



Defense Health Agency (DHA) Clinical Communities Speaker Series

22 April 2021 CCSS: Children and Youth in Transition

Session 03: Screening for Mental Health Disorders in Children and Adolescents

Resource List

Mental Health Competencies for Pediatric Practice is a policy revision published in the [American Academy of Pediatrics](#) 2019. In this report, the American Academy of Pediatrics affirms the 2009 statement and expands competencies in response to science and policy that have emerged since: the impact of adverse childhood experiences and social determinants on mental health, trauma-informed practice, and team-based care.

Mental health in childhood means reaching developmental and emotional milestones, and learning healthy social skills and how to cope when there are problems. Therefore, the information page created by [Centers for Disease Control and Prevention](#) 2020 is a vital resource for parents, pediatric mental health providers and other individuals with a vested interest in the overall health and wellbeing of children and adolescents.

[National Institute of Mental Health](#) answers questions that determine how parents should respond to symptoms of mental health in their children. Parents are given guidance on when to seek help, where to find answers and how to seek help. Additional information can be reviewed regarding choosing a therapist and working with your child's school.

In 2016 the report, [The Substance Abuse and Mental Health Services Administration](#) provides an overview of data from the Comprehensive Community Mental Health Services for Children with Serious Emotional Disturbances Program. It presents findings that indicate that systems of care provide services and promote positive outcomes for underserved children and youth within the mental health system.

[U.S. Department of Health and Human Services](#) 2021 updates the Child Welfare Information Gateway as a clearing house for behavioral health and wellness resources for children and families. A library of publications, news and events from national organizations informing parents and children of the leading resources in child and adolescent mental health can be accessed here.



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References

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