



REGIONAL HEALTH COMMAND EUROPE

# 2021 RHCE SUMMER CME CONFERENCE

*"Health Care in Uncertain Times"*  
Virtual Conference Packet

10 June – 1 July 2021

0745-1700 Central European Summer Time (CEST)

This Virtual conference will be conducted over a 4 week period in a variety of professional tracks. Continuing Medical Education Credits are available to US personnel.



# Health Care in Uncertain Times

## Surgical Services Track

**17-18 June 2021**

Welcome to the Women's Health Track.  
Inside this packet you will find your  
agenda, log in instructions and FAQ sheet.  
Please review these items closely and if  
you have any questions please contact  
RHCE staff.

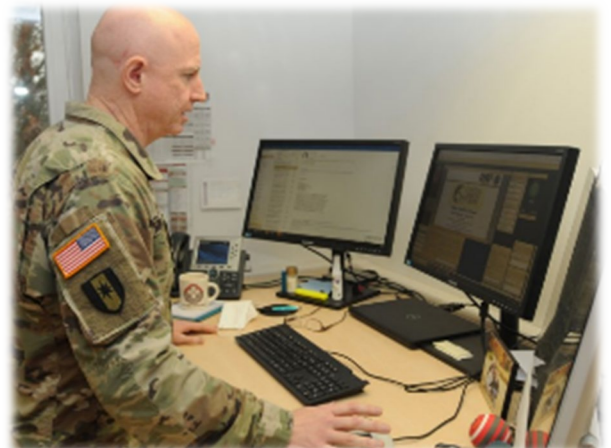
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# A Note From COL Patrick J. Contino



As your conference director, I am excited to welcome you to the 2021 RHCE Virtual Summer CME Conference. In the wake of the COVID 19 response our staff have been working to find innovative ways to bring you quality educational opportunities. With the help of the Defense Health Agency (DHA) we are delighted to present this Virtual Medical Conference.

The “Virtual” domain brings continuing education to you, which helps ensure you meet your licensure requirements, maintain professional currency, and avoid the risk of event cancellation due to travel restrictions related to the current pandemic. We acknowledge the challenges in regards to networking with colleagues while using this venue, but hope you find the virtual setting both professionally fulfilling and time-saving.

At the conclusion of the conference, our team will be sending out a survey and I encourage you to return this with your honest feedback. Thank you for your continued support and we hope you enjoy your portion of the conference.

Patrick J. Contino, M.D.  
COL, MC  
Chief of Clinical Operations  
Regional Health Command Europe  
US Army

## RHCE 2021 Summer CME Conference (17 June – 18 June 2021)

### *“Health Care in Uncertain Times”*

**Track: Surgical Services Track    Track Leader(s): LTC Jessica J. Peck    Classroom: Virtual**

TIME	Wednesday,	Thursday, 17 June 2021	Friday, 18 June 2021
0700-0745		<b>Log In</b>	<b>Log In</b>
0800-0820		Pre-recorded Opening Remarks COL Contino- 10 min BG Thompson - 10 min Administrative Remarks	Pre-recorded Closing Remarks COL Contino- 10 min BG Thompson - 10 min Administrative Remarks
0820-0920	Email distribution with log in information/registration materials (1 month before track start date)	Arbinger Foundations (2 hrs) Ms Angela Karnes-Padron & Mr Nathan Shivers	“The LRMC Trauma Program: Right-sized, Ready, and Agile” (1 hr) Mary-Anne Purtill, MD
0920-1020			“Surgical Services Service Line (3SL) Business Aspects: What you need to Know and Why!” (1 hr) Ms Rachel Baxter, BSN, MHA
1020-1030		<b>BREAK/AM Question Session</b>	<b>BREAK/AM Question Session</b>
1030-1130	Email Distribution of Registration packet (1 week before track start date)	Arbinger Foundations (Continued) (2 hr) Ms Angela Karnes-Padron & Mr Nathan Shivers	“A Surgeons Guide to Virtual Health” (1 hr) Matthew Rodgers, MD, LTC
1130-1230			“Post-Extubation Dysphagia in Critical Care Patients” (1 hr) Ms Tracey Fischer, MA, SLP
1230-1330	Follow up email of registration packet (1 day before track start date)	<b>LUNCH</b> On your own	<b>LUNCH</b> On your own
1330-1430		Planning Ahead for Just in Time Solutions: evaluation and lessons of 3D printing in the combat environment (1 hr) James Scholfield, MAJ DO	“Osteoradionecrosis of the Jaw, a brief Overview” (1 hr) Christopher Tonn, MD, Maj
1430-1530		COVID-19 Airway Management Isolation Chamber (CAMIC) (1 hr) Steven S Hong, MD, MAJ(P)	“Army Hearing Program & Audiology: What Primary Care Providers Need to Know” (1 hr) CPT Theresa Galan, Au.D
1530-1630		Finding a Voice After Laryngectomy (1 hr) Robert Lewis, MD, CPT	Communicating Across Differences (1 hr) SFC Settya Ngauy
1630-1700		<b>PM Question Session</b>	<b>PM Question Session</b>

# Lecture Summary

## Day 1

### **Arbinger Foundations**

Ms. Angela Karnes-Padron and Mr. Nathan Shivers

This informational brief discusses improving productive influence through time management and explores how behaviors impact the foundation of influence. Participants additionally examine skills of locating collusions and assessing costs and compare and contrast self-centered activities with collaborative activities.

### **Planning Ahead for Just in Time Solutions: Applications of Additive Manufacturing in the Forward Combat Environment**

MAJ James C. Schofield, DO

This informational brief identifies components of a 3D printer and polymers associated with Fused Deposition Modeling and Additive Manufacturing. Participants also explore the current usage and future impact and applications of Additive Manufacturing in medical sustainment and warfighting.

### **COVID-19 Airway Management Isolation Chamber (CAMIC)**

MAJ(P) Steven S. Hong, MD

This informational brief reviews current airway management strategies for COVID-19 and discusses the features and advantages of the COVID-19 Airway Management Isolation Chamber (CAMIC). Participants will also review particulate and aerosol testing process and findings of the CAMIC.

### **Finding a Voice After Laryngectomy**

CPT Robert J. Lewis, MD

The informational brief explores challenges patients experience after a laryngectomy and reviews options for speaking after the procedure. Participants also review challenges of why not every laryngectomy patients are candidates for tracheoesophageal prosthesis.

# Lecture Summary

## Day 2

### **The LRMC Trauma Program: Right-sized, Ready, and Agile**

Mary-Anne Purtill, MD

This informational brief discusses Landstuhl Regional Medical Center's role in the chain of medical evacuation and articulates basic capabilities of the Combatant Command Trauma System. Participants also review evacuation challenges faced in the EUCOM Theater and how LRMC's capabilities align with the American College of Surgeons (ACS) Level II Trauma status

### **Surgical Services Service Line (3SL) Business Aspects: Why you need to know and Why!**

Rachel Baxter, BSN, MHA

This informational brief explains how the Medical Expense and Performance Reporting System data is captured and serves as a data source for decision making. A review of the documentation of staff availability through Defense Medical Human Resource System internet and Medical Group Management Association targets, encounters, and relative value units is also conducted.

### **A Surgeons Guide to Virtual Health**

LTC Matthew Rodgers, MD

This information brief overviews why virtual health is used in Europe and reviews the history of the program in the area of operations. Participants also discuss the spectrum of virtual health and both synchronous and asynchronous platforms.

### **Post-Extubation Dysphagia in Critical Care Patients**

Tracey Fischer, MA, MA, CCC-SLP

This informational brief reviews basic oropharyngeal and laryngeal anatomy and physiology and explores how fiberoptic endoscopic examination of swallow is completed. Participants also review common impairments of swallow function following an intubation and extubation. The brief also explains the impact of COVID-19 pathophysiology on dysphagia in ICU patients following prolonged mechanical ventilation.

### **Osteoradionecrosis of the Jaw: Brief overview**

Maj Christopher Tonn, MD

This informational brief reviews an osteoradionecrosis of the jaw case and explores the pathophysiology and epidemiology of ORN. Participants also discuss classification systems of ORN and review treatment options available.

### **Army Hearing Program & Audiology: What Primary Care Providers Need to Know**

CPT Theresa Galan, Au.D., CC-A, CPS/A

This information brief differentiates between services offered by the Army Hearing Program and the Audiology clinic and reviews clinical decision making and treatment for sudden hearing loss. Participants additionally discuss primary care management evaluation and treatment for benign paroxysmal positional vertigo (BPPV) in primary and emergency care settings.

### **Communication Across Differences**

SFC Settya T. Ngauy

This information brief explores the diversity of communication, cross cultural, cross generational, and cross gender communication characteristics, difficulties and mitigating strategies. An outline of effective communication strategies is also reviewed and discussed in the activity.

# Presenter Biographies

**Mrs. Rachel H. Baxter** is a Registered Nurse with over 28 years of experience in critical care, case management and supervisory nursing within both the civilian and DoD sectors. She holds a Bachelor's degrees in Nursing and Education with Minors in Chemistry and Biology, and Master's degree in Healthcare Administration. Mrs. Baxter has held a wide variety of positions within the healthcare arena, including: Staff Nurse neuro-trauma critical care units in multiple travel assignments across the United States, as well as within Womack Army Medical Center, Ft. Bragg, NC; Nurse Manager at Andrew Rader Clinic, Ft. Myer, VA; Primary Care/Executive Medicine Nurse Case Manager, Brian Allgood Army Community Hospital, Seoul, ROK; as well as Inpatient Nurse Case Manager, Landstuhl Regional Medical Center, DE; and Product Line Manager for the Surgical Services Service Line and Inpatient Service Line, also at Landstuhl Regional Medical Center, DE

**Tracey Fischer** is a medical Speech Language Pathologist at LRMC. She is the sole provider for adults throughout CONUS with disorders such as aphasia, cognitive-executive dysfunction, dysarthria, dysfluency, dysphagia, oro-myofunctional disorders, tracheostomies, voice and/or respiratory dysfunction. Prior to her current assignment she served as a staff SLP at the Voice, Airway and Swallow Clinic for the ENT/Department of Surgery of Ft. Sam Houston/SAMMC, and was formerly a staff SLP at University Hospital in Augusta, GA. She received her Masters of Linguistics as well as Masters of Speech Language Pathology from the University of Ohio. She is currently in the process of becoming a licensed Integrative Breathing Therapist (IBT) as well as obtaining Certification in Orofacial Myology (COM®).

**CPT Theresa Galan** is an Audiologist and Regional Army Hearing Program Manager for the Landstuhl Regional Medical Center footprint. She graduated from Northern Illinois University in 2008 with a Doctorate of Audiology and has worked in various clinical settings, including both civilian and military.

# Presenter Biographies

**MAJ(P) Steven S. Hong, MD**, serves as the Chief of Head and Neck Oncologic and Reconstructive Surgery at Walter Reed National Military Medical Center and an assistant professor of surgery at USUHS. MAJ Hong is currently serving as the sole fellowship-trained head and neck surgical oncologist in the National Capitol Region and recently awarded the AMSUS physician of the year award for the federal military health system for 2020.

MAJ Hong is a prolific researcher recently leading a team of engineers and physicians to create the CAMIC barrier device to protect our healthcare workers in the fight against the Covid-19 pandemic in record speed, going from concept to prototype within days and FDA emergency use authorization within 6 weeks. In addition, MAJ Hong is also spearheading efforts at USAMRMC as the principal investigator of a multi-million dollar DoD grant to enable safe and effective robotic telesurgery in austere and future operational environments as part of the US Army's Science and Technology Man/Machine Teaming and Medical Robotics. He serves as a Co-PI in multiple other funded medical and technology research projects.

In addition to medical robotics, MAJ Hong also has a special interest in benign and malignant tumors of the head and neck, and the complex reconstruction that comes with their treatment. He also has multiple publications related to fluorescence-guided surgery using molecularly-targeted compounds and analyzing medicolegal outcomes and issues pertaining to head and neck surgery.

**CPT Robert Lewis, MD**, is currently serving his residency in otolaryngology Head and Neck Surgery at Walter Reed National Military Medical Center, MD. He received his Doctorate of Medicine from Marshall University Jan C. Edwards School of Medicine and enjoys spending time with his family, cooking, trail running, and plays the alto saxophone and piano.

**SFC Settya T. Ngauy** is the Regional Health Command Europe Clinical Operations NCOIC and Virtual Medical Center – Europe NCOIC. He is currently licensed as an EMT-B, trained as an Equal Opportunity Leader and Master Resiliency Trainer

**Ms. Angela Karnes-Padron** currently works as an Organizational Development / Change Management Consultant and Facilitator that specializes in putting ideas and strategies into action. Additionally she coaches managers and executive leaders to develop skills in team cohesion, conflict resolution, meditation, and quality relationship building.



# Presenter Biographies

**Mary-Anne Purtill, MD**, serves as the Trauma Medical Director at Landstuhl Regional Medical Center and for the European Combatant Command. She manages the Trauma Program at LRMC and interfaces with the Army Community Service (ACS) and assuring the requirements for verification are met. Additionally she is the Co-Director of Cardiac Intensive Care unit at LRMC and as a Surgical Consultant for Regional health Command Europe.

**LTC Matthew Rodgers, MD** currently serves as the Medical Director for the Sleep Center at Landstuhl Regional Medical Center and the Medical Director for Virtual Medical Center Europe. Additionally he is the Consultant on Sleep Medicine for Regional Health Command Europe. His previous assignments include Carl R. Darnall Army Medical Center in Fort Hood, TX, Walter Reed National Military Medical Center, and Fort Lewis, WA.

**MAJ James Schofield, DO** currently serves as the Senior Physician and consult to 2<sup>nd</sup> Cavalry Regimental Surgeon in Vilseck, Germany. His prior assignment was the Senior medical provider for 600 soldiers as the 2<sup>nd</sup> Cavalry Regiment Squadron Surgeon and responsible for medical care and readiness of Soldiers and training of medics.

**Mr. Nathan Shivers** has over 30 years of experience in training and development of leaders in a global environment as a Organizational Development Specialist and Leadership Development Advisor at the Medical Center of Excellence in San Antonio. Additionally he facilitates the Leadership Challenge to Pre-Command Course and routine conducts interviews with commanders, senior leaders, Soldiers, and employees of organizations to identify areas of concern and develop intervention strategies and integration models.

**Maj Christopher Tonn, MD** is a junior otolaryngology surgeon at Landstuhl Regional Medical Center, recently completing his residency at San Antonio Military Medical Center. He has a special interest in trauma, head and neck oncology, as well as otology.

# Lecture Supplemental Video Links

## Day 1

### Virtual Health Virtual Scheduler Overview

<https://www.milsuite.mil/book/message/943038>

<https://www.milsuite.mil/video/watch/video/44400>

### Finding a Voice after Laryngectomy

CPT Robert Lewis

Slide 12 Video 1: <https://www.milsuite.mil/video/44541>

Slide 12 Video 2: <https://www.milsuite.mil/video/44542>

Slide 13 Video 1: <https://www.milsuite.mil/video/44543>

Slide 13 Video 2: <https://www.milsuite.mil/video/44544>

Slide 17 Video: <https://www.milsuite.mil/video/44545>

Slide 25 Video: <https://www.milsuite.mil/video/44546>

## Day 2

### Army Hearing Program and Audiology

CPT Theresa Galan

Slide 27 Video link: <https://www.milsuite.mil/video/44540>

# Conference Attendance Etiquette

1. Test equipment before beginning of the conference
2. Use your full name when signing into the conference
3. Dress appropriately for the conference
4. Ensure your webcam is disabled and not streaming
5. Limit distractions as much as possible by choosing a quiet location and turning off TVs, music, and minimize background noises
6. Mute your microphone when you are not speaking
7. Be sure to identify yourself when speaking
8. Be careful to not interrupt others when they are speaking
9. Be professional, chat functions are monitored and utilized for providing feedback and raising questions for the presenter
10. Stay actively engaged with the conference and avoid “multitasking”

# Connecting to the Conference

The Surgical Services Track will be using the Cisco Meeting Server Platform.


## CONNECTING THE DAY OF:

<https://europe.meet.health.mil/invited.sf?id=5900612&secret=bc98ad2d-d3ce-456c-990a-a667b01c80ba>

Google Chrome and Mozilla Firefox are the preferred browsers (Copy link above and paste onto Web browser)



Cisco Jabber Dial in: 590-0612  
Meeting PIN: 235849

Change default user name for attendance credit

Click  icon next to "Guest\_XXXX" and enter your first and last name (Important for record of attendance of the event)

Click  after changing your username

Allow browser access to microphone and camera if prompted

Click the  icon to mute on entry.  icon indicates you are muted

Click  button to join the meeting

## Troubleshooting Resources:

Cisco Meeting Server web app instructions:

[https://www.cisco.com/c/dam/en/us/td/docs/conferencing/ciscoMeetingApps/Web-App/quick-ref-guides/3-1/Join\\_a\\_meeting\\_from\\_an\\_invite\\_3\\_1.pdf](https://www.cisco.com/c/dam/en/us/td/docs/conferencing/ciscoMeetingApps/Web-App/quick-ref-guides/3-1/Join_a_meeting_from_an_invite_3_1.pdf)

# Academic Overview

To receive CE/CME credit, you must register by 0800 ET on 2 July 2021 to qualify for the receipt of CE/CME credit or certificate of attendance. You must complete the program posttest and evaluation before collecting your certificate. The posttest and evaluation will be available through 15 July 2021 at 2359 ET. Please complete the following steps to obtain CE/CME credit:

1. Go to URL <https://www.dhaj7-cepo.com/>
2. Search for your course using the **Catalog**, **Calendar**, or **Find a course** search tool.
3. Click on the REGISTER/TAKE COURSE tab.
  - a. If you have previously used the CEPO CMS, click login.
  - b. If you have not previously used the CEPO CMS click register to create a new account.
4. Follow the onscreen prompts to complete the post-activity assessments:
  - a. Read the Accreditation Statement
  - b. Complete the Evaluation
  - c. Take the Posttest
5. After completing the posttest at 80% or above, your certificate will be available for print or download.
6. You can return to the site at any time in the future to print your certificate and transcripts at <https://www.dhaj7-cepo.com/>
7. If you require further support, please contact us at [dha.ncr.j7.mbx.cepo-cms-support@mail.mil](mailto:dha.ncr.j7.mbx.cepo-cms-support@mail.mil)

# FAQs

## 2021 Summer CME Conference FAQs

### Registration

#### **How do I register?**

*Seek Email approval from your supervisor for the days that you want to attend the conference. Registration for intent to attend is completed on the Regional Health Command Europe Conferences webpage.*

#### **What is the link for registration?**

<https://rhce.amedd.army.mil/Conferences.html> (CAC login required)

#### **Do I have to register with DHA too?**

*Yes, to collect DHA CME you must register on the DHA CEPO site. Please create an account and register for the track and day that you are planning to attend.*

#### **Do I need approval from my supervisor/ leadership to attend?**

Yes.

#### **How do I register for multiple tracks?**

*Email your complete registration to your main track leader and indicate which days of the other track you wish to attend.*

#### **I am DOD civilian, may I attend if my supervisor approves?**

Yes

#### **Am I eligible to attend if I am not stationed in Germany?**

*Yes, this medical conference is for any service member/DOD civilian/contractor working within the Military Health System globally. Keep in mind all times listed on the agenda is Central European Summer Time (CEST) . Please seek supervisor approval.*

### CE Credit

#### **Can I get credit for attending one lecture?**

*No, you must virtually attend the entire day in the same track to receive credit.*

#### **How do I get CE credit?**

*You must complete the post-test for your registered day on the DHA CEPO website. After a score of 80% or higher is achieved you will receive a certificate.*

#### **I don't need CE hours and I want to virtually attend one lecture, do I need to register?**

*Yes, in order to get the virtual log on information you will need to register with the RHCE link above. You do not have to attend the full day, or claim CE hours. We strongly recommend you register on the DHAJ7 CEPO site to claim a Certificate of Attendance.*

#### **Can I receive CE hours if the awarded accreditations I need are not listed on DHAJ7 CEPO site?**

*Yes, a Certificate of Attendance is available listing CE hours for CE applications to accrediting bodies not provided directly by DHA.*

# FAQs cont.

## Attending the Conference

**Can I attend multiple Tracks if my leadership support it?**

Yes

**Which virtual platform will we be using and is there a dial in function?**

*Cisco Meeting Server (CMS) platform will be utilized during this conference with web browsers as the preferred method. Cisco Jabber application may also be utilized to dial in with the DSN number and meeting ID pin. Cisco Jabber supports both audio and video functions.*

**Do I need a camera and microphone if I am virtually attending?**

*Participants **do not** need a camera or microphone to attend. However a minimum of a microphone is recommended to facilitate discussions on topics.*

**Can I attend virtually using my personal computer?**

*Yes, CMS provides a web link accessible from all devices and networks that support a browser. Successful connections have been made via government computers, personal computers, phones, and tablets*

**Do I need to be on the network using a VPN to attend?**

No

**Can multiple attendees join the virtual conference using one computer?**

*Yes, please let your Track leader and conference administration know who will be attending from the same computer, as we need to keep an attendance sheet. The attendees will still need to register with DHAJ7 CEPO for CME credit and with RHCE for notification of their intent to participate in the event.*

**What if I have technical difficulties?**

*We recommend testing your computer/location in the weeks before the conference to ensure you know how to enter the virtual space. If you have additional difficulties please contact your local VNC Bridge or the RHCE Conference Support staff to help with technical difficulties.*