



REGIONAL HEALTH COMMAND EUROPE

2021 RHCE SUMMER CME CONFERENCE

"Health Care in Uncertain Times"
Virtual Conference Packet

10 June – 1 July 2021

0745-1700 Central European Summer Time (CEST)

This Virtual conference will be conducted over a 4 week period in a variety of professional tracks. Continuing Medical Education Credits are available to US personnel.



Health Care in Uncertain Times

Physical Therapy / Occupational Therapy / Chiropractic Track

21-23 June 2021

Welcome to the PT/OT/Chiro Track. Inside this packet you will find your agenda, log in instructions and FAQ sheet. Please review these items closely and if you have any questions please contact RHCE staff.

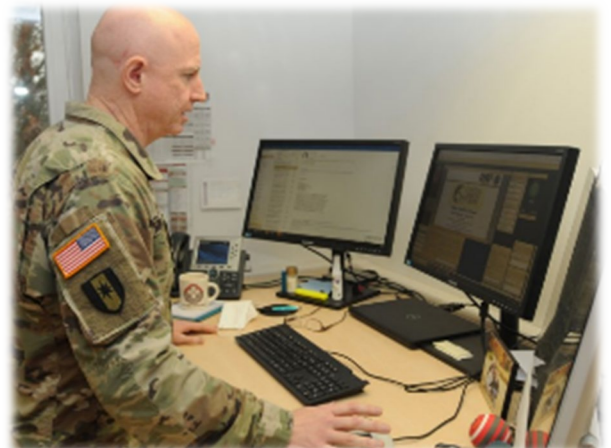
Contact Information:

Physical Therapy / Occupational Therapy /
Chiropractic Track Leader:

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A Note From COL Patrick J. Contino



As your conference director, I am excited to welcome you to the 2021 RHCE Virtual Summer CME Conference. In the wake of the COVID 19 response our staff have been working to find innovative ways to bring you quality educational opportunities. With the help of the Defense Health Agency (DHA) we are delighted to present this Virtual Medical Conference.

The “Virtual” domain brings continuing education to you, which helps ensure you meet your licensure requirements, maintain professional currency, and avoid the risk of event cancellation due to travel restrictions related to the current pandemic. We acknowledge the challenges in regards to networking with colleagues while using this venue, but hope you find the virtual setting both professionally fulfilling and time-saving.

At the conclusion of the conference, our team will be sending out a survey and I encourage you to return this with your honest feedback. Thank you for your continued support and we hope you enjoy your portion of the conference.

Patrick J. Contino, M.D.
COL, MC
Chief of Clinical Operations
Regional Health Command Europe
US Army

RHCE 2021 Summer CME Conference (24-25 June 2021)

“Health Care in Uncertain Times”

Track: PT/OT/CHIRO

Track Leader(s): MAJ Roberts, Candi

Classroom: Virtual

TIME	Wednesday,	Thursday, 24 June 2021	Friday, 25 June 2021
0700-0745		Log In	Log In
0800-0830		Pre-recorded Opening Remarks 20 min COL Contino- 10 min BG Thompson - 10 min Administrative Notes	Pre-Recorded Closing Remarks – 20 min COL Contino – 10 min BG Thompson – 10 min Administrative Notes
0830–0930	Email distribution with log in information/registration materials (1 month before track start date)	Evaluation & Management of Cranio-Cervical Spine Impairments & Upper Quarter Entrapment Syndromes (2 hrs) Dr. Kristinn Heinrichs	Differential Diagnosis, Provocative Testing, and Therapeutic Treatments of the Wrist (1 hr) CPT Jacqueline Tamayo
0930–1030			“What your Electromyography can do for you” (1 hr) MAJ Kaye Sedarsky
1030–1130	Email Distribution of Registration packet (1 week before track start date)	Neuromodulatory Theory of Wellbeing: A Body-Mind Analysis and Comprehensive Review (1 hr) MAJ Ryan Green	Making Sense of the Army Combat Fitness Test (ACFT) for Providers (2 hrs) MAJ Daniel Huffman
1130–1230	Follow up email of registration packet (1 day before track start date)	Common Interventional Pain Management Procedures (1 hr) LTC Brian McLean	
1230-1330		LUNCH On your own	LUNCH On your own
1330–1430		Clinical Practice Guidelines: Neck Pain Guidelines (1 hr) LTC Bradley Tragord	Getting the Most Out of your Health Screening Questionnaire (1 hr) MAJ Jon Umlauf
1430–1530		Leading in Uncertainty: High Reliability Organizations and Mission Command (1 hr) COL Jason Silvernail	Roadmap to Telehealth Success (1 hr) MAJ Nicole Brown
1530–1630		Holistic Health and Fitness (H2F) (1 hr) LTC Joseph Durbin	Communicating Across Differences (1 hr) SFC Settya Ngauy
1630-1700		PM Question Session	PM Question Session

Lecture Summary

Day 1

Evaluation & Management of Cranio-Cervical Spine Impairments & Upper Quarter Entrapment Syndromes: Clinical Pearls for the Rehabilitation Professional

Dr. Kristinn Heinrichs

This informational brief reviews the integrated function between the cranium and the entirety of the spine with integrating neuromyofascial functional anatomy into clinical examination. Participants also review the process of a physical examination of a patient with complex cranial and spine dysfunctions and select appropriate therapies for treatment.

Neuromodulatory Theory of Wellbeing: A Body-Mind Analysis and Comprehensive Review of Stress and the Superordinate Role of the Nervous System in Medicine

MAJ Ryan R. Green, PH.D.

This informational brief describes the Neuromodulatory Theory of Wellbeing and discuss related theories and defines stress while summarizing etiological interventional progressions. An outline of future goals for identifying patients for the model and providing early intervention.

Common Interventional Pain Management Procedures

LTC Bryan McLean, MD

This informational brief reviews common interventional pain management procedures and discusses the current therapeutic thought process. Participants additional explore cases where patients may be candidates for interventional pain management

Clinical Practice Guidelines: Neck Pain Guidelines

Bradley S. Tragord, DPT, DSc

The informational briefly reviews spinal region functional biomechanics, discusses variations in screening, management strategies and goals for patients having pathologic non-surgical conditions of the cervical spine, and explores diagnostic properties in accordance with Neck Pain Clinical Practice Guidelines 2017. Participants also review case scenarios involving neck pain presentation.

Leading in Uncertainty: High Reliability Organizations (HRO) and Mission Command

COL Jason Silvernail DPT, DSc, FAAOMPT

This informational brief outlines HRO principles and its application to health care and describes the Mission Command philosophy and practice. Participants receive knowledge on how to apply HRO principles in light with Mission Command.

Holistic Health and Fitness (H2F)

LTC Jose Durbin, PT, DSc, OCS, FAAOMPT

This information brief explores the Holistic Health and Fitness system and its need. Participants explore the five H2F domains, their current and future states, and reviews the implementation plan. Publication resources are also covered that comprise the H2F doctrine.

Lecture Summary

Day 2

Differential Diagnosis, Provocative Testing, and Therapeutic Treatments of the Wrist

CPT Jacqueline Tamayo, OTR/L, CHT

This informational brief reviews the anatomy of the wrist and identifies common wrist pathologies seen. An explanation of differential diagnosis of the wrist and provocative testing, and initial therapy treatments is provided to participants. Case studies are reviewed and discussed during the activity.

What your Electromyography (EMG) can do for you...

MAJ Kaye E. Sedarsky, MD

This informational brief reviews and evaluates treatment options for an active duty service member with carpal tunnel and demonstrates a detailed upper extremity neurologic exam to improve diagnostic accuracy and clinical acumen. Participants additionally explores treatment options applicable to their condition to improve patients' quality of life.

Making Sense of the Army Combat Fitness Test (ACFT) for Providers

MAJ Daniel Huffman

This information brief reviews the Army Combat Fitness Test events and examines patients' ability to perform the events. A review of how to guide patients to train for the ACFT within their limits of their condition is also explored.

Getting the Most Out of Your Health Screening Questionnaire

MAJ Jon Umlauf, DPT, DSc

This informational brief describes the utility of the Health Screening Questionnaire and how it facilitates differential reasoning. Participants also review the limitations of the health screening form as a tool for systems review and determine appropriate follow-up questions for a given answer on the health screening.

Roadmap to Telehealth Success

David Massing, MPT, FAAOMPT and MAJ Nicole H. Brown, DPT, OS, SCS, TPS

This informational brief identifies authorized telehealth platforms within the Military Health System (MHS) and briefly discusses troubleshooting solutions for local barriers. Documentation on coding a telehealth visit and an outline of innovative ways telehealth is utilized is also discussed.

Communicating Across Differences

SFC Settya T. Ngauy

This information brief explores the diversity of communication, cross cultural, cross generational, and cross gender communication characteristics, difficulties and mitigating strategies. An outline of effective communication strategies is also reviewed and discussed in the activity.

Presenter Biographies



MAJ Nicole H. Brown is a Physical Therapist assigned to Brooke Army Medical Center, FT Sam Houston, TX. She is serving as the Chief of the Outpatient Physical Therapy Service consisting of five outpatient clinics in the San Antonio area. MAJ Nicole Brown is a Therapeutic Pain Specialist and completing a Pain Fellowship. She has presented at several conferences, conducted continuing education courses and is a guest lecturer for the US Army Baylor DPT program. While at Walter Reed National Military Medical Center (WRNMMC), MAJ Brown served as the OIC of the Amputee Physical Therapy Service for the Military Advanced Training Center and as the Deputy Chief of the Physical Therapy Service. She was handpicked to serve as physical therapy consultant to the White House. In this capacity, she engaged regularly with high-level government officials either serving as their physical therapist or coordinating care. In 2017, MAJ Brown served as the physical therapy consultant to the Republic of Georgia for a military training team mission. MAJ Brown started a multidisciplinary pain management class, the only one of its kind in the National Capitol Region. Her civilian education includes a Bachelor's of Science in Education in Sports Science from the University of Kansas and a Doctorate in Physical Therapy from Baylor University. She has additional certifications as a Board Certified Orthopedic Clinical Specialist and Board Certified Sports Clinical Specialist. She also holds certifications as a Strength and Conditioning Specialist, and Level 1 and 2 Dry Needling.



LTC Jose Durbin is the Physical Performance Lead/Chief of Doctrine for FM 7-22, Holistic Health and Fitness (H2F), at US Army Center for Initial Military Training, Ft. Eustis, VA. He was commissioned in 1999 as a military intelligence officer, serving in tactical and strategic level assignments before attending the U.S. Army-Baylor Doctoral Program in Physical Therapy in 2004. He has served in numerous physical therapy and leadership assignments from staff physical therapist; to Human Performance Optimization Director and Physical Therapist for 3rd Ranger Battalion, 75th Ranger Regiment; Chief of Physical Therapy at Tripler Army Medical Center, Hawaii; and Director of Human Performance Optimization for the 82d Airborne Division. Deployments include OEF/OIF. LTC Durbin is a graduate of the Orthopaedic Manual Physical Therapy Doctoral Fellowship. He is board certified in orthopedic physical therapy (OCS) and a fellow of the American Academy of Orthopaedic Manual Physical Therapists (FAAOMPT).

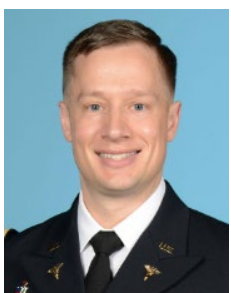


MAJ Ryan R. Green is a Board Certified Clinical Psychologist. He completed a fellowship in neuropsychology in 2017 and has additional subspecialties in Aeromedical Neuropsychology and SERE Psychology. MAJ Green is currently the Chief, Forensic Psychology at Landstuhl Regional Medical Center.

Presenter Biographies



Kristinn Heinrichs, PhD, PT, NCS, SCS, ATC is one of two dual Board-certified (neurology, sports) clinical physical therapy specialists in the US and the only dual-credentialed athletic trainer and exercise physiologist. Dr. Heinrichs has treated athletes of all skills and abilities-ranging from Olympians, Division I athletics, semi-professional, triathletes, military, high school, recreational, and equine. She is the RHC-E subject matter expert in physical therapy rehabilitation of acute and chronic TBI and associated injuries (headache, cervicogenic neck pain, dizziness, exercise intolerance, chronic movement impairments, and pain). She reviewed the DVBIC Progressive Return to Activity Guidelines and aided in the development of the RHC-E guidelines for pediatric concussion management. Based at the US Army Health Clinic Vicenza, her primary population is the 173rd ABCT, USARAF, and the Vicenza Military Community. Using a sports medicine approach to returning the Soldier-Athlete to duty, Dr. Heinrichs integrates osteopathic manual therapy, neurodynamics, and neuroscience approaches to pain treatment in her collaboration with the LRMC Pain Clinic. She recently authored a CME course on sleep, healthy aging, rehabilitation, and human performance for the American Academy of Orthopedic Physical Therapy. Dr. Heinrichs integrates mind-body skills in her practice and has been trained by the Center for Mind-Body Medicine. Her clinical research interests include heart rate variability and autonomic system responses to physiological and psychological stress (overtraining, concussion, post-trauma), the effect of movement and music on neuroplasticity, and teaching/learning styles in postgraduate clinical education. Dr. Heinrichs brings many years' experience in clinical and higher education, most recently serving as a mentor for the AMEDD Military Musculoskeletal Residency Program. As a university professor she led the academic development of entry-level doctoral programs in physical therapy and graduate programs in sports medicine, including leading the nation's first entry level problem-based masters' degree in athletic training to program accreditation candidacy, and graduate sports health science certificate/degree programs in strength and conditioning. Dr. Heinrichs has served as a dissertation advisor at Arizona State University in the School of Innovation Design (Human Factors), Harrington School of Bioengineering, and the Department of Kinesiology (biomechanics and motor control) and as a frequent lecturer in the International Master's Degree in Performance Analysis in the Exercise Science Faculty of Otto Von Guericke Universität Magdeburg. Dr. Heinrichs has been inducted into the Raven Honor Society at the University of Virginia, the Argentinian Shoulder and Elbow Arthroscopy Society, and the Faculty of Physical Education and Sport Sciences of Semmelweis University in Budapest, Hungary. Dr. Heinrichs has presented at national and international congresses in sports medicine, neurology, orthopedics, physical therapy, athletic training, concussion care, and human performance. She holds a PhD in Education (Sports Medicine) and MS (exercise physiology) from the University of Virginia and a BS in Physical Therapy from Marquette University.



MAJ Daniel Huffman is the Assistant Chief of PT at Landstuhl Regional Medical Center. During his time at LRMC, MAJ Huffman has developed and supported numerous initiatives aimed at improving the physical health of our Soldiers. With a background in sports medicine and strength training and conditioning, MAJ Huffman brings a unique perspective to how we treat Soldiers and help them return to duty at the highest of levels.

Presenter Biographies



Mr. David E. Massing is a staff Physical Therapist and Telehealth Lead in the Physical Therapy Department at Brooke Army Medical Center (BAMC). Mr. Massing is fellowship trained in orthopedic and manual physical therapy and has been providing hands on physical therapy treatment for almost 20 years. Prior to arriving at the Jennifer Moreno Clinic and BAMC, Mr. Massing was the Area Therapy Director for a national physical therapy provider where he worked with a team focused on providing quality care and superior outcomes for acute Workers' Compensation injuries and TRICARE beneficiaries in civilian clinics across the country. As a Major in the Army Reserve, he deployed in 2007-8 to Iraq and presented on Manual Therapy for the Thoracic and Lumbar Spine at the Deployed Physical Therapist Conference held in Baghdad in 2008. Following this he completed two missions as the Executive Officer during Medical Readiness Training Exercises in El Salvador and Haiti, overseeing over 10,000 patient encounters in 10 days. He currently serves as the Effects and Enablers Officer in Charge for the Medical Readiness Training Command, organizing and coordinating multiple learning academies to prepare Soldiers each year to be able to create the thousands of simulated injuries/scenarios across multiple training exercises for the Army Reserve. During the initial phases of COVID-19 Mr. Massing was part of the team that took the lead on Telehealth Services in Physical Therapy at BAMC. This team created the structure for the success of the Physical Therapy's telehealth program, ensuring continuity of care and innovating programs such as a virtual lower extremity class.



LTC Brian McLean, MD is an active duty Pain Management Physician who received his undergraduate training at the United States Military Academy at West Point and then continued on to earn his MD at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. After finishing an internship at Tripler Army Medical Center in Honolulu HI, Dr. McLean completed a residency in Anesthesiology and a fellowship in Pain Management at Walter Reed Army Medical Center in Washington DC. During this time Dr. McLean also completed the Helms Medical Acupuncture Course. He is currently a Pain Management Physician, Staff Anesthesiologist, Medical Acupuncturist and Chief of the Pain Department at Landstuhl Regional Medical Center and is actively engaged in developing the Interdisciplinary Pain Management Center. His areas of interest include medical acupuncture, nutrition science and pain research.



SFC Settya T. Ngauy is the Regional Health Command Europe Clinical Operations and Virtual Medical Center – Europe NCOIC. He first arrived to RHCE in early January 2020. Prior to his current assignment, he served as an instructor for MEDCoE for Introduction to Basic Army Medicine to low density enlisted medical military occupational specialties. He is licensed as an EMT-B, trained as an Equal Opportunity Leader, Master Resiliency Trainer, Medical Management of CBRNE Casualties in both Hospital Management and operational environments, and incident command training.

Presenter Biographies



MAJ Kaye Sedarsky, MD is a double-board certified Neurologist and Clinical Neurophysiologist currently serving as the Chief of Neurology at Landstuhl Regional Medical Center in Landstuhl, Germany. She was raised in Pendleton, Oregon and then attended Seattle University in Seattle, WA from 2002 to 2006 where she earned her Bachelors of Science in Biochemistry. Following this, she attended the Uniformed Service University of the Health Sciences in Bethesda, MD from 2008-2012 earning her medical degree. She then completed a transitional internship, Neurology residency and Clinical Neurophysiology fellowship concurrently at Walter Reed National Military Medical Center in Bethesda, MD. Following fellowship graduation, Dr. Sedarsky is stationed at LRMC in Germany since 2017



COL Silvernail is originally from Houston, Texas. After enlisting in the US Army at age 17, he was selected for a Reserve Officers' Training Corps (ROTC) scholarship to attend college. He received his Bachelor of Science and his commission as a Second Lieutenant at the University of Scranton Pennsylvania in 1996. He stayed on for graduate school and earned a Master of Physical Therapy degree, and he has been in practice as a physical therapist since 1997. COL Silvernail completed his Doctor of Physical Therapy degree from the University of Scranton in 2006 and inducted into the Alpha Sigma Nu academic honor society. He was selected for the prestigious Army-Baylor Doctoral Fellowship in Orthopedic Manual Physical Therapy at Fort Sam Houston for subspecialty training and graduated in 2010, earning him both a Doctor of Science degree from Baylor University and Fellow status in the American Academy of Orthopedic Manual Physical Therapists. His clinical and academic credentials place him in the top 0.5% of physical therapists in the United States He currently serves as the Consultant to the Army Surgeon General for Physical Therapy., and the Chief of Physical Therapy at Brooke Army Medical Center, Joint Base San Antonio, TX. He also serves as the Product Line Chair for Physical Therapy for the tri-service San Antonio Military Health System. He came to San Antonio in May 2019 and was previously the Assistant Chief of Staff at Walter Reed National Military Medical Center, in Bethesda MD. Dr Silvernail has had a wide variety of clinical and operational assignments in his military career since 1991 in both the enlisted and officer ranks. He has served in medical and operational units in locations around the world including the US, Europe, the Middle East, and South Asia. COL Silvernail has spent 21 months in hostile fire zones in support of operational and combat missions in the Middle East and in South Asia. COL Silvernail is a board-certified Orthopedic Clinical Specialist from the American Board of Physical Therapy Specialties and a Certified Strength and Conditioning Specialist (CSCS) with the National Strength and Conditioning Association. Key military awards and recognitions include the Bronze Star Medal, the Meritorious Service Medal, the Meritorious Unit Commendation, the Surgeon General's 'A' Proficiency Designator, the Expert Field Medical Badge, certification in Tactical Combatives, and the German Armed Forces' Military Proficiency Badge in Gold, as well as other military decorations. COL Silvernail is a member of the prestigious Order of Military Medical Merit. He is a graduate of the US Army's Command and General Staff College

Presenter Biographies



CPT Jacqueline Tamayo is the Chief of Occupational Therapy services at Landstuhl Regional Medical Center. She has a Bachelor's of Science in Exercise Science from the University of North Carolina at Charlotte and a Master's of Science in Occupational Therapy from New York University. CPT Tamayo completed a post-graduate residency in Upper Extremity and Hand Therapy at OrthoCarolina at the Hand Specialty Center in Charlotte, North Carolina. She is registered in California state, certified by the National Board for Certification in Occupational Therapy, and holds an additional credential as a Certified Hand Therapist through the Hand Therapy Certification Commission. Prior to commissioning and specializing, CPT Tamayo worked in many therapeutic settings to include acute rehab with TBI and stroke populations, pediatric clinics, and home care including home safety assessments for veterans.



Dr. Brad Tragord completed over 22 years of clinical care, teaching, and research as an active duty Army physical therapist and healthcare executive. He received his Doctor of Physical Therapy (DPT) from the US Army-Baylor University Doctoral Program in 2007 and Doctor of Science (DSc) and Fellowship in Orthopaedic Physical Therapy from Baylor University in 2012. Dr. Tragord earned fellowship status from the American Academy of Orthopedic Manual Physical Therapy in 2013 and Orthopaedic certification in 2010 from from the American Board of Physical Therapy Specialties. He has served as a clinical educator for entry-level and post-professional fellowship programs. Dr. Tragord's interests are in clinical education, direct care orthopedic physical therapy, bone stress injury management and manual therapy mechanisms. He has published several peer reviewed papers and has presented his work at national and international conferences. Dr. Tragord is an active member of the American Physical Therapy Association and the American Academy of Orthopaedic Physical Therapy.



MAJ Jon Umlauf is the Army Service Assistant Deal for San Antonio Uniformed Service Health Education Consortium, Graduate Allied Health Education Program and the Associate Program Director for the U.S. Army-Baylor Doctoral Fellowship in Orthopedic Manual Physical Therapy in San Antonio, TX. He additionally serves as the Internship Site Director at Brook Army Medical Center. Prior to his current position, MAJ Umlauf as served as the Assistant Chief of the Physical Therapy Department at Fort Belvoir Community Hospital, Physical Therapist to the Secretary of the United States Department of State, and Chief of the Physical Therapy Department at Kimbrough Ambulatory Care Center.

Lecture Supplemental Video Links

Day 1:

Virtual Health Virtual Scheduler Overview

<https://www.milsuite.mil/book/message/943038>

or

<https://www.milsuite.mil/video/watch/video/44400>

Conference Attendance Etiquette

1. Test equipment before beginning of the conference
2. Use your full name when signing into the conference
3. Dress appropriately for the conference
4. Ensure your webcam is disabled and not streaming
5. Limit distractions as much as possible by choosing a quiet location and turning off TVs, music, and minimize background noises
6. Mute your microphone when you are not speaking
7. Be sure to identify yourself when speaking
8. Be careful to not interrupt others when they are speaking
9. Be professional, chat functions are monitored and utilized for providing feedback and raising questions for the presenter
10. Stay actively engaged with the conference and avoid “multitasking”

Connecting to the Conference

The Physical Therapy / Occupational Therapy / Chiropractic Track will be using the Cisco Meeting Server Platform.


CONNECTING THE DAY OF:

<https://europe.meet.health.mil/invited.sf?id=5900612&secret=bc98ad2d-d3ce-456c-990a-a667b01c80ba>

Google Chrome and Mozilla Firefox are the preferred browsers (Copy link above and paste onto Web browser)



Cisco Jabber Dial in: 590-0612
Meeting PIN: 235849

Change default user name for attendance credit

Click  icon next to "Guest_XXXX" and enter your first and last name (Important for record of attendance of the event)

Click  after changing your username

Allow browser access to microphone and camera if prompted

Click the  icon to mute on entry.  icon indicates you are muted

Click  button to join the meeting

Troubleshooting Resources:

Cisco Meeting Server web app instructions:

https://www.cisco.com/c/dam/en/us/td/docs/conferencing/ciscoMeetingApps/Web-App/quick-ref-guides/3-1/Join_a_meeting_from_an_invite_3_1.pdf

Academic Overview

To receive CE/CME credit, you must register by 0800 ET on 2 July 2021 to qualify for the receipt of CE/CME credit or certificate of attendance. You must complete the program posttest and evaluation before collecting your certificate. The posttest and evaluation will be available through 15 July 2021 at 2359 ET. Please complete the following steps to obtain CE/CME credit:

1. Go to URL <https://www.dhaj7-cepo.com/>
2. Search for your course using the **Catalog, Calendar, or Find a course** search tool.
3. Click on the REGISTER/TAKE COURSE tab.
 - a. If you have previously used the CEPO CMS, click login.
 - b. If you have not previously used the CEPO CMS click register to create a new account.
4. Follow the onscreen prompts to complete the post-activity assessments:
 - a. Read the Accreditation Statement
 - b. Complete the Evaluation
 - c. Take the Posttest
5. After completing the posttest at 80% or above, your certificate will be available for print or download.
6. You can return to the site at any time in the future to print your certificate and transcripts at <https://www.dhaj7-cepo.com/>
7. If you require further support, please contact us at dha.ncr.j7.mbx.cepo-cms-support@mail.mil

FAQs

2021 Summer CME Conference FAQs

Registration

How do I register?

Seek Email approval from your supervisor for the days that you want to attend the conference. Registration for intent to attend is completed on the Regional Health Command Europe Conferences webpage.

What is the link for registration?

<https://rhce.amedd.army.mil/Conferences.html> (CAC login required)

Do I have to register with DHA too?

Yes, to collect DHA CME you must register on the DHA CEPO site. Please create an account and register for the track and day that you are planning to attend.

Do I need approval from my supervisor/ leadership to attend?

Yes.

How do I register for multiple tracks?

Email your complete registration to your main track leader and indicate which days of the other track you wish to attend.

I am DOD civilian, may I attend if my supervisor approves?

Yes

Am I eligible to attend if I am not stationed in Germany?

Yes, this medical conference is for any service member/DOD civilian/contractor working within the Military Health System globally. Keep in mind all times listed on the agenda is Central European Summer Time (CEST) . Please seek supervisor approval.

CE Credit

Can I get credit for attending one lecture?

No, you must virtually attend the entire day in the same track to receive credit.

How do I get CE credit?

You must complete the post-test for your registered day on the DHA CEPO website. After a score of 80% or higher is achieved you will receive a certificate.

I don't need CE hours and I want to virtually attend one lecture, do I need to register?

Yes, in order to get the virtual log on information you will need to register with the RHCE link above. You do not have to attend the full day, or claim CE hours. We strongly recommend you register on the DHAJ7 CEPO site to claim a Certificate of Attendance.

Can I receive CE hours if the awarded accreditations I need are not listed on DHAJ7 CEPO site?

Yes, a Certificate of Attendance is available listing CE hours for CE applications to accrediting bodies not provided directly by DHA.

FAQs cont.

Attending the Conference

Can I attend multiple Tracks if my leadership support it?

Yes

Which virtual platform will we be using and is there a dial in function?

Cisco Meeting Server (CMS) platform will be utilized during this conference with web browsers as the preferred method. Cisco Jabber application may also be utilized to dial in with the DSN number and meeting ID pin. Cisco Jabber supports both audio and video functions.

Do I need a camera and microphone if I am virtually attending?

*Participants **do not** need a camera or microphone to attend. However a minimum of a microphone is recommended to facilitate discussions on topics.*

Can I attend virtually using my personal computer?

Yes, CMS provides a web link accessible from all devices and networks that support a browser. Successful connections have been made via government computers, personal computers, phones, and tablets

Do I need to be on the network using a VPN to attend?

No

Can multiple attendees join the virtual conference using one computer?

Yes, please let your Track leader and conference administration know who will be attending from the same computer, as we need to keep an attendance sheet. The attendees will still need to register with DHAJ7 CEPO for CME credit and with RHCE for notification of their intent to participate in the event.

What if I have technical difficulties?

We recommend testing your computer/location in the weeks before the conference to ensure you know how to enter the virtual space. If you have additional difficulties please contact your local VNC Bridge or the RHCE Conference Support staff to help with technical difficulties.