

## Defense Health Agency (DHA) Clinical Communities Speaker Series

#### Resource List - March 2020

### Children and Youth: Advanced Practices for the Pediatric and Child Health Care Provider

## **Virtual Health for Military Families**

The Centers for Disease Control and Prevention created a Mental Health Services for Children Policy Brief. This reviews the evidence-based best practices to address the needs of parents who reported concerns with mental, behavioral or developmental disorder diagnosis of their children (ages 2-8 years old). The prevalence in these diagnoses is similar for small rural and urban areas, however the lack of resources for small rural areas can become a large obstacle. Therefore, telemedicine options can greatly increase access for all Americans. Recently the use of telemental health for pediatric services has increased.

The Current Pediatric Telehealth Landscape is an article from the Official Journal of the American Academy of Pediatrics which discusses trends of pediatric telehealth provision that, when utilized judiciously, allow for improved efficiency, effectiveness and affordability. Appropriate infrastructure to support the technology, administration and operations can be challenging, however collaborative efforts can result in multifold benefits. Supporting Pediatric Research on Outcomes and Utilization of Telehealth (SPROUT) is a research network, which assesses pediatric telehealth programs throughout the United States.

HealthyChildren.org is a website supported by American Academy of Pediatrics, and is as an excellent resource for parents. The article <u>Telehealth Services for Children</u> reviews the benefits and avenues through which parents and their children are able to access such care. This also provides a great resource for Frequently Asked Questions by parents regarding this topic.

<u>Telemedicine: Pediatric Applications</u> is a historical review of the evolution of healthcare alongside technology that facilitates distant healthcare provision. The current telehealth applications for Pediatricians include tele-education, teleconsultation, telepractice and teleresearch. This article also discusses the barriers and security measures that must be considered with these continual developments.



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#### References

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https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5754191/

Centers for Disease Control and Prevention. (n.d.) *Providing Access to Mental Health Services for Children in Rural Areas.* <a href="https://www.cdc.gov/ruralhealth/child-health/images/Mental-Health-Services-for-Children-Policy-Brief-H.pdf">https://www.cdc.gov/ruralhealth/child-health/images/Mental-Health-Services-for-Children-Policy-Brief-H.pdf</a>

McSwain, S.D. (2017, September 22). *Telehealth Services for Children*. HealthyChildren.org

<a href="https://www.healthychildren.org/English/family-life/health-">https://www.healthychildren.org/English/family-life/health-</a>

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Olson, C.A., McSwain, D., Curfman, A.L., & Chuo, J. (2018, March). The Current Pediatric Telehealth Landscape. *Pediatrics*, 141 (3) e20172334. https://doi.org/10.1542/peds.2017-2334.