be able to:

- 1. Describe genomic medicine opportunities and challenges.
- 2. Explain how genomics can be used for clinical care: assessing risk, pharmacogenomics, undiagnosed disease, and somatic variation.
- 3. Summarize emerging concepts in genomics and how clinicians are needed for implementation.





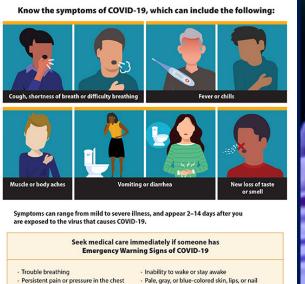
DoD demonstrates value of genomic medicine



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Symptoms of Coronavirus (COVID-19)



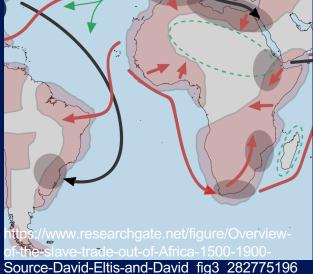
This list is not all possible symptoms. Please call your healthcare provider for any othe

ptoms that are severe or concerning to you

New confusion

beds, depending on skin tone





Global Trajectories of th

https://Wikipedia.com https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf

.gov/coronaviru

DoD at the forefront of Genomic Medicine

basic-training-course-to-focus-on-

readiness-lethality-1.555371

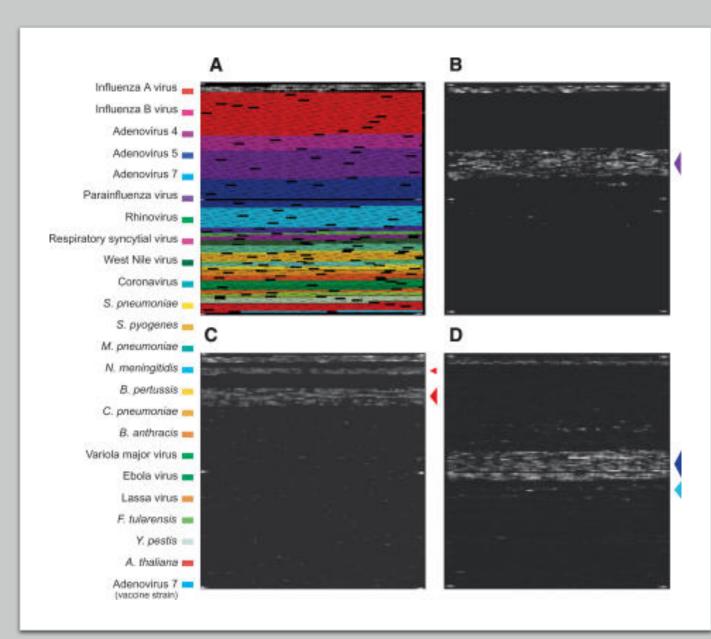
- In 1999 basic trainees had "flu-like" symptoms with loss of Adenovirus vaccine
- Recognized that many pathogens present with these symptoms
 - Adenovirus, Influenza, Anthrax, SARS, coronavirus...
- Understood the limitations of current approach of suspect and test
- Limited ability to monitor and track pathogens

Tackling Challenge

- 2001 DoD started the epidemic outbreak surveillance program
- Developed and validated a microarray to identify 100's of strains of pathogens at the sequence level in a single test
- Allowed the tracking and monitoring of pathogens by digitizing biology
- Conducted a genomic medicine clinical trial

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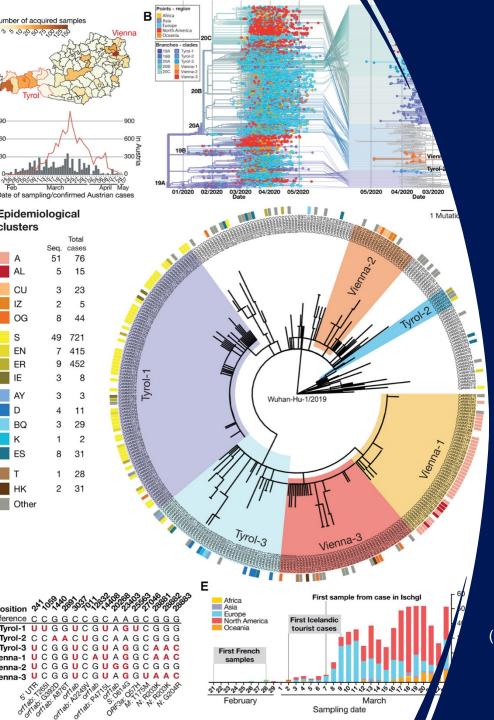
Tackling Challenge

Table 1. Pathogens identified for 424 matched specimens-overall microarray vs. reference methods.

Organism	Culture (+)	Ref [©] (+)	RPM v.1 (+)	Ref [©] (+), RPM v.1 (—)	Ref [©] (—), RPM v.1 (+)
Adenovirus	2	8	9	0	1
Coronavirus	28*	29	24	6	2
Influenza A	176	263	269	1	7
Influenza B	28	41	46	1	6
PIV 1	0	0	1	0	1
PIV3	0	0	2	0	2
Rhinovirus	0	1	2	1	1
M. pneumoniae	0	2	3	0	1
S. pneumoniae	8	40	38	3	1
S. pyogenes	9	13	13	0	0
^O Negative	176	52	59	0	7
0					

Note: *Coronaviruses were identified through CAP-certified PCR method, Ref[©]: reference assays-culture and/or RT-PCR/PCR positive. doi:10.1371/journal.pone.0000419.t001





Lessons from COVID

- What is an appropriate threshold for positivity?
- How do we manage the improved resolution of the outbreak for clinical decisions?
- What constitutes significant change in the genome?
- How do we manage the rapid identification and dissemination of information?
- Explaining transmissibility

(Popa et al., 2020)

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Assessing Risk

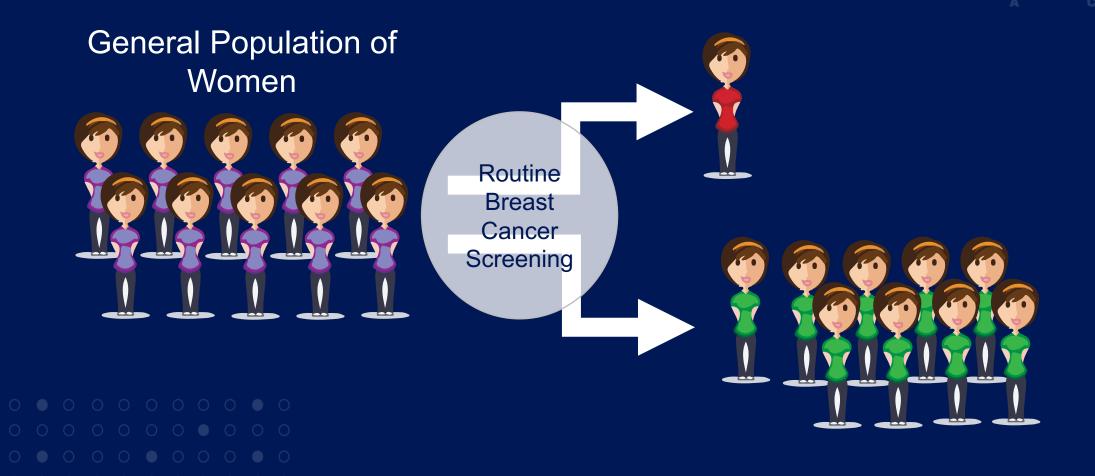
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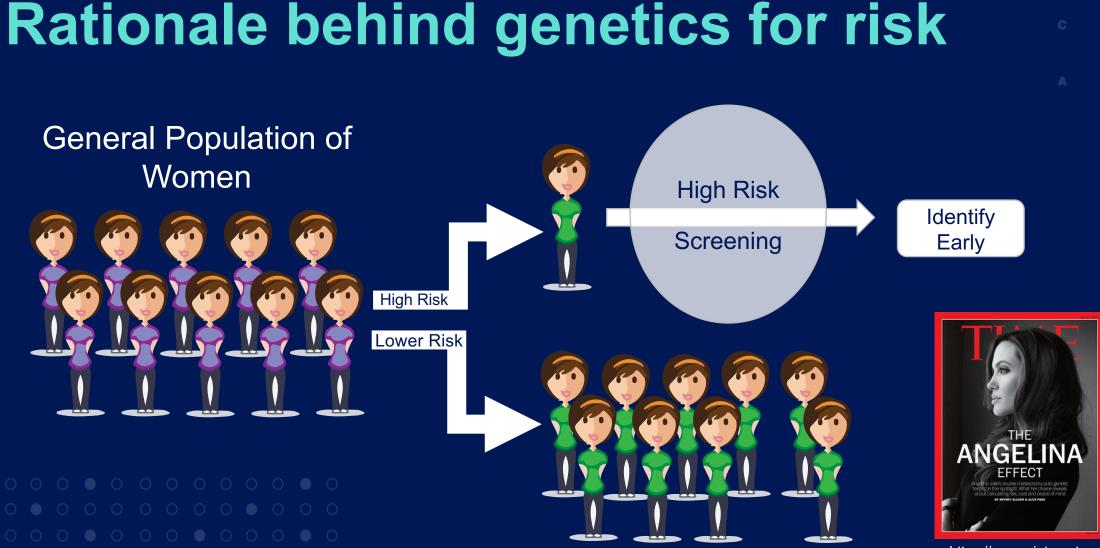
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Rationale behind genetics for risk





https://www.pinterest.co.uk/glori agiganti/angelina-jolie/

(Frost, 2011)

Monogenic Risk

- Found in ~3.2% of the general population
- Average risk significantly different than monogenic conferred risk e.g.
 - 12.9% risk of a woman in the general population
- ~70% risk in woman with Breast Cancer (BRCA) 1 variant

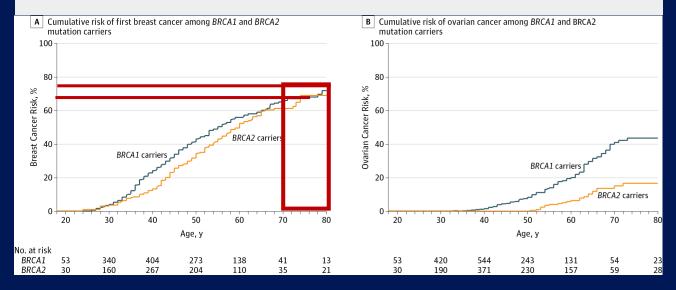
Cancer Statistics, 2021

Siegel, R. L., Miller, K. D., Fuchs, H. E., & Jemal, A. (2021). Cancer Statistics, 2021. *CA: a cancer journal for clinicians*, 71(1), 7–33. https://doi.org/10.3322/caac.21654

	BIRTH TO 49	50 TO 59	60 TO 69	70 AND OLDER	BIRTH TO DEATH
Breast					
Female	2.1 (1 in 49)	2.4 (1 in 42)	3.5 (1 in 28)	7.0 (1 in 14)	12.9 (1 in 8)

From: Risks of Breast, Ovarian, and Contralateral Breast Cancer for BRCA1 and BRCA2 Mutation Carriers

JAMA. 2017;317(23):2402-2416. doi:10.1001/jama.2017.7112





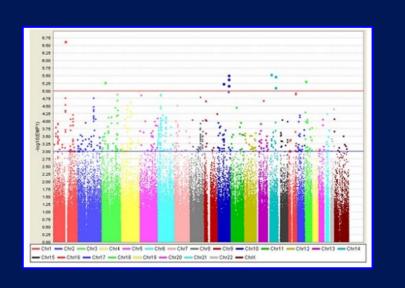
Using an Individual Patient's Genomic Variants in their Clinical Care– Germline Cancer Mutations

Syndrome	Gene	Tumors
Hereditary breast and ovarian cancer	BRCA1/2	Breast, ovarian, prostate, pancreatic, other cancers
Li-Fraumeni	TP53	Multiple
Cowden	PTEN	Breast, thyroid, endometrial other cancers
HNPCC (Lynch)	MLH1, MSH2, MSH6	Colon, endometrial, ovarian, other cancers
Von Hippel-Lindau	VHL	Hemangioblastomas, renal cell, other cancers
Retinoblastoma	RB1	Retinoblastoma
Hereditary paraganglioma	SDHD, SDHC, SDHB	Paraganglioma, pheochromocytoma
Multiple endocrine neoplasias	MEN1, RET	Multiple

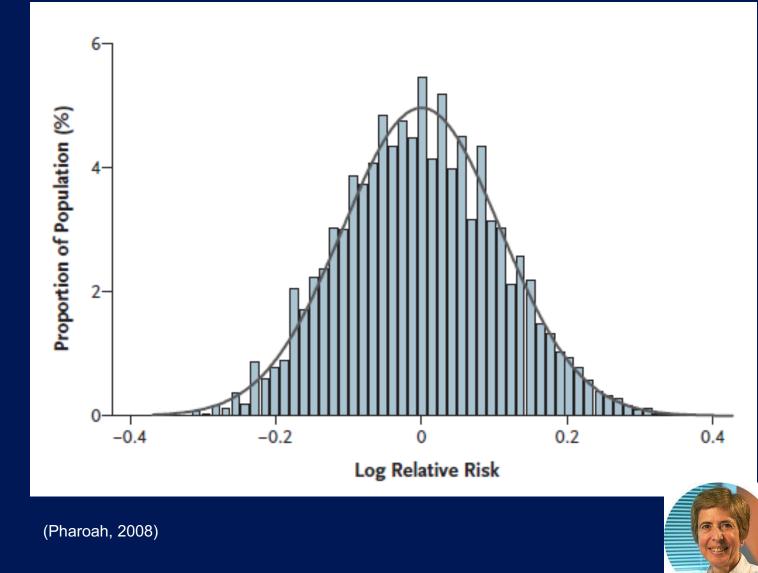




Polygenic Risk Scores (PRS)



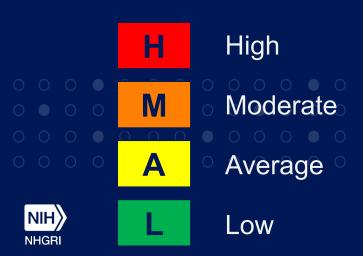
$$Y = \sum_{m=1}^{M_1} \beta_m X_m + \sum_{m=M_1+1}^{M} 0 \times X_m + \varepsilon$$





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Clinical Factors



How do we improve on the standard of care for risk stratifying patients?

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Incorporating a Genetic Risk Score Into Coronary Heart Disease Risk Estimates

Effect on Low-Density Lipoprotein Cholesterol Levels (the MI-GENES Clinical Trial)

Iftikhar J. Kullo, MD; Hayan Jouni, MD; Erin E. Austin, PhD; Sherry-Ann Brown, MD, PhD; Teresa M. Kruisselbrink, GCS; Iyad N. Isseh, MBBS; Raad A. Haddad, MBBS;
Tariq S. Marroush, MD; Khader Shameer, PhD; Janet E. Olson, PhD; Ulrich Broeckel, MD;
Robert C. Green, MD, MPH; Daniel J. Schaid, PhD; Victor M. Montori, MD; Kent R. Bailey, PhD

- 203 middle-aged adults at intermediate risk
- Randomized to receive 10-yr coronary Heart Disease (CHD) risk estimates from clinical risk alone (CRS) or clinical risk + genetic risk score (+GRS)
 - Compared Low Density Lipoprotein Cholesterol (LDL-C) at 6 mos



- (Kullo, 2016)
- Any differences due to diet, activity, statins

LDL-C Lowering in Patients Given Clinical and Genomic Risk Information

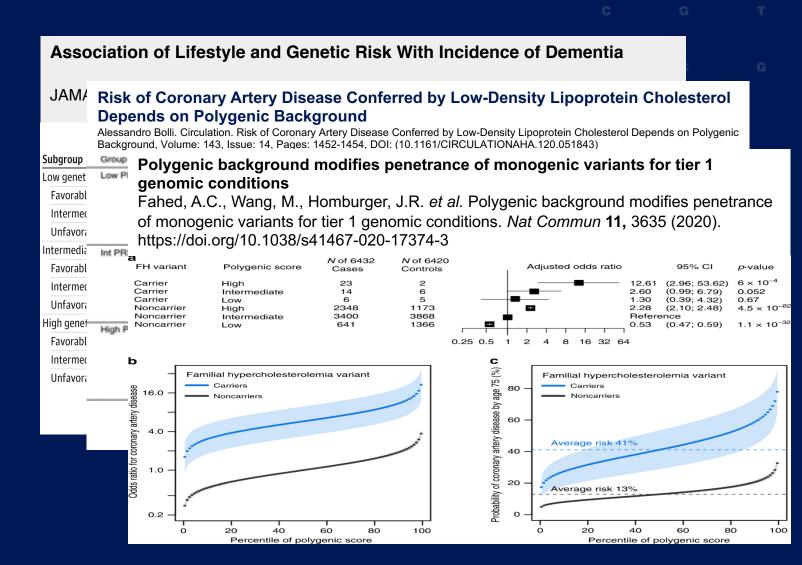
"...Disclosure of CHD risk estimates that incorporated genetic risk information led to lower LDL-C levels than disclosure of CHD risk based on conventional risk factors alone."





Applying Risk

- Using monogenic risk
 with clinical factors
- Combine PRS with clinical factors
- Combine monogenic and PRS to understand risk

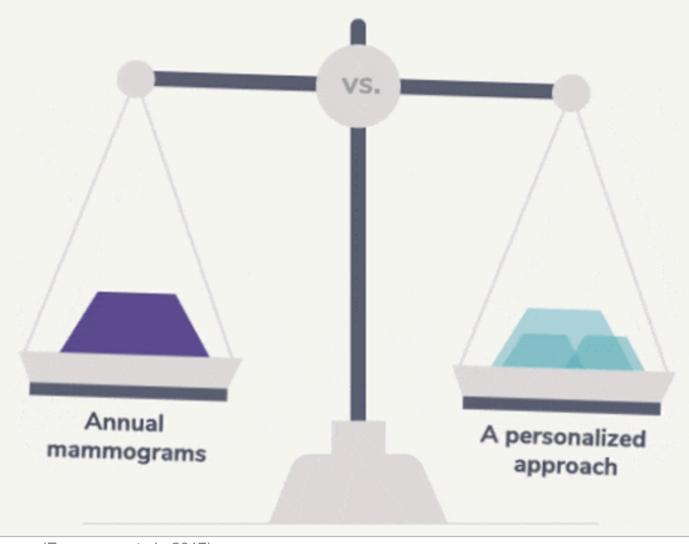


(Bolli et al., 2021) (Lourida, 2019) (Fahed et al., 2020)

Risk Stratifying

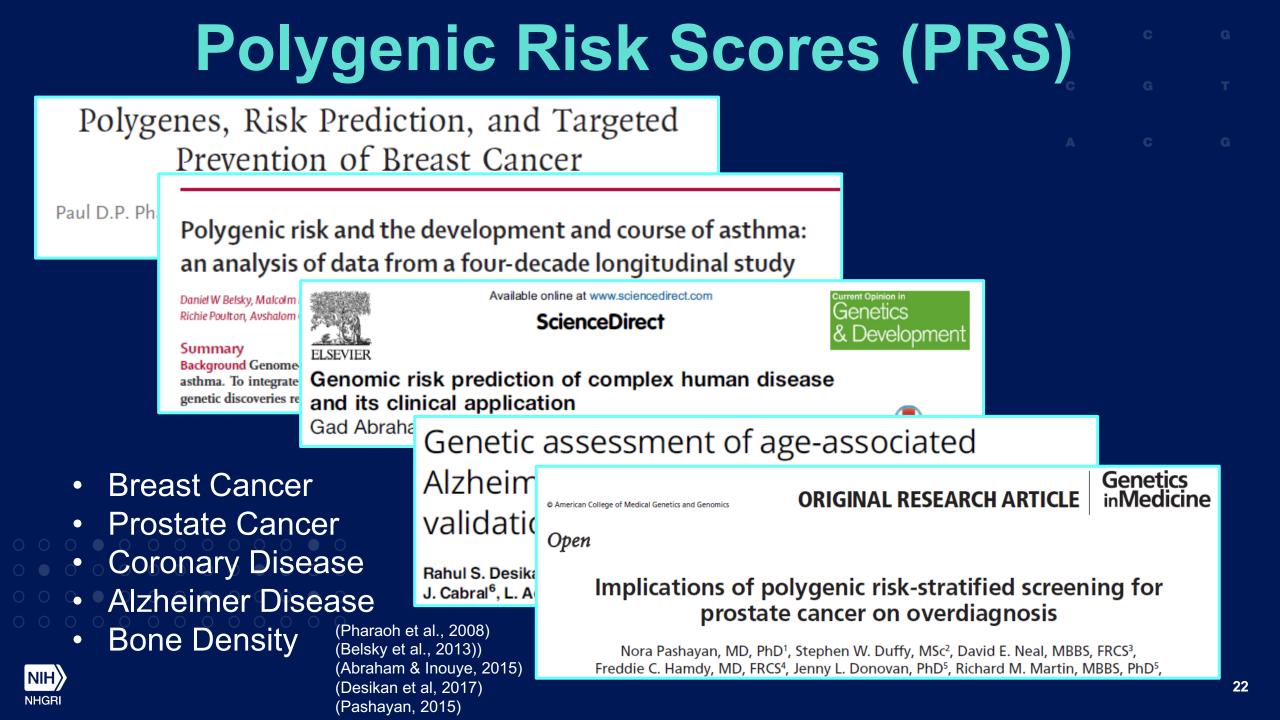
- Highly penetrant low prevalence conditions for primary prevention
- Highly prevalent low penetrance conditions
- Shared decision making to help decide how to manage risk

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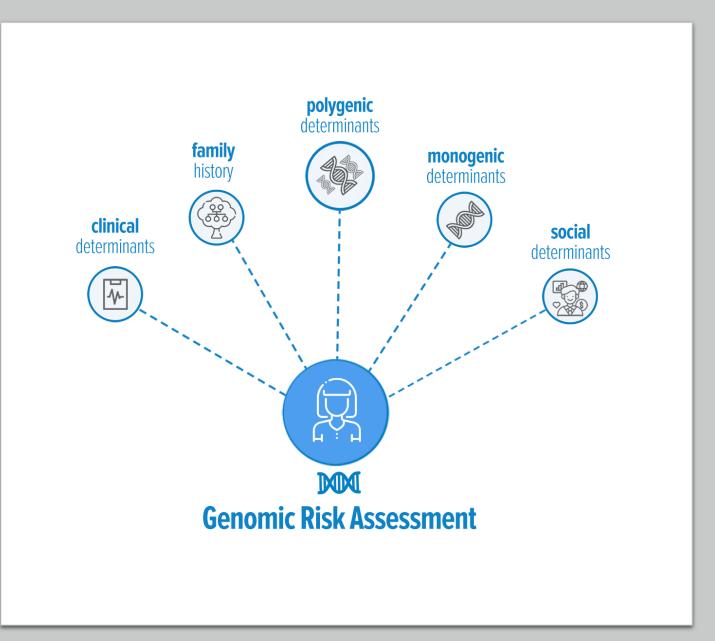
(Esserman, et al., 2017)





eMERGE

- Prospective clinical study assessing genome informed risk assessments for ~10 conditions
- Provide management recommendations
- Participants will be followed for 2-3 years
- Assess impact has on clinician and patient behavior

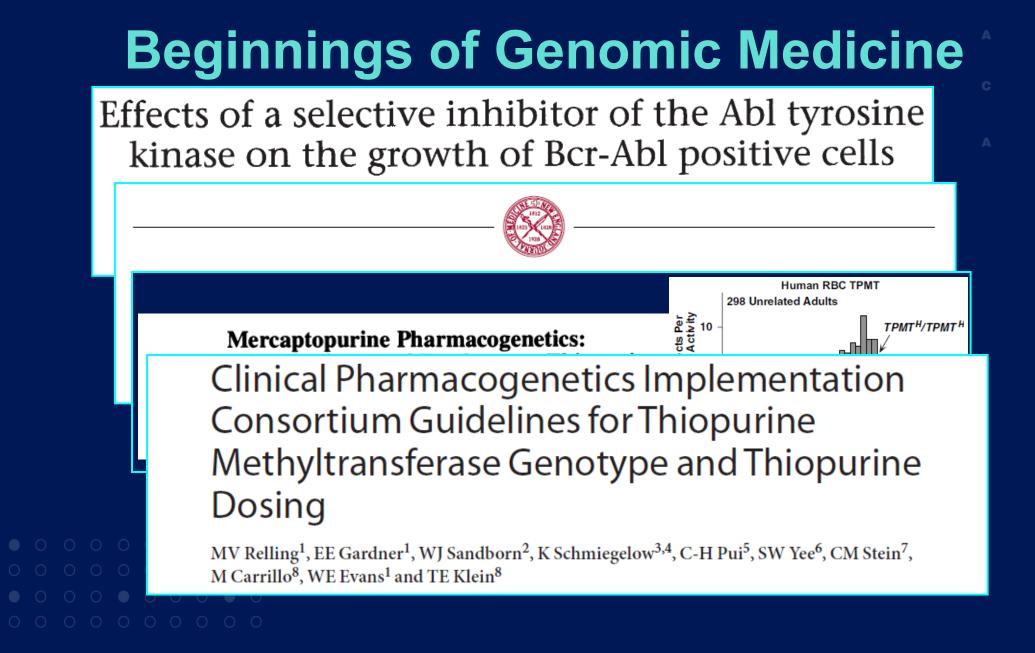




Pharmacogenomics



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(Druker et al. 2001) (Relling et al. 2011)



TPMT (thiopurine methyltransferase)

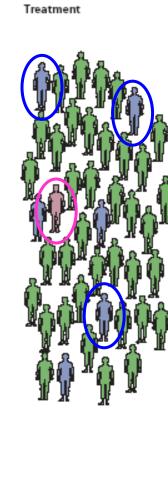
- 6-mercaptopurine, 6-thioguanine, and azathioprine used to treat acute leukemia, autoimmune disorders, inflammatory bowel disease, transplant rejection
- Relatively narrow therapeutic index, major toxicity is
 life-threatening myelosuppression
- Metabolized by S-methylation catalyzed by the thiopurine methyltransferase enzyme

 TPMT activity levels controlled by a common genetic polymorphism; 89% homozygous for high activity, 11% heterozygous (intermediate), 0.3% low





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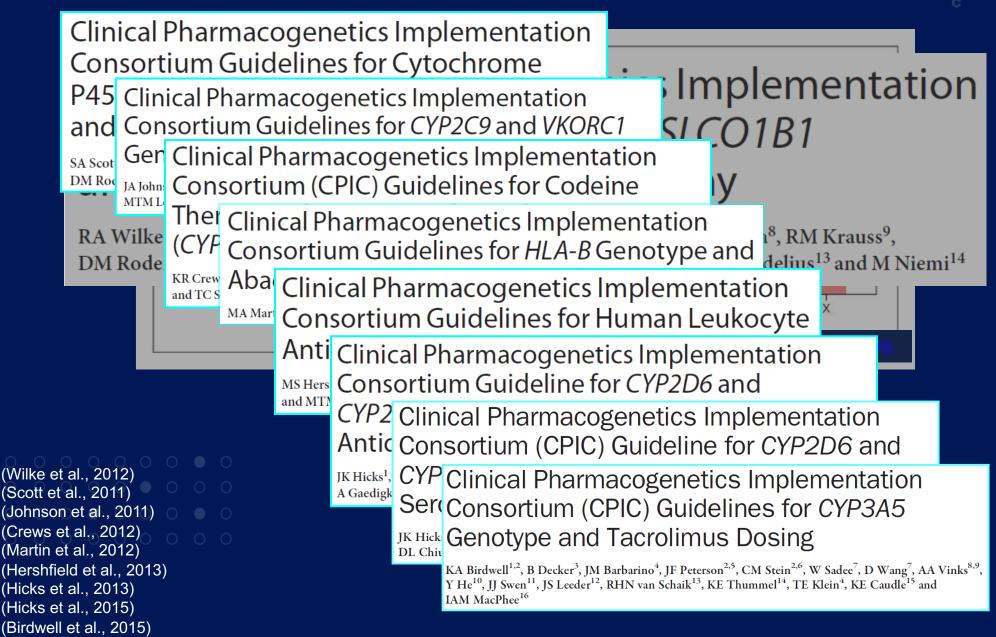




Common TPMT Variants



SLCO1B1 and Statin Myopathy



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Table 4 Pharmacogenomic markers for SJS/TI	EN in clinical p	practice
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Drug	Marker ^a	Result	Clinical interpretation	Clinical recommendation	High-risk ethnicities ^b	Additional remarks for positive carriers
Carbamazepine	HLA-B*15:02	Positive	Increased risk for SJS/TEN	Do not use carbamazepine or oxcarbazepine	Han Chinese, Thai, Malaysian,	If the patient is carbamazepine or oxcarbazepine naive, do not use carbamazepine or oxcarbazepine, respectively.
		Negative	Normal risk for SJS/TEN	Use carbamazepine or oxcarbazepine	Indian, Singaporean, and Vietnamese	If the patient has previously used carbamazepine or oxcarbazepine for longer than 3 months without a cutaneous adverse drug reaction, continuously consider using carbamazepine or oxcarbazepine.
	HLA-A*31:01	Positive	Increased risk for SJS/TEN	Do not use carbamazepine or oxcarbazepine	Japanese, Korean, and European	If the patient is carbamazepine or oxcarbazepine naive, do not use carbamazepine or oxcarbazepine, respectively.
	Negative Normal risk for SJS/TEN Use carbamazepine or oxcarbazepine		If the patient has previously used carbamazepine or oxcarbazepine for longer than 3 months without a cutaneous adverse drug reaction, continuously consider using carbamazepine or oxcarbazepine.			
Allopurinol	HLA-B*58:01	Positive	Increased risk for SJS/TEN, DRESS, and MPE	Do not use allopurinol	Asian and Caucasian	If the patient is allopurinol naive, do not use allopurinol.If the patient has previously used allopurinol for longer than 3 months without a cutaneous
	-		Normal risk for SJS/TEN, DRESS, and MPE	Use allopurinol		 adverse drug reaction, continuously consider using allopurinol. A starting dose of less than 200 mg should be considered. Screening should be considered for elderly patients and patients with renal abnormal function.

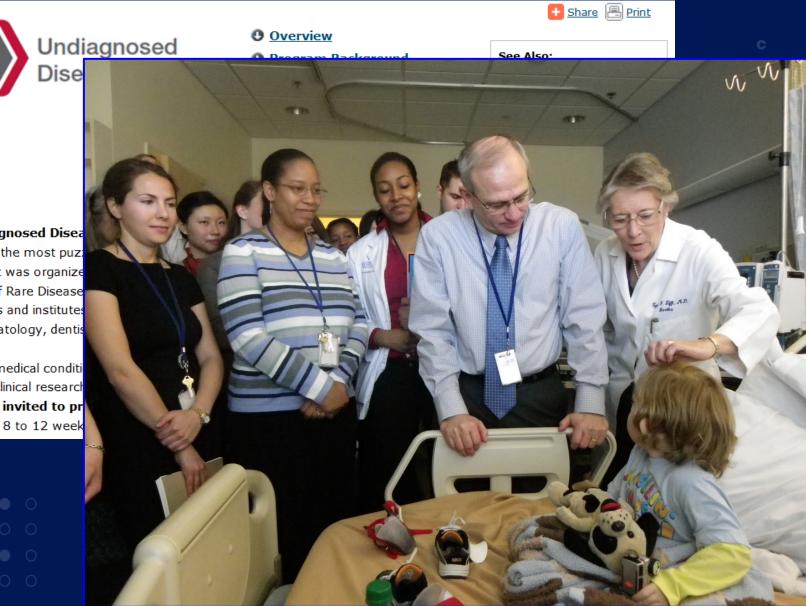
Abbreviations: DRESS, drug reaction with eosinophilia and systemic symptoms; HLA, human leukocyte antigen; MPE, maculopapular exanthema; SJS, Stevens–Johnson syndrome; TEN, toxic epidermal necrolysis.

^aThese variants confer risk in both the heterozygous and homozygous states.

^bThe risk alleles are common in these ethnicities.









Overview

NIH

The NIH Undiagnosed Disea that focuses on the most puz: Bethesda, Md. It was organize the NIH Office of Rare Disease research centers and institutes oncology, dermatology, dentis

A longstanding medical conditi interest to this clinical research **number will be invited to pr** general, it takes 8 to 12 week

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NIH NHGRI

Undiagnosed Diseases Network

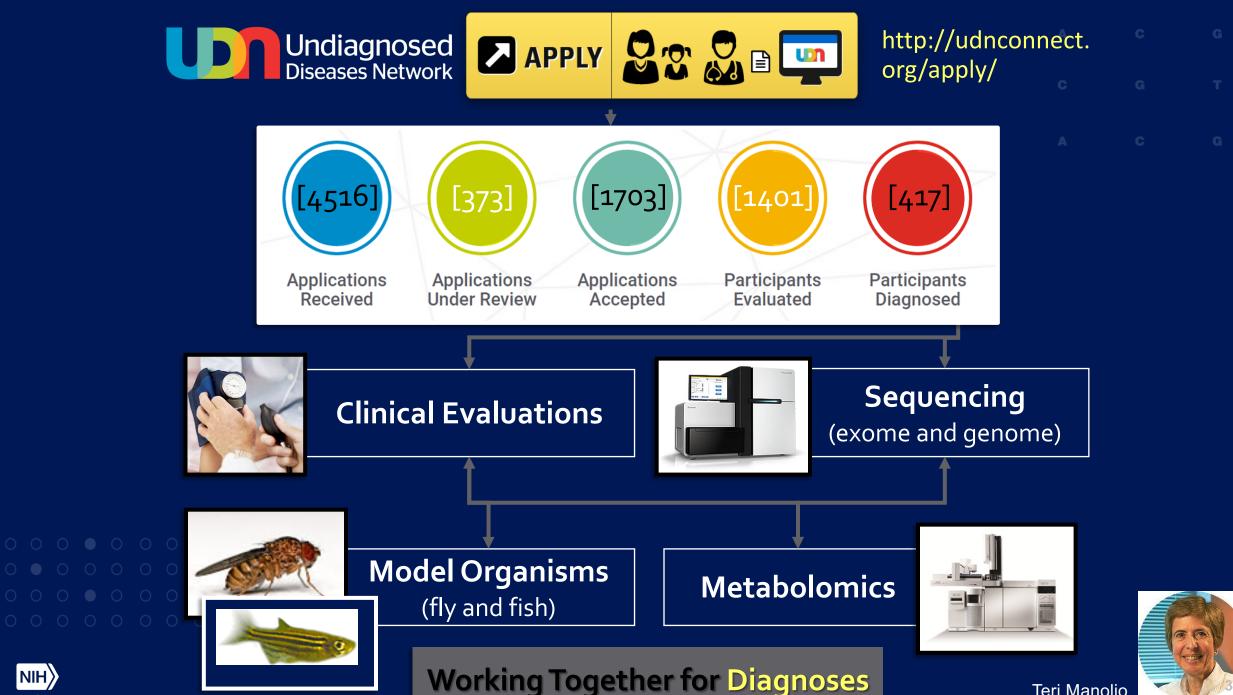
Seven clinical sites, a coordinating center, two DNA sequencing cores, a metabolomics core, a model organisms screening center, and a central biorepository



Objectives:

Improve the level of diagnosis and care for patients with undiagnosed diseases Facilitate research into the etiology of undiagnosed diseases Create an integrated and collaborative research community to identify improved options for optimal patient management Teri Manolio





NIH〉 NHGRI

Teri Manolio

Genetic Diagnosis in Undiagnosed Disease Network (UDN)

© American College of Medical Genetics and Genomics

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ARTICLE Genetics

(Shashi et al., 2019)

A comprehensive iterative approach is highly effective in diagnosing individuals who are exome negative

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

(Splinter et al., 2018) Effect of Genetic Diagnosis on Patients with Previously Undiagnosed Disease

K. Splinter, D.R. Adams, C.A. Bacino, H.J. Bellen, J.A. Bernstein, A.M. Cheatle-Jarvela, C.M. Eng, C. Esteves, W.A. Gahl, R. Hamid, H.J. Jacob, B. Kikani, D.M. Koeller, I.S. Kohane, B.H. Lee, J. Loscalzo, X. Luo, A.T. McCray, T.O. Metz, J.J. Mulvihill, S.F. Nelson, C.G.S. Palmer, J.A. Phillips III, L. Pick, J.H. Postlethwait, C. Reuter, V. Shashi, D.A. Sweetser, C.J. Tifft, N.M. Walley, M.F. Wangler, M. Westerfield, M.T. Wheeler, A.L. Wise, E.A. Worthey, S. Yamamoto, and E.A. Ashley, for the Undiagnosed Diseases Network*

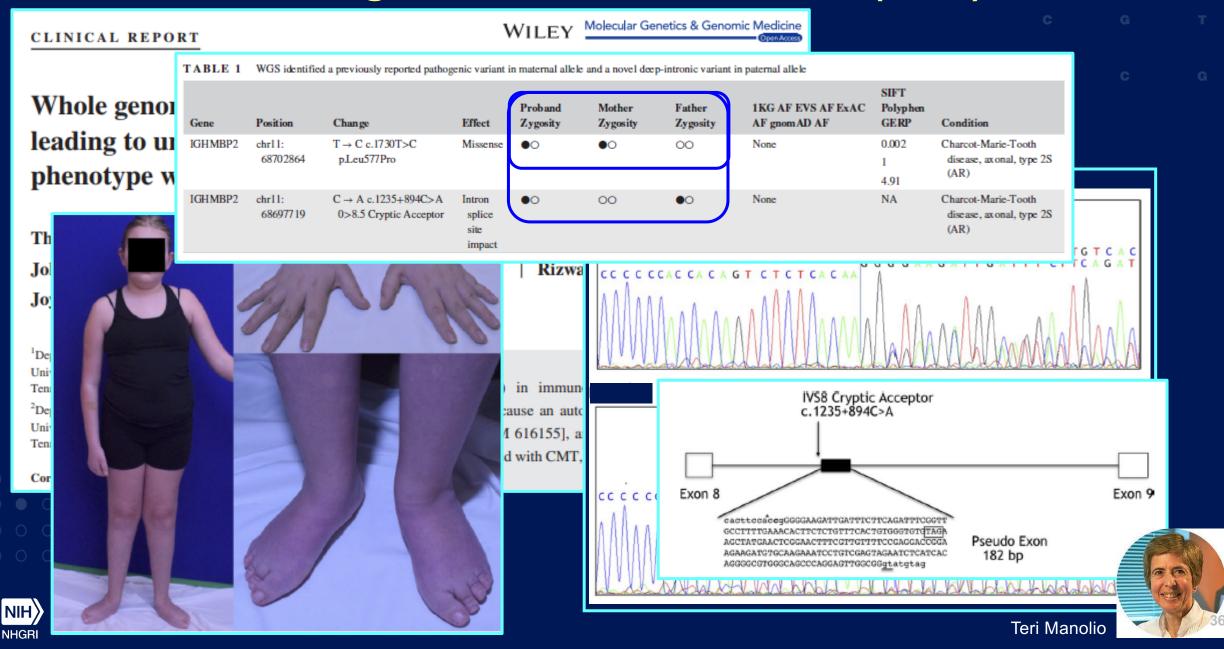
- 382 evaluated patients
- 132 received diagnosis (35%)
 - 98 diagnoses made by sequencing (74%)
 - 21% led to recommended changes in therapy
 - 37% led to changes in diagnostic testing

35

• 36% led to variant-specific genetic counseling



Undiagnosed Diseases Network (UDN)



Newborn Sequencing in Genomic Medicine and Public Health (NSIGHT) Program

- Robert Green, Alan Beggs, Brigham and Women's Hospital NICU and healthy newborns, 240 exomes, Newborn Screen (NBS) vs. NBS + genomic NBS
- Stephen Kingsmore, Rady Children's Hospital Clinical and Social Implications of 2-day Genome Results in Acutely III Newborns
- Jennifer Puck, Barbara Koenig, University of California San Francisco (UCSF) Sequencing of Newborn Blood Spot DNA to Improve and Expand Newborn Screening
 - Cynthia Powell, Jonathan Berg, University of North Carolina (UNC) North Carolina Newborn Exome Sequencing for Universal Screening

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High Yield of Whole Genome Sequencing in Critically III Infants

Whole-genome sequencing for identification of Mendelian disorders in critically ill infants: a retrospective analysis of diagnostic and clinical findings

Laurel K Willig, Josh E Petrikin, Laurie D Smith, Carol J Saunders, Isabelle Thiffault, Neil A Miller, Sarah E Soden, Julie A Cakici, Suzanne M Herd, Greyson Twist, Aaron Noll, Mitchell Creed, Patria M Alba, Shannon L Carpenter, Mark A Clements, Ryan T Fischer, J Allyson Hays, Howard Kilbride, Ryan J McDonough, Jamie L Rosterman, Sarah L Tsai, Lee Zellmer, Emily G Farrow, Stephen F Kingsmore

- 35 infants < 4mo age in neonatal intensive care unit Neonatal/Pediatric Intensive Care Unit (NICU/PICU)
- 26 hour sequencing, infant + parents
 - 20 (57%) diagnosed with sequencing, 3 (9%) with standard genetics

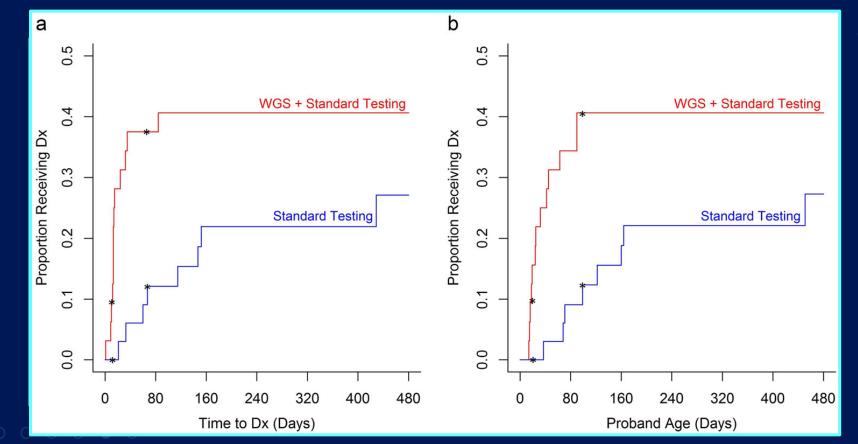
NIH (Willig, 2015)

65% of diagnoses had immediate impact on clinical management





Yield and Speed of Genome Sequencing Diagnosis in Critically III Infants



- 65 infants < 4moth age in NICU/PICU, trios
- 31% diagnoses in "cases," 3% "controls"

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• Time to diagnosis: 13 days [1-84] vs. 107 days [21-429]





Exome Sequencing and Targeted Therapy - GCH1 beterozygous mutation identified by whole-exome

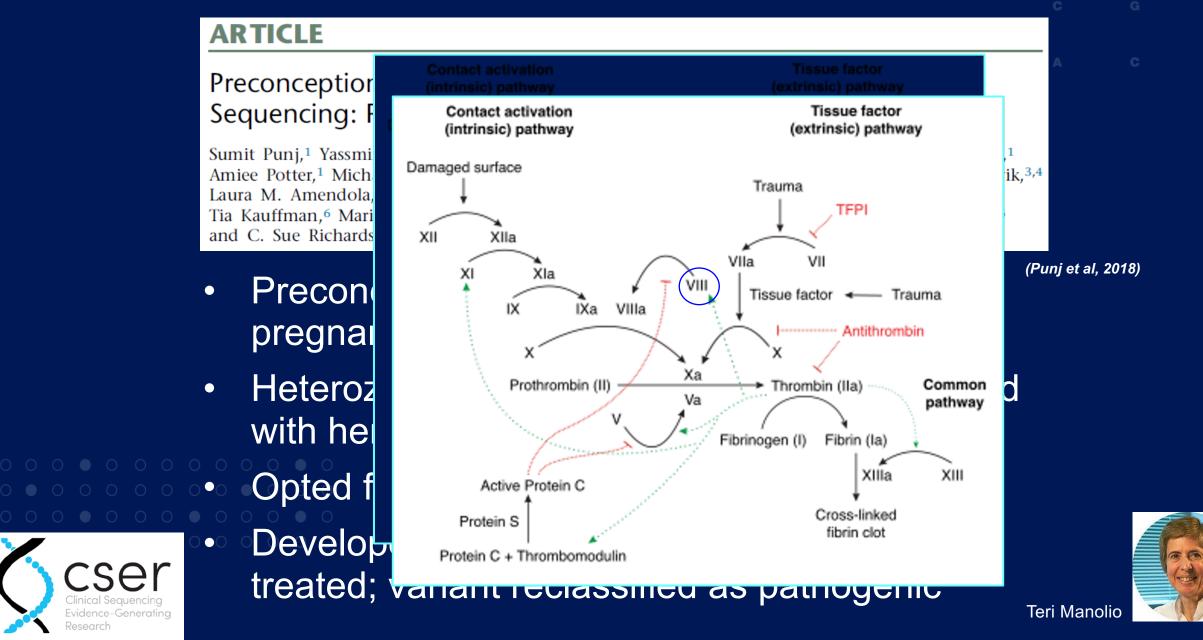
GCH1 heterozygous mutation identified by whole-exome sequencing as a treatable condition in a patient presenting with progressive spastic paraplegia (Fan et. al., 2014)







Carrier Testing and Care of Newborns



Research to Clinic and Back Again

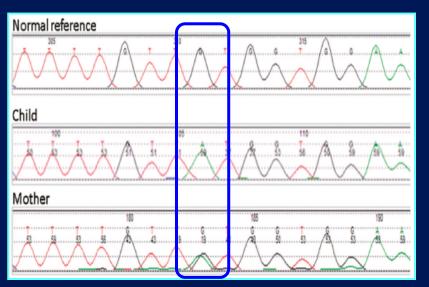






Diagram and Clinical Appearance of Subgaleal Hemorrhage

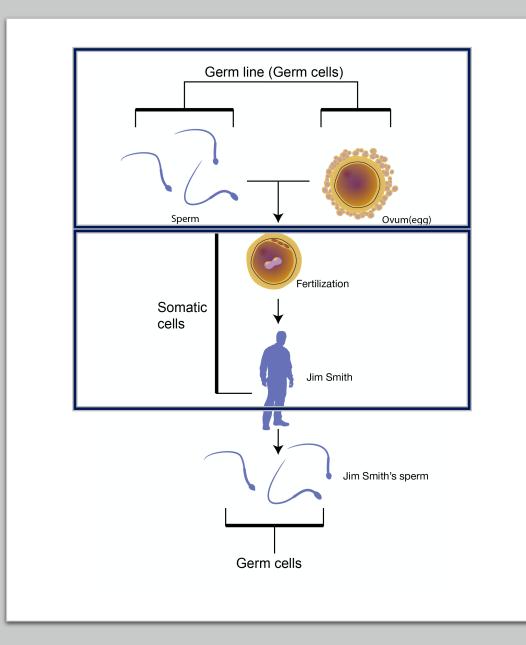


Somatic Variation



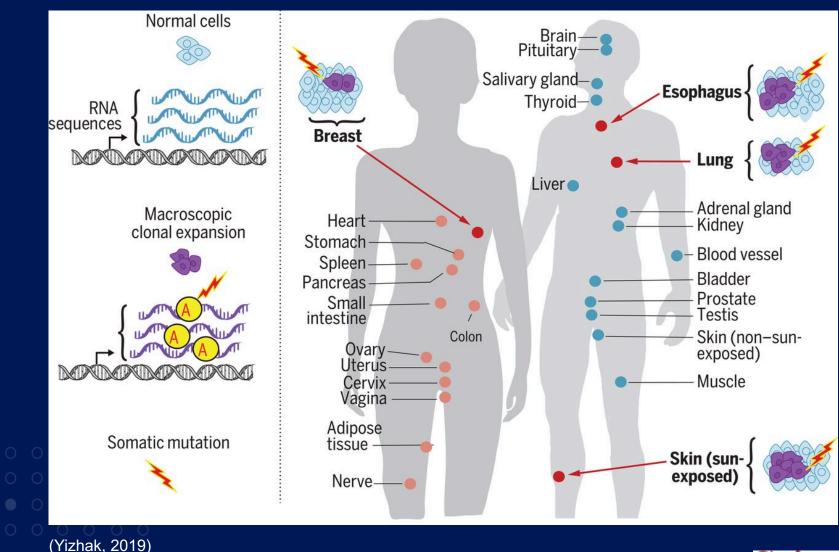
Somatic vs. Germline variation

- Germline genetic variants are the changes that can impact generations
- Somatic genetic variants are the changes that occur starting after conception
- How do these changes affect health and disease?





Somatic clonal expansions in normal human tissues.







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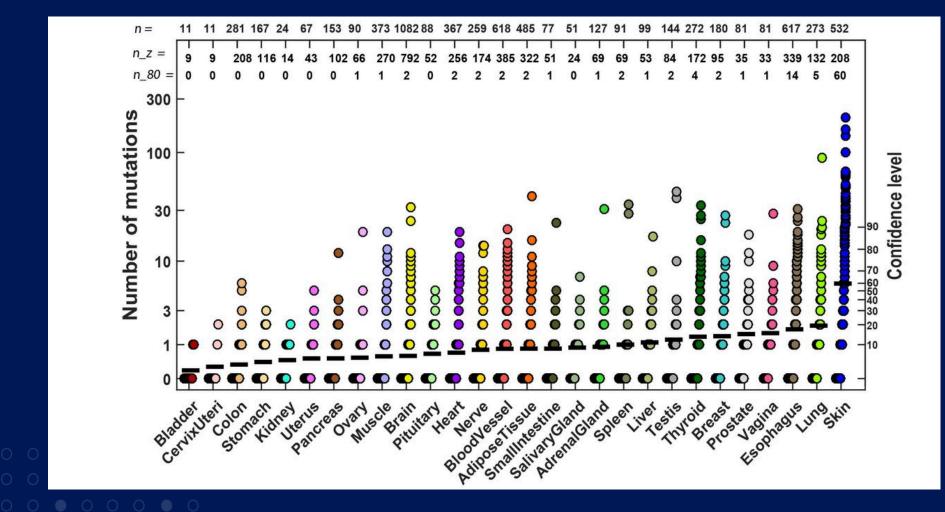


Fig. 2 Somatic clonal expansion in normal tissues

(Yizhak, 2019)



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Using an Individual Patient's Genomic Variants in their Clinical Care – Somatic Cancer Mutations

Agent	Target(s)	Indications		
Bevacizumab (Avastin)	VEGF ligand	Colorectal cancer Glioblastoma, others		
Ceritinib (Zykadia)	ALK	Non-small cell lung cancer		
Cetuximab (Erbitux)	EGFR (HER1/ERBB1)	Colorectal cancer		
Crizotinib (Xalkori)	ALK, MET, ROS1	Non-small cell lung cancer		
Erlotinib (Tarceva)	EGFR (HER1/ERBB1)	Non-small cell lung cancer		
Imatinib (Gleevec)	KIT, PDGFR, ABL	Philadelphia chromosome- positive ALL and CML		
Trastuzumab (Herceptin)	HER2 (ERBB2/neu)	Breast cancer (<i>HER2</i> +) Gastric cancer (<i>HER2</i> +)		
Vemurafenib (Zelboraf)	BRAF	Melanoma (with <i>BRAF</i> V600E mutation)		

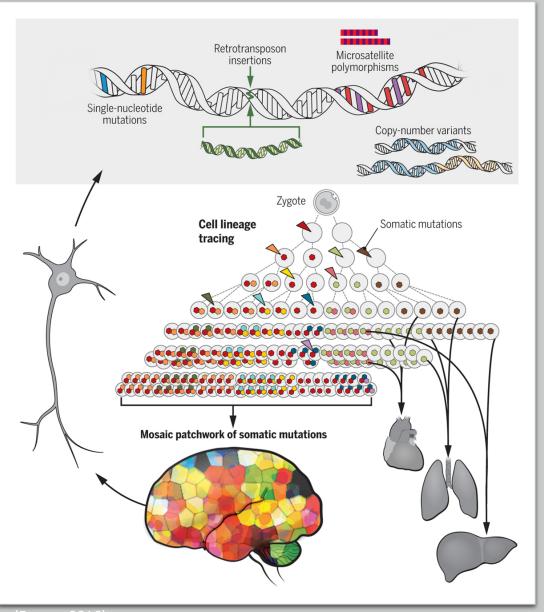


MyCancerGenome.org

NIH〉

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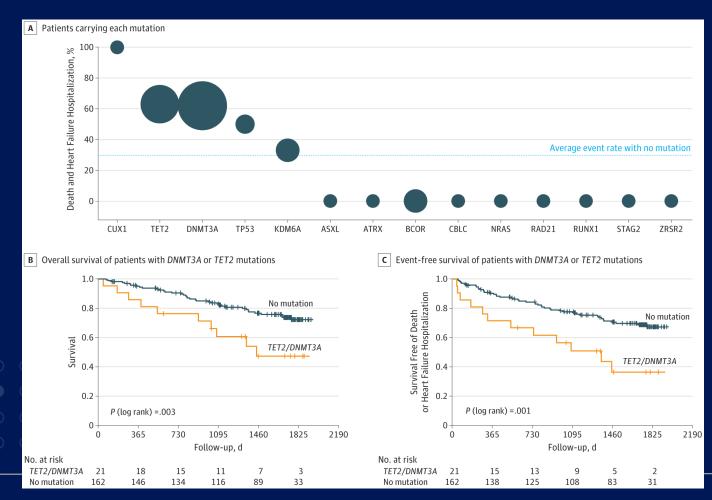
Somatic variation

- Somatic mutations accumulate over the lifespan and expand clonally
- Adjacent cells can have different genomes
- Linked with cancer, placental development, Amyotrophic Lateral Sclerosis (ALS), Systemic lupus erythematosus (SLE), Multiple Sclerosis (MS), Rett, substance use disorders, aging pathologies



From: Association of Mutations Contributing to Clonal Hematopoiesis With Prognosis in Chronic Ischemic Heart Failure

(Dorsheimer, 2019)





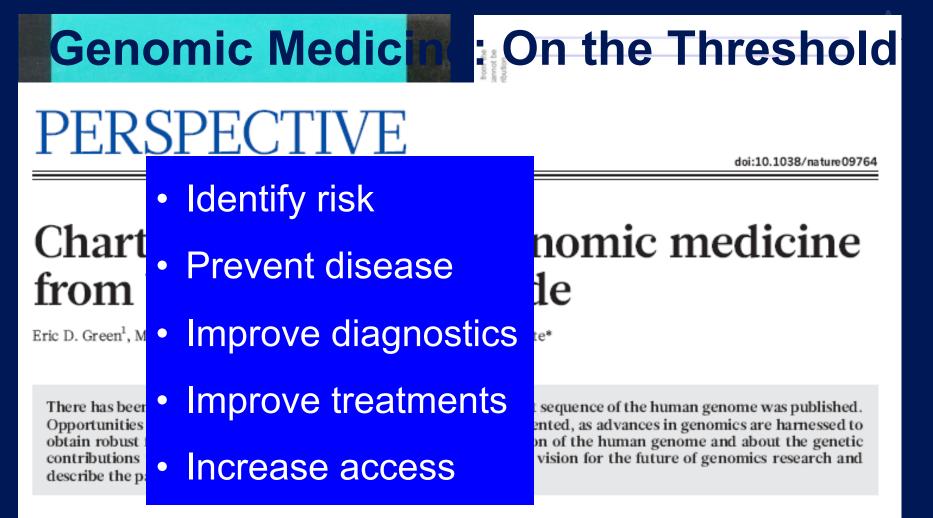


Clinician Involvement





 \mathbf{b}



S ince the end of the Human Genome Project (HGP) in 2003 and the publication of a reference human genome sequence^{1,2}, genomics has become a mainstay of biomedical research. The scientific community's foresight in launching this ambitious project³ is evident in the broad range of scientific advances that the HGP has enabled, as shown in Fig. 1 (see rollfold). Optimism about the potential contributions of genomics for improving human health has been fuelled by new insights about cancer⁴⁻⁷,

quickly. Although genomics has already begun to improve diagnostics and treatments in a few circumstances, profound improvements in the effectiveness of healthcare cannot realistically be expected for many years (Fig. 2). Achieving such progress will depend not only on research, but also on new policies, practices and other developments. We have illustrated the kinds of achievements that can be anticipated with a few examples (Box 2) where a confluence of need and opportunities should





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NHGRI

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Get Started About Us^{*} Curation Activities^{*} Working Groups^{*} Expert Panels^{*} Documents & Annoucements^{*} Tools Q

ClinGen - Clinical Genome Resource

ClinGen is a National Institutes of Health (NIH)-funded resource dedicated to building an authoritative central resource that defines the clinical relevance of genes and variants for use in precision medicine and research.



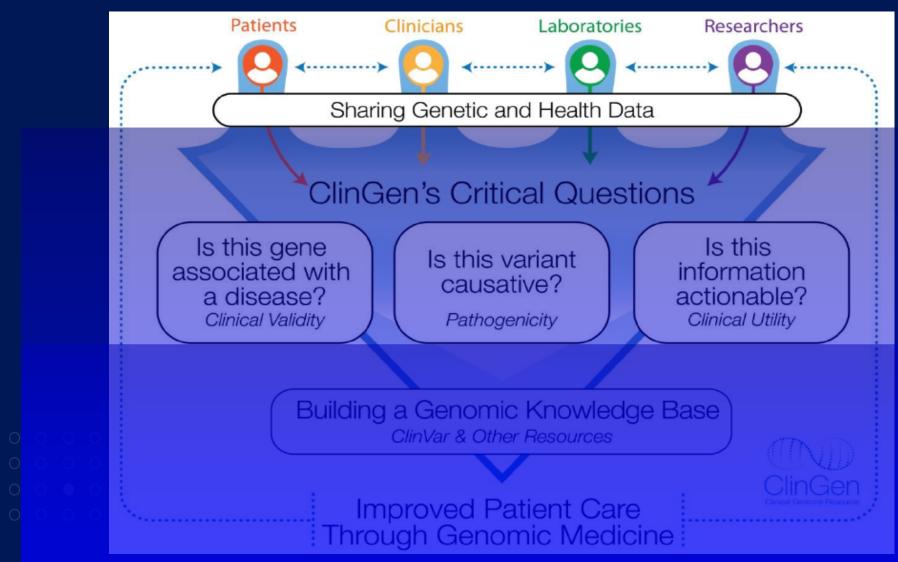
Clinical Genome Resource

Goals

- Share genomic and phenotypic data among clinicians, researchers, and patients through centralized and federated databases for clinical and research use.
- Develop and implement standards to support clinical annotation and interpretation of genes and variants.
- Develop data standards, software infrastructure and computational approaches to enable curation at scale and facilitate integration into healthcare delivery.
- Enhance and accelerate expert review of the clinical relevance of genes and variants.
- Disseminate and integrate ClinGen knowledge and resources to the broader community.



What is the Clinical Genome Resource (ClinGen)?





NIH NHGRI

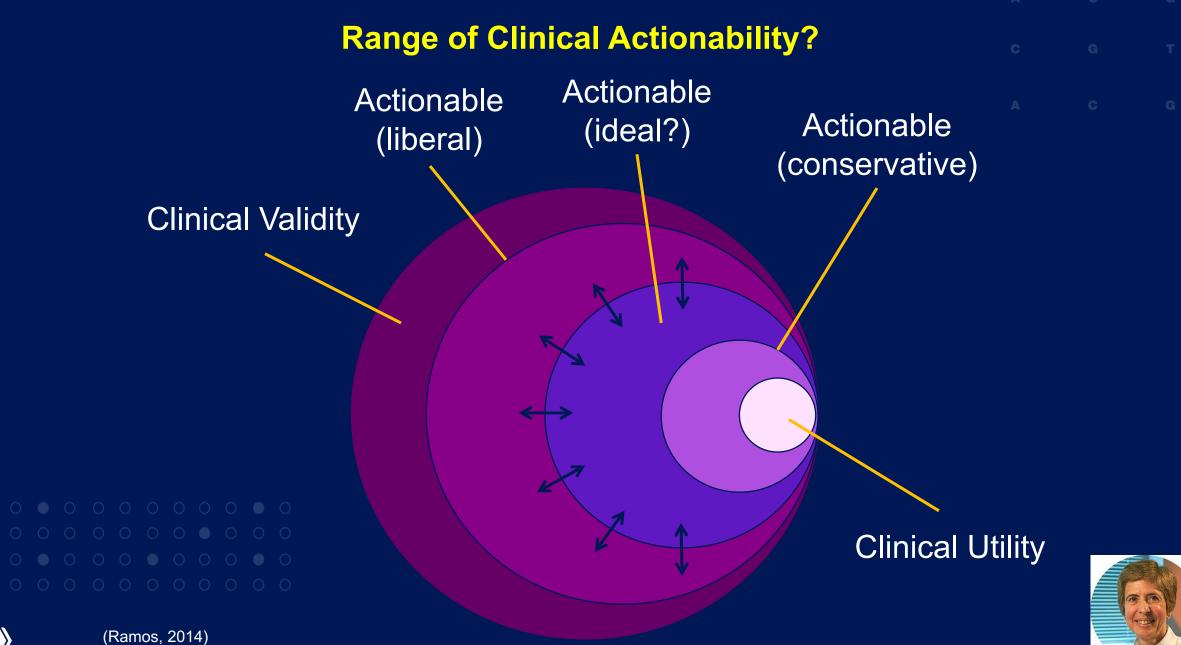
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American College of Medical Genetics and Genomics (ACMG) Evidence Framework for Variant Interpretation

	Beni			Pathogenic			
	Strong		Supporting	Supporting	Moderate	Strong	Very strong
Population data	MAF is too high for disorder BA1/BS1 C	DR			Absent in population databases PM2	Prevalence in affecteds statistically	
Computational and predictive data	1	cor	Itiple lines of nputational evidence ggest no impact on gene	Multiple lines of computational evidence support a	Novel missense change at an amino acid residue where a different	Same amino acid change as an established	Predicted null variant in a gene where LOF is a
Functional data	Well-established functional studies s no deleterious effec BS3			Missense in gene with low rate of benign missense variants and path. missenses common PP2	Mutational hot spot or well-studied functional domain without benign variation PM1	Well-established functional studies show a deleterious effect PS3	
Segregation data	Nonsegregation with disease BS4			Cosegregation with disease in multiple affected family members PP1	Increased segregation data	>	
De novo data					De novo (without paternity & maternity	De novo (paternity and maternity confirmed)	
Allelic data			served in <i>trans</i> with ominant variant BP2		For recessive disorders, detected		
Other database			putable source w/out ared data = benign BP6	Reputable source = pathogenic PP5			
Other data			und in case with alternate cause 5	Patient's phenotype or FH highly specific for gene PP4			
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Clinical Actionability

- Develop clear and robust criteria to guide decisions regarding actionable secondary findings:
 - 1. Severity
 - 2. Likelihood of disease
 - 3. Efficacy of intervention
 - 4. Nature of intervention









Topics of ClinGen Variant and Gene Curation Expert Panels

- ACADVL
- Aminoacidopathy
- Arrhythmogenic RV Cardiomyopathy
- Brain Malformations
- Breast/Ovarian Cancer
- Brugada Syndrome
- Please take a brief survey to tell us more about your interests and desired level of involvement so we can pair you with an appropriate curation activity and/or Expert Panel. Card • CDH Cereb
- Syndr Coagulation Factor Deficiency
- Colon Cancer
- Congenital Myopathies
- DICER1 and miRNA-Drocessing NHGRI

- Epilepsy
- Familial Hypercholesterolemia
- Familial Thoracic Aortic Aneurysm and Dissection
- Fatty Acid Oxidation Disorders

Hereditary Breast, Ovarian and

Hypertrophic Cardiomyopathy

Pancreatic Cancer

• Hereditary Hemorrhagic

Hereditary Cancer

Telangiectasia

• *FBN1*

- KCNQ1
- Long QT Syndrome
- Lysosomal Storage Disorders
- Malignant Hyperthermia. Suscentibilit

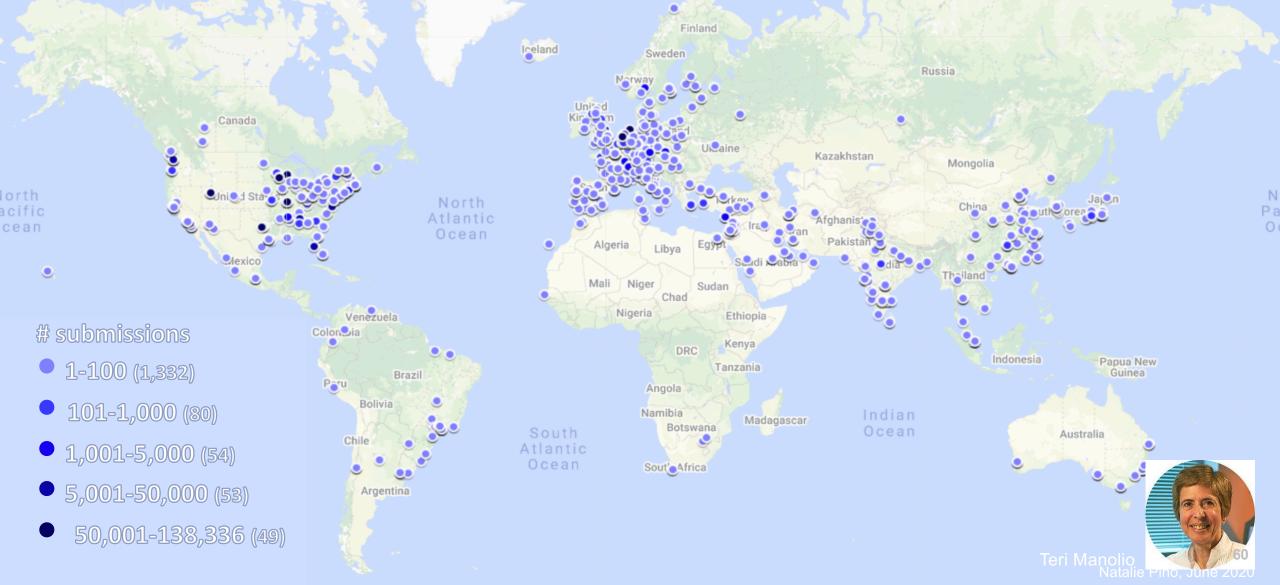
- Phenylketonuria
- Platelet Disorder
- PTEN
- RASopathy
- Rett and Angelman-like Disorders
- TP53
- Intellectual Disability and Autism • VHL

ClinGen Work Group and Expert Panel representation includes 1,423 investigators from 35 countries



Map of ClinVar Submitters

785,694 unique variants from 1,577 submitters across 76 countries

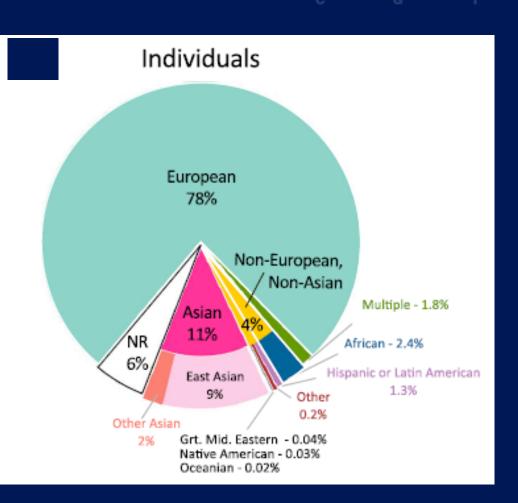


Diversity and Genomics



Certain drugs may be less effective, or even unsafe, in some populations because of genetic differences.

Genomics is failing on diversity

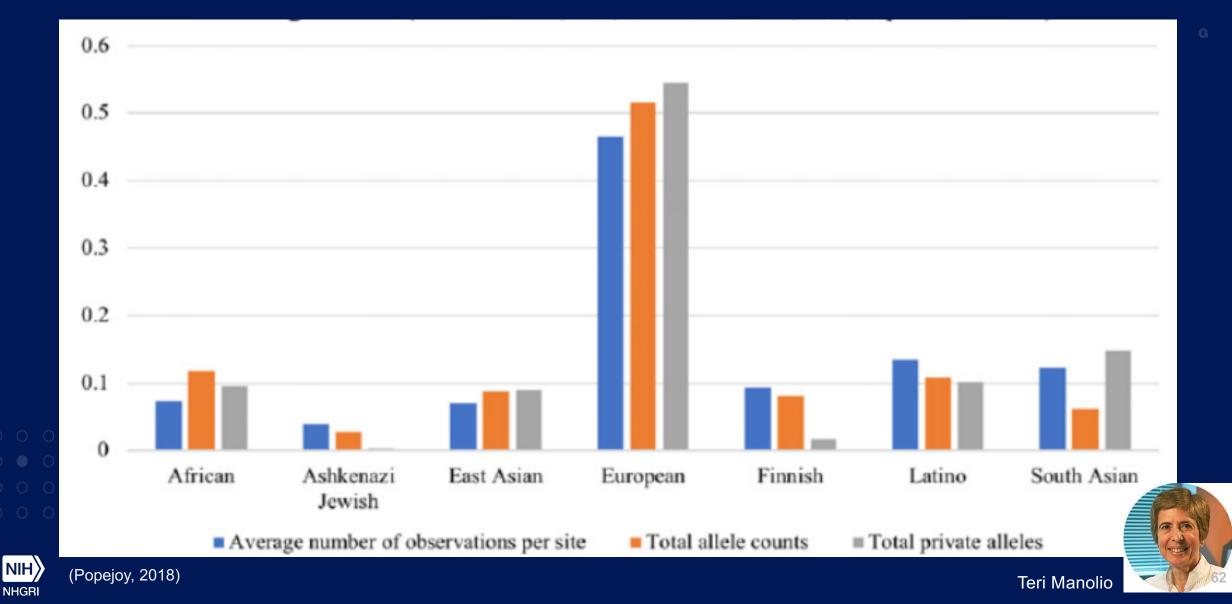






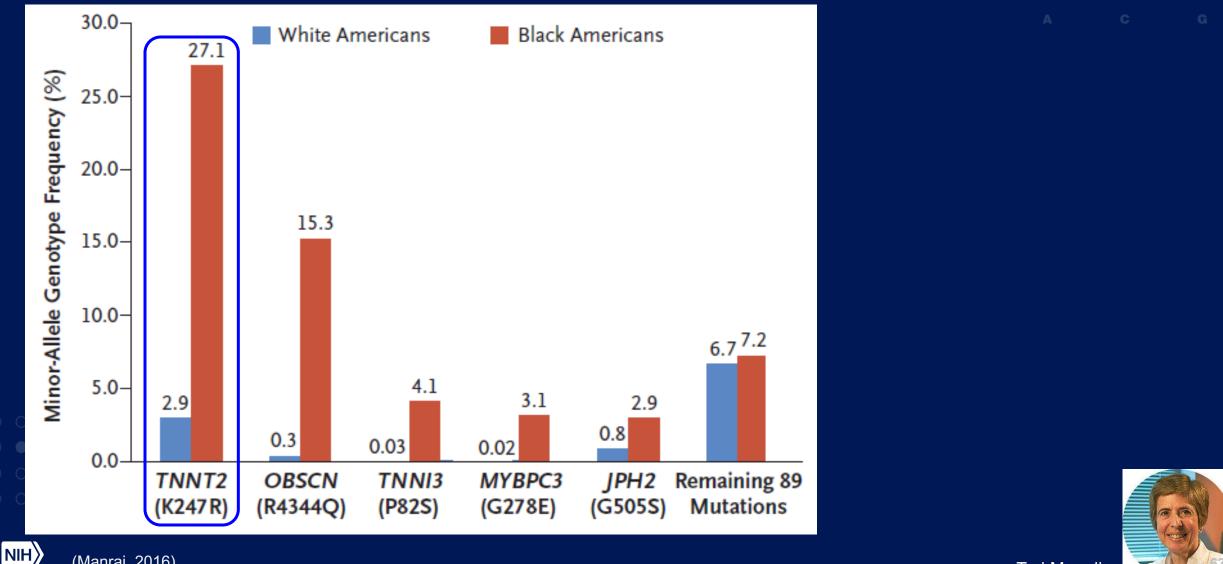
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Distributions Across Populations: Information About Clinically Relevant Sites in gnomAD (>225K Observations)



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Frequency of Genetic Variants Misassociated with **Cardiomyopathy in Black and White Americans**



(Manrai, 2016)

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Key takeaways

- Genomics offers a way to personalize care but need to understand long-term outcomes
- Genomics can help with risk assessment, avoid adverse drug events, diagnose undiagnosed disease, and improve efficacy

 Clinicians are needed in implementation research projects to help understand impact



Many Thanks...

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Ebony Madden Teri Manolio Donna Messersmith Erin Ramos Baergen Schultz Heidi Sofia **Dave Stenger Clark Tibbetts** Simona Volpi Ken Wiley Carol Bult, Rex Chisholm, Pat Deverka, Geoff Ginsburg, Gail Jarvik, George Mensah, Mary Relling, Dan Roden, Marc Williams









The NHGRI-EBI Catalog of published genome-wide association studies

GWAS Catalog



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 - b. Complete the Evaluation
 - c. Take the Posttest
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