

# REGIONAL HEALTH COMMAND EUROPE

# 2021 RHCE SUMMER CME CONFERENCE

"Health Care in Uncertain Times"
Virtual Conference Packet

10 June – 1 July 2021 0745-1700 Central European Summer Time (CEST)

This Virtual conference will be conducted over a 4 week period in a variety of professional tracks. Continuing Medical Education Credits are available to US personnel.



# Health Care in Uncertain Times

# **Primary Care Track**

# 21-23 June 2021

Welcome to the Primary Care Track. Inside this packet you will find your agenda, log in instructions and FAQ sheet. Please review these items closely and if you have any questions please contact RHCE staff.

Contact Information:

Primary Care Track Leaders:

COL Patrick J. Contino patrick.j.contino.mil@mail.mil - DSN:

RHCE Conference Staff:

SFC Settya Ngauy - settya.t.ngauy.mil@mail.mil - DSN: 314-590-2277 - +49 (0) 6371-9464-2277



# A Note From COL Patrick J. Contino



As your conference director, I am excited to welcome you to the 2021 RHCE Virtual Summer CME Conference. In the wake of the COVID 19 response our staff have been working to find innovative ways to bring you quality educational opportunities. With the help of the Defense Health Agency (DHA) we are delighted to present this Virtual Medical Conference.

The "Virtual" domain brings continuing education to you, which helps ensure you meet your licensure requirements, maintain professional currency, and avoid the risk of event cancellation due to travel restrictions related to the current pandemic. We acknowledge the challenges in regards to networking with colleagues while using this venue, but hope you find the virtual setting both professionally fulfilling and timesaving.

At the conclusion of the conference, our team will be sending out a survey and I encourage you to return this with your honest feedback. Thank you for your continued support and we hope you enjoy your portion of the conference.

Patrick J. Contino, M.D.
COL, MC
Chief of Clinical Operations
Regional Health Command Europe
US Army

# RHCE Summer CME Conference (June 2021)

"Health Care in Uncertain Times"

Track: Primary Care Track Leader(s): COL Patrick Contino Classroom: Virtual

TIME	Wednesday,	21 June 2021	22 June 2021	23 June 2021
0700-0745		Log In	Log In	Log In
0800-0820	Email distribution with log in information/registration materials (1 month before track start date)	Pre-recorded Opening Remarks COL Contino- 10 min BG Thompson - 10 min Administrative Remarks	Administrative Remarks	Pre-Recorded Closing Remarks – 20 min
0820-0920		Function Bowel Disorder & their Management (1hr) MAJ Zachary C. Junga, M.D., Gastroenterology, LRMC	ADHD Update (1hr) COL Adam Huillet, M.D. Dev Pediatrics, LRMC	Spinal Pain & Intervention (1hr) LTC Brian McLean, M.D., Pain Management, LRMC
0920-1020		Neuromodulary Theory of Well-Being (2hr) MAJ Ryan R. Green, Ph.D., ABPP, LRMC	Autism Spectrum Disorder Update (1hr) COL Adam Huillet, M.D., Dev Pediatrics, LRMC	Making Sense of the ACFT (2hr) MAJ Daniel Huffman, PT, LRMC
1020-1030		BREAK/AM Question Session	BREAK/AM Question Session	BREAK/AM Question Session
1030-1130	Email Distribution of Registration packet (1 week before track start date)  Follow up email of registration packet (1 day before track start date)	Neuromodulary Theory of Well-Being: A Biopsychosocial Approach to Nervous System Dysfunction Assessment/Intervention (1 hr) CPT Ciro Visone, Psy.D. & Joanne Curin, Psy.D., LRMC	The Wizarding World of Dental Sleep Medicine (1hr) COL Thomas Stark, DDS, DC, Wiesbaden	Making Sense of the ACFT, Continued (2 hr) MAJ Daniel Huffman, PT, LRMC
1130-1230		2020 Cervical Cancer Screen Guidelines (1hr) MAJ Amanda Wholly, WNP, LRMC	Nasal Breathing (1hr) Ms. Tracey Fischer, M.A., M.A., CCC-SLP, LRMC	Anti-Vaccine Campaign (1hr) COL (Ret.) Robert Smith, D.O., Pediatrics, Stuttgart
1230-1330		LUNCH On your own	LUNCH On your own	LUNCH On your own
1330-1430		Stroke "Time is Brain" (1hr) COL Matthew Hing, M.D., WAMC	Contraception Options (1hr) Katie Collins, M.D., OB/GYN, LRMC	Cultural Diversity (1 hr) SFC Settya Ngauy, RHCE
1430-1530		Updates in Asthma (1hr) MAJ Nathan Boyer, M.D., Pulmonology, LRMC	The Guinea Pig Club: How a WWII Surgeon Practiced Medicine in a Time of Uncertainty (1hr) LTC Jessica Peck, M.D., ENT, LRMC	Diabetes Update (1 hr) Maj Lorena North, LRMC
1530-1630		Fascia: Clinical Pearls for the PCM (1hr) Kristinn Heinrichs, PhD, PT, Vicenza	LRMC SAMFE Program (1hr) Maj Jacqlyn Sanchez, NC, APRN, Spangdahlem	Basic Urology for the Primary Care Provider (1 hr) MAJ Nicholas J. Kuntz, LRMC
1630-1700		PM Question Session	PM Question Session	PM Question Session

# Lecture Summary

#### Day 1

# **Functional Bowel Disorders & their Management**

MAJ Zachary Junga MD

This informational brief outlines the available drug therapies for irritable bowel syndrome and functional bowel disorders, summarize treatment algorithms and approaches for IBS and functional bowel disorders and outline the importance of expectation management with patients.

# Neuromodulary Theory of Wellbeing: A Body-Mind Analysis and Comprehensive Review of Stress and the Superordinate Role of the Nervous System in Medicine

MAJ Ryan R. Green, PH.D.

This informational brief describes the Neuromodulary Theory of Wellbeing and discuss related theories and defines stress while summarizing etiological interventional progressions. An outline of future goals for identifying patients for the model and providing early intervention.

# Neuromodulary Theory of Wellbeing: A Bipsuchosocial Approach to Nervous System Dysfunction Assessment and Interventions

CPT Cir Visone, PsyD and Joanne Curin, PsyD

This informational brief summarizes specific assessment recommendations and materials for the Neuromodulary Theory of Wellbeing while outlining specific intervention recommendations and illustrate impacts of nervous system dysfunction on public health.

## 2020 Cervical Cancer Screen Guidelines

Maj Amanda R. Wholly, MSN

The informational briefly reviews updated guidelines for cervical cancer screenings and explains screening recommendations according to the newly released ASCCP guidelines. The brief also identifies tools and scenarios relevant to current practice assisting in developing appropriate plans of care.

# Stroke: "Time is Brain"

COL Matthew Hing, MD

This informational brief outlines signs and symptoms of a stroke and rapid evaluation and management of an acute ischemic stroke. Exploration of hemorrhagic stroke signs and symptoms and stabilization is provide along with summary of stroke etiologies.

## **Updates in Asthma**

MAJ Nathan Boyer, MD

This information brief provides description of asthma and summarizes the history of respiratory testing. An outline of asthma management is reviewed based upon disease severity and the patient's symptoms.

# Fascia: Clinical Pearls for the Primary Care Manager

Kristinn Heinrichs, PhD, PT, NCS, SCS, ATC

This information brief reviews the poor correlation between imaging and painful fascia symptoms while identifying primary neurofascial anchors and compression points. A demonstration of myofascial screening tests is provided along with a short fascia-oriented movement session activity.

# Lecture Summary

#### Day 2

# Annual Action Plan (AAP) Practice Guidelines for Attention-Deficit / Hyperactivity Disorder (ADHD)

COL Adam Huillet, MD

This informational brief describes the AAP guidelines on ADHD while also outlining the process of care and evaluation of the condition. Common medications and their potential side effects used to treat ADHD is also reviewed along with a summarization of behavioral intervention options.

## Review of Annual Action Plan (AAP) Clinical Report on Autism

COL Adam Huillet, MD

This informational brief discusses prevalence, core symptoms, red flags, and co-occurring conditions with Autism Spectrum Disorders (ASD) and describes appropriate screening tools for ASD. An outline of the appropriate etiological evaluation, resources available for adolescents with ASD, and common interventions and medications used for ASD is explored.

## <u>Wizarding World of Dental Sleep Medicine</u>

COL Thomas Stark, DDS

This informational brief lists services dentists offer in recognition and management of obstructive sleep apnea and reviews findings associated with OSA in children and adults. A review of interdisciplinary care's optimization of management of OSA and other sleep related breathing disorders is also provided.

# Nasal Breathing: They Key to Functional Craniofacial Development, Restorative Sleep, and **Better Health**

Tracey Fischer, MA, MA, CCC-SLP

This informational brief defines basic anatomy and functions of the nasal respiratory tract, describes connections between nasal breathing and overall health, and identifies negative structural and functional consequences of oral breathing. Participants also review a basic screening method to identify oral verses nasal breathing patterns.

## **Contraception Options**

Mary Kathryn Collins, DO

This informational brief reviews contraception options along with contraindications for each option available. A discussion of other benefits of contraception is also explored.

# The Guinea Pig Club: How a WWII Surgeon Practiced Medicine in a Time of Uncertainty

LTC Jessica J. Peck, MD

This information brief explores historic examples of practicing medicine during World War II and explores the role of the Guinea Pig Club on improving outcomes of burn patients during an uncertain time. Participants also review how innovation and collaboration impacts overcoming challenging circumstances.

# LRMC Sexual Assault Medical Forensic Examiner (SAMFE) Program

Maj Jacqlyn Sanchez, ANP-BC, MSN, SAMFE

This information brief discusses the Regional Health Command-Europe (RHC-E) access to sexual assault medical forensic examinations and the Landstuhl Regional Medical Center SAMFE Mobile Team (SMT). The process of activating the SMT and a demonstration of how to provide traumainformed patient-centered care for a sexual assault patient is also reviewed.

# Lecture Summary

#### Day 3

# A Review of Low Back Pain: Etiology, Evaluation and Management

LTC Brian McLean, MD

This information brief reviews the anatomy of the lumbar spine and relevant pain generators, discusses indications for imaging of the lumbar spine and explains imaging and management of acute and chronic spinal pain. Describing the presentation, evaluation, and treatment of spinal degenerative joint and disc conditions are also included.

## Making Sense of the Army Combat Fitness Test (ACFT) for Providers

MAJ Daniel Huffman

This information brief reviews the Army Combat Fitness Test events and examines patients' ability to perform the events. A review of how to guide patients to train for the ACFT within their limits of their condition is also explored.

# The Anti-Vaccine Movement: Past, Present & Future

COL (Ret.) Robert A. Smith DO

This information brief discusses the history of vaccines and the anti-vaccine movement and how vaccinations cause conflicts between public health, religion, and free choice. Utilizing facts and tools to address parental concerns of vaccine safety and efficacy and a review of historical perspective in regards to the anticipated anti-COVID vaccine movement is discussed.

## **Cultural Diversity**

SFC Settya T. Ngauy

This information brief defines the concept of culture and describes why developing cross cultural competency is important. A review to differentiate between race and ethnicity is conducted along with discussing the Office of Management and Business' categorization of race and ethic groups.

## **Diabetes Updates**

Maj Lorena North, MD

This information brief reviews the most recent 2020 American Diabetes Association updates in the Standards of Medicinal Care in diabetes and reviews the classification and diagnosis of the condition. A discussion of diabetes self-management education and support is conducted along with exploring pharmacologic therapeutic options.

# **Basic Urology for the Primary Care Provider**

MAJ Nicholas Kuntz, MD

This information brief reviews diagnosis and disposition of common urological conditions and how to recognize when to refer a patient to specialty care. The lecture also illustrates clinical pearls for treatment of urological conditions.



MAJ Nathan Boyer serves as the Chief of Pulmonary at Landstuhl Regional Medical Center. He is board certified in Pulmonary and Critical Care Medicine and also serves as the OIC of the LRMC Simulation Center. His residence training was completed at Madigan Army Medical Center and Fellowship training at San Antonio Military Medical Center

**Mary Kathryn Collins** serves as a Staff Ob/Gyn at the Department of Obstetricks and Gynecology at Landstuhl Regional Medical Center, Germany. She is board certified in Osteopathy and Surgery. Previously she served as a teaching fellow at the Uniformed Services University of Health Sciences.



**Joanne M. Curin** serves as a Clinical Psychologist in the Department of Neuropsychology at Landstuhl Regional Medical Center. She also volunteers as an American Red Cross Volunteer as a Resiliency Workshop Facilitator at Baumholder and as a Credentialed Volunteer at LRMC.



**Tracey Fischer** serves as a Medical Speech Language Pathologist at Landstuhl Regional Medical center and is board certified for Speech Language Pathology and Audiology. She also holds a certificate of Clinical Competence from the American Speech Language-Hearing association



**MAJ Ryan R. Green** is a Board Certified Clinical Psychologist. He completed a fellowship in neuropsychology in 2017 and has additional subspecialties in Aeromedical Neuropsychology and SERE Psychology. MAJ Green is currently the Chief, Forensic Psychology at Landstuhl Regional Medical Center.



**Kristinn Heinrichs** is one of two dual Board-certified (neurology, sports) clinical physical therapy specialists in the US and the only dual-credentialed athletic trainer and exercise physiologist. Dr. Heinrichs has treated athletes of all skills and abilities-ranging from Olympians, Division I athletics, semi-professional, triathletes, military, high school, recreational, and equine. She is the RHC-E subject matter expert in physical therapy rehabilitation of acute and chronic TBI and associated injuries. Based at the US Army Health Clinic Vicenza, her primary population is the 173rd ABCT, USARAF, and the Vicenza Military Community.



**COL Matthew Hing** is Deputy Commander of Primary Care at Fort Bragg, North Carolina. Prior to his current assignment, he served as OIC of Robinson Health Clinic, faculty in Womack Family Medicine Residency, OIC at Iron Horse Medical Clinic, Battalion Surgeon in 3rd SFG, Battalion Surgeon in 173rd Airborne Brigade, and Brigade Surgeon in 2nd Infantry Division. He received his BA degree in Biological Science from the University of California at Davis and his MD from the Uniformed Services University of the Health Sciences in Bethesda, Maryland in 2001. He completed his residency in Family Medicine at Womack Army Medical Center



**MAJ Daniel Huffman** is the Assistant Chief of PT at Landstuhl Regional Medical Center. During his time at LRMC, MAJ Huffman has developed and supported numerous initiatives aimed at improving the physical health of our Soldiers. With a background in sports medicine and strength training and conditioning, MAJ Huffman brings a unique perspective to how we treat Soldiers and help them return to duty at the highest of levels.



**COL Adam Huillet** is a Board Certified Developmental Pediatrician and EDIS director at Landstuhl Regional Medical Center. He received his B.S. in Conservation Biology: Ecology and Systematics from Brigham Young University in 1996 and his M.S. in Zoology from Brigham Young University in 1998. He completed his MD degree at Uniformed Services University in 2002 and Pediatric Residency at Tripler Army Medical Center in 2005. He completed a fellowship in Developmental Pediatrics at Madigan Army Medical Center in 2010. Prior to his current assignment he served as Division Chief, Neurodevelopmental Pediatrics at Tripler Army Medical Center.



MAJ Zach Junga is the Acting Chief of Gastroenterology at LRMC. Prior to his current assignment, he served as the Chief Fellow for the Gastroenterology Fellowship at WRNMMC. He is board certified in Internal Medicine and Gastroenterology. He received his BA degree in History and English from the University of Michigan, and earned his secondary education teaching certificate from the State of Michigan. He received his MD from The Ohio State University College of Medicine. He completed his residency in Internal Medicine and fellowship in Gastroenterology at WRNMMC.

**MAJ Nicholas Kuntz** is a staff urologist at LRMC. He is board certified in Urology. He received his B.S. in Biology from Whitworth University and his Doctor of Medicine from Saint Louis University School of Medicine. He then completed his internship in General Surgery at Walter Reed Army Medical Center, a research fellowship in endourology and his residency in urology at Duke University Medical Center.



LTC Brian C. McLean is the Chief of Pain Department and Interdisciplinary Pain Management Center at Tripler Army Medical Center in Honolulu, Hawaii. He also serves as the consultant to the Army Surgeon General for Pain Management. Additionally he is appointed as an assistant Professor of Anesthesiology for the Uniformed Services University of Health Science.



SFC Settya T. Ngauy is the Regional Health Command Europe Clinical Operations and Virtual Medical Center – Europe NCOIC. He first arrived to RHCE in early January 2020. Prior to his current assignment, he served as an instructor for MEDCoE for Introduction to Basic Army Medicine to low density enlisted medical military occupational specialties. He is licensed as an EMT-B, trained as an Equal Opportunity Leader, Master Resiliency Trainer, Medical Management of CBRNE Casualties in both Hospital Management and operational environments, and incident command training.

Maj Lorena North is a Board certified Internal Medicine Physician in the Air Force. She is a prior service EMT and Air Force medical technician. She is currently the OIC and diabetic champion of the Internal Medicine clinic, and a diabetic educator at LRMC Nutritional medicine. She completed her Internal Medicine Residency Program at San Antonio Uniformed Services Health Education Consortium, Joint Base San Antonio. She received her Doctorate of Medicine from Boonshoft School of Medicine and B.S. in Biology from Wright State University.



LTC Jessica Peck is the Chief of the ENT Clinic at LRMC. She is board certified in Otolaryngology Head and Neck Surgery, as well as Facial Plastics and Microvascular Reconstruction. She received a BFA from the University of Utah, and completed medical school at New York Medical College. She then went on to residency at Tripler Army Medical Center, and fellowship at Oregon Health and Sciences University.



**Maj Jacqlyn Sanchez** serves as a board certified Women's Health Nurse Practitioner at the Women's Health Clinic at Spangdahlem Air Base, Germany. She also serves as the Element Chief of the clinic and a Sexual Assault Medical Manager, Sexual Assault Medical Forensic Examiner, and Dysplasia Manager.



**COL** (**Ret.**) **Robert Smith**, is a Pediatrician at the U.S. Army Health Clinic, Stuttgart. He retired in 2013 and his previous assignments included DCCS, USA MEDDAC Heidelberg, Brigade Surgeon for the 43rd Sustainment Brigade, Kandahar Afghanistan, Commander U.S. Army Health Clinic, Hohenfels, Commander U.S. Army Health Clinic, Mannheim and Pediatric Consultant for the European Regional Command. He received his BA degree in Zoology and Chemistry from Drew University, MS in Cell Biology from the University of Vermont and DO from the University of New England. He completed his residency in Pediatrics at Tripler Army Medical Center and has been board certified in Pediatrics since 1995.



COL Thomas Stark graduated from dental school at the University of Iowa and completed residencies in pediatric dentistry at Texas A&M Health Science Center and orofacial pain at the University of Kentucky. His interests include improving outcomes in sleep-related breathing disorders through collaborative teamwork and he is board certified in pediatric dentistry, orofacial pain, and special care dentistry. He has served on multiple committees with local, national, and governmental organizations and has published articles, text book chapters, and serves a peer reviewer for several journals. His previous assignments include Tripler Army Medical Center and Dental Health Activity Rhineland Pfalz and his upcoming assignment will be with Army Institute of Surgical Research.



CPT Ciro Visone is a Clinical Psychologist with the United States Army in the Department of Neuropsychology at the Landstuhl Regional Medical Center-Germany. He also serves as a Behavioral Health Officer with US Army Europe's 254th Combat Operational Stress Control Team. He serves as an Adjunct Professor in the Department of Psychology at Northcentral University (Online) in San Diego, California. CPT Visone holds a Doctorate of Psychology in Clinical Psychology with primary training and experiences and health psychology and neuropsychological assessment and rehabilitation. He also holds a Master of Arts in Forensic Psychology. He serves as a Board Member for Brain Education Strategies and Technologies (BEST); a company involved in the development and application of neurorehabilitative apps for managing cognitive difficulties after brain injury. Prior to joining the Army, CPT Visone served in the United States Marine Corps (enlisted) for 7 years, before completing Officer Candidate School in Quantico in 2007.

**Maj Amanda R. Wholly** is a board certified Women's Health Nurse Practitioner at Landstuhl Regional Medical Center, Germany. She has also served as an Element Leader at Luke Air Force Base, Planned Parenthood of the Greater Northwest and Hawaiian Islands and Joint Base Elmendorf-Richardson Alaska

# Lecture Supplemental Video Links

# Day 1

# Virtual Health Virtual Scheduler Overview

https://www.milsuite.mil/book/message/943038

or

https://www.milsuite.mil/video/watch/video/44400

# **Day 2:**

# The Wizarding World of Dental Sleep Medicine COL Thomas Stark

Slide 16 Video 1: <a href="https://www.milsuite.mil/video/44456">https://www.milsuite.mil/video/44456</a>
Slide 16 Video 2: <a href="https://www.milsuite.mil/video/44458">https://www.milsuite.mil/video/44458</a>
Slide 56 Video 1: <a href="https://www.milsuite.mil/video/44459">https://www.milsuite.mil/video/44458</a>
Slide 56 Video 2: <a href="https://www.milsuite.mil/video/44461">https://www.milsuite.mil/video/44458</a>
Slide 80 Video: <a href="https://www.milsuite.mil/video/44458">https://www.milsuite.mil/video/44458</a>

# Day 3

# Conference Attendance Etiquette

- 1. Test equipment before beginning of the conference
- 2. Use your full name when signing into the conference
- 3. Dress appropriately for the conference
- 4. Ensure your webcam is disabled and not streaming
- 5. Limit distractions as much as possible by choosing a quiet location and turning off TVs, music, and minimize background noises
- 6. Mute your microphone when you are not speaking
- 7. Be sure to identify yourself when speaking
- 8. Be careful to not interrupt others when they are speaking
- 9. Be professional, chat functions are monitored and utilized for providing feedback and raising questions for the presenter
- 10. Stay actively engaged with the conference and avoid "multitasking"

# Connecting to the Conference

The Primary Care Track will be using the Cisco Meeting Server Platform.

# **CONNECTING THE DAY OF:**

https://europe.meet.health.mil/invited.sf?id=5900612&secret=bc98ad2d-d3ce-456c-990a-a667b01c80ba

Google Chrome and Mozilla Firefox are the preferred browsers (Copy link above and paste onto Web browser)

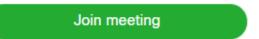
Cisco Jabber Dial in: 590-0612

Meeting PIN: 235849

Change default user name for attendance credit

Click icon next to "Guest\_XXXX" and enter your first and last name (Important for record of attendance of the event)

Click



after changing your username

Allow browser access to microphone and camera if prompted

Click the muted



icon to mute on entry.



icon indicates you are

Click



button to join the meeting

# Troubleshooting Resources:

Cisco Meeting Server web app instructions:

https://www.cisco.com/c/dam/en/us/td/docs/conferencing/ciscoMeeting Apps/Web-App/quick-ref-guides/3-

1/Join a meeting from an invite 3 1.pdf

# Academic Overview

To receive CE/CME credit, you must register by 0800 ET on 2 July 2021 to qualify for the receipt of CE/CME credit or certificate of attendance. You must complete the program posttest and evaluation before collecting your certificate. The posttest and evaluation will be available through 15 July 2021 at 2359 ET. Please complete the following steps to obtain CE/CME credit:

- 1. Go to URL <a href="https://www.dhaj7-cepo.com/">https://www.dhaj7-cepo.com/</a>
- 2. Search for your course using the **Catalog**, **Calendar**, or **Find a course** search tool.
- 3. Click on the REGISTER/TAKE COURSE tab.
  - a. If you have previously used the CEPO CMS, click login.
  - b. If you have not previously used the CEPO CMS click register to create a new account.
- 4. Follow the onscreen prompts to complete the post-activity assessments:
  - a. Read the Accreditation Statement
  - b. Complete the Evaluation
  - c. Take the Posttest
- 5. After completing the posttest at 80% or above, your certificate will be available for print or download.
- 6. You can return to the site at any time in the future to print your certificate and transcripts at <a href="https://www.dhaj7-cepo.com/">https://www.dhaj7-cepo.com/</a>
- 7. If you require further support, please contact us at <a href="mailto:dha.ncr.j7.mbx.cepo-cms-support@mail.mil">dha.ncr.j7.mbx.cepo-cms-support@mail.mil</a>



# 2021 Summer CME Conference FAQs

#### Registration

# How do I register?

Seek Email approval from your supervisor for the days that you want to attend the conference. Registration for intent to attend is completed on the Regional Health Command Europe Conferences webpage.

#### What is the link for registration?

https://rhce.amedd.army.mil/Conferences.html (CAC login required)

## Do I have to register with DHA too?

Yes, to collect DHA CME you must register on the DHA CEPO site. Please create an account and register for the track and day that you are planning to attend.

# Do I need approval from my supervisor/ leadership to attend?

Yes.

## How do I register for multiple tracks?

Email your complete registration to your main track leader and indicate which days of the other track you wish to attend.

# I am DOD civilian, may I attend if my supervisor approves?

Yes

## Am I eligible to attend if I am not stationed in Germany?

Yes, this medical conference is for any service member/DOD civilian/contractor working within the Military Health System globally. Keep in mind all times listed on the agenda is Central European Summer Time (CEST) . Please seek supervisor approval.

#### **CE Credit**

# Can I get credit for attending one lecture?

No, you must virtually attend the entire day in the same track to receive credit.

## How do I get CE credit?

You must complete the post-test for your registered day on the DHA CEPO website. After a score of 80% or higher is achieved you will receive a certificate.

# I don't need CE hours and I want to virtually attend one lecture, do I need to register? Yes, in order to get the virtual log on information you will need to register with the RHCE link above. You do not have to attend the full day, or claim CE hours. We strongly recommend you register on the DHAJ7 CEPO site to claim a Certificate of Attendance.

# Can I receive CE hours if the awarded accreditations I need are not listed on DHAJ7 CEPO site?

Yes, a Certificate of Attendance is available listing CE hours for CE applications to accrediting bodies not provided directly by DHA.

# FAQs cont.

## **Attending the Conference**

# Can I attend multiple Tracks if my leadership support it? Yes

# Which virtual platform will we be using and is there a dial in function?

Cisco Meeting Server (CMS) platform will be utilized during this conference with web browsers as the preferred method. Cisco Jabber application may also be utilized to dial in with the DSN number and meeting ID pin. Cisco Jabber supports both audio and video functions.

# Do I need a camera and microphone if I am virtually attending?

Participants do not need a camera or microphone to attend. However a minimum of a microphone is recommended to facilitate discussions on topics.

#### Can I attend virtually using my personal computer?

Yes, CMS provides a web link accessible from all devices and networks that support a browser. Successful connections have been made via government computers, personal computers, phones, and tablets

# **Do I need to be on the network using a VPN to attend?** *No*

## Can multiple attendees join the virtual conference using one computer?

Yes, please let your Track leader and conference administration know who will be attending from the same computer, as we need to keep an attendance sheet. The attendees will still need to register with DHAJ7 CEPO for CME credit and with RHCE for notification of their intent to participate in the event.

#### What if I have technical difficulties?

We recommend testing your computer/location in the weeks before the conference to ensure you know how to enter the virtual space. If you have additional difficulties please contact your local VNC Bridge or the RHCE Conference Support staff to help with technical difficulties.